

MC 2035 POOR DOCUMENT

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(THE EVENING TIMES AND STAR, ST. JOHN, N. B. TUESDAY, OCTOBER 10, 1916

German Dug-Outs Are Like Underground Houses, Some With Comfortable Furniture

Officers' Quarters Found With Mirrors, Beds, Pictures and Wall Paper—Whole German Trench System Far More Elaborate Than British

Along many miles of the western front, as it was till the end of June, it is now possible to stand at one's ease in the middle of "No Man's Land" and observe the differences between a German front trench on the one hand and a French or British front trench on the other. The first point to be noticed is that the allies' wire is only cut across by neat lanes or gangways at convenient intervals, while the German wire lies in a tumbled mess on the ground. Then the allies support their barbed wire mainly with wooden stakes; the Ger-

DO YOU FEEL SEEDY?

If You are Nervous, Depressed, Sleepless and Suffer from Sick Stomach, Headache, Constipation and Indigestion You Need Ferrozone to build Up the System

Thousands are in this dreadful condition, only half alive, unable to stand the strain of work and worry. There is no sense or reason in trying to be comfortable with the idea that it will pass off and that you are going to be better soon. Unless the system is cleansed of the impurities that poison the blood, you will never be better.

The best remedy is Ferrozone. It achieves marvellous results in chronic wasting diseases, nervous prostration, faulty nutrition, heart disease and stomach troubles.

Ferrozone promotes healthy digestion which results in all food being assimilated. Nutrition is vastly improved, the blood grows rich and red and gives stability to the entire system. The store of nerve energy and force increases daily by the use of Ferrozone. The process of waste is arrested, and in its place a rebuilding of the whole system takes place.

Diseased conditions cannot exist where Ferrozone is used. It attacks disease at the very foundation, and by keeping the body well nourished and supplied with strong blood and a powerful nervous organization prevents and keeps away all manner of sickness. There is no blood builder, nerve tonic and strength producer that can equal Ferrozone, and few people are so well that could derive great benefit from its use. It is valuable for Nervous Dyspepsia, Anæmia, Weakness, Impure Blood, Bronchitis, Neuralgia and Rheumatism. It is prepared in the form of a chocolate coated tablet and is both pleasant and convenient to use.

Ferrozone produces that high standard of health so much desired by every one. It brings back the rosy tint to the pale cheeks of the Anæmic girls and women. It puts grace and elasticity into their movements, gives lustre and brightness to the eye and syncretism and roundness to the form. It gives a man new strength and energy with which to pursue his daily toil and can be relied upon at all times to benefit and give perfect satisfaction. You can't invest half a dollar to better advantage than in a box of Ferrozone. Your druggist has it.

DO YOU IMAGINE

that your skin trouble is incurable because ordinary treatments have failed? If so get Zam-Buk and prove, as thousands of others have, that Zam-Buk is capable of healing after everything else has failed! Mrs. Horan, of 183 Manning Ave., Toronto, writes: "For eight months my little son's face was simply covered with eczema. The pain and irritation were so intense that he could not sleep. He received treatment at a hospital, but it did him no good. Then I heard of Zam-Buk and commenced using it. It really worked wonders. The pain and irritation soon disappeared, and I could notice a decided improvement. I persevered with the treatment until now his face is quite free from sores and his skin is perfectly clear. I cannot be grateful enough for what Zam-Buk has done, and I shall never be without it."

Zam-Buk is equally good for ringworm, salt rheum, blood-poisoning, ulcers, old sores, piles, burns, scalds, cuts and all skin injuries. 50c. box, 3 for \$1.25, all druggists or Zam-Buk Co., Toronto.

found full-length mirrors, comfortable beds, cushions, armchairs and some pictures. One room was lined with plaster "sanitary" wall paper, and the present English occupant is convinced by circumstantial evidence that his predecessor lived there with his wife and

Prepare This for a Bad Cough—It's Fine

Cheerily and Easily Made, but from the West Coast quickly.

The finest cough syrup that money can buy—costing only about one-fifth as much as really-made preparations—can easily be made up at home. The way it takes hold and conquers distressing coughs, throat and chest colds will really make you enthusiastic about it. Any druggist can supply you with 2½ ounces of Pinex (50 cents worth), four this into a 10-oz. bottle and fill the bottle with plain granulated sugar syrup. Shake thoroughly and it is ready for use. The total cost is about 64 cents and gives you 10 ounces—a family supply of a most effective, pleasant tasting remedy. It keeps perfectly.

It's truly astonishing how quickly it acts, penetrating through every air passage of the throat and lungs—loosens and raises the phlegm, soothes and heals the inflamed or swollen throat membranes, and gradually but surely the hoarseness, throat tickle and rattled cough will disappear entirely. Nothing better for bronchitis, spasmodic croup, whooping cough or bronchial asthma. Pinex is a special and highly concentrated compound of genuine Norway pine extract, combined with gualacal and is known the world over for its prompt healing effect on the throat membranes.

Avoid disappointment by asking your druggist for "Pinex" and Pinex with full directions and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded goes with this preparation. The Pinex Co., Toronto, Ont.

GET MORE VIM! RENEW YOUR STRENGTH!

If you are tired, nervous, sleepless, have headaches and languor, you need Dr. Hamilton's Pills; they tone the stomach, assist digestion, brace you up at once. Taken at night—you're well by morning. Sickness and tired feeling disappear instantly. Vim, spirits, hearty health, all the joys of life come to every one that uses Dr. Hamilton's Pills. No medicine so satisfactory. Get Dr. Hamilton's Pills today, 25c. per box at all dealers.

child. Clearly there was no expectation of an early move.

Mine Shaft at Boiselle

Other German trench works show the same lavish use of labor as the dug-outs. In the old German front trench south of La Boisselle an entrance like that of a dug-out leads to a flight of twenty-four stairs, all well finished.

Their foot a landing three feet square opens on its further side upon a nearly vertical shaft. Descending this by a ladder of thirty-two rungs, you find a second landing like the first, opening on a continuation of the shaft. Down this a ladder of sixty rungs brings you to the starting point of an almost straight level tunnel three feet wide and about five feet high, cut through piers, hard chalk. It ends in a blank wall. This is right underneath a huge crater which had evidently been held, and probably made, by British troops. So that, at the moment of the advance in July, nothing remained, presumably for the Germans to do but to bring the necessary tons of high explosive to the end of their tunnel and blow the mine under the base of the old crater.

Like an incomplete dug-out near Fricourt, this mine shaft contains parts of the machinery used for winding up the excavated chalk to the surface.

German trench work is therefore more elaborate than ours, but that does not mean that it is better. No doubt the size and the overhead strength of German dug-outs keep down casualties under bombardment and sometimes enable the Germans to bring up unsuspected forces to harass our troops in the rear with machine-gun and rifle fire when a charge has carried our men past an unguarded dug-out of the kind. On the other hand, when an allied advance is made good, every German left in such a dug-out will be either a dead man or a prisoner. No doubt, again, the German dug-outs give more protection from very bad weather than ours. But they also remove men from the open air and there is nothing to show that the half-buried German army gains more by relative immunity from rheumatism and bronchitis than it loses in the way of general health and vitality.

New McAvity Plant Is One of the Best

The first unit of the T. McAvity & Son new plant here is now completed, and operations are at present under way for the output of a small order of 8-inch shells. As soon as these are finished additional equipment, which is now being installed, will enable the plant to start on the production of 9.2-inch shells. Not only is the building utilitarian and attractive on the exterior, but also in its machine and tool equipment and the general layout of the plant and its provision for the health of the employees, Canadian Machinery says that it is perhaps one of the most up-to-date of its kind in the dominion. About 225 men are at present employed, and a similar number is still required by the management.

ROYAL STANDARD CHAPTER. At a meeting of Royal Standard Chapter, I. O. D. E., held Friday evening at the home of Mrs. C. B. Allen, \$62 was ordered paid to Mrs. E. A. Smith for

CHILD GETS SICK CROSS, FEVERISH IF CONSTIPATED

"California Syrup of Figs" can't harm tender stomach or bowels.

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels which become clogged up with waste, liver gets sluggish, stomach sour. Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleaning" is often all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask your druggist for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Look carefully and see that it is made by the "California Fig Syrup Company."

the purchase of pipes for the 230th New Brunswick Killies, \$25 for the local Red Cross, \$25 for the soldiers' comforts, \$20 for the British Red Cross, \$10 to Mrs. P. A. Peters for wool for socks; twelve cases of soft drinks for the City Cornet Band fair. It was decided to postpone the Halloween party to a later date. Mrs. E. A. Smith, Mrs. C. B. Allen and Mrs. T. E. G. Armstrong were appointed to represent the Royal Standard Chapter at the quarterly meeting of the provincial chapter to be held Oct. 11.

Sore Corns Go!

Putnam's Corn Extractor today.

WATSON'S Spring Needle Ribbed UNDERWEAR

not only retains its good looks during its natural life, but it also renders that kind of service that induces the wearer to ask for it again.

THE WATSON MANUFACTURING COMPANY, LIMITED BRANTFORD, ONTARIO

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A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels which become clogged up with waste, liver gets sluggish, stomach sour. Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation poison, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleaning" is often all that is necessary. It should be the first treatment given in any sickness.

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Watson's UNDERWEAR

Well—that was "some" shave!

I would never have believed it

"I was told that it would pay me to throw away my old shaving powder and stick, and the rest of them and try this new Mennen's Shaving Cream. It seemed to me that all shaving soaps were pretty much alike, but, after this, Mennen's is my one best bet.

"I am converted—I am a 'Mennen booster' from now on. I did everything I could to make Mennen's Shaving Cream fail—using cold water and a dull razor blade. I thought it couldn't soften the beard without rubbing in—it did. I didn't think it would make a lather that wouldn't dry. The lather stayed fresh, and my face stayed moist. It was the easiest, quickest and most satisfactory shave I ever had."

MEN'S SHAVING CREAM

Mennen's Differs from Others

- 1—Absorbs an unusual amount of water, thus you need only ¼ inch for every shave.
- 2—Lather remains moist for at least ten minutes, therefore no relathering.
- 3—The creamy lather will soften the beard itself. No rubbing in.
- 4—An indifferent razor makes good with Mennen's.
- 5—No "free" caustic, but ingredients soothing to the skin.

Canadian Factory—MONTREAL
Canadian Selling Agents
HAROLD P. RITCHIE & CO., LTD.
McCaul Street, Toronto

Send 10c for Trial Tube and Free Can of "Talcum for Men."

Mail 10c with your name and address and we will mail you a medium sized trial tube of Mennen's Shaving Cream; also a free trial can of Mennen's Talcum for Men. Address: Harold P. Ritchie & Co., Ltd., Dept. 12a, McCaul St., Toronto.

EVEREADY

The Product that has outgrown its name—FLASHLIGHT

TWENTY years ago, when the harnessing of electricity was still much of a novelty, when automobiles were three parts joke and one part hope deferred, a man with a vision dreamed of carrying a pocketful of electric light into the dark, ready for instant use.

Out of this dream grew the first flashlight—an EVEREADY with a battery the size of a watch and an electric bulb no larger than the end of your finger. When, for a second or so, it flashed its tiny stream of light, people cried "Wonderful! But what's it for?" Its novelty appealed. Its future world-wide usefulness was realized.

Even after people began buying these new lights to carry around in the dark, EVEREADYS were still literally "flashers" or flashlights, and years of ceaseless effort were necessary to the development of a battery capable of giving hours of continuous light. Also in those early days there were no miniature electric light bulbs on the market—and the man with the vision had to create them. So, finally,

ally, came the perfected EVEREADY, with its long-lived Tungsten battery and brilliant Mazda bulb—an EVEREADY that has outgrown the old term flashlight.

And now the AMERICAN EVEREADY WORKS has offered a big reward for a name to take the place of flashlight. This must be a new word, a coined word, something that the manufacturers of EVEREADY lights may protect, and that will indicate the service of these lights. This corporation will pay \$3,000 for the best suggestion. This is your opportunity.

So we, the undersigned EVEREADY dealers of your city, your fellow townsmen, urge you to enter this contest. We want this \$3,000 to come to this city, we want you to have this money. This contest is free to all. It is open from October 7 to November 7. In case of tie the full amount of the prize will be awarded to each of the contestants tied for that prize.

You must send in your suggestions on regular contest blanks and these blanks are obtainable (beginning Oct. 7) from EVEREADY DEALERS. We are here to help you—call on any of us—and call soon.

Get Free Contest Blanks From

W. H. THORNE & CO., LTD.

Market Square

King Street