Housekeeping, Nursery, Gardening and News of Interest to Women

PRINCIPALS STATE NEW BASIS IS BAD

Cowley's Scheme to Relieve Overcrowding Condemned by Deputation.

SITUATION AT PRESENT

Seventy-Two Children in One Class in Some Public Schools.

As many as seventy-two children to a class are crowded in some of the public schools.

Such was a declaration made authoritatively to The World yesterday in connection with the agitation respecting Inspector Cowley's scheme for a re-organization on a basis of "an active roll of fifty pupils per teacher as the maximum for a first book class and as the average roll for classes above the first book." Trustees supporting the new basis claim that it would abolish overcrowding next week in 250 first book classes, and that other readjustments would reduce the demand for occasional teachers by from thirty to forty.

A Fiery Session.

Fire flashed when the project was before the management committee yesterday. President W. J. Thomson, Secretary Charles G. Fraser and a number of other members of the principals' association were present to indict Chief Inspector Cowley on a charge of attempted overcrowding of the class rooms.

Dr. Conboy raised the point that the matter had been referred by the board to the management committee for action, and that the principals' side was already known to the trustees.

Dr. McKay, chairman of the committee, said that he had consented to the deputation being heard.

A Ten Minute Interview.

On a limitation of ten minutes and the presentation exclusively of new matter, the deputation was given the floor. Secretary Fraser was spokesman. He intimated that the principals had not been able to secure a meeting with the chief inspector, and presente da series of resolutions by the principals' association condemning Inspector Cowley's plan.

Trustee Fairbairn called Principal Fraser sharply to task for "lecturing the committee" for limiting the deputation to ten minutes.

On motion of Trustee Fairbairn the issue was referred to the board of inspectors for action, the board of inspectors to give the principals a hearing, the chief inspector being then empowered to proceed with the reorganization of the classes.

Do Not Understand.

Chairman McTaggart declared the principals did not understand the proposition.

Secretary Fraser said that all they wanted was a meeting with the board of inspectors.

The resolutions he presented on behalf of the association read as follows:

"The proposal to introduce mixed grades and reorganize our classes on the basis of fifty to a class—not merely in those schools where the lack of accommodation makes it necessary, but also in schools where certain rooms will be left vacant and thereby save forty teachers—is, in our opinion, one of the most retrograde suggestions which have been made in educational circles in years.

"It is contrary to the requirements of the department of education as regards the air space which must be provided for the highest attendance in the class.

"It is not in accordance with the provisions as laid down even for rural schools as to the seating of a room, allowing the proper distance from the walls and proper width of aisles.

"It will violate the spirit of the requirements which is being observed thruout the province, 'that where the attendance exceeds forty-five a second teacher shall be engaged.'

"It is practically in direct opposition to the opinion of every teacher, principal and teacher in your service.

Violates Policy.

"It is contrary to the policy and practice of every school board in Canada and the United States, as indicated by the reports submitted herewith.

"In our opinion it would not be in the interest of economy or of efficiency, nor in the interest of either pupils or teachers."

Objections Answered.

The answer to the resolutions given by a supporter of the new basis was that not only was the proposed basis a great reduction of the present maximum in the junior classes, but that it was in full accord with the departmental regulations, as the regulations quoted by the principals related exclusively to rural schools and not to modern urban schools with approved systems for ventilation.

It is understood that the reorganization is likely to be put into effect on Monday, Feb. 9.

FOUND CONVICTS WERE COINING BOGUS NICKELS

Five Men at Joliet Passed Coins in Prison Store.

JOLIET, Ill., Jan. 29.—(Can. Press.)—Five convicts who have been making counterfeit five-cent pieces in the machine shop of the state prison here were detected today. The nickels were passed in the prison store.

Beautiful Bermuda.

Bermuda, noted for its beautiful flowers and climate, is again attracting a great deal of attention. Each year seems to be more attractive than the previous, judging from the number that are sailing to this beautiful island. The three steamers, Arcadian, Bermudian and Caribbean, making the trips this year, are being booked to capacity and accommodation is being taken up many weeks before the steamer actually sails. With the rates starting at $30 for the round trip, and the trip itself lasting only 48 hours from New York, it is hard to realize that the tropics are so close at hand. A. F. Webster & Son, at 53 Yonge street, report a great number of Canadians sailing to this beautiful place.

NEW BISHOP OF EDMONTON.

EDMONTON, Jan. 29.—(Can. Press)—Archdeacon H. A. Gray of Calgary diocese was this evening elected bishop of the new diocese of Edmonton.

The Healthy Baby's Sleep

Baby's early life is made up of sleeping and eating. Just as soon as he arrives and is made comfortable in this cold and peculiar world, he goes to sleep and sleeps from twelve to twenty-four hours straight. After his meals begin he usually wakens every two hours, hungry, is fed and promptly goes to sleep again. The only breaks in this heaven of monotony are the hour he is kept awake to be bathed, and the hour in the afternoon when he keeps himself awake to exercise and cry. Thus he sleeps twenty-two hours out of every twenty-four for the first two or three months of his life. Occasionally he wakens half an hour or more perhaps before his feeding time. He must wait, however, until the clock says he is hungry. If such a state of affairs happens regularly and baby cries for the half hour he is compelled to wait, we may assume that his food is insufficient either in quantity or strength, and the food must be improved in these respects. If this happens with the breast-fed baby his mother must try by food and rest to improve the quality of her milk. She may find it necessary to give the baby a bottle of milk every day to supplement the natural food. After the second or third month baby begins to take more interest in life and stays awake a little longer each day until at six months he sleeps sixteen hours, from six to six at night, and a two-hour nap morning and afternoon. From nine to eleven in the morning and from one to three in the afternoon is the best time for these naps. If baby sleeps after three in the afternoon he will not be ready for bed at six—and to bed at six he must go until he is a great big boy. Twelve hours' sleep is the right of every child until seven years of age; and ten hours until fourteen. Many a pale, sickly-looking child owes his ill-health to lack of sleep.

During the first half of the second year one nap a day is sufficient, and this should be taken in the morning. A nap every day is really needed until the fifth year, but some children who sleep from six at night until seven in the morning when they are three years old, do not take readily to a daily nap. I have found in such a case that the half-hour rest between eleven and half-past breaks the day and gives some relaxation.

The Pony Is To Be Given Away

The Bedells Furnishing Company, Limited, are going to give away a beautiful little Shetland pony, complete with harness and carriage, to the most popular boy or girl in Toronto under 16 years of age.

This picture shows one of the thoroughbred stock of the Dunlap Pony Farms, where the Bedell pony was purchased.

The contest opened Monday and closes April 6th. Already a large number of candidates are enrolled. Your little boy or girl can enter, too. Call at the store, 291-295 Yonge Street, and get particulars.

EFFICIENT HOUSEKEEPING
BY HENRIETTA D. GRAUEL
DOMESTIC SCIENCE LECTURER

A New Staff of Life

It will require two generations more of training to make us appreciate the excellent food value of macaroni, tho it is used more extensively each day.

When housekeepers realize that it is to thousands and thousands of families what the potato is to us, and that it offers many more ways of serving than potatoes do, they will experiment for themselves and discover it is another staff of life.

The imported macaroni makes a more satisfactory dish than the American article, as it is glutenous, not starchy. Always break the macaroni into short lengths and cook it briskly in boiling water, well salted. This is called blanching and very necessary to produce the food at its best.

Macaroni with hash—Cook and drain three-fourths of a pound of macaroni, place a layer of it in a deep pan and cover with a layer of any minced cold meat, season with salt, pepper and butter. Continue so until the pan is filled. Place in a hot oven until the mixture is heated. A can of tomatoes, drained and chopped, poured over the mixture at the last moment is another way of changing the dish.

Macaroni with foul is the ideal Italian feast dish. The macaroni is blanched and drained and added to a little chicken broth from which the boiled chicken has been removed. This is thickened with flour and a little cream is added to give richness. Now remove the flesh from the fowl and shred it in bits. Mix this into the thickened macaroni, break a dried sweet pepper in flakes and sprinkle its red shell into the mixture, add salt and a tablespoon of butter or olive oil. Make the mixture very hot and serve at once.

Macaroni with cheese and crackers is the everyday way to serve it. The hard Parmesan cheese imparts a strong, peculiar flavor to the dish that all palates do not enjoy, so that high, old, cream cheese is better for our use.

Grate enough cheese to fill a measuring cup. Put the blanched macaroni into a baking dish, mix in the cheese, add salt and just a sprinkle of cayenne pepper. Roll seven crackers, but do not sift them, as cracker dust would be too fine. Sprinkle this over the top of the dish and add bits of butter. Mix a tablespoon of corn starch with a pint of rich milk and pour over all. Cook twenty minutes in the oven and serve in the baking dish.

This recipe was first sent to the writer by an Italian restaurateur with the request that it be published for the good of our countrymen. Not long after, an Italian washerwoman presented me with a dish of her national food prepared in the same manner, and recently a chef at a well-known hotel insisted on writing the same directions to me, so that this splendid, almost perfect food combination is surely, truly Italian.

Sixty-Seven Years Married

Capt. and Mrs. William McClain, 134 Jarvis street, celebrated the 67th anniversary of their wedding yesterday. Mrs. McClain is 85 years old and Capt. McClain 91 years. Both are in good health and received the well wishes of a large number of relatives and friends.

FELL ON SIDEWALK.

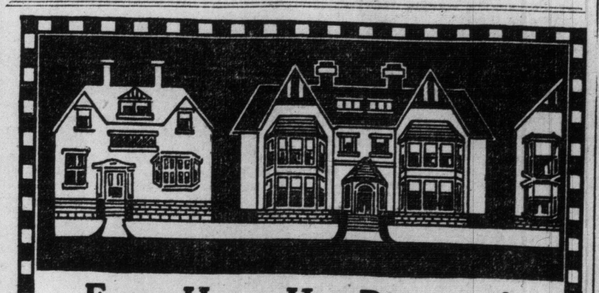
Catharines McGregor, 120 St. Patrick street, fell on the corner of Queen and John streets at 7 o'clock last evening and was conveyed to the General Hospital with a cut on the right side of her head.

HOME RULE, ROME RULE ESSENTIALLY THE SAME

Rev. Albert Wareham Declares Roman Catholics Are Ambitious for Conquest.

Rev. Albert Bareham lectured in St. James' Parish House last evening to the members of the Toronto branch of the Imperial British Israel Association. The topic of his lecture was "What We Have We'll Hold." During the address the speaker referred to the efforts in the past of the Roman Catholics to conquer the world, and the present effort to have home rule established in Ireland. He stated that "Rome rule" and "Home Rule" were practically the same thing.

The World specializes in Toronto and Ontario news.



Every Home Has Dozens of Uses for Panshine—

Keeps woodwork and paintwork spotlessly clean and white. Scours pots and pans. Cleans cutlery and glassware. Makes bathrooms spick and span. Keeps kitchens immaculate and sweet.

PANSHINE

is a clean, white, pure powder that has no disagreeable smell, won't scratch and will not injure the hands. Buy Panshine. You'll be glad you did.

Large Sifter Top Tin **10c.** At all Grocers

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THE GARDEN
CONDUCTED BY RACHEL R. TODD M.D.

Some April and May Blooming Alpine "Carpeter"

The Alyssum Family.

As we saw yesterday our rock garden will be a mass of bloom with the Arabis and Aubretia, from early March well on thru April.

But, just when the Arabis are beginning to grow a little tired of sending out such luxuriant masses of white and pinks and lavenders and purples, that have been rioting sunnily among the rocks, suddenly we find a marvelous change of coloring spreading among the soft gray leaves, planted on a little higher level in the rockery.

And in a day or two, a golden cloud of misty yellow covers rocks and stones. This is the Alyssum Saxatile, often called "Gold Tuft," and also "Rock Madworth," the earliest bloomer of the Alyssum plants.

Golden Tuft grows about eight inches high, and both flower and leaf is rather larger than that of the ordinary white or Sweet Alyssum. The leaf of Golden Tuft is not unlike that of the Stock or Wallflower, and is a little wider and very gray in color. The stems are long and procumbent and of the same flexible nature as those of the Wallflower, showing that its natural home is a rocky ledge where the bending stems may be blown about by the spring winds without fear of breaking.

Golden Tuft will bloom straight ahead for a good four weeks if given sun and light, so that its first cousin Sweet Alyssum is just beginning to send out flowering stems as a warning for Golden Tuft to depart, and leave a clear field for the cloud of white that is ready to burst open.

Before leaving Alyssum saxatile we must mention a variety of this branch known as Alyssum saxatile citrinum (sulphureum). This plant sends out very soft, delicate lemon flowers, much more harmonious in general shades than the strong Golden Tuft. This perennial flowers at the same time as Golden Tuft.

The old-fashioned Sweet Alyssum, I am sure, hardly needs description, so common is it. Yet I must warn our gardeners to watch carefully among this variety, for a long, thin green worm, that works much havoc. Hard to discover because it simulates the thin green stems of the flowering stalks so closely, the best thing to do should such a pest attack your patch is to spray, close to the earth among the forest of stems, with a strong solution of Paris green. This will rid your plants of the vermin.

Sweet Alyssum is the only one of the branch that is endangered by vermin, strange to say.

This especial carpeter is a valuable one, in that it will bloom practically the whole summer and autumn thru. It is advisable, however, when the other carpeters come along to shear off the flowering tops just as we did the Myosotis, last year, clipping the stems down to within about three inches of the ground.

In order, of course, to have a good early stock of the Alyssum plants it is advisable to sow the seeds early in June so that the plants may be transplanted to the rocky ledges early in autumn.

Coax your plants to become stout and stocky by continually pinching or clipping off any straggling branches, and not permitting stragglers to reach higher than four inches the first year.

A little care will repay you with splendid stock that will bloom luxuriantly and early the following spring.

(Continued.)

cial news page every morning.

If you want all news, get The World.

GOOPS
By GELETT BURGESS

ELLA PERCH

Are you a Goop
like Ella Perch,
Who's always whispering
in church?
Who's always whispering
and giggling,
And looking over books,
and wriggling?
I'm sure *you* think
it's a disgrace
To misbehave in
such a place.

Don't Be A Goop!

Quick Clearing Six SLIGHTLY USED Upright Pianos

—By Ye Olde Firme—

HEINTZMAN & CO., Limited

MAKERS WORLD'S BEST PIANOS

Act Quickly if You Would Have One

HEINTZMAN & CO. Cabinet Grand Upright, in nicely polished dark rosewood case, carved trusses and fluted pilasters, three plain panels in top door, has centre swing desk, folding fallboard, overstrung scale, 7 1-3 octave keyboard, two pedals; this instrument has been put in perfect condition by our own workmen, having genuine Heintzman tone and touch, and is also fitted with the famous Wessel action. An exceptional bargain at **$275**

MARSHALL & WENDELL, N.Y., Upright Piano, in nicely polished figured mahogany case, has carved and turned trusses and pilasters, Boston fallboard, with automatic full-length swing front, full metal frame, overstrung scale, 7 1-3 octaves, three pedals, including practice clavier; this instrument is in perfect condition, is modern in every way, and is nearly new, having been very slightly used. Special bargain price.... **$285**

NEWCOMBE Cabinet Grand Upright, in handsome figured walnut case, extension gables, Boston fallboard, ¾-length music desk, has fluted Colonial trusses and carved mouldings and keyboard front, full overstrung scale, 7 1-3 octave keyboard, three pedals, including practice clavier, etc.; this instrument has been thoroughly overhauled and put in splendid shape. A bargain at... **$295**

WEBER & CO. Cabinet Grand Upright, in handsome dark mahogany case, nicely polished, Boston fallboard, with automatic full-length swing music desk, turned and carved trusses and pilasters, full metal frame, overstrung scale, copper-wound base strings, 7 1-3 octave keyboard, three pedals, including sostenuto for bass only and practice clavier; this piano is in excellent condition, has been used for rental purposes only, and is now offered at **$210**

HEINTZMAN & CO. Cabinet Grand Upright, in handsome figured mahogany case, nicely polished, sliding fall, with automatic full-length swing music desk, handsomely carved panels, carved and fluted trusses and pilasters, overstrung scale, 7 1-3 octaves, three pedals, including practice clavier; also has many H. & Co. features, including Wessel action; is in perfect condition throughout; was taken in exchange on a player deal, and is now offered at special bargain price **$315**

CHICKERING Upright, in dark rosewood case, nicely polished, has paneled gables, Boston fallboard, three plain panels in front door, carved trusses, overstrung scale, very fine tone, and quick repeating action, 7 1-3 octave keyboard, two pedals; this instrument is in perfect order both inside and out, having been thoroughly overhauled in our town factory, has a world-wide reputation among musicians and is a good bargain at **$345**

Our Easy Payment Plan

Pianos under $250, $10.00 cash and $6.00 monthly; over $250, $15.00 cash and $7.00 monthly.

FILL OUT COUPON—Fill out and mail attached coupon and we will give you particulars of other bargains.

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Yonge Street
Toronto, Can.

CUT THIS OUT
HEINTZMAN & CO., LTD.:
Please mail complete bargain list of Upright and Square Pianos and Player-Pianos. I saw ad. in Toronto World.
Name.....
Address.....

RUPTURED BLOOD VESSEL THEN BLED TO DEATH

George Brown, Formerly a Hospital Orderly, Found Dead in Bed.

George Brown, 50, an Englishman, was found dead in bed by his roommates at his home at 97 Anne st. at 5.40 yesterday evening.

He was bleeding freely from the mouth when found, and it appeared that in a fit he had ruptured a blood-vessel and bled to death. Five weeks ago he was an orderly at the Toronto General Hospital.

The body was removed to the morgue and an inquest may be held.

"Eat More Bread"

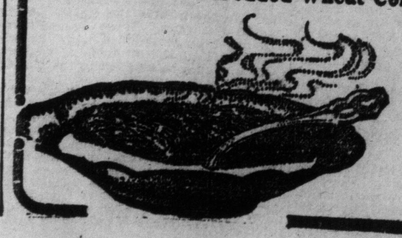
Of course you should "eat more bread"—and less meat—but be sure your "bread" contains all the body-building material in the whole wheat prepared in digestible form. The only "bread" that fulfils all these requirements is

SHREDDED WHEAT

It is made in Canada of Canadian whole wheat steam-cooked, shredded and baked. It is a natural, elemental food and is not treated or compounded with anything. Its purity, cleanliness and food value stand unchallenged, being endorsed by the highest health and dietetic authorities in Canada and the United States.

Always heat the Biscuit in oven to restore crispness. Two Shredded Wheat Biscuits with hot milk or cream will supply all the energy needed for a half day's work. Try Toasted Triscuit, the Shredded Wheat wafer, for luncheon, with butter, cheese or marmalade.

The Canadian Shredded Wheat Company, Limited



Niagara Falls, Ont.

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