

well as give you information on competitive product prices and marketing possibilities.

When to Visit Finland

Finnish industry comes to an almost complete standstill in July. Business firms work with limited manpower resources during the summer months (June, July and August). It is advisable to ensure that the business contact is not on holidays before arriving in Finland at that time of year.

How to Get There

The main international airport in Finland is Helsinki-Vantaa which is situated about 20 kilometres (12 miles) from the centre of the city. There are non-stop flights from Montreal to Helsinki operated by Finnair three times a week.

Travel in Finland

Frequent internal flights operate in Finland which connect with the main international services. Business visitors with limited time at their disposal are advised to travel by air. Internal services are provided by Finnair between Helsinki and Ivalo, Joensuu, Jyväskylä, Kajaani, Kemi, Kittilä, Kokkola, Kuopio, Kuusamo, Lappeenranta, Maarianhamina, Mikkeli, Oulu, Pietarsaari, Pori, Rovaniemi, Savonlinna, Tampere, Turku, Vaasa and Varkaus. Timetables are subject to seasonal variation. Internal air fares in Finland are among the cheapest in Europe.

There are over 6,000 kilometres (3,800 miles) of railway connecting Finland with Sweden and the Soviet Union. Most trains in Finland are powered by diesel engines.

Express services operate from Helsinki to Tampere, Vaasa, Oulu, Jyväskylä, Kuopio, Joensuu and Savonlinna. Seat reservations must be made in advance. On express trains refreshments are served at each seat. First class accommodation is available only on the main routes. There is also a car train service between Helsinki and Rovaniemi.

There are about 75,200 kilometres (47,000 miles) of road in Finland. The main roads are generally good,