

VALUE OF SANATORIUM TREATMENT

Forty-three Ottawa cases cared for at Muskoka Free Hospital for Consumptives and Toronto Free Hospital for Consumptives.

THE STORY TOLD IN ANNUAL REPORT OF J. A. MANUEL, ESQ.,
PRESIDENT OTTAWA ANTI-TUBERCULOSIS ASSOCIATION.

An object lesson for other municipalities.

AT the time of the last report, says President Manuel, the Association was using two shacks for its patients at Gravenhurst, with the prospect of the erection of a pavilion, from moneys subscribed in Ottawa, to be known as the Ottawa Pavilion. Early in 1906, negotiations between the Gravenhurst authorities and the Ottawa Auxiliary took place, which led to the latter abandoning the idea of erecting a pavilion, and instead, after consulting the subscribers, accepting two wards in the main building of 8 beds each—one for male and one for female patients, to be known and marked as Ottawa Wards, and in addition the use of two other rooms, for very sick patients, those taken with hemorrhage or requiring isolation, the great benefit from the substitution being that the patients would be more directly under the supervision of the medical and nursing staff.

Since the date of the last report, 31 patients have been sent to Gravenhurst and 10 to Weston. Of these 11 are still at Gravenhurst and 5 at Weston.

On the return of patients from these places they are put upon the list of the Visiting Nurse, who thus keeps in touch with them and renders them any assistance she may be able. All the cases on her list have been visited during the past month so that we might have recent information, and in the report which follows, the information from her is under the letter N., the Gravenhurst and Weston information being under letters G. and W.

GRAVENHURST CASES

CASE No. 1. G. An advanced case. Improved on discharge; outlook favourable. Gained five pounds. Capacity for work normal. Stay sixty-five days.

N. Did not return to Ottawa. Is understood to have gone back to father's farm.

No. 2 G. An advanced case, but improved on discharge. Future progress doubtful. Lost four pounds. Stay one hundred and twenty-two days.

N. Is a very good proof of what fresh air treatment can do. To look at her it is difficult to realize she was ever a fit subject for the Sanitarium, and we can

safely class her as a perfect cure. She still spends some hours every day out of doors, does all the housework in her father's house and feels satisfied she is cured.

No. 3. G. An advanced case. Although here only three months and considered an advanced case on admission, was discharged with disease arrested and with a bright outlook. Capacity for work normal. Gained ten pounds.

N. Returned from Gravenhurst greatly improved and continued to follow out the same treatment at home, spending 6 and 7 hours outside daily. By her good example, a neighbor, who is also tubercular, was induced to join her in the fresh air treatment, and they can be seen spending hours together in the fresh air. Is still improving through the great care she is taking of herself.

No. 4. G. An incipient case. Discharged improved; Prognosis favourable; Sputum free from bacilli. Gained nine pounds. Complicated by hysteria. Stay one hundred and nineteen days.

N. Left Gravenhurst in June. Has been idle until about a month ago. Is in about the same condition as when left Gravenhurst, and until starting work carried out the fresh air treatment faithfully. Coughs very little, but is emaciated looking, probably due to want of good food when out of work.

No. 5-6. G. Are sisters, who remained on a few days. Home sickness seems to have over-ruled their discretion. Were incipient cases and would have done well.

N. Came home determined to carry out instructions given them. Both live on the outskirts of city and make a practice of rising early, so as to have as much time in open air as possible. During the summer months spent the whole day in the woods, and have been sleeping with bed-room windows open the whole year round. The result is, both are enjoying good health.

No. 7. G. An incipient case. Left the hospital much improved to work in Gravenhurst.