

# The Weekly Monitor

## AND

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NO. 50

#### TEACHERS' INSTITUTE

Interesting Session of Teachers' Association for Annapolis and Digby Counties Held at Digby.—Principal Soloman and Dr Hall Contribute to Interest and Value of Discussions

Minutes of twenty-eighth session of the Teachers' Institute for District No. 4

The teachers of Digby and Annapolis Counties held their twenty-eighth session in the Academy Hall Digby on March 23rd and 24th. There were about 100 in attendance. On Wednesday morning at 9.30, President Morse called the meeting to order. On motion the enrollment fee for this year was fixed at ten cents.

After the teachers had enrolled and other preliminary business had been transacted, the program was taken up.

The first lesson was one on the multiplication table by Principal Ruggles of Bear River. The object of this lesson was to enforce upon the teachers the idea that the fundamentals of everything pertaining to factors or multiples were contained in the multiplication table. Principals McGill and Haford spoke on this lesson. Each was of the opinion that the subject of factors was not generally taught intelligently. Miss Hortense Spurr then read an interesting paper on, "A Plea for Aids in Teaching History." It contained many helpful suggestions among which was the necessity of procuring portraits of Kings and all leading characters in history. The author believed that the policies of the different political parties should be plainly outlined in the text books so that the pupils might get an

intelligent idea of them. This paper was discussed by several of the teachers. Prin. Magee thought that history was preeminently the one subject by which we could prepare our pupils for future citizenship. The textbooks are inferior; therefore we must teach the main outlines of our texts and then collect all stories bearing upon the events contained therein. Prin. Ruggles spoke favourably on the paper but advised caution in introducing politics into school work. Mr. B. Havey a retired teacher, but one who is still in touch with all educational work, also complimented the author of the paper, and emphasized the idea of individuality in teaching history. Prin. McGill and Miss Evelyn Smith also made brief remarks on the paper.

On motion of the Institute it was agreed that we hold evening session, so that the program might be completed in order to close on Thursday noon. Prin. Magee of Annapolis was elected Vice President and Prin. Hogg of Digby was re-elected Secretary Treasurer for the ensuing term.

President Morse and a teacher from each county was appointed a committee to nominate an Executive Com. and report at next meeting. Secretary was instructed to forward a telegram to the teachers of Cumberland Co. in session at Parisboro, conveying Easter greetings and hopes for a successful Institute.

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#### How Edmonton Grows

This is the way they do things in Edmonton. It should be remembered that Edmonton was only incorporated in 1904. It now has 24,000 population. It has twenty-two hotels, fifteen banks, eleven public schools, two colleges, four hospitals, twenty churches two sanitariums, Y. M. C. A. etc., street cars electric light and power waterworks, Automatic Telephone System, the latter all owned and operated by the city.

It is served by three transcontinental railways, The Edmonton and Slave Lake, and the Edmonton, Yukon and Pacific. Two years ago it had only one line, a branch of the C.P.R. from Calgary. It has besides these three more lines building.

Its assessed valuation is \$22,535,210. Building permits for 1907 \$22,535,210. Building permits for 1908 \$2,498,847.

During the year 1909 the building operations were more than 50 per cent greater than for the same period in 1908.

The city charter has many unique points and is considered one of the best in Canada. For example, the civic taxation system ensures tax exemption on all improvements. This has acted as a stimulus to property owners. Unoccupied lands are taxed as much as if covered with buildings. This has stimulated building. The man with a vacant lot pays as much as his neighbor with a big stone building.

This has brought wonderful improvements. Men are not fined for being good citizens. The land pays, because it gets its value from the presence of all.

But space forbids more. The people are alive. They have built a city where only a few years ago there were only a few trappers collected around Hudson's Bay trading post.

They have great opportunities. But they made them. Edmonton will be a big city, but it is the people of Edmonton who are responsible.

#### Obituary.

JUDSON BALCOM.

Mr. Judson Balcom died at his home at Lawrencetown, N. S., March 16th 1910, in the 83rd year of his age. He was in vigorous health until last April, following his business of collector of taxes, an office he filled with great satisfaction to the people for thirty five years, during fifteen years of this time he was also mail carrier and discharged his duties with punctuality and faithfulness.

Mr. Balcom will be greatly missed from the community. He was born at Paradise but lived here since he was a boy and was held in high esteem by the people not only of Lawrencetown but from far and wide.

He was a man of strict and upright business principles, kind to the poor and considerate with all. In business circles his word was as good as his bond. His loss is mourned by a widow and three children Mrs. C. S. Balcom, Mrs. D. B. Durling and Mr. J. A. Balcom and an adopted son, Dr. F. A. Walker of Bradford, Vermont U. S. A. One sister survives him, Mrs. Lenora Durling, and a host of relatives and friends mourn their loss in his death.

The funeral service was largely attended. It was conducted by his pastor Rev. H. G. Mellick. Some familiar hymns were very tenderly and sweetly sung, and Rev. Haddon Balcom led in prayer. Rev. Mr. Mellick and Rev. Mr. Hart gave brief addresses in which they conveyed the deep sympathy of the people to the bereaved relatives and making tender and kind mention of the departed and urging claims of religion upon the hearers.

It was a deeply impressive service. There were many very beautiful floral tributes. Interment took place in the new Cemetery.

Marion Bridge, C.B., May 30, '02.

I have handled MINARD'S LINIMENT during the past year. It is always the first liniment asked for here, and unquestionably the best seller of all the different kinds of Liniments I handle.

NEIL FERGUSON.

#### The Coming Gyroscopic Age

Nearly thirty years ago Lord Kelvin, then Sir William Thomson, introduced to the British Association for the Advancement of Science, at its meeting in Montreal, a gyrostat—a modification of the gyroscope.

At that time gyroscopes seemed to be little more than scientific toys, the only use of which was to demonstrate some of the laws of motion.

Today there are essential adaptations of the gyroscope to important uses, and the principle involved gives prominence in the railway world.

We have a gyroscopic mariner's compass which is independent of magnetic influence and therefore of local disturbing causes.

Some success has attended efforts to prevent the rolling of boats at sea, by the use of big gyroscopes.

Quite recently we have had an adaptation of the gyroscope to practical uses, which promises to work a revolution in the railway world.

The new Brennan mono-rail car runs on a single rail and the equilibrium of the car is maintained by spinning in a perpendicular plane at three thousand revolutions a minute a steel wheel weighing three-quarters of a ton.

The car is kept upright by the same law that keeps a top upright while spinning.

The car is practically a bicycle, but unlike a bicycle, does not fall down when it stops.

There are two gyroscopes to each car. If one breaks down the other is sufficient to maintain the equilibrium and if "the power is off" the momentum is enough to keep the gyroscopes running for two days and to keep the cars upright for two hours.

The success of the invention has been demonstrated by running of a car unevenly loaded with forty people, and the speed possibilities and the safety are said to be far ahead of the two rail system.

Whether or not there is any probability of the two-rail system being supplanted by the one-rail, it is easy to see that there is a field, especially in new countries, and in war, for a railway system that can be constructed in the form of a single "streak of rust" or a tight rope.

What is perhaps even more important, is the immense field opened for the application of the gyroscopic principle in other directions.

Some of us may have thought that the gyroscope was a toy unworthy of Sir William Thomson's laborious investigation and that the British Association might have found something better to do than to study the principle of top-tops.

But the most important of the world's scientific work has been in the realm of pure science.

It was hundreds of years before the discovery of electricity was turned to any useful purpose and only in the last half century have its possibilities begun to be even dimly appreciated.

The man who invented or discovered the top-top took a long step towards a marvellous system of rapid transit.

Mr. Brennan (whose opinion is entitled to respect, although he is an inventor) says: "Whether a hundred and twenty or two hundred miles an hour, is a mere detail."

But both the man who invented the top-top and the man who invented the gyroscope had been long preceded by the Infinite and Eternal Intelligence which invented the solar system.—Montreal Star.

#### People's Fish and Game Protective Association

At the session of the People's Fish and Game Protective Association held in Halifax last week, the officers for the ensuing year were elected. They are as follows:

President—F. C. Whitman, Annapolis. Secretary-Treasurer—A. D. Mills, Annapolis.

Executive—T. N. McGrath, Tusket; W. G. Clarke, Bear River; A. D. Mills, Annapolis; and D. R. Forsman, Bridgewater.

#### Legal Decision of Local Interest.

Judge Chipman filed his decision a few days ago in the action brought by W. D. McCallum of Truro against Abner S. Williams to cover a commission alleged to be payable under an agreement whereby Mr. McCallum listed the farm of Mr. Williams for sale in the real estate registry. Mr. Williams sold his farm himself without any assistance from Mr. McCallum but not withdrawing the terms of the agreement were such that he was entitled to the commission although he had not negotiated the sale. The learned judge has decided against Mr. McCallum on this point and has further decided there was a verbal agreement made when the writing was signed to the effect that if Mr. Williams sold the farm himself he was not to pay any commission. Mr. A. C. Paterson and Mr. S. D. McLellan K. C. of Truro were for the plaintiff and Mr. F. L. Milner for the defendant. The action was tried in Truro last November and created considerable interest among the members of the Truro bar.

#### Caring for Convalescents

"Chattering and gossiping visitors have no place in the sick room," asserts Dita H. Kinney, R. N., Superintendent of the U. S. A. Nurse Corps in the Women's Home Companion for March, "and to save the patient from such friends is an important duty of his nurse. A few agreeable, low voiced and judicious persons make a pleasant break in the monotony of an invalid's life, and are great aids to cheerfulness, but care must be used regarding the number admitted—never more than two at a time—and a fatiguing succession must be avoided.

"In early convalescence great care should be taken not to strain or tire the eyes. If not conscious of fatigue, the patient may read a little while at a time, but he should be so placed that the light will fall over his shoulder on the book or paper, and not shine directly into his face. He may be read to, as anything which interests and entertains him is a help.

"Convalescents are particularly sensitive to cold, because of their lowered vitality. They should always wear light woolen garments next the skin, and convalescent children should sleep in flannel.

"Change of scene and climate are valuable aids to recovery. After suppurative diseases, hip disease or empyema, a long stay at a warm seashore is beneficial; after acute diseases, choose a warm, sunny place which is easily accessible and where there are plenty of creature comforts. It may be either seashore or inland. After whooping-cough and diphtheria, the sea air is beneficial; after a long fever the mountains are best."

#### Electric Sleep

Declared to be Analgesia, No Bad Effects.

The search of noted surgeons for an anesthetic with no detrimental effect on the heart or other vital organs apparently has been rewarded at last. The result of investigations here and abroad, which have just been made public here, show that electricity is an anesthetic to produce analgesia.

The discovery is expected by prominent surgeons to revolutionize modern surgery. Electricity as an anesthetic has no bad effects on the heart. It produces a form of insensibility by acting on the nerve centres of the brain, called "electric sleep." When the circuit is opened the influence of anesthetic is immediately lost and the patient becomes conscious without feeling any of the after effects common to the ether and chloroform.

At the Philadelphia General Hospital the city will shortly procure the necessary apparatus and will conduct a series of exhaustive investigations.

MINARD'S LINIMENT RELIEVES NEURALGIA.

#### EASTER SERVICES

Large Congregations, Choice Music, Floral Tributes and Bright Sunshine Gladden the Hearts of the Pastors of the Various Churches on Easter Day

With bright sunshine without and an equally bright service within, the Easter Festival was commemorated in St. James church with the usual 11 o'clock service. The sanctuary was more than ordinarily attractive, as apart from the festal hangings, beautiful cut-flowers had been contributed, calla lilies by Mrs. Chas. DeWitt, carnations and daffodils by Mrs. O. T. Daniels, and these were supplemented by beautiful Easter lilies, in pots, by Mrs. (Dr.) Freeman. The singing was of the usual high order, both morning and evening, and large congregations were present. Following is the music sung at the morning service:—

Opening Hymn, "Welcome Happy morning."  
"Christ our Passover is Sacrificed for us," Humphrey.  
Te Deum, Landamus in E flat, E. R. Barrett.

Benedictus, in C, J. F. Bridge.  
Anthem, "Hallelujah! Christ is risen," E. A. Clark.

Hymn, "Jesus Christ is risen to day."  
Kyrie in "G" flat, Ruggles.

Hymn, "At the Lamb's high feast we sing."

The services in the Baptist church on Easter Day were exceptionally interesting. The pulpit and platform were beautifully decorated with Easter lilies, carnations, hyacinths and other potted plants which lent additional charm to the bright Easter day. The pastor, Rev. N. A. MacNeill preached two very helpful sermons, the theme in the morning being "The Risen Christ." The Anthem "Come See the Place" and the music rendered by the male quartette, as also the hymns were of a bright character, befitting the day. In the anthem the solos were taken by Miss Gladys Reed and Mr. Arthur Charlton. In the evening a new musical feature was a Ladies Quartette which was greatly enjoyed.

The Easter services at Gordon Memorial Presbyterian church were conducted by Rev. M. A. McKinnon of Park Street Presbyterian church, Halifax. The congregations both morning and evening found much pleasure in listening to Mr. McKinnon's interesting discourses, the effect of which was heightened by the unusually impressive and attractive manner in which they were delivered. The text of the morning sermon was "A man shall be as a hiding place from the storm, a covert from the wind and the shadow of a great rock in a weary land." After dwelling on the refuge and consolation the Savior of the world affords at all times and in all circumstances. Mr. McKinnon

pointed out how clearly this truth is brought home to us at Easter. Mr. A. O. Price's fine tenor voice was heard to advantage in a solo from Messiah "Thou didst not leave his soul in hell."

The sermon in the evening was a missionary one. Mr. McKinnon specially emphasized the great necessity of faithfulness in ministering to the spiritual needs of the vast foreign population arriving in our Dominion, if we would have it become the grand country of our wishes; giving an interesting account of work in Kootenay. He referred to the noble work done by pioneer ministers in Nova Scotia, and stated that but for the self-sacrifice and devoted labors of these men, we would undoubtedly not be blessed with the high degree of civilization and education to which we have attained.

Easter was fittingly celebrated at the Providence Methodist church, both morning and evening services partaking of the Easter spirit. The morning service was conducted by Rev. Dr. Jost, the pastor Rev. Geo. Johnson, filling his appointment in Granville. The music by the choir, consisted of specially selected Easter music. Two anthems were given, "Death is Hallowed unto Sleep," and "Praise the Lord of our Salvation," also an opening chorus by the full choir, "See the Stone is Rolled Away." The organist, Mrs. A. R. Bishop rendered two fine voluntaries in her usual efficient manner, "Low in the Grave He Lay" by Lowry, and "Glory Be to God" from Hayden's 1st Mass. In the evening the church was filled with a congregation that greatly enjoyed a special musical service given by the Sunday-School, under the capable leadership of Miss Wilkinson entitled "The Risen Lord."

Program  
Opening Voluntary  
Chorus, "Tis the Blessed Easter-tide."  
Scripture Reading.

Prayer  
Chorus, "Sunbeams", Edna Burns.  
Juanita Bishop, Edna Fulmer.  
Recitation, Ruth Burns.  
Chorus, "On Wings of the Morning"  
Easter Song, Infant class.  
Chorus, "Wave Your Easter Banners."

Dialogue by Miss Vola Fulmer and Miss Ethel Kinney.  
Solo, "Little Flowers, Pretty Flowers," Edna Burns.

Recitation by Clarence Kinney.  
Chorus, "Skies are Glowing."  
Exercise by Intermediate class.

Anthem, "Awake! Thou that Sleep'st" by Louis D. Eichhorn.  
Exercise, Preparatory class.

Duet and Chorus, "O Land Beyond the Morning," Miss Vola and Edna Fulmer and choir.  
Remarks by Pastor.  
Chorus, "Go to Meet Him", Dox. Gounod.

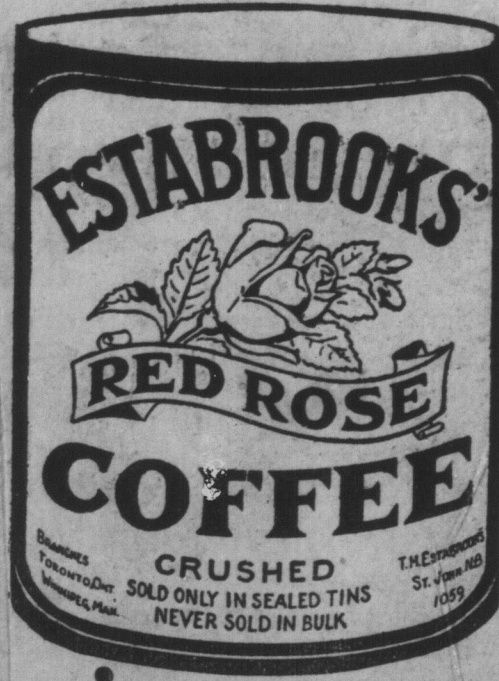
EVERY statement, every claim, every guarantee concerning Red Rose Tea from the time it was first put on the market until to-day has been lived up to to the fullest degree. Its remarkable success and enormous sale are the result of this method of doing business, coupled with the all-important fact that Red Rose Tea has always been good tea.



"IS GOOD TEA"

Estabrooks' Red Rose Coffee will have the benefit of the same business methods. Equal skill will be employed in its selection and preparation, and equal determination to maintain its superior quality.

Estabrooks' Red Rose Coffee and Red Rose Tea will form a very strong partnership, each resting on its own quality, which, in Red Rose Tea, has been so aptly described as "good."



A good combination is Estabrooks' Coffee for breakfast and Red Rose Tea for other meals.

CAKE, hot biscuit, pastry, are lessened in cost and increased in quality and wholesomeness, by

**ROYAL**  
Baking Powder

Bake the food at home and save money and health

MINARD'S LINIMENT RELIEVES NEURALGIA.