

The Third "Shift."

People sometimes speak as if the new world were to be a creation of only two main forces—Capital and Labor. But a third force intends to have a hand in the business. The social fabric is to be reconstructed by Capital, Labor and the Masses. And when you come to think of it, why not? Man is agitating to reduce his wage-earning hours to eight. He also proposes to continue taking eight hours sleep. What is he going to do with the other eight hours? This is a domestic and therefore a National question. Is the reduction of hours to be in the interest of the home, or only of booze and bookmakers? Amidst this triumphant assertion of the claims of the working man, will ANY relief be afforded to the most sweated toiler in the world—THE WORKINGMAN'S WIFE?

In the old days John's reply, when asked by his wife to take a definite share in home duties, was this: No, our lives are different. I can't look after the cooking and the kids and the housework, any more than you can do my job, which brings in the dollars. The logic of that argument has now been blown to the winds. Factory work, bus driving, farming, bill sticking, police duties—woman has proved that she can do them all. So nothing remains but for man to learn how to make beds, bath the baby, and bake rice puddings.

John is pulling very far over the prospect—saying he can't, and doesn't want to, and wasn't brought up that way by his mother. But thoughtful women are paying the opposite sex the compliment of saying they don't see why, with a little encouragement, the average man should not acquire efficiency at the wash-tub, say, as quickly as his daughter learnt how to collect fares in a crowded tramcar.

"At present," said Mrs. Will Crooks, wife of the Labor M. P., "the average married woman's working day is a fragment of contradiction of all trade union ideals. Just think of it—getting breakfast and seeing the children off to school; doing the housework, and the washing, and the cooking; getting the other meals for the children and for her husband on his return; putting the children to bed; doing the mending and the making—why, the poor thing is slaving all the time!"

"What she needs—what she longs for—is just a little break or change now and again; an opportunity to get her mind off her work and its worries. If her husbands hours are reduced to eight, well, that gives her a chance doesn't it? The home and the children, after all, are as much his as hers. With his enlarged leisure he will now be able to take a fair share in home duties. I suggest that they take it turn and turn about—one night he goes out and she looks after the children; the next night she goes out and he takes charge of things at home. She can sometimes go to the cinema—sometimes call on friends. Then, say, once a week, they can both go out together, taking the children with them. That will be a little change and treat for everybody."—Halifax Herald.

JOYFUL EATING

Unless your food is digested without the aftermath of painful acidity, the joy is taken out of both eating and living.

KI-MOIDS

are wonderful in their help to the stomach troubled with over-acidity. Pleasant to take—relief prompt and definite.

MADE BY SCOTT & BOWNE, MAKERS OF SCOTT'S EMULSION

Stunts Done by Man

WITH TWO ARTIFICIAL LIMBS.

Hitherto it has been regarded as quite sufficient for an artificial limb that it should look the part in repose and be resistant enough to support weight when called upon to do so. But a writer in Technical World, says a writer in Technical World, That it should be capable of motion at the will of the wearer, like a real flesh-and-blood member, has never appeared to be within the possibilities. Yet a New York maker of artificial arms has achieved the well-nigh impossible.

Offhand, most people would say that a man with no arms at all, or, rather, with two artificial limbs, would have a hard time dressing himself. But a young New Yorker has not only accomplished this amazing feat, but is doing many other remarkable things with the two artificial arms which for a number of years he has worn in place of those first given him by nature. In fact, he goes through the paces of everyday life without the slightest fuss or effort, and yet he has wood for flesh, steel for joints, and rawhide cords for muscles in place of the real fingers and wrists.

The arms are made of willow fiber, with rawhide cords as muscles, each one attached to suspenders stretched across the back and chest to give tension. Forward movement of the stump raises the elbow. A downward movement of the shoulder pulls the finger cord, bending the hand backward from the wrist joint and opening the fingers. Another shrug of the shoulder closes the fingers and locks them so that they can hold whatever object is being handled.

In the presence of astonished surgeons at the International Surgical Congress in New York recently the young man dressed himself. First he buttoned his shoes and put on his garters. Then he drew his shirt over his head and buttoned it down the front, closing the top with the ordinary collar button. Then he picked up his collar and buttoned it back and front, handling it as deftly as the average man manages with his fingers. When this was done he tied his four-in-hand scarf, drew it tight and fastened it snug with his scarfpin, drew on his coat, picked up his hat and put it on. Next he rolled a cigarette, struck a match, lighted the "smoke" and started puffing it with plain enjoyment. Walking over to the water cooler, he drew himself a drink and tossed it off without spilling a drop.

NURSERY HYGIENE.

The nursery is the most important room in the house; therefore its hygiene must be above suspicion. Many parents fall into a fallacy regarding modern heating methods, and while admitting the comfort, cleanliness and convenience of the Gas Fire, call its suitability for nursery use into question on the grounds of hygiene.

This idea is wrong. The modern Gas Fire is more hygienic than the coal fire, has all its good points without its bad ones. The Gas Fire gives radiant heat and assists ventilation. All the products of combustion are carried off by the fine connection to the chimney. There is no smoke, dust or ashes, and for a sick room it is invaluable.

The modern ventilated Gas Fire produces radiant heat, a natural heat similar to that given by the sun, and adds hygiene to its many other advantages.

For particulars of the new Radiant Fires, phone 97 or call at the Gas Co.'s Showroom.

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April Drops.

"April" is from "Aprilis," and that from the Latin asperire—to open; a reference to the opening of the earth for cultivation, or to the buds.

April's precious stone is the sapphire, which symbolises "repentance."

April 23rd is the day of England's Patron Saint, St. George.

There was an old belief that any child born in the last seven days of April would "dye a wickedde Deth."

April brides are of mercurial temperament and make good mothers but trying wives.

All Fools' Day was formerly on January 1st, and not April 1st.

Of the days in April the 16th and 21st are the unlucky ones.

Despite April showers, there is less rain in April than in July.

April is one of the healthiest months of the year, holding none of the rigours of March nor the treacherous changes of May.

The French equivalent of our "April fool" is a "Silly fish"—Poisson d'Avril.

To dream that you are caught in an April shower indicates the loss of a friend's affection.

Spanish Flu

Claims Many Victims in Canada and should be guarded against.

Minard's Liniment

Is a Great Preventative, being one of the oldest remedies used. Minard's Liniment has cured thousands of cases of Grippe, Bronchitis, Sore Throat, Asthma and similar diseases. It is an Enemy to Germs. Thousands of bottles being used every day. For sale by all druggists and general dealers. MINARD'S LINIMENT CO., Ltd., Yarmouth, N.S.

LECTURES AT KILBRIDE.

Tomorrow night at Kilbride, Capt. Leo Murphy will lecture on "Experiences with the Royal Newfoundland Regiment in France, Belgium and Germany." Sergt. Ricketts, V.C., will also be present and there will be several musical selections, so that the people of Kilbride will enjoy a pleasant evening.

FARMER DIED FROM A BOIL

The death of a young farmer was recently reported from blood-poisoning, which developed from a boil. Such a small beginning to end so disastrously! Yet this is liable to happen to anyone who allows a sore or wound to become infected.

The surest and easiest way to safeguard yourself is by using Zam-Buk. As soon as it is applied to a sore or wound it destroys all germs and acts as a protection, thus preventing infection and possible blood-poisoning. At the same time Zam-Buk ends pain and draws out inflammation. Then its action on the tissues results in the quick growth of new skin, so that sores and wounds are healed in the shortest possible time. Get a box to-day and be prepared. 50c. box.

Zam-Buk

GLOVES!

Brand New Gloves Just Received.

Smart looking well made Gloves that fit the hand so smoothly, their velvety texture and soft pretty shades make them a delight to the touch and to the eye as well.

LADIES'

Soft finish Lisle Gloves, 2 Dome fasteners in grey, black and white,

50c. pair.

SALE OF WOMEN'S GLOVES



LADIES'

Swede finish Cashmerette Gloves, 2 Dome fasteners, in grey only,

60c. pair.

Heavier make in Cashmere finish Lisle, 2 Dome fasteners, in grey, black and white, 70c. pair.

Chamois finish Lisle, white and black, only 90c.



Swede finish fabric, Embroidered backs, 2 Dome fasteners, washable, in natural shades of canary and sand, grey, brown and black,

\$1.40 pair.

Men's Swede finish Cashmere Gloves, in grey only, \$1.70 pr.

Misses' Cashmere Gloves, sizes 3 to 6, 75c. pair.

STEER BROTHERS.

We are in a position to quote you lowest prices on

Columbia and Acme Dry Cells.

5 and 6 Cell Hot Shot Batteries.

12 Cell Malt Batteries.

Motor Boat Fittings, Shafting, Propellers, Wire, Switches, etc., K. W. Spark Coils, Magnetoes, etc.

We can sell you Piston Rings for almost any engine if we know the size.

LATHROP MARINE ENGINES.

FAIRBANKS-MORSE STATIONARY ENGINES.

SAW MILL MACHINERY AND HOISTS.

For immediate delivery.

A. H. Murray & Co., Ltd.

St. John's.

Thought it Was a Drink.

A private on war service in Palestine had news of the arrival of a son and heir. He therefore asked his wife to postpone the christening until he could himself be present and provide himself with some water from the Jordan, which he carefully preserved and took home with him when he returned.

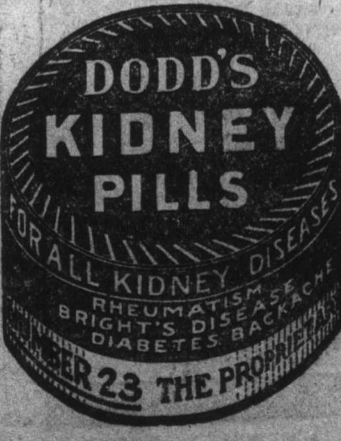
On the Sunday appointed for the ceremony he duly presented himself at the church, and sought out the headie in order to hand over into his keeping the precious flask.

He pulled the flask from his pocket, but the headie held up, a warning hand, and whispered huskily:

"Not now, sir. Maybe I'll be able to have a pull after the service is over and the people are all gone."

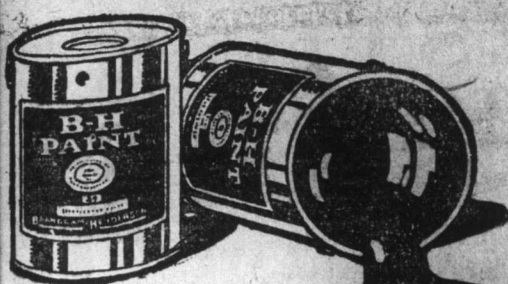
NO SIGN OF COMING DOWN.

It looks as if things are up to stay for a long time to come. The world's markets everywhere are on the high-



price level. Labor will not come down till the high cost of living moves down, and the high cost of living cannot come down so long as high wages rule. The two braces and buoy each other, and there are other buoying forces. The world is facing a herculean work of reconstruction and the monetary circulation is everywhere inflated. The dollar of 1919 is not the dollar of 1914. Before long these facts will operate on the minds of the American people, and when they sink in, enterprise and initiative will go forward with a grand sweep.—Spokane Spokesman Review.

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EVEN if this paint were sold at a price half as high again as any other—it would still be the economical paint to use on your house. In sheer covering capacity it has no equal. A gallon of it goes so far that you'll buy less of it and yet do more with it.

B-H PAINT

This paint is guaranteed to possess as its important basis the above formula which we inscribe on every can. The result of such a formula is all that you could ask in brilliance of color and in proper "body"—a paint which gives a fine lasting finish, excelling all others in "covering capacity" and in durability. Paint with B-H "Easing" Paint—and your house is protected for years, where a coat of ordinary paint will last but a few months.

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PAINT
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ST. JOHN'S, Nfld. TORONTO, CANADA

We Our
Brother's Keeper?

The first draft of the League of Nations probably needs a number of amendments. But rather than have a Peace Conference dissolve without any League whatsoever, man-ton not too deeply buried in the soil, however, is a slow way to proceed where long continued bombardment has literally filled the soil with metallic fragments. Methods of salvaging are contemplated that involve passing the soil through plants recovering the metal, and returning the soil to its place leveled and fertile.

It is also pointed out that the concentration of fixed nitrogen in the battlefield soils, resulting from enormous quantities of explosives used, will make areas exceptionally fertile.

In Perfect Health.

Are you really healthy? Many young men thought so before they came before a medical board. So did young men and women, average 30, and all "looking particularly healthy," who were recently examined—107 had organic heart trouble, 225 had heart and kidney trouble combined, 444 had infected gums, 320 had faulty vision, and they were over-drinking, over-smoking, and this at the age of "life healthy." Only 63 were in "real life." Each of them to the himself, or herself, particularly healthy-looking and active, physically and mentally.

DAYS TO COME.



The title in ten years more will mean their journey in the air; the man on foot to watch them and shed a tear, a swear. The man on foot's a busy day, he's doing autos all the time; some every time he attempts his wayworn frame to climb. And there'll be thrice as many in days to come, the stars may graze though aeroplanes may graze the sign. The man on foot's a busy day, he hustles wildly through the mud, and when he's out to earn a dollar, some auto tries to run him down. He's always climbing trees and pursued by crazy chooboon carts, crawling into drains and holes, save his divers vital parts. What if he is in years to come, with dust falling from on high, where dusty ships whiz and hum? The man on foot can only die. What profit, if he dodges a boat, and save a highly used limb, if then some airship gets goat, by dropping rusty junk on his head? There'll be collisions overhead, and accidents there'll be no dearth, and ship chuffers, quick and dead, come kettling to the earth. The man on foot can't dodge them all, and autos and the airship freight, and he'll jump this mundane ball, and to keep his shroud on straight.

SHOVELS.

D Handle Square
and Round Point.
D Handle Spades.

The Direct Agencies, Ltd

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