"Beauty is Only Skin Deep"



but a beautiful skin is possible only when the liver and kidneys are active, and the bowels functionate properly. The secret of beauty as well as of health is to maintain perfect digestion and elimination.

help to preserve beauty and maintain health, because they influence liver, kidneys, skin and stomach to functionate in harmony and efficiently.

Worth a Guinea a box. Sold everywhere in Canada. Inboxes, 25c., 50c

Big Potato_Yield

Acre in Alberta.

Three hundred bushels of first-class

irrigated areas, Mr. McKinnon real-

henceforth from that city

Nature's Work.

only one was to cure Catarrial De and that I by a constitutional of HALL'S aCATARRH MEDICINE through the Thodo on the Mucous S of the System. Catarrial Dean caused by an inflamed condition of mucous lining of the Eustachian When this tube is inflamed you have follow sound or imporfect hearing, and

N. U. 1343



Alberta Hog Production

Expected That Good Supply of Sx Hundred Bushels of Tubers to the Rough Grains Will Stimulate Interest.

Alberta hog producers are little concerned about any British subsidy of five cents a pound on Canadian bacon. As a matter of fact there are practically no hogs in the country. This is accounted for owing to the country. This is accounted for owing to the corrown sprice of feed last year where the majority of farmers discontinued hog breeding. With the changed conditions this fall, when rough grains are plentiful there will undoubtedly be a large number of raisers again engaged in the industry, but they state it will be at least tiwelve months before they are in a position to enter the esect from Southern Saskatchewan and that two years must clapse—even if there is again a good crop of coarse grains in the meantime—before they will be in a position to enter the experiment for trade.

Thousands of mothers state positively that Baby's Own Tablets are the best medicine they know of for the magnificent hotels, the both of the magnificant hotels, the both of the magnificent hotels, the both of the largest room without columns is said to be in a solid concrete enormous price of feed last year whene izes the value of irrigation and has

Minard's Lintment Co., L'inited.

Gentlemen.—In July, 1915, I was thrown from a road machine, injuring my hip and back bad'y and was obliged to use a crutch for 14 months. In Sept., 1916, Mr. Wm. Outridge, of Lachute urged me to try MINARD'S LINIMENT, which I did with the most satisfactors besults and today I am assay I as ever in hy life.

Yours line cells.

Calgary May Get Aerial Station.

The aerial observation station situated at Morley and which has rendered such valuable assistance to the forestry branch during the past season in "spotting" fires throughout the wast timb r limits of the mountain ranges, will likely be moved to Calgary may Get Aerial Station.

MATTHEW X BALNES.



"I Wonder · Would It Help Me?"

THIS question has been answered by many thous-ands of women who have safound health and happiness in the use of Dr. Chase's Nerve Food.

Sleeplessnes, irritation nervous ness, gloomy forebodings of the flustrable nervous ness, gloomy forebodings of the future, depression and discouragement—these are some of the symptoms which tell of exhausted nerves.

In order Sleeplessness, irritating, hervoustoms which tell of exhausted nerves.

In order to avoid nervous prestration or some form of paralysis it is well to get the building up process established at once by use of Dr. Chase's Nerve Food.



Estate of Countess Of Selkirk

Settlers Figures in Will.

Cecily Louisa, Countess of Selkirk of Balmae, Kirkcudbright, Scotland, who left an estate valued at \$341,099

preserved at Oulton,"

Another clause in the will reads:

Soldier-Farmers Prosper.

tend to hamper the marketing of grain, repayments of loans and advances for seed and implements totaling \$47,384 have already been made to Soldier Settlement Board. The soldiers are looking forward to a good year ahead of them in 1921. There is a good supply of seed and feed on hand to tide them over the moisture for giving the next year's crops a good start.

potatoes have been harvested from a polatoes have been harvested from a half-acre of land in Southern Alberta. THE BEST MEDICINE FOR LITTLE ONES The grower is Angus D. McKinnon, of Fox. Although not in one of the

Minard's Liniment For Distemper.

Press News by Wireless

ed such valuable assistance to the Germans Developing Wireless Tele-

graphy For Domestic Uses. ing wireless for domestic telegraphic meeting, tore down the decorations ranges, will likely the moved to Calgary next spring, and will operate to the larger German newspapers is of the Salvation Army declare they orded for any operate. the latest move. At certain hours believe the disturbances were fomentthe Berlin station will transmit news ed by Buddhists. New Police Chief For Border City.

Now Police Chief For Border City will find Dr. Thomas' Eclectric Oil very warcless experts are perfecting an "autentive copy for the press. The German "autentive C In 1919, Manitoba exported 153 car-

Greeting of Mons.

loads of butter to the United States and Europe, according to the report of the Manitoba Department of Agel ed the following Armistice Day greet-criculture. This is very good showing from the Burgomaster of Monse ing, in view of the fact that Manitoba "Commemorating the second anniversimported 55 carload in 1912. The insert of the librations of Mons by crease is due to the improvement in your valuant soldiers we salve the the butter made in this province and Canadian army and its illustrious educational campaign among cream which."

Pills for Nervous Troubles .- The stomach is the centre of the nervous system, and when the stomach sus-pends healthy action the result is Nature's Work.

A layer of tale twenty feet thick has been discovered in British Columbia. Dame Nature put the stuff on as liberal year opper modern girls.

New York Herald.

Second by Cannot be Cured

Nature's Work and which pends healthy action the result is pends healthy action the result is martiest in disturbances of the nerves. If allowed to persist, nervenue, and there is no readier action, and there is no readier remedy for this than Parmelee's Vegetable Pills.

Catarrhat Details Cannot be Cured

by local apphositions as they cannot reach the diseased portion of the ear. There is only one way to cure Catarrhal Deafness. That many northwestern Kan Deafness. That many northwestern Kansas E acis farmers are burning corn as a substi-Surfaces and was the message brought of the the Governor Henry J. Allen by formwhen State Senator elect Frank H. Me-ment of the farmers are burning corn becauserit is cheaper fuel, but that ONE. HUNDRED DOLLARS for any they are unable to buy coal. They are unable

Nothing Like That.

Nothing Like That.

Mirs. Banks.—I always have assume the siesta after hunch, and lind it so resists after hunch after him line in the hunch line in the l

Most earthquakes occur in the cold months.

Building Active In Edmonton

Book With Signatures of Selkirk Alberta Capital Has Experienced a Pretentious Building Boom.

In spite of peak costs of construction, the season of 1920 has seen a very pretentious amount of new at her death, January 10 last, held building carried on in Edmonton, Alstock in the Cockshutt Plow Com- berta. The total value of permits ispany, Brantford, Ont., and probate of sued reaches \$3,166,955.00. The total the estate has been granted in On- for last year was \$838,541.00. - Sevtario Surrogate Court. The will con- eral large wholesale buildings are inains the following interesting clause. cluded in these figures, notably the "The coronation chairs that I used big structures of Marshall-Wells and at the coronations of King Edward Revillon's. ' In all thirteen permits and King George, I should like to be were issued for new warehouses. In all \$1,110,350 was involved.

Sixteen public buildings were au-The book with signatures in it of thorized, the extent of this new, conthe Selkirk Settlers that I got when struction amounting to \$1,331,300.90. in Canada and all other books con- New dwellings raised the building nected with them, I wish to go to total another \$185,041, while additions St. Mary's Isle to be placed there in and alterations to the number of one the library with the family records." hundred and sixty permits amounted to \$141,449. Twenty-three new stores and offices were listed to cost \$185,-Soldier-farmers are making good in 750. The other \$13,065 in the total Saskatchewan, and while conditions was accounted for by sixty permits to erect small buildings and garages.

To B.C. for the Winter

Climate at the Pacific Coast is the Great Magnet.

GLORIOUS! is a word commonly used to describe the climate at the winter and spring months and fall Pacific Coast, where the big fur coat rains have insured an abundance of can be forgotten, where the average temperature in the month of January is 38.3 deg., where golf on the many evergreen courses may be played every day in the year, and motoring is a favorite pastime.

Hundreds of prairie folks winter at Vancouver and Victoria lured there by the delightful climate.

Salvationists Mobbed in Japan. Anti-Christian mobs twice broke up Salvation Army jubilee celebra-tions in Tokio recently. Gangs of students dispersed an open-air gathe The Germans are rapidly develop- ering, while a mob invaded an indoor

False teeth of ivory on plates of the same material, and held in place by gold wires, were in use in the year

The water of the Dead Sca has

THE MISERY OF

Removed by Lydia E. Pinkham's Vegetable Compound.



ness. I felt dizzy and nervous, and was without energy. I had to force myself to do my work, and was always tired. Saw a Pinkham ad-

Saw a Pinkham advertisement which induced me to take the Vegetable Compound, and my back gradually stopped aching and I felt lighter in spirits. I am recommending the Vegetable Compound with pleasure to all I meet who complain as I did."—MUDRED BROOK, Meaford, Ont. Woman's Precious Gift

The one which she should most zeal-ously guard is her health, but she often neglects to do so in season until some ailment peculiar to her sex has fastened

neglects to do so in season until some ailment peculiar to her sex has fastened itself upon her. When so affected women may rely upon Lydia E. Pinkham's Vegetable Compound, a remedy that has been wonderfully successful in restoring health to suffering women. If you have the slightest doubt that Lydia E. Pinkham's Vegetable Compound will help you, write to Lydia E. Pinkham Medicine Co: (confidential), Lynn, Mass., for advice. Your letter will be opened, read siff answered by a woman, and held in strict confidence.

AVOID ALUM IN FOOD

omomomomomomomomomomomomomomomom

Baking Powder is one of the most important food ingredients. Alum or other injurious acids are frequently used by some concerns to lower the cost of production.

MAGIC **BAKING POWDER**

It is a pure phosphate baking powder and is guaranteed to be the best, purest and most healthful baking powder possible to produce.

W. Matthew Williams. in "Chemistry of Cooking." says: "Phosphates are the bonemaking material of food and have something to do with building up of brain and nervous matter."

Made in Canada

Largest Room Without Pillars.

Death Rate Lowest on Record. The 1919 death rate in the death registration area of continental United States, embracing 81 per cent. of the total population, was shown in 12.9 per 1,000 of population showed a drop of 5.1 per 1,000 from the unusually high rate of 1918 resulting

Eyes inflamed by expoeure to Sun, Bust and Wlad
quickly relieved by Murine
EyeRemedy. No Smarting,
just Eye Comfort. At
Your Druggists or by mail 60c per Bottle.
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Gouraud's **O**riental Cream

FERD T. HOPKINS & SON, Montrea

30 BROPS COUGHS

The Soul of a Piano is the Action in Insist upon

SINCE \$ 1870

nursery stock (fruit and ornamental), seed potatoes, etc., recommended by Western Experimental Stations. Big ommissions, full or part time, exclu-ve territory. STONE & WELLsive territory. STONE INGTON, Toronto, Out.

MAKING MONEY

MONEY ORDERS

It is always safe to send a Dominion Ex-press Money Order. Five dollars costs three cents.

AGENTS WANTED: BLISS NATIVE HERBS is a remedy for the relief of Constipation, Indigestion, Biliousness, Rheumatism, Kidney Troubles. It is well-known, having been extensively advertised, since it was first manufactured in 1888, by distribution of large quantities of Almanacs, Cook Books, Health Books, etc., which are furnished to agents free of charge. The remedies are sold at a price that allows agents to double their money. Write Alonzo O. Bliss, Medical Co., 124 St. Paul Street East, Monreal, Canada. Mention this paper.

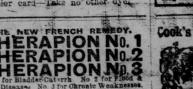
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Sent "CANADA'S" GREATEST NURSERIES." Big list of general

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Send for list of inventions wanted by Manufacturers. Fortunes have peen made from simple ideas Patent Protection" booklet and Proof of Conception" on request HAROLD C. SHIPMAN & CO.

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DOG DISEASES
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