## Notes and Comments

If each man. woman and child in Great Britain had to pay an equal share of their country's war debt, the personal liability would be $\$ 786$ each.
A new microphone to collect sounds and convey them to the ears of partly deaf persons by al most invisable wires is so com pact that it can be worn under a man's necktie.
It is said that not a kernel of best Mocha coffee ever gets west of Corstantinople. The coffee known to the English and American trade as Mocha comes from parts of Africa, the E
and even from Brazil.
A new method of diagnosing ty phoid fever in 10 minutes at the bedside has been discovered by
Prof. Bass of New Orleans. The Prosesent Bass of New Orieans. Th to 24 hours. The new method per mits an earlier check of the disease The largest organ in the world will be installed in the cathedral now nearing completion in Liver pool. This mammoth amongst musical instruments will have $n$ fewer than 10,567 pipes and 21, stops, each actuated by its separ ate draw-stop knob.

Aeroplane service has bee established in French Guiana be tween Cayenne and St. Laurent for the purpose of transporting gold from the mines. The French Government is aiding the enter-
prise, and lines are planned to cthprise, and ines are planned to cth er mining regions that are almost
inaccessible by ordinary means of communication,
$A$ Quebec postmaster was fined $\$ 190$ and costs the other day for handing back a letter dropped in the office. Judge Cannon pointed out that helaws were very sev ere on this matter and that as won as apropery sumpea letue horities it no longer belongs to anyone, even the sender, but the person it is addressed to.
A vacancy in a Professorial chair at Queen's University, King
ston, has been filled by calling ston, has been filled by caling
distinuished man. The Rev. Joseph McFadyen, Principal of Histop College, Nagpur, India, is now fil ling the chair of New. Testmen
literature and Exegesis. He excel led as a sudent of Glasgow College, and his coming to Queen'
University will be of great value to Canada. The last two Princi
pals of this Canadian Universit) pals of this Canadian University
were Nova Scotians. The one who were Nova Scotians. The one who
now fills the post is Rev. Bruce Taylor.

English Teachers For Canada
Last year two ladies, Miss Potts and Miss Girdley, spent several months in Canada, studying the posibilities of English girls ob taining positions in Canada as
teachers. They presented a very thoroughly prepared report to the British government upon their return home.
Recently as a resuit of this report a small party of English women arrived at St. John en up teaching in that province It is expected other young lacies
will follow, who will help supply the demand for teachers in
Saskatchewan and Alberta.


Be Young in Body,-Mind and Looks Despite Your Years Many a man, even in his midMany a man, even in his mid-parts of our own Dominion, is die forties, has a vague feeling confronted by a very serious sitthat he is "getting old" and right uation in the growing scarcity of at a time when he should be at teachers especially male teach-
his very best physically. his very best physically.
And he is, growing old, not in ing heavily upou him - but in the sense that his vital forces are wasting away fater than are replaces the worn out tissues. Thousands - yes millions. people find themselves in this condition early in life. And ther condition early in iife. And there that tendency to grow old. You and cary your youth with its joys so's. But yon mus' give nature all the help you can. The best assistance you can find-assistance

## PHOSPHONOL

## the great general tonic

 It enriches the blood-gently neys to normal activity-brings back your pep, punch and mental vigor-chases away that tired worn-out feeling and replaces it Phospirit of buoyancy. hrosphonof is a distinctive prets combination of médicinal ingredients, and there's nothingmore invigorating, more strengthening or more rebuilding. Specially beneficial for invalids, con-
valescents and run-down people of all conditions. Get a box from your druggist to-day-to
you will feel better for it:
Price $\$ 3.00$ a box, or 2 for $\$ 5.00$. he Scobell Drug Co., St. Catharines, Ont.
Autos are Changing Trade Gonditions

Almost every Canadian farmer wns a car, says an exchange, and head nearest village he now goes oa a trade centre, where he sells his produce and buys what he
needs. Fourr hundred farmers in Ontario were recently asked to state how far they travelled in heir cars to merchandise. The replies showed an average of thir-
ty-four miles. Only 25 per cent. of the men bought their flothing in their home village and 23 per cent. of the women. These farm-
ers were all comfortably off and ers were all comfortably off and
were well able to buy whatever were well able
The farmer is now the biggest and wealthiest purchasing agent in Canada. Figures show that they are buying automobiles in
tousands, and this means that
very year will see increasing every year will see increasing
unmbers of prospective buyes
hre hroughout the rural districts in
aposition to reach trade centres a positio
within
homes.
e certates, but conditions here re turning very similar. Men ing profession. Few young ladies hink of it as more than a temhing better. If the to someur schools is no efficiency of decline, the teaching suffered to must be raised to a higher plane The teacher must be so convinc ervice that he will not lightly bandon it for some occupation hat offers more ease or excitement or money. And on the oth ing niggardly. It must tax itself more heavily for school than it more heavily for school than it
has been in the habit of doing; and it must pay salaries that do
not degrade tie teacher in the eye of the community. Whatever
else a town must skimp, let it not She: If I thought you could aford to supply a maid I'd accep
He: 'Tain't necessary. I learned o cook in the army.

OVER-EATING
 K1-MOIID



Merely a Suggestion
Bridget-Do come and look at the beautiful sunset o kitchen winder, ma'am.
Mistress-That's Mistress-That's nothing, Brid morning.

Ma, you promised not to pun sh. me if I told the truth.
Yes, and I won't,
Then I.must tell you that 1 lied
w you this morning. wou this morning.
$T$


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Every Member of Your Family Old and Young
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Company, Limited
Tobonro-Had ofsed
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