

Children's Department.

Alice and Her Bible

Beside the window Alice stands,
Among the clustering vines,
And on her young and thoughtful face
The sun of summer shines.

Opened, upon the window sill,
Her book of lessons lies,
In which she readeth every day,
And learns to grow more wise.

With earnest heart and willing mind
She gathers from each page,
Some precious truth to lead her youth
To honoured, happy age.

Dear Alice, heed thy mother's words,
And keep God's law each day;
Then, by His mercy thou shalt be
Blessed through eternal day.

Boils, pimples and eruptions, scrofula, salt rheum and all other manifestations of impure blood are cured by Hood's Sarsaparilla.

—Humility is a beautiful grace. Never put yourself before other people. Let them put you forward. Never, never boast of what you could have done or could do. Self praise goes but a little way.

BAD HEART—COULD NOT LIE DOWN FOR EIGHTEEN MONTHS.—"I was unable to lie down in my bed for eighteen months, owing to smothering spells caused by heart disease. One bottle of Dr. Agnew's Cure for the Heart removed the trouble, and to-day I am as well as ever I was."—L. W. Law, Toronto Junction. This but one of a thousand such testimonies to the merits of this great cure.

—Life is to be measured by action, not by time. A man may die old at thirty, and young at eighty—nay the one lives after death, and the other perished before he died.

A Tonic

For Brain-Workers, the Weak and Debilitated.
Horsford's Acid Phosphate is without exception, the Best Remedy for relieving Mental and Nervous Exhaustion; and where the system has become debilitated by disease, it acts as a general tonic and vitalizer, affording sustenance to both brain and body.

Dr. E. Cornell Esten, Philadelphia, Pa., says: "I have met with the greatest and most satisfactory results in dyspepsia and general derangement of the cerebral and nervous systems, causing debility and exhaustion."

Descriptive pamphlet free on application
Rumford Chemical Works, Providence, R.I.
For sale by all druggists.
Beware of Substitutes and Imitations.



Paint Hints.

A TOUCH of paint here and there will make a thousand-dollar home of an eight-hundred-dollar "put-the-down" house. Our booklet "Paint Points" tells how to paint and what varieties of paint to use for different surfaces. Write to-day for free copy.

There's no reason why the little things about the house should be shabby, messy and scarred any more than the grand piano.

THE SHERWIN-WILLIAMS ENAMEL PAINT is the best home paint for furniture and decorative work. Open can and it's ready for use. The Sherwin-Williams Paints are made by the largest and best paint and color manufactory in the world. A different paint for each surface—not one for all. That's the secret of paint-success.

THE SHERWIN-WILLIAMS CO.
CLEVELAND CHICAGO NEW YORK MONTREAL
ADDRESS FOR BOOKLET
4 St. Genevieve St., Montreal.

You think of Scott's Emulsion as only for those who have consumption or who have inherited a tendency to it. Almost its greatest use is for those whose condition is so impaired as not to be able to get the good they should out of their ordinary food. In nearly every case with these, Scott's Emulsion of Cod-liver Oil brings back appetite, stimulates digestion, restores color and plumpness, and controls the diseases of thinness. Book about it, free, 50 cts. and \$1.00, at all druggists. SCOTT & BOWNE, Belleville, Ont.

The Stolen Apple.
A prisoner, who was sentenced to be transported for housebreaking, was spoken to by a friend, relative to his first theft. The poor fellow pointed to the mark of a severe cut on his left hand, and said, "That was done, sir, when I was a boy. I fell from an apple tree, into which I had climbed for the purpose of stealing an apple. An apple was my first theft." Beware, young reader, of the first step in an evil course.

An Insurance Man's Story.
J. J. Hanratty, Inspector for the Standard Life Assurance Co., at Peterborough, cured of Muscular Rheumatism by the Great South American Rheumatic Cure—It turns the Midnight of Suffering into Midday Brightness of Good Health—These are his Words.
I was a great sufferer from muscular rheumatism in my arm; so much so that for days at a time I could not sleep. I walked the floor in pain the greater part of the night. I procured a bottle of South American Rheumatic Cure and found great relief after a few doses. It's a sure cure, and I heartily recommend it.

Cleverness of Horses.
The tricks of horses to procure little luxuries, says a writer, are very clever. An orchard had been repeatedly stripped of its best and ripest fruit, and the marauders had laid their plans so cunningly that the strictest vigilance could not detect them. At last the depre-dators were discovered to be a mare and her colt which were turned out to graze among the trees. The mare was seen to go up to one of the apple trees, and to throw herself against the trunk so violently that a shower of ripe apples came tumbling down. She and her offspring then ate the fallen apples, and the same process was repeated at another tree. Another mare had discovered the secret of the waterbutt, and whenever she was thirsty was accustomed to go to the butt, turn the tap with her teeth, and drink until her thirst was satisfied, and then close the tap again. I have heard of two animals which performed this feat; but one of them was not clever enough to turn the tap back again, and used to let all the water run to waste.

Tired, Nervous, Sleepless
Men and women—how gratefully they write about Hood's Sarsaparilla. Once helpless and discouraged, having lost all faith in medicines, now in good health and "able to do my own work," because Hood's Sarsaparilla has power to enrich and purify the blood and make the weak strong—this is experience of a host of people.

—Hood's Pills are the best family cathartic and liver medicine. Gentle, reliable, sure.

Lilian's Treasure.
Lilian's birthday had just passed, and she was very happy over the beautiful gifts she had received. She was looking over her presents with mamma, and planning the best places to keep them safely.

"I don't want any of these lovely things to get spoiled," she said. "I'm going to take good care of them all and not lose or hurt anything."
She took up a box of choice candy, partly emptied, and offered it to mamma, who took some, and then Lilian helped herself.

"Oh, mamma," she said, "one of the happiest things I have to remember about my birthday, was the way that poor little girl looked—the one who stopped here to get warm that day, you know—when I gave her some of this candy. She looked as happy as could be and said 'think you' in such a sweet way when she told me she'd never tasted anything so good before."

Merit Made

Made and Merit Maintains the confidence of the people in Hood's Sarsaparilla. If a medicine cures you when sick; if it makes wonderful cures everywhere, then beyond all question that medicine possesses merit.

Hood's Sarsaparilla
Is the best—in fact the One True Blood Purifier.

Hood's Pills cure nausea, indigestion, biliousness. 25 cents.

"She had enough food to eat, but not much that wasn't necessary," said mamma, "so it was a great treat to her. I am glad you gave her pleasure, and that you have her happy look and grateful thanks to put away with your treasures. There is no danger of hurting or losing such treasure as that, Lilian. I hope you will have a great many such happy memories of kindnesses done, to put away to keep."

Like Sufferers Only Know.
R. Scriver, Carpenter, of Hastings, was a Great Sufferer from Kidney Disease—South American Kidney Cure Effect-ed a Quick Cure—it is a Specific Remedy for a Specific Disease—it Dissolves and Eradicates all Solid Matter from the System—is Safe and Permanent.

For many years I have been troubled with kidney disease, necessitating the taking of much in the way of remedies. Two years ago they became so bad that I had to seek the aid of a physician. My urine was more like blood than anything else, and was very painful. Just at that time I began using South American Kidney Cure. It gave me immediate relief, and from that time till now I have had no difficulty. I can safely and honestly recommend this great remedy to all persons suffering from kidney trouble.

—Be honest with yourself, whatever the temptation. Say nothing to others that you do not think, and play no tricks with your own mind. Of all the evil spirits abroad at this hour in the world, insincerity is the most dangerous.

Established 1870.

Walter Baker & Co., Limited.
Dorchester, Mass., U. S. A.
The Oldest and Largest Manufacturers of

PURE, HIGH GRADE
Cocoas and Chocolates



on this Continent. No Chemicals are used in their manufactures. Their Breakfast Cocoa is absolutely pure, delicious, nutritious and costs less than one cent a cup. Their Premium No. 1 Chocolate is the best plain chocolate in the market for family use. Their German Sweet Chocolate is good to eat and great to drink. It is palatable, nutritious and healthful; a great favorite with children. Consumers should ask for and be sure that they get the genuine Walter Baker & Co.'s goods, made at Dorchester, Mass., U. S. A.
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