

# HOME CIRCLE

## CHOOSING FRIENDS.

In a matter so important as the making of friendships, there should be the greatest care. A distinct choice should be made. It is the easlest thing in the world to get friends, especially in our large cities, where "sharks" abound. We think it would be well for young people to observe a few rules in the choice of friends. Let the following, at least, be thought of:

Never choose others as friends, simply because they have money, or belong to what is called "good ciety." There are doubtless many belonging to wealthy families, or who move in fashionable circles, who are entirely worthy of confidence, but they should be selected for their worth, and not for the external advantages they seem to offer.

Never choose others as friends merely because they dress well, or are attractive in their personal appearance. Some of the greatest mistakes which young people make are along this line. It should always be remembered that a handsome face and the best fitting clothes may be the masks of a shallow brain and an evil heart.

Never choose as friends those whose habits are bad. Shun such people as you would a viper or a pestilence. Never choose as friends those who

make a mock of religion. True friendship and religious reverence are twin

Never choose as friends the superficial or selfish. True friendship must he would tell you he preferred the have depth of nature, and must be as willing to give as to receive.

Choose as your friends the pure, the good, and trustworthy, no matter what their station in life, or the amount of money they may have at their command. And, having chosen, hold your friends as a sacred posses-

## SPARKS OF GOLD.

Crooked action leads straight to

Don't be ignorant of your own ig-

The man of great sighs is usually a small man.

blackening others. Much of the sting of life comes from

our smart sayings. In dispensing charity it is easy to

dispense with charity. Though we travel the world over to find the beautiful, we must carry it

with us, or we find it not. We may all do in our conflicts as Oh! never ask me why I'm fond of the angel did on the morning of Christ's Resurrection when he rolled away the stone from the mouth of the

turn a barrier into a throne. Happy is he who can take hold of strength, and he carried to greatness in the chariot of some forceful idea. And by a co-ordination of faculties which we call genius our great men manage to do this. They do not spin ideas out of the texture of their own minds, but they take hold of them.

## THE SECRET OF HAPPINESS.

have caught the secret.

but somehow many of us have an idea used to say, "must, when called upon, legs, he dragged me in the direction form with a bottle standing on the that we ought to be made so without quit her devotions at the altar to of the old farm. He would run a back of his head. You will say, perany effort of our own; and when we find them in her household affairs." short distance toward the farm, and haps that you can easily perform this find this is not possible we grumble

## Are Your Nerves

OF A FAILING NERVOUS SYSTEM.

## Dr.Chase's pose, when some domestic trifle—the requirements of one of her servants or one of her shidten demended her **NERVE FOOD**

It is surprising what hosts of peoexhausted nervous system and do not what was necessary, and returned to know the nature of their ailment.

They cannot sleep at nights- are restless and fidgety in the daytimetheir tempers are easily irritated little things worry them—they cannot concentrate their minds, and find their read she was again called and again memories failing-there are spells of mervous headaches-the digestion is impaired-pains and aches of a neuralgic nature afflict them-feelings of layed, nor uttered one murmur, nor discouragement and despondency come over them at times, and they get in the way of looking at the dark side to the Psalm which lay open before

If this describes your experience you will be interested in Dr. Chase's Nerve Food, for this great food cure gets at the very foundation of nervous troubles and cures in the only natural way, by enriching the blood, revi- land was living on the third floor of talizing the wasted nerve cells, and a corner house in Copenhagen, and

building up the system generally. forms in different people, but they than many a burgher in the same slowly and surely lead to nervous street. She and her two sisters, now prostration, locomotor ataxia or par- the Czarina of Russia and Duchess of alvsis-to weakness and helplessness Cumberland, occupied the same room.

of mind and body. weight. 50 cts. a box at all dealers, on those years as the happiest of her or Edmanson, Bates & Co., Toronto. life.

and let ourselves fancy that all the sunshine and happiness are given to other people, and to us only the cloudy pilla is turned. Have you ever felt like this? You are so miserable that you imagine you can nedown and hug your misery closer, and When Gretchen plays with Lulubel, ver be happy again. And so you sit forget to pick up the crum's of happiness that are even now strewn at the side of the road along which you are travelling.

Of course, I know our lives are not one long eestasy. We should probably get tired if they were. But it is possible to cultivate a happy frame mind if only we set about it diligently, for happiness is never won by a haphazard effort. If you are to be a happy man or woman, satisfactory to yourself and helpful to the world, you must have a definite purpose to start with, and you must be willing to work hard for something that is worth working for. Temperament can be changed; disposition and temper can be changed. If you are naturally critical and faultfinding and inclined to look on the dark side, then create a new nature for your-

Of course it is difficult; but then there is no royal easy road to perfection; and the secret of happiness is worth learning even if it cost some time and trouble. Have you ever watched a person carving a very hard piece of wood? It is a task requiring much skill and patience. A softer wood could be carved with much less trouble; but if you ask the worker harder task because the best results come from the toughest materials. Take yourself in hand, then, and keep in touch with the beautiful and the true. You will marvel at the

OH! NEVER ASK ME "WHY?" Oh! never ask me why the rose is

Oh, never ask me why the lily's fair. Enough for me to know that Nature

shed Her beauty there-So never ask me "Why?"

You cannot whitewash yourself by Oh! never ask me why I love the night, And why the bright stars hold r

in their spell; For why I love or how they give

their light I cannot tell-

So never ask me "Why?"

thee. We may be sure of much we can't

explain! sepulchre and sat upon it-we may I only know 'tis joy thy face to see, To part is pain-

But never ask me "Why?" -Samuel Lover.

## A SAINT AT HOME.

Dean of Canterbury:

lady of noble birth. She was mar- nourishment. ried in 1396 to a Roman nobleman, "The station agent, knowing the ois pocket. I heard the other day of an eccen- Laurence Ponzani. "Her obedience dog and knowing me, wrote to me tric clergyman who repeated a sermon and condescension to her husband was describing the dog's actions, about on honesty six consecutive times, and inimitable," says Alban Butler, the end of the second week. I immeon being remonstrated with, replied "which engaged such a return of af- diately left Denver for Virginia and tell me what means are used to that when his people had thoroughly fection, that for the forty years did not rest easy until I arrived at learned that lesson he would give which they lived together, there ne- the station, where the dog awaited them another and not before. I feel ver happened the least disagreement; me. like following his example and talking and their whole life was a constant "There never was a dog more glad. about happiness until a good number strife and emulation to anticipate He jumped and frolicked, despite the each other in mutual complaisance and fact that he was lean for the want I suppose we all want to be happy, respect." "A married woman," she of nourishment. Seizing my trouser Here is a trick for a boy to per-

in Health? the welfare and comfort of her hus- been away from him since." band and her children. It was the STUDY HERE THE INDICATIONS one of the early hours of the morning in prayer and the study of the Holy Scripture. On one occasion she had sat down at her desk for this puror one of her children-demanded her attention. Mindful of the true rule, sacrifice at once her personal desires it out of your pocket at all." 'Do the next thing," and ready to her reading. But no sooner had she occurred. Again she rose with quiet dignity, attended to the needs of her household, and went back to her read she was again called, and again did her task. This happened seven showed the smallest fretfulness. When for the seventh time she came back her, she found that angel hands had inscribed the verse for her in letters

## of shining gold. QUEEN OF ENGLAND

In her early life the Queen of Engher father, whom no one ever dream-Diseases of the nerves take different ed then of being a king, was poorer scantily furnished, and instead of a Dr. Chase's Nerve Food acts strict- wardrobe a curtain drawn across the ly in accordance with the laws of na- wall hid the pegs on which their few ture in creating perve force in the dresses hung. They had never for the better the ture in creating nerve force in the dresses hung. They had never worn body, and you can use it with posi- a silk dress in their lives. Now Alex- beam do tive assurance that every dose is at andra doubtless has all the dresses by least of some benefit to you. Prove she wants, but it is more than likely this by noting your increase in that she looks back with pleasure up-

GRETCHEN AND LULUBEL.

When Gretchen goes to play with Lou, Who lives across the way, She wears a gingham frock of blue, Just made for romp and play; And oftentimes her hat's askew, When Gretchen goes to play with Lou.

She has to dress up very well And think bout her hair. It would not do to run pell-mell, Up on the square with Lulubel.

They picnic on the grass; Two cups of milk, a bun or two, Is all there is to pass; And vet it seems a nice menu To Gretchen playing there with Lou.

When Gretchen plays with Lulubel, Their parties are so fine! With china fragile as a shell,

And silver all ashine, And Nurse Celeste and Mademoiselle To serve each course for Lulubel.

When Gretchen goes to play with Lou, Her best-loved doll she takes, And though it's very far from new, No difference it makes; For over there's a dolly, too, That's old, but very dear to Le ..

When Gretchen plays with Lulubel, Miss French doll is on hand, For all the dolly folks that dwell Up there are very grand. With names like Clarice and Estelle,

And so when Gretchen goes to play, One easily can tell If she is off to spend the day

Those Paris dolls of Lulubel.

In style with Lulubel, Or in a simpler way, 'tis true, But merrier far, with little Lou.

### DOG WAITED WEEKS FOR MAS-TER.

in Augusta county, Va., for the re- said the tempter. voted pet was homeless, took a rail- the luscious fruit.

night, waiting for a train to take quickly down, left the temptation behim to South Platte, Neb., where he hind, and climbed into the vacant is to do some contract work for the place. Union Pacific railroad. With him was A pair of prettily gloved hands be-

told the following story:

I had a farm, several months ago. I her arm around him and said, with gave Shep to a neighbor, believing a sweet glow on her face: that he would be better off than with "Tell your mamma that we all cos me. Shortly after I left he broke his gratulate her upon having a little chain and returned to my farm, which man strong enough to resist temptawas in the hands of strangers. He tion and wise enough to run away This brief sketch of a Catholic saint took up the scent at the farm and fol- from it.

One beautiful story which is told then return to me. He could not un- little feat, and we do not doubt of her is meant to illustrate the fact derstand why I would not go home. that you can. But that is only the that a woman's religious pursuits He is contented here, I believe, and first step in the amusing task that must never be suffered to interfere his devotion has made such an im- we are going to set for you. with her obligations to provide for pression on me that I have never We want you, if you please, to bal-

at the corner, says a writer in without letting the bottle fall or Youth's Companion, and an anxious looking young woman put a small boy inside.

ried out to the platform again, "don't lose that note I gave you; don't take

"No'm," said the little man, looksat down than a second interruption shaking their bells, trotted off with unscrewed the brake, and the horses,

"What's your name, Bob?" asked a

## times in succession, yet she never de-MAY BE PNEUMONIA TO-MORROW.

The sero threat or tickling cough that, to the

## DR. WOODS **NORWAY** PINE SYRUP

UERY BEST MEDICINE I EVER USED FOR KIDNEY TROUBLE."

Mr. Robert Sheppard, Ex Mayor of Is it where the flower of the orange Cananoque, ont., 'estifles to the Merits of Dodd's Kidney Pills.

Gananoque, Ont., April 30 .- (Special.)-"I suffered off and on for over four years from kidney trouble,' writes Mr. Sheppard, of this place, 'and though I tried many remedies and, was under a doctor a long while, I got my better. I had Bright's Disease slightly, Lumbago, ins in my When Gretchen goes to play with loins and at times all over my body. My skin was dry, hard and burning, I Where fragrant forests perfume the could not sleep, the least exertion made me perspire fearfully and my blood was so bad I broke out in boils all over the neck and back. I was in this state when I started taking Dodd's Kidney Pills and in an incredibly short space ol time the boils disappeared, I recovered my health "Is it far away, in some region old, and now I am quite cured."

mischievous young man sitting beside

"Robert Cullen Deems," he answer-

"Where are you going?" "To my grandma's." "Let me see that note in your pock-

The look of innocent surprise in the round face ought to have shamed the baby's tormentor, but he only said again, "Let me see it." "I ran't," said Robert Cullen

Deems. "See here, if you don't I'll scare the horses and make them run away.' "The little boy cast an apprehensive look at the belled horses, but

shook his head. "Here, Bob, I'll give you this peach if you'll pull that note halfway out of your pocket." The boy did not reply, but some of

the older people looked angry. "I say, chum, I'll give you the For weeks Shep, a blooded Scotch whole bag of peaches if you will just collie dog, waited at a lonely station show me the corner of your note.'

turn of his absent master, says the The child turned away, as if he did Denver Republican. The master, C. not wish to hear any more but the F. Dorian, of West Eighth avenue, young man opened the bag and held Denver, when he heard that his de- it just where he could see and smell

road trip to Virginia to get posses- A look of distress came into the sion of the dog and bring him to Col- sweet little face; I believe Bob was orado. The two have never been se- afraid to trust himself, and when a man left his seat on the other side Dorian was at the Union depot last to get off the car, the little boy slid

gan almost unconsciously to clap, and Mr. Dorlan patted the dog as he then everybody clapped and applauded until it might have alarmed Bob if a "I left Augusta county, Va., where young lady sitting by had not slipped

is penned by Dr. Farrar, Protestant lowed my footsteps to the railway I doubt if that long, hard message station. There he waited for me ever reached Bob's mother, but, no St. Frances of Rome was a Roman for three weeks, taking but little matter, the note got to his grand-

## A SMART ANSWER.

Schoolmistress: "Now, Jack, you spread news quickly." Jack-"Telegraph, telephone, and tellawoman, ma'am."

## UP AND DOWN.

ance a bottle on the back of your head and then to stoop down and pick daily custom of this lady to spend LITTLE BOB STOOD THE TEST. up a silver quarter from the floor The "Blue Line" street car stopped with your lips and rise again, all touching it with your hand. If you think the experiment might be fatal to the integrity of the bottle-that, 'Now, Bob," she said, as she hur- in other words, there might be a smashup-use a tin canister or something of that kind instead of the bot-

But the use of the bottle makes the ple are suffering as the result of an what was necessary and returned to conductor pulled the strap, the driver the very fact that a smashup is possible. The use of a tin vessel, therefore, would be too tame to suit most

> Now, if you will follow our directions closely, you may succeed in the feat and bring the bottle out safe and

> First, bend the head forward until the chin rests on the breast; then balance the bottle in its place, on the crown of the head. Be sure to do the beginning well, and the rest will be easier than it looks.

> Bend the knees gently, coming to the floor on one knee. Then lower the hands to the floor and, thus supported, push the feet gradually and slowthe quarter.

> Resuming the first position is merely going through these movements in reverse order. Slow, steady, even,

Just the Thing That's Wanted .- A pill that acts upon the stomach and yet it is so compounded that certain ingredients of it preserve their power to act upon the intestinal canals, so as to clear them of excreta, the retention of which cannot but be hurtful, was long looked for by the medical profession. It was found in Parmelee's Vegetable Pills, which are the result of much expert study, and are scientifically prepared as a laxative and an alternative in one.

careful movement is the secret of success in the feat .- New York Mail.

IN BETTER LAND.

(By Mrs. Hemans.) I hear the speak of the better land. 'DODD'S KIDNEY PILLS ARE THE Thou callest its children a happy band; Mother, oh, where is that radiant

shore? Shall we not seek it and weep no

more?

blows, And the fireflies glance through the myrtle boughs? 'Not there, not there, my child!"

'It is where the feathery palm-trees

And the date grows ripe under sunny skies? Or 'midst the green islands of glittering seas,

And strange, bright birds, on their starry wings, Bear the rich hues of all glorious

things?" 'Not there, not there, my child!"

of gold?-Where the burning rays of the ruby

shine. And the diamond lights up the secret mine. And the pearl gleams forth from the

ceral strand?-Is it there, sweet mother, that better land?" -"Not there, not there, my child!"

"Eye hath not seen it, my gentle boy! Ear hath not heard its deep songs of

joy; Dreams cannot picture a world so fair-Sorrow and death may not enter

there; Time doth not breathe on its fadeless bloom, For beyond the clouds, and beyond the tomb, -It is there, it is there, my child!'

A GIRL'S COMPOSITION ON WO-

MEN Boys are men that have not got torical tableaus.

Daily Spasms.

Vitus Dance and Spanns, and seeing an advertisement of Pastor Koenig's Nerve Tonic I confort before using I had spanns almost daily, but since taking this remedy have not had an attack for twelve days, and shall continue its use.

Mr. W. P. Hackey, of Bathurst Village, N. Br.
mys that his little girl had from two to three
attacks of fits a day for five or six months, but
since she took Pastor Koenig's Nerve Tonic had
only one in 10 months and none tince.
Mr. C. Noyes, of Brockville, writes that he
didn't have a fit in 13 weeks since he took Pastor
Koenig's Nerve Tonic, while before that he had
attacks every week.

A Valuable Book on Nervous Disease and a Sample bottle to any address Foor patients also get the modicine. Free, Prepared by the Rev, PATHER KOENIG, of Fort Wayne, Ind., since 1876, and

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Sold by Druggists at \$1.00 per bottle, 6 for \$5.00. Agents in Canada: —THE LYMAN EROS. & CO., LTD., TORONTO; THE WINGATE CERMICAL CO., LTD., MONTREAL.

Where the rivers wander o'er sands as big as their papas, and girls are

women that will be ladies by and by. Man was made before woman. When God looked at Adam He said to Himself: "Well, I think I can do

better if I try again." And then He made Eve. God liked Eve so much better than Adam that there have been more wo-

men than men ever since. Boys are a trouble. They wear out everything but soap. If I had my way half of the boys in the world would be girls, and the

rest dolls. My papa is so nice that I think he must have been a girl when he was a little boy.

## CANCER IN THE FACE.

Stott & Jury, Bowmanville, Ont., will gladly send you the names of Canadians who have tried their painless home treatment for cancer in all parts of the body. Some of the cures are simply marvellous.

Preparations are making in Chicago for a grand Catholic Kirmiss with his-



# GOLD MEDAL

JOHN LABATT

AT ST. LOUIS EXHIBITION.

## THE GENUINE ARTICLE'

If there was a hall mark 18 or 22 karat fine to distinguish beween the different grades of bread, don't you think

## Tomlin's Bread

mother without ever coming out of Would be hall marked. Well, it would, if a critical but generous public could place the stamp thereon-they have classed it now as the best and proved it by giving the preference daily.

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See that you are well supplied with

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> experience with a "2 in 1" or a "3 in 1" WASHBOARD



Your washday labor can be reduced to a minimum and your comfort correspondingly enhanced.

\*

## ly back until the face is able to reach JOSEPH E. SEAGRAM WATERLOO, ONT.

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