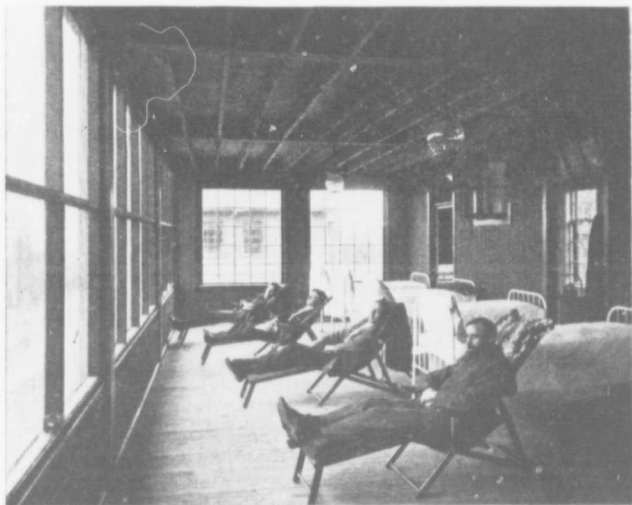


The Benefits.

The benefits to be derived from the stay at the Sanatorium depends to a large extent upon the co-operation of the patients and the faithfulness with which they follow the instructions they receive. They are expected to live for as many hours a day as possible out-of-doors, sleeping out-of-



Section of Sleeping Pavillion—Patients taking the Cure

doors winter and summer, except in the most severe weather. An absolutely well-regulated life lived as much as possible in the open air, and under constant, skilful and firm supervision is the best way back to health.

This is what Ninette Sanatorium was established for, and this is what it is offering to those of the Province in the early stages of consumption; a disease which is the greatest physical menace to mankind.