

# Runners AUAA champs

by Dan Hennigar

Dalhousie ran away with both the men's and women's AUAA cross country titles over the weekend on their home course in Point Pleasant Park. The wins qualify both teams to compete in the CIAU championships which will be held in London, Ontario on Saturday, November 12.

For the women, the win made it their ninth year in a row without a loss in AUAA competition. Dal placed all seven of their runners in the top ten to finish with 21 points. UNB finished well back in second place with 57 points.

The Dalhousie women's pre-race plan was to try to win with as little effort as possible in order to be fully prepared for the more difficult competition they will face this weekend at the national championships. Rayleen Hill, Dal's top runner, finished second in the individual competition to St. F.X.'s Lisa Dunne.

After allowing Dunne to surge into the lead at the two kilometer mark, Hill coasted through to finish easily in 18:25. Dunne's time over the five-kilometer course was 18:02. Heather Ostic, a former national junior team member, ran her best race so far this year to finish third in 18:41. Ostic was closely followed by Tracey Hoskin (4th;18:45) and Ashley Evans (5th;18:47). Shari Boyle was Dal's fifth scorer finishing in seventh place with a time of 19:04. Dalhousie's rookie sensation Cindy Foley—who has posted the sixth fastest time in the country this year—did not race over the weekend due to illness, but will be competing at the CIAU championships.

In the men's race, Moncton's Joel Bourgeois placed first in the individual competition. Bourgeois, who was a member of Canada's Commonwealth Games team over the past summer, ran well within his limits to finish with an impressive

time of 30:38 over the ten kilometer course. Dalhousie's Rorri Currie, also a former national team member, cruised to an easy second place finish with a time of 31:07.

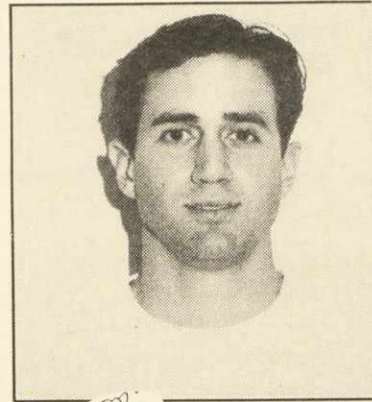
The rest of the men's team had to do some hard running to stave off a strong effort by UNB. Brent Workman, Dalhousie's MVP back in 1991, showed that he has returned to top form with his impressive 6th place finish in 33:19. It was, however, Gary Newell, Chris Halfyard and Trevor Boudreau's eighth, ninth and tenth place finishes respectively, which secured the win for Dalhousie.

Both teams are looking forward to the National Championships this Saturday. For the women this could be their breakthrough year. They head into this year's championship faster and perhaps, even more importantly, healthier than ever before. In past years, injury and illness have unfortunately been decisive factors in the team's performance at the CIAU championships.

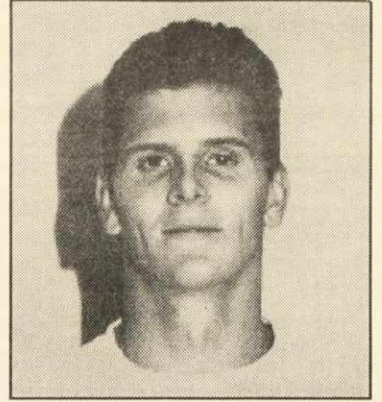
Although the women have no superstars likely to challenge for first place individually, they do have far greater depth than any other team in the country and could well place their seventh runner ahead of many other teams' fourth or fifth runners. With this type of depth, the team should definitely be in the medals.

Individually, Rorri Currie is as fast as any other runner in the country. He placed third in his first ever CIAU's in 1990, and is hoping to improve on that performance this weekend.

Good luck to both teams this weekend!



Anton Potvin



Chris Schwarz



## Men's V-ball

by Carmen Tam

The Dalhousie men's volleyball team placed fourth at the Laurentian Tournament in Sudbury last weekend.

The Tigers reached the bronze medal match by defeating Brock and host Laurentian 3-0 with game scores of 15-12, 15-3, 15-9 and 15-10, 15-12 and 15-9 respectively in preliminary games. With these results Dalhousie earned a trip against the number one ranked team Laval in which the Tigers were beaten 15-6, 15-9 and 16-14.

Dal met the number two team in the nation to compete for third place, the Manitoba Bisons, and was swept in three with scores of 15-8, 15-6 and 15-7. Leading the Tigers on the weekend was fourth year middle blocker Anton Potvin who totalled 24 kills, 23 digs, 2 service aces and a team high of 20 blocks.

"We were a little disappointed with the weekend but we did play well," said Potvin. "We will be working on raising our intensity level

because we know we can play any team. We just have to be able to do it when we have to."

The Tigers—who are last season's CIAU bronze medalists—had a busy first month where they played three back-to-back weekend tournaments against the top teams in Canada including a series against top-ranked Laval and the Alberta Golden Bears (who settled for fourth place in last year's nationals after being defeated by Dal).

The Tigers will be hosting their conference home opener against Newfoundland's Memorial University on November 19 at 6 p.m.

The Memorial Seahawks, who Dalhousie shut out in last season's AUAA Championships are unranked but Potvin says, "We will be challenging ourselves not to accept a win but rather raise the level of play to beyond what is needed."

Dalhousie is looking to make a return trip to Laurentian where this year's CIAU Championships will be held in March.



Dal's Rayleen Hill and St.F.X.'s Lisa Dunne

PHOTO: BILL JENSEN



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The advertisement shows a man in a plaid shirt sitting on a bar stool at a bar. The bar has several stools with the 'DRY' logo on them. In the background, there are shelves with glasses and a sign that says 'DRY'. The overall scene is a classic bar setting.