

# POOR DOCUMENT M C 2 0 3 5

THE EVENING TIMES AND STAR, ST. JOHN, N. B., THURSDAY, FEBRUARY 9, 1922

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## HAND OF LAW FALLS ON FEWER BAD BOYS

Juvenile Delinquency Decreased 796 Cases Last Year from the 1920 Record—Uplift Efforts Praised.

(New York Times.)

Juvenile delinquency in this city is decreasing year by year, according to the annual report on the Children's Court, issued yesterday by Franklin Chase (1921), the presiding justice. He gives credit to the Boy Scouts, churches, community movements and other agencies striving to guide children along the right way.

Again we report a reduction in the number of our cases," says Justice Hoyt's report. "There were 10,445 individual children brought before the court in 1921, as compared with 11,880 in 1920, a total decrease of 1,435. Of these, 5,200 were arraigned in special proceedings or cases of improper guardianship, a decrease of 341, and 4,986 in cases of juvenile delinquency, a decrease of 796. The commitment to institutions also declined materially during the year, our records for 1921 showing 1,768, as compared with 1,992 in 1920. These figures completely refute, as far as this city is concerned, the assertion so often made that juvenile delinquency is increasing at an alarming rate.



**BEAUTY OF THE SKIN**  
is the natural desire of every woman, and is obtainable by the use of Dr. Chase's Ointment. Pimples, blackheads, roughness and redness of the skin, freckles and sunken cheeks disappear, and the skin is left soft, smooth and velvety. All druggists or J. C. Chase & Co., Limited, Toronto. Sample free if you mention this paper.

**Dr. Chase's Ointment**

"All this does not mean, however, that the work of the court has materially diminished. During the past year the court held 46,684 hearings, or an average of 4.88 to every child arraigned, which is the highest ever recorded. "There are certain changes in our legal procedure which are worthy of note and concerning which there is no dispute, as, for example, the redefining of archaic and crude provisions in the codes and statutes, the granting of the court of the power to appoint guardians, the abolishment of the present practice of prosecuting children for the 'crime' of being neglected."

"But there are other problems and



MISS NELLIE COLLINS.

"I have been thankful a thousand times that I took Tanlac when I did. It is simply wonderful the way it has benefited me," said Miss Nellie Collins, 1880 Connecticut Ave., Bridgeport, Conn.

"About eighteen months ago my appetite began to fail and I seemed to be going into a decline. Nothing agreed with me and my nerves were keyed up to such a high pitch I was actually afraid they would snap in two. "But Tanlac has brought about a wonderful change in my condition. My appetite is almost ravenous, my digestion is perfect and I feel as well and strong as I ever did in my life. I never dreamed there was a grand medicine as Tanlac in the world."

**NOTE**—The International Proprietary Co., distributors of Tanlac, have on file in their offices at Atlanta, Georgia, over fifty thousand signed statements from representative men and women from every State in the Union and every Province in Canada. Many of these are from prominent people in this city and section and have been previously published in this paper.

Tanlac is sold by The Ross Drug Co., Ltd., and F. W. Munro, and by leading druggists everywhere.

questions for which it will be fore difficult to find solutions: Should the Children's Court and the Court of Domestic Relations be consolidated? Should all adults contributing toward juvenile delinquency be tried in the Children's Court? Should the age limit of the children coming before the court be raised to eighteen years? How should the new court be created, and how should its justices be chosen?

Consult the Doctor.

There is only one safe course to follow, the physician declares: The in-

## SAYS DISEASE FEAR OVERTOPS MALADY

How Man Hurts Himself by Terror and Worry Explained by a Physician—Answer is, See a Doctor.

It is probably true that more people are crippled or weakened by the fear of disease than by the disease itself, in the opinion of the medical correspondent of The London Times. Worry is a grave factor in disease. The answer is, of course, don't fear disease and don't worry. For if one does not fear disease and not worry, he stands a far better chance of avoiding and overcoming ailments than if he does both those useless and debilitating things.

The physician tells a story to illustrate the fear of disease: A great novelist once went to consult a famous heart specialist about a pain which was causing him grave anxiety. Before he came the doctor took occasion to read one of his stories which dealt with terror of a child in the dark night.

The doctor asked the novelist this question: "Why did you omit to describe what it was the child saw?" "Ah," said the other, "that is my craft. The child did not know what it saw. I would not have the reader know either. The secret of terror is mystery."

Then came the medical man's opportunity. He faced his patient and told him that his own anxiety sprang from the same mystery. "Not what he suffered distressed him, but what his pain might signify."

Every doctor, says the physician, has had the same experience. Indeed, it is probably true that more people are crippled or weakened by the fear of disease than by the disease itself. The mystery is supposed to surround, certain symptoms are so great that their appearance causes something like a panic. The victim gives way to imaginings and broodings of every sort and often becomes so nervous as to hide his trouble in case his worst fears are confirmed.

The policy is fatal, says the writer, because a man with a trouble of this kind on his mind becomes incapable, or nearly incapable, of doing justice to his work. If he is the bearer of important responsibility he becomes a danger to his associates. It may sound paradoxical—it is none the less true—that the victim gives way to imaginings and broodings of every sort and often becomes so nervous as to hide his trouble in case his worst fears are confirmed.

For uncertainty saps courage and opens the door of the mind to a hundred miseries. The pain in the chest may be "angina pectoris." The dyspepsia may in the end turn out to be cancer of the stomach, and so on. No man, and particularly no business man, he asserts, can do justice to his work or himself with fear of that kind in his mind.

Consult the Doctor.

There is only one safe course to follow, the physician declares: The in-

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How Ironized Yeast Gives New Freshness and Charm to Pale, Sallow and Pimpled Faces

Thousands whose complexions only recently were marred with humiliating skin blemishes today possess entirely new complexions—complexions which were completely re-made in ten to 14 days—and which are entirely free from even the slightest imperfections.

These surprising results were achieved not by using lotions, "beautifiers," or cosmetics of any kind, but by simply removing the real cause of the trouble, and supplying their systems with two vital substances, essential to health but lacking in the modern diet—vitamines and iron.

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If your complexion is a source of embarrassment to you—if you are thin, or feel the need of more "pep"—simply go to your druggist and get IRONIZED YEAST on our positive guarantee of satisfactory results from the very first package—or money refunded. Or mail coupon below for our famous Three-Day Free Trial Treatment. Take these pleasant-tasting tablets—two with each meal. Then get ready for a surprise.

Pimples, blackheads and other skin blemishes begin to disappear almost as you start to eat. Your capacity for hard work or play. And as for rounding out your figure with new firm flesh, many people report gaining five pounds and more on the very first package of IRONIZED YEAST.

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The reason IRONIZED YEAST brings such remarkable results is because it is scientifically correct in every way, and is a favorite issue of examination.

**IRONIZED YEAST**  
Tablets  
HIGHLY CONCENTRATED VITAMINE TONIC  
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Sole Representatives: HAROLD F. RITCHIE & CO., Ltd., Toronto

containing in highly concentrated form a yeast which is cultured expressly for medicinal purposes, and which has been ironized, or treated through a scientific process with a special form of easily assimilated organic iron, similar to the iron found in spinach.

When yeast is ironized in this manner the results in practically every case are secured in just half the usual time. It is a wonder that IRONIZED YEAST stands in a class by itself, and is now recognized by thousands of people as the perfect vitamin tonic treatment.

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Please send me the famous THREE DAY FREE TRIAL TREATMENT of Ironized Yeast.  
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Only One Trial Package to a Family

**Sore Muscles**  
Linger them up with "Bentley's." It irons out the kinks and relieves the soreness—quickly—because it penetrates to the "spot." You can feel it loosen up, and put new life in tired muscles.  
A powerful, soothing, counter-irritant for all pain  
**BENTLEY'S LINIMENT**  
For Man and Beast

**CASCARETS 10¢**  
For Constipated Bowels—Bilious Liver

The nicest cathartic-laxative to physic your bowels when you have  
Headache Biliousness  
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Is candy-like Cascarets. One or two to-

night will empty your bowels completely by morning and you will feel splendid. "They work while you sleep." Cascarets never stir you up or gripe like Salts, Pills, Calomel, or Oil and they cost only ten cents a box. Children love Cascarets too.

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**813 Cases of Influenza in One Day in New York**  
Strictly Observe the Paactical Advice of Health Authorities.

Care commands (as well as Medical Authorities) that we do our utmost to prevent the re-appearance of this dreadful death-spreader.

It is by the mouth and nasal secretions that the germs of

**INFLUENZA**

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Take a strong dose morning and evening. Let every one in the home strictly adhere to this sensible advice. As a nasal antiseptic inhale Dr. J. O. Lambert's Syrup diluted in an equal quantity of water.

Do not delay—tomorrow may be too late. Begin at once. If you do not happen to have this famous specific at home, procure some immediately.

This marvellous and unequalled product owes its origin to the Grippe Epidemic of 1889-90.

It has proved its unchallenged superiority as a preventative during the appalling epidemic of 1918.

The present outbreak is recognized as similar to that of 1918, and DR. J. O. LAMBERT'S SYRUP is still the unique remedy to prevent and fight it effectively.

In all cases of Coughs, Colds, Bronchitis, Asthma, Croup, Catarrh, etc., whether in infants, children, adults or elderly persons, DR. J. O. LAMBERT'S SYRUP has no equal.

DR. J. O. LAMBERT'S SYRUP is for sale everywhere and has THE LARGEST SALE WITHOUT EXCEPTION.

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ment any symptom begins to pray on the mind recourse should be had to a competent medical adviser and a thorough examination invited. This latter caution is important, says the writer, for human nature is so constituted that a man can actually—as in a case known to the writer—go to his doctor and then shirk the issue which brought him.

This is the point to remember: Even in mild and early old age the majority of symptoms are not serious, the physician assures us. Consequently, the chances of a favorable issue of examination are much greater than the chances of an unfavorable. That is to say, there is every probability that the self-tormented person will leave his care behind him in the consulting room and return to his work with new vigor.

On the other hand, if his fear is not misplaced, he will at least know the worst. More than that, he will afford his doctor a chance of helping him. Almost every disease—and this does not even exclude cancer, says the physician—is curable if recognized early enough. But there are narrow limits to the period of curability. To go early is therefore to secure chances of recovery, which may be lost altogether a few months, or even weeks, later, the writer warns.

Cancer, he says, furnishes a good illustration of this very point. If every case of that disease was recognized at the first onset and dealt with thoroughly the death rate would be cut in half. In point of fact, he declares, most of the operations which are undertaken are undertaken too late.

Don't Worry.

There is, therefore, no reason why a man should "nurse his fear," and there are many reasons, in the writer's opinion, why he should avoid this bad policy. Worry he calls a potent cause of disease. It leads to disaster in the working life and so, by breeding trouble, adds fresh sources of anxiety. Appetite, adds disease—is abandoned. Very often sleep is lost. The victim becomes miserable and unfit and supposes that this condition is due to the disease he so greatly dreads. In the end, he may easily fall a victim to disease, for his bodily resistance is greatly diminished.

There is no more astonishing right, clinical medicine than the effect of a professional reassurance on such an individual. Almost at once the look of anxiety passes from his face. The man who entered the consulting room with a halting step leaves it in the vigor of a new purpose. Once again he is a free man to pursue his way of life. Within a few weeks he has lost the untimeliness that was due to his fear—and not, as he supposed, to his disease—and is able to see how foolish was the policy pursued by him. His business friends and his family can scarcely credit the change.

If he has fallen into the miserable habit of attempting to treat himself, his recovery will be even more striking, the physician assures us. There are

certain natures which, while they will not disclose their fears to competent advisers, will not abstain from attempting to remove the cause of them in surreptitious ways.

These people, concludes the physician, if they could but realize it, are guilty of the worst of all follies. They make panic diagnoses of serious disease without any knowledge of the nature of that disease, and then they attempt panic treatment of what, in most instances, does not exist.

The Epworth League of the Carmarthen street Methodist church had an interesting session last evening when the following missionary programme was presented: Reading, Mrs. Mary Seymour; dialogue, Miss Nina Brown and Miss Margaret Marshall; with Miss Ethel Brindle the accompanying vocal soloist; reading, Miss Gladys Milly. Missionary selections were sung between the items. Miss Gladys Milly presided and Miss Ethel Brindle was the pianist.

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