# POOR DOCUMENT

THE EVENING TIMES AND STAR, ST. JOHN, N. B., TUESDAY, MAY 1, 1923

### **Letters To The Editor**

Six-Will you be good enough to grant me space in your valued conumns to set forth certain facts concerning the recreational side of the Y. W. C. A.? During the last week I have been asked the following questions:
First, "Is the recreation centre just for
games?" second, "Are parties the chief
thing down there?" third, "Does the
Y. W. reach the class of girls you want
to reach?"

The recreation 'centre is not an entertainment bureau. It is not primarily, a place of amusement. It assuredly is not for any particular "class." What an extraordinary word to use in connection with the Young Women's Christian Association!—for the associations and the connection with the connection of the second connection of the conn

Christian Association!—for the association recognizes neither race, sect nor creed; its work lies among all types of girls in the community; and we want them all.

The erroneous idea of our work suggested by the first two questions arises from a widespread misconception of the true significance of the word "recreation." Recreation does not mean amusement; it does not mean "just games;" but it does mean all those activities that we do from choice, which lead to health and happiness. It is play that transforms and develops and actually makes over!

that transforms and develops and actually makes over!

Our Y. W. test for recration is simply this: Do the things that our girls do in their leisure hours make them better able to carry on the next day's duties? Do the activities in which they indulge at the recreation centre renew them in body, mind and spirit until they fairly radiate health and good cheer? Proper recreation is a thing of the spirit and it has the power to transform, to make over, to re-create a girl into another and altogether better, person. Countless times I have seen it done.

Moreover, what is recreation for one girl or one group of girls may be the very last thing that should be indulged in by another group. Hence Y. W. C. A. workers study their girls and, after thorough knowledge of conditions which surround them, they draw up a which surround them, they draw up a programme calculated to meet that group's particular need. Youth demands some outlet for its exuberance of spirits, and the Y. W. C., A. encourages' all wholesome fun, not only among our girls but between them and their men friends as well.

their men friends as well.

Now, just a word as to the origin of recreation centres as an important part in Y., W. C. A. work. In face of the world-wide social unrest and the danger of lowered moral standards resulting from the disintegration of society following the great war, the Y. W. C. A. felt impelled to make a special effort to reach eyery group of girls in the community if the standard of young Canadian womanhood were to be kept up. Hence it established, recreation centres (under careful supervision) as counter-attractions to the lower forms of certain commercialized amusement resorts.

These recreation centres bring within reach of the underpriviliged girl—as well as her more fortunate sister—good cheer, friends and healthful activities. Through the gymnasiúm, the Y. W. C. A teaches her that her body is a sacted trust, as well as how best to promote its health, grace and beauty. The competitive games, basketball, indoor and outdoor sports of all kinds are simble and outdoor

THE

LABEL

MAGIC

BAKING

POWDER TAINS NO ALL

OF

CANADA

The tiny little leaves that have just appeared on the tea bush are known as 'orange pekoes' and the flavour of an 'orange pekoe' from a hill top garden swept by warm spicy breezes is just—superb! The new "Salada"

is from the very finest of these gardens and its flavour is unique.

Your grocer now has this tea in stock, but if you prefer to 'try before you buy' we will gladly send you a ample on request. Address a post card to Salada, Montreal.

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and outdoor sports of all kinds are simply means to an end. They develop individuality, initiative and leadership, while teaching her to play the game." Storytelling, community singing, pageants and heaps of other things too numerous to mention form part of the numerous to mention form part of the recreation at all our Y. W. C. A. centres.

Recreation is still in its infancy, but I am convinced it will continue to play a more and more important part in social welfare work. I maintain it is the amore and more important part in social welfare work. I maintain it is the continued to play a more and more important part in social welfare work. I maintain it is the state of the procuring for the population of the carry on the privilege of reaching so many citizens about a matter pertaining to a large portion of the girl life of the city, the advantages of its dry dock system, believe me to be, Gratefully yours, KATE A. FOSTER, Actg. Gen. Sec. Y. W. C. A.

St. John, April 30.

The earth.

With sincere thanks for granting me the privilege of reaching so many citizens about a matter pertaining to a large portion of the girl life of the city, believe me to be, Gratefully yours, KATE A. FOSTER, Actg. Gen. Sec. Y. W. C. A.

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With sincere thanks for granting me the privilege of reaching so many citizens about a matter pertaining to a large portion of the girl life of the city, believe me to be, Gratefully yours, and other features pertaining to it, also offer suggestions as to the best form of means of character building and such the privilege of reaching so many citizens and other features pertaining to a large portion of the girl life of the city, believe me to be,

St. John, April 30.

The earth.

With sincere thanks for grant while teaching her "46 play the game." helpful social environments of the control of the control

March 31, 1926, the arrange of St. John numbered 740 ocean steamores, 118 sailing vessels and 1,876 coastwise craft, as against 524 ocean steamores, 127 sails and 1,518 coastwise vessels the previous year. The quantity of outward cargo the last fiscal year was 712,145 tons in weight, and 182,395 tons measurement. For the previous paralysis, locomotor ataxy, rheumatism, insomina, etc. To ladies—Facial hair moles, wrinkles, etc., removed. St. John, April 30.

St. John numbered 740 ocean steamores, 118 sailing vessels and 1,876 coastwise vessels and 1,876 coastwise vessels and 1,518 coastwise vessels and 1,518 coastwise vessels and Masseur, treats nervous disstance and Masseur, treats nervous disstance and Masseur, treats nervous disstance and Masseur, rheats nervous disstance, purchased.—H. Gilbert, 24 Mills street, Phone 4012.

WANTED TO PURCHASE—Ladies and Gentlemen's cast off clothing, and Gentlemen's cas

A meeting of the creditors of Louis
Harris, of this city, was held yesterday afternoon, at the office of the trustees, the Canadian Credit Men's Trust Association, Ltd. The inspectors were given power to make an attempt to given power to make an attempt to sell the business as a going concern.

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At Wetmore's, Garden St.

At Wetmore's, Garden St.

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13310—5—3

Yours sincerely,
R. E. ARMSTRONG,
Secretary.
Note: During the fiscal year ending March 31, 1923, the arrivals at the port of St. John numbered 740 ocean steam-crs, 118 sailing vessels and 1,876 coast-wise confidence.

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15994—5—14 PLANO MOVING

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Flemming, Main 3178 15797—5—11

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SHOE REPAIRING and Shates Share.

Berlin, April 10-(By Mail).-High cost of upkeep and the general eco-

parket for blooded horses in the doldrums. Eighty animals were registered or sale recently at the close of the annual fashionable horse show in Berlin, but only seven of them found buyers. A stallion offered through the Rhenish-Westphalian Association for Breeding of Coldblooded Stock went for 19,500,000 marks (or nearly \$1,000), the highest sale of the auction.

The graduating class of King' College Law School will be made up of seven young men this year. The names of the graduates were announced last evening by Chief Justice H. A. Mc-Keown, dean of the faculty, as follows: Thomas Green, Ottawa; George Holly, Randolph H. Bennett, A. E. Richard, P. C. Quinn, and H. N. Jonah; St. John, and H. D. Baldwin, St. George. The degrees will be conferred upon the graduates at Windsor, N. S., on Thursday of this week.

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