



Mrs. MacRae, Head Cook, to whose ability the Patients, one and all, bear enthusiastic witness.

“KINGSWOOD’S” COOK.

We give in this issue a portrait of our Head Cook, Mrs. MacRae, who is one of the most important personages at “Kingswood.”

Mrs. MacRae hails originally from the Inverness district of Scotland, and had many years’ careful training and experience in the households of some of the principal members of the aristocracy in England. In her last situation, she was engaged as Head Cook in the household of one of the leading members of the English nobility with a staff of 18 or 20 servants, but gave this up voluntarily to engage in war work in a military hospital or convalescent home. By a fortunate choice, we were able to enlist her services and sympathy, and she has been with us as one of our most loyal and devoted helpers since the opening of “Kingswood.”

A plentiful supply of wholesome, nourishing and well-cooked food is an absolute necessity for the convalescence and re-strengthening of the constitutions of men who have been run down by serious wounds or by long exposure to wet and cold in the trenches. Although Mrs. MacRae had been accustomed to quite a different and more dainty and elaborate form of cookery in her previous situations, she very readily adapted herself to the conditions of a convalescent home. The good name of “Kingswood” is far spread in the taining camps in England, as well as in the trenches in France, and one of the principal subjects of praise among our old patients is the

generous, varied, and well-cooked meals they enjoyed in this Home. During the past few months, when the difficulty in obtaining food supplies, the increasing cost, and the needs for finding substitutes, as well as for economizing, have grown ever and ever more pressing, Mrs. MacRae has risen to the occasion, and in this, and many other ways, has shown herself always ready and willing to co-operate in the successful and economic running of the Home. It can be safely said, without any exaggeration, that she has been one of the most important factors to its success.

PERSONALS.

Another old patient, W. C. McDonald, has just received his commission and is returning to join his old regiment in France.

Pte. C. Boulty, also one of our old patients, is now on his way to India, where he will join an Officers Training School as a cadet in training for his commission.

An old patient, Sergt. Bedat, recently visited the Home before starting out to take up a special appointment with the Army in Mesopotamia.

Private Jacob Eugene (Extras Dept., Paris Branch) has been awarded the “Croix de Guerre” for gallantry in repulsing a German raid on some of the French trenches.

H. G. Cail (Melbourne Office) visited Kingswood in January. He was in the Messines attack and is now convalescent from injury to his back, the result of being buried by a shell burst.

Lieut. Osborne H. Shenstone (Toronto Factory) of the Equipment Dept., Royal Flying Corps, reached England early in February and paid a very welcome visit to Kingswood.

Captain Allen G. Shenstone, M.C., Royal Engineers, returned to England in December, after a two months’ leave, which he spent in Canada. He was lately awarded an M. C., and is now on special duty in France.

Lieut. W. W. Hitchon recently visited “Kingswood.” He is receiving special treatment in the Officers’ Department of a large Imperial Hospital near here, and is making excellent progress.

We regret to announce that Private Freeman McLellan, son of our General Agent C. K. McLellan (Maritime Branch), made the supreme sacrifice on February 5th, 1918. He died while under an operation in England as a result of wounds received while in service in France.

Lieut. Harry Wells (London Office), formerly Artillery Observer in the Royal Flying Corps, who was injured bringing back his wounded pilot, is now back again with the Royal Field Artillery, and is en route for the Palestine Forces.