

in butter making in hot weather knows that before the cream all rises the milk will be loppered, and sometimes it is found mouldy. Now, in this case, are we to get all the butter that is in the milk, unless we churn milk, cream and all? One of my neighbors churns his milk and cream all together, and after the buttermilk has stood while he churns it over again, and finds enough butter in the buttermilk to supply his family with what they want to eat. If you could compel the cream to rise all up before the milk is loppered, you could then get nearly all the cream of the milk, so as to have the whole of the butter by churning the cream only.—A. L. SMITH in *Genesee Farmer*.

APPLES AS FOOD.

The working people in cities do not, as a general thing, regard apples as food, but merely as a luxury; this is especially the case with our foreign population. But apples are not estimated according to their real value as an article of food, they hold a low rank in the estimation of most persons in comparison with potatoes, so far as it relates to their nutritive qualities, whereas the best qualities of apples are perhaps superior. In Cornwall, England, the peasantry consider ripe mellow apples superior to potatoes as food, and nearly equal to wheaten bread. In many parts of Europe the laboring people eat sliced apples with their daily bread, and make a hearty, healthy meal of them. The finest apples in the world are raised in the United States, and the working people in our cities would do well to use more of them for food, especially during the fall and winter seasons, when they can be obtained cheap. We hope yet to be able to eat apples during the midst of summer (at fair and reasonable prices,) as sweet in flavor and rich in nutriment as when plucked from the tree. Much attention is now directed to their perfect preservation during the summer's heat and winter's cold.

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