too, an impromptu tug of war was got up by Barnardo, versus all comers. The Barnardo team—which included our Chaplain, Rev. E. R. Bartlett; our Medical Officer, Dr. Wright; Mr. Alex. McDonagh, who contributes largely to our midday meals, and the members of the regular staff—after a prolonged struggle coming off victorious.

The sports being ended about 3 p.m., some amateur pony races took place, while bathing and rowing in the Assiniboine, and football, tennis and other games on the grounds, took up the time until 5 p.m., when the gong sounded for tea, which was served in the Assiniboine House in Mrs. Watson's usual excellent

style. There the stacks of viands disappeared like snow on a warm Spring day, and by 6 p.m. the lads were again enjoying themselves in the open air as their fancy dictated.

About 7.30 p.m. preparations were made for returning home, and by eight o'clock all had left Millwood behind, one and all expressing themselves as having thoroughly enjoyed the day's proceedings.

The programme given below, with the names of the winners in each event, will, no doubt, prove of interest to old lads in situations but still readers of UPS AND DOWNS, and it will demonstrate the fact that some of the old sports are still to the front.

Programme of Barnardo Home Sports.

EVENT.	Winners.		FIRST	SECOND
	I.	II.	PRIZE.	PRIZE.
Half-Mile Race	Gray	Galloway	\$1 00	50c.
One Mile Race	Turner	Johnson	1 00	50c.
Hop, Step and Jump	Trout		1 00	5oc.
High Jump	Cooper	Graham	I 00	50c.
Long Jump	McÅteer	Cooper	1 00	50c.
Egg and Spoon Race	Raban	Johnson	1 00	50c.
Tug of War (Barnardo versu	is All Comers).	. Barnardo winners.		•
One Mile Handicap	Brown	Gray	1 00	50C.
Half-Mile Handicap	Turner	Sharp	1 00	50C.
Three-Legged Race	Hopkins &	LockerbyGray & Graham	1 00	50C.
Boot Race	Raban	Galloway	1 00	50C.
Sack Race	Lockerby	Hopkins	1 00	50C
Football Match	Flannigan,	Clarke, Johnson, Raban	.)	.,
	Brown, H	odson, Barry, McGee and nning Team)	d / 25c.	each.
		THE QUEEN.	• ,	

Recruits.

On July 31st the second contingent of lads for 1900 arrived at the Home, having come out from England on that floating palace now being run by the Allan Line from Montreal to Liverpool, the Tunisian, and a fine lot of lads they were, hailing from different parts of the United Kingdom: London, Birmingham, Belfast, Glasgow, Newcastle-on-Tyne, Morpeth, Milden Hall, Carrickfergus, Canterbury, Buckingham and Curragh Camp.

A record run was made by the party from Montreal to Russell, the distance being covered in about sixty hours, including delays at North Bay and Winnipeg.

The lads were given a warm reception at the Farm Home by the veterans in residence, and at once settled down to their duties.

The management look for great advancement among the individuals of the June party, several of them already having been advanced to posts of trust on the junior staff of the Farm: one to the post of office assistant to the Housemaster, where he will soon be able to make use of his stenographic training received in England; another to the post of bugler, and a third has been given charge of one of the farm teams, and will, at an early date, if all goes well, find his name on the staff pay roll.