

sent into the homes of the children, in the schools attached to the training school, to note methods of cooking and preparing food. Mr. Munroe spoke of his way of detecting mental deficiency by physical signs, through limp, cold hands, a V-shaped palate, want of symmetry in the face, dragging of one foot, etc.

VALUE OF KINDERGARTEN TRAINING.

BY LOUISE DERICK.

That the pleasant is useless, the disagreeable beneficial, is an idea which lingers in many minds, and frequently finds expression in connection with the kindergarten. But a little observation should convince all that happiness and healthful play may be the accompaniments of work that leads to definite ends.

Froebel intended that the kindergarten should train the child physically, mentally and morally, and he devised various games and exercises for this purpose. Many modifications of and additions to his system have been made by later educators; but, like Froebel, kindergartens aim at a harmonious development of all the child's faculties.

A careful study of child-nature enables the teacher to follow natural laws, and to lead the child "from the known to the unknown" by such gentle steps that not exhaustion but a healthy stimulation results. Children grow by means of their own activity; and it is by guiding this activity, employing every moment, alternating stirring with quieter exercises, that growth in right direction proceeds steadily.

A child first becomes conscious of himself and is later brought into relationship with the external world by means of his senses. The various games and exercises of the kindergarten are adapted to the development of these senses. Objects are examined as to color, texture, form and size; colours are matched and arranged harmoniously; and the ear is trained by songs which emphasize other lessons.

But, before impressions can have their full value, they must find expression, means of which are furnished largely by the occupations. Drawing, modelling, sewing, weaving, etc., serve for the reproduction of mental pictures and permit that variety so necessary to young children. Single