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Although our sweeping victory in the Inter-collegiate sports came somewhat in the nature of a surprise, we must confess to a still greater and growing surprise that none of the trophies have been awarded. Nominally we won the cup for the College taking the highest number of points, also the cup awarded to the individual winning the highest number of points, and the medals to the two individuals taking first place in the totals, but not one of these prizes has yet been received. A casual inquiry has even raised doubt as to the existence of the cups for which there was such ardent competition. But whether these trophies exist or not, we think that out of justice to the individuals and in the interest of the success of future field-day competitions, the medals at least should be awarded.

The great value of athletics as a factor in College education cannot be over-estimated, and the part taken by our boys in almost every possible phase of sport, has certainly had its effect, although the number of trophies won has in the past been somewhat limited.

But the best results of athletic competitions cannot be estimated by medals and cups; they must be looked for in the keener sense of "esprit de corps," in the muscular development and training, and in the preservation of good moral conditions, among the students. What is there so unifying in its influence upon the student body, so destructive to class prejudices and so productive of the true College spirit as the football match—where senior and freshman side by side throw their hats into the air and yell themselves hoarse in a common cause? And no one to-day will deny the supreme importance of healthy physical conditions. While it is true that invalids have often been geniuses, and that many of the best thoughts have been given to the world by those of feeble body, there would be but few to-day but would acknowledge that these were great not on account of, but in spite of their physical weakness.

The mind needs a good body and how few there are who are really well. There is an old German proverb which says "By the age of forty one is a philosopher, an invalid or a fool," and the great importance of attention to physical culture during the years spent at College will be realized when we remember that it has been estimated that the greatest comparative increase in lung power takes place between the ages of seventeen and