

**In Convalescence**  
when it is such a hard fight to regain lost strength and weight, one of the very best aids is found in

**NA-DRU-CO Tastesless Preparation of Cod Liver Oil**

In it you get, in an agreeable and easily assimilated form, all the well-known tonic, strengthening and curative properties of the best Norwegian Cod Liver Oil, Malt Extract, Cherry Bark and Hypophosphites.

In cases of chronic coughs, colds or bronchitis, nervous debility, after fevers or wasting diseases, or when you are just "run down", Na-Dru-Co Tastesless Preparation of Cod Liver Oil will restore health and vitality.

Get it from your Druggist, in 50c. or \$1.00 bottles. 313



National Drug and Chemical Co. of Canada, Limited.

A NECESSARY FOOD SUPPLY

Some comparisons of records indicate what infinitely better returns some dairymen obtain from their cows than do other owners of herds. One lot of milk testing 3.4 delivered at a factory last month was 21,580 pounds, the yield of twenty cows in two herds. Two other herds also totalling twenty cows and producing 3.4 milk gave only 12,380 pounds during the same month. These are not extreme comparisons because in many of the cases the test was lower and the total pounds of fat delivered would be consequently far lower. Apart, however, from the weight of the milk, think of one group of twenty cows giving in one month four and a half tons of milk more than the other group.

It needs no stretch of imagination to picture the consternation there would be of Canadian cows in general were as poor as these twenty cows. Surely, people need milk, plenty of it, as a good, nutritious and cheap food in these days of high prices. But if poor cows with only low yields are kept, where would be this necessary and universally appreciated food supply?

Fortunately, through systematic cow testing, these comparisons are possible, so that an incentive is furnished to every owner of a poor herd to keep cows more worthy the name of "dairy" cows. Simple records, easily kept, give definite information acting as guide posts to herds bred and fed for large yields.

C. F. W.

There could be no better medicine than Chamberlain's Cough Remedy. My children were all sick with whooping cough. One of them was in bed, had a high fever and was coughing up blood. Our doctor gave them Chamberlain's Cough Remedy and the first dose eased them, and three bottles cured them," says Mrs. R. A. Donaldson, of Lexington, Miss. For sale by all dealers.

A foreign doctor has discovered a cure for seasickness. The pneumogastric nerve is held responsible for all the woes of mal-de-mer, and the doctor proposes to keep the nerve under control during a sea voyage by an injection of stropin. The inoculated person is thus enabled to enjoy the wildest combination of rolling and pitching.

THE SUNDAY QUESTION.

We would commend the following paragraph from the "British Weekly" to those who are clamoring for a relaxing of some of the provisions of the Lord's Day Act, and for greater freedom to devote Sunday to recreation and sport among ourselves:—

"The Bishop of Southwell, in his diocesan charges, is at present drawing special attention to the Sunday question. Speaking at Chesterfield he said, Sunday was being marred by the wealthy and leisured classes. He had spoken to many privately and would be consequently far lower. Apart, however, from the weight of the milk, think of one group of twenty cows giving in one month four and a half tons of milk more than the other group.

**Shiloh**  
The family remedy for Coughs and Colds. Small dose. Small bottle. Best since 1870.

GREAT BRITAIN ACCEPTED INVITATION FROM U. S. GOVERNMENT.

London, Oct. 21.—Great Britain today accepted the invitation from the United States Government to send representative vessels of the British Navy to the gathering of the International fleet in Hampton Roads early in 1915 to celebrate the completion of the Panama Canal by making a voyage to the Pacific through the new waterway. The acceptance by the British foreign office has been forwarded to the secretary of the United States navy at Washington.

Minard's Liniment Cures Colds, etc.

PLANTING BULBS. Ground Must be Mulched Over Bulbs Put in Late in Season.

Bulbs for flowering next Spring must be planted now. The most useful kinds are tulips, hyacinths, narcissi, snowdrops, crocuses and scillas. A judiciously chosen selection of these will give bloom from the time the snow goes until the month of June.

Bulbs do best in loamy, well-drained soil. They will rot in soil not well drained in a wet Summer. A sandy loam is better than a clay loam. The soil should be dug to a depth of twelve or fifteen inches and well-rotted manure worked thoroughly into it the previous Spring, if possible. If applied in the Fall, the manure should be buried below where the bulbs will be after planting, as when pure manure comes in contact with the bulbs they are liable to rot or become diseased.

While the bulb contains the future flower and considerable energy, the weight will not be exerted to the full unless the bulb is well rooted before Winter. Very often the cause of bulbs should be planted early enough to have good root system before Winter. Very often the cause of poor flowers in the Spring is the lack of roots. If planted during the latter part of September or early in October, bulbs will have ample time to get well rooted before Winter. If through any cause the planting is delayed until late in October or November, the soil should be heavily mulched with straw, straw manure or leaves, to prevent the soil from freezing early, and thus give the bulbs a chance to make roots for some time longer than they would if not mulched but late planting is seldom satisfactory.

The depth of planting and distance apart of the bulbs will depend on the size of the bulbs. Tulips, narcissi and hyacinths should be planted from four to six inches deep, measuring to the bottom of the bulb and about the same distance apart. Snowdrops, crocuses and scillas, should be planted from two to three inches deep and about two inches apart. If the soil is clayey or if the manure is not well mixed with it, it is advisable to put a little sand under each bulb to prevent rotting.

Bulbs are more effective in masses and clumps than in single rows. While tulips and hyacinths are usually planted in beds (their place to be taken by annuals later on), and are very effective when used in this way, they may be used with good effect in small clumps dotted through the perennial border. By this method of planting there need be no larger bare places in the border without bloom after the bulbs have done flowering.

In addition to its value in keeping out frost while roots are developing in the early part of Winter, a mulch is very beneficial in affording the bulbs some protection from the changes of temperature in Winter and is especially useful when there is no snow on the ground. As soon as the snow goes in Spring the mulch should be gradually removed, as tulips especially make early and rapid growth and may be broken if left to grow through the mulch.

Is your husband cross? An irritable fault finding disposition is often due to a disordered stomach. A man with good digestion is nearly always good natured. A great many have been permanently cured of stomach trouble by taking Chamberlain's Tablets. For sale by all dealers.

STRONGLY ADVISES "FRUIT-A-TIVES"

Because They Cured Him, And They Will Cure You



WALKERTON ONT., MAY 9th, 1911. "I have been in Walkerton in business for a good many years and many of my townsmen know that my health, for long periods was precarious. My trouble was extreme Nervousness, brought on by indigestion and Dyspepsia, from which I suffered in the most severe form. It was so bad that I could not sleep before about four in the morning. I noticed one of your published testimonials of how someone had used "Fruit-a-tives" for similar trouble and asked Mr. Hunter, my druggist, his opinion on the matter and he advised their use. I immediately procured several boxes and I am pleased to say that I now enjoy splendid health and could not possibly feel better. I can eat with every degree of satisfaction and sleep without an effort. I strongly advise anyone suffering from like complaints, to commence using "Fruit-a-tives". ALEX. MCCARTER. 50c. a box, 6 for \$2.50—trial size, 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

The Home

HOUSEHOLD HINTS.

Roomy arm chairs for the porch are made of French willow and have a pocket on one side.

If by accident soot is dropped on the carpet, sprinkle salt over it and sweep all up together.

Kerosene applied with a brush or cloth makes a good silver cleaner. Rinse in scalding water.

After peeling onions, rub the hands with parsley or celery if you would counteract the onion odor.

To prevent glass fruit jars from cracking while filling them, hold a wet dish cloth around them.

When ironing lace, lay it on a Turkish towel and press the lace smoothly on the wrong side.

If brass candlesticks are disfigured with verdigris, try rubbing them off with a cloth dipped in ammonia.

Ugly cracks and splits in furniture can sometimes be filled with a beeswax so that they will hardly show.

The most obstinate coffee stains can be removed by a solution of lukewarm water and the yolks of egg.

A spoonful of oxgall to a gallon of water will set almost any colored fabric, if soaked in it before washing.

If candles are well frozen before being lighted, the tallow will not run and the candles will last twice as long.

Lower the temperature of an oven considerably after the roast has been in twenty minutes and the juices will be retained.

It is a good idea to have a pot roast for dinner the day you iron. The meat can cook over the ironing fire, thereby saving coal.

When furniture does not actually need polishing it is a good idea to wipe it off thoroughly with a cloth dipped in linseed oil.

To rid a room of flies instantly put a few drops of carbolic acid on a live coal on a shovel and wave the shovel around the room.

Round centrepieces may be dried by laying them while wet on a sheet of clean glass, kept for the purpose. See that the linen is placed smoothly and then set the glass in the sun.

CARING FOR A PIANO.

An upright piano should be so placed in a room that the back will not be exposed to draught. Dampness, extreme heat and moths are the instrument's worst enemies. Where possible, place it against an inside partition rather than an outside wall and thus run less risk of exposing it to sudden cold.

Moths may be avoided by getting five cent cubes of camphor gum, wrapping them separately first in tissue paper and then in very fine cheesecloth and tying three on the inside of the top of the piano and three on the inside of the base. Care must be taken in tying these so that they do not interfere with the piano's action.

Expose the keyboard to the light as much as possible in order to keep the keys from turning yellow. In fact, it is better to keep the piano open, except when sweeping or other dust threatens it.

Never use alcohol on the outside case. If a blue cast forms on the outside of the case you may rub it with a soft sponge dipped in tepid water and mild soap, doing but a small portion at a time and following this immediately with a chamolis. Soap and water should be used very, very sparingly.

Minard's Liniment cures Diphtheria.

Joker's Corner

HER BROTHER.

Ian MacLaren used to tell a child story as sweet as suggestive. While sauntering along a country road in Scotland he met a bonnie wee lassie who was red in the face from the exertion of carrying a chubby youngster in her arms.

"Isn't the baby too heavy for you?" inquired the sympathetic minister. "Oh, no, sir, he's no' hivvy," gasped the child lovingly; "he's ma brither!"

A traveller in the West came across two men having a heated argument. The traveller drew nearer and heard:

"What do you know about the Lord's Prayer? I'll let you ten dollars you can't repeat the first line."

"I'll take the bet," said the other man, and, turning to the stranger, asked him to hold the money.

"Now, what is the first line?" asked the first one.

"'Now I lay me down to sleep,'" "You win," said the first man. "I didn't think you knew it."

GOOD JUDGMENT.

At the dinner table father had just corrected his ten-year-old daughter for eating with her fingers and then wiping them on the front of her dress, which by this time was very soiled.

Then he pointed to her little sister, Irene, and said:

"Look at your little sister; she does not get her dress soiled as you do when she eats."

"No," said Irene, "my dress is nice and clean in front. I wipe my fingers way down to the bottom of my dress."

"I always hate to tell a story," said a well-known actor at a banquet "because my listeners may have heard it before. What boredom that is for them, what agony for me! It is like the case of a friend of mine. He is deaf, but tries to conceal his deafness. One night at a dinner the host told a story at which everybody roared, and my dear friend joined in and out-roared the whole table, though in truth he hadn't heard a word."

"At the end of the laughter he held up his hand as a sign that he wanted to speak."

"That story," he began, "reminds me of another—"

"And then the poor fellow went on and told the very same yarn the host had repeated only a minute before."

Barber—"Poor Jim has been sent to a lunatic asylum."

Victim (in chair)—"Who's Jim?"

"Jim, my twin brother, sir. Jim has long been broodin' over the hard times, and I suppose he finally got crazy."

"Is that so?"

"Yes, he and me worked side by side for years, and we were so alike we couldn't tell each other apart. We both brooded a great deal, too. No money in this business now."

"What's the reason?"

"Prices too low. Unless a customer takes a shampoo it doesn't pay to shave or haircut. Poor Jim, I caught him trying to cut a customer's throat because he refused a shampoo so I had to have the poor fellow locked up. Makes me sad. Some times I feel sorry I didn't let him slash all he wanted to. It might have saved his reason. Shampoo, sir?"

"Yes."

An electioneer visited a man to get his vote. The man himself was out, but his wife said—

"I can't promise you nothing about Jonathan, sir. He's independent. He will vote as seems best to himself."

The electioneer, after being as agreeable as possible rose to go. But first he patted a wretched, mangy kitten on the woman's lap.

"I'm very fond of cats," he said. "I shouldn't mind giving you \$5 for that one."

The woman jumped at his offer. She locked the \$5 in a drawer, she put the cat in a basket, and, as she ushered the man out with his purchase on his arm, she said—

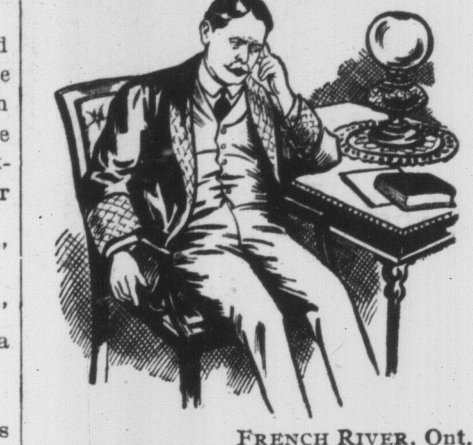
"I'll do the best I can for you about that vote, sir. As I told you before, Jonathan won't be influenced by anybody. The gentleman that's electioneering for your opponent spent a full hour here with me uselessly yesterday and by the way, he bought the brother of that kitten of yours for \$10."

Dr. Morse's Indian Root Pills

owe their singular effectiveness in curing Rheumatism, Lumbago and Sciatica to their power of stimulating and strengthening the kidneys. They enable these organs to thoroughly filter from the blood the uric acid (the product of waste matter) which gets into the joints and muscles and causes these painful diseases. Over half a century of constant use has proved conclusively that Dr. Morse's Indian Root Pills strengthen weak kidneys and cure Rheumatism

Can't Do Without Them

Gin Pills the only things that keep him well.



FRENCH RIVER, Ont. Enclosed please find 50c. for which kindly send me a box of GIN PILLS, as I don't feel that I can remain long without some of them in the house. I find them so good that if I am out of GIN PILLS, the house seems to be all wrong somehow. Kindly send pills by return mail."

RICHARD HAMLYN. If you have any trouble in getting GIN PILLS in your neighborhood, write direct to us, enclosing the regular retail price, 50c. a box, 6 for \$2.50, and we will fill your order by return mail, at the same time giving you the name of a nearby dealer who handles GIN PILLS.

There is no other remedy in the world that acts so quickly and so effectively in relieving Pain in the Back, curing Kidney and Bladder Troubles, Suppression or Incontinence of Urine and driving Rheumatism out of the system. Sample box free if you write us, mentioning this paper. National Drug and Chem. Co., of Canada Limited, Toronto. MANGA-TON Blood Tablets purify and enrich the blood—especially good for women and young girls. 50c. a box. 203

HOUSEHOLD HINTS FOR SOUR MILK.

The acid in sour milk is very helpful in removing certain stains from white clothes; it will remove ink if the stained part, before it is dry, is dipped in the milk and rubbed to wash out as much of the ink as possible; if there is still a discoloration, leave it to soak until the ink is quite absorbed by the milk.

Any article scorched in ironing should be immediately covered with sour milk and left overnight.

A white undershirt muddled or much soiled at the back will wash more easily if soaked overnight in diluted buttermilk.

Fruit stains yield readily to this simple solvent and sometimes newly contracted ironrust spots can be removed by soaking in the same way. The advantage of buttermilk over chemicals is that, in a farmhouse, it is always available and that there is no danger in its use.

White goods that have become yellow through age, or from having lain unused for some time or through bad washing, should be first wrung out of warm water, then covered with buttermilk and left to soak in it for some days, then washed in the usual way.

Wash linoleum with clean warm water—no soap—and then go over it with a clean cloth dipped occasionally in good thick buttermilk.

Insurance Agents

ACADIA FIRE Insurance Co.

Established 1862  
A Sound Canadian Company  
SURPLUS TO POLICY HOLDERS \$560,436.90.

For rates and further information, ask or write  
Fred R. Beckwith  
Agent, Bridgetown, N. S.

FIRE INSURANCE

Insure your buildings in the OLD RELIABLE  
"NORTHERN"  
Established 1836

DALY & CORBETT, Provincial Agents  
HALIFAX, N. S.  
FRED E. BATH, Local Agent  
Bridgetown  
May 14, 1923—ly

LEARN THEN EARN

Has it ever occurred to you that you must be prepared to earn your salary? That the employer has not time to teach you? That he expects you to attend a good school and learn how before attempting his work?

Think it over. We admit students any school day at the

Maritime Business College

Halifax, N. S.  
E. Kaulbach, C. A.  
PRINCIPAL

Real Estate

HOME FOR SALE.

Fine country residence, just on the limits of the town, suitable for summer house or all-year-round residence. House modern, commodious and convenient, with good stable. Orchard yielding over three hundred barrels of apples, besides other fruit. Fine situation, beautiful view of river and valley. For information apply to  
The MONITOR PUBLISHING COMPANY, Limited.

FARM FOR SALE.

At Albany, farm of 260 acres; 18 acres under cultivation, part orchard, 50 acres pasture, balance wood and timber land, including 25 acres hard wood never cut. Good house of 8 rooms, barn, carriage house, etc. For terms and other information apply to  
The MONITOR PUBLISHING COMPANY, Limited.

Railway & S. S. Lines

DOMINION ATLANTIC RAILWAY

Steamship Lines

St. John via Digby  
Boston via Yarmouth

"Land of Evangeline" Route.

On and after Nov. 3rd, 1913, train service of this railway is as follows:  
Express for Yarmouth ..... 11.54 a.m.  
Express for Halifax ..... 2.02 p.m.  
Accom. for Halifax ..... 7.50 a.m.  
Accom. for Yarmouth ..... 5.50 p.m.

Midland Division

Trains of the Midland Division leave Windsor daily (except Sunday) for Truro at 7.05 a.m. 5.10 p.m. and 7.55 a.m. and from Truro at 6.40 a.m. 2.30 p.m. and 12.50 noon, connecting at Truro with trains of the Intercolonial Railway, and at Windsor with express trains to and from Halifax and Yarmouth.

St. JOHN and DIGBY

DAILY SERVICE (Sunday Excepted)  
S. S. "YARMOUTH"  
leaves St. John 7.00 a.m., arrives in Digby about 10.15 a.m.; leaves Digby 2.00 p.m., arrives in St. John about 5.00 p.m., connecting at St. John with Canadian Pacific trains for Montreal and the West.

Boston Service

Steamers of the Boston & Yarmouth S. S. Company sail from Yarmouth for Boston after arrival of Bluecross train from Halifax and Truro, Wednesday and Saturday.  
P. GIFFKINS,  
General Manager.  
Kentville

FURNESS, WITBY & CO., LTD

STEAMSHIP LINERS

LONDON, HALIFAX & ST. JOHN, N. B. SERVICE.

From London. From Halifax  
Steamer.  
—Rappahannock Oct. 28  
—Kanawha Nov. 6  
Oct. 28 (via St. John's)  
—Almeriana Nov. 16  
Nov. 15 —Rappahannock Dec. 5

From Liverpool. From Halifax  
Steamer.  
—Digby Nov. 9  
—Tabasco Nov. 12  
Nov. 4 —Durango Nov. 25

H. & S. W. RAILWAY

Accom. Mon. & Fri. Time Table in effect Oct. 6th, 1913. Accom. Mon. & Fri.

Read down. Stations. Read up.  
11.30 Lv. Middleton AR. 16.25  
12.01 " Clarence 15.54  
12.20 Bridgetown 15.36  
12.50 Granville Centre 15.07  
13.07 Granville Ferry 14.50  
13.26 " Karsdale 14.34  
13.45 Ab. Port Wade Lv. 14.10

\*Flag Stations. Trains stop on signal. CONNECTION AT MIDDLETON WITH ALL POINTS ON H. & S. W. RY AND D. A. RY.

P. MOONEY  
General Freight and Passenger Agent

**SMOKE DERBY PLUG TOBACCO**

The red, white and blue jockey cap—on every plug—is the tag which tells the quality of the new DERBY Smoking Tobacco.

A plug which always gives you a fresh, cool smoke.

A tobacco which is distinctively mild, yet satisfying in the pipe. 10c—all dealers.

