

Got a Cold?

Peps will give you relief. Simply dissolve a Peps tablet in your mouth. Your breath carries the medicinal Pine vapor, which is released, to all parts of the throat, nasal and air passages, where a liquid medicine could not possibly reach. This vapor destroys all germs with which it comes in contact, soothes and heals the inflamed membranes and fortifies you against coughs, colds, sore throat, bronchitis and grippe. Peps contains absolutely no harmful drugs and are therefore the safest remedy for children.

FREE TRIAL Cut out this article, write across it the name and date of this paper, and mail it (with 1c. stamp to pay return postage) to Peps Co., Toronto. A free trial packet will then be sent you. All druggists and stores sell Peps, 50c. box.

Peps

MAKE BREATHING EASY

GIVE "SYRUP OF FIGS" TO CONSTIPATED CHILD

Delicious "Fruit Laxative" can't harm tender little Stomach, Liver, and Bowels.

Look at the tongue, mother! If coated, your little one's stomach, liver and bowels need cleansing at once. When peevish, cross, listless, doesn't sleep, eat or act naturally, or is feverish, stomach sour, breath bad; has sore throat, diarrhoea, full of cold, give a teaspoonful of "California Syrup of Figs," and in a few hours all the foul, constipated waste, undigested food and sour bile gently move out of its little bowels without gripping, and you have a well, playful child again. Ask your druggist for a bottle of "California Syrup of Figs," which contains full directions for babies, children of all ages and for grown-ups.

HOW YOU CAN TELL GENUINE ASPIRIN

Only Tablets with "Bayer Cross" are Aspirin—No others!



There is only one Aspirin, that marked with the "Bayer Cross"—all other tablets are only acid imitations.

Genuine "Bayer Tablets of Aspirin" have been prescribed by physicians for nineteen years and proved safe by millions for Pain, Headache, Neuralgia, Colds, Rheumatism, Lumbago, Neuritis. Handy tin boxes of 12 tablets—also larger "Bayer" packages, can be had at any drug store. Made in Canada.

Aspirin is the trade mark (registered in Canada), of Bayer Manufacture of Monoaceticacidester of Salicylicacid.

While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company, Ltd., will be stamped with their general trade mark, the "Bayer Cross."



demand prompt attention. They pave the way for "The Flu".

HAWKER'S TOLU and CHERRY BALSAM

should be taken immediately the cold or cough makes itself felt. If taken soon enough, it will break it up in 24 hours.

Read the following testimonial. We are receiving letters like this in every mail:

"I take great pleasure in stating that I have used Hawker's Tolu and Wild Cherry Balsam in my family for years and find it an excellent remedy for coughs and colds."

THOMAS McAVITY, St. John, N. B.

Sold by all druggists and general stores. The same price everywhere—50c. 50c. None genuine without Company's Name.

HAWKER'S TOLU AND CHERRY BALSAM. HAWKER'S TOLU AND CHERRY BALSAM. HAWKER'S TOLU AND CHERRY BALSAM.

Chatham Curlers Win Highland Cup

The curling match, on Friday, between Newcastle and Chatham; was won by Chatham; by 21 points.

Chatham	Newcastle
Heckbert 20	Dickson 8
W.H. Snowball 15	G.G. Stothart 8
J. L. Twoedle 8	Atkinson 17
McDonald 10	Lawlor 11
McKendy 11	Crocker 11
Strang 15	C Sargeant 15
Jardine 17	P Russell 8
R A Snowball 15	Stewart 14
Jarvis 13	McKnight 7
Dr. Loggie 11	Lindon 12
134	113

SOME WAR DATES.

Cut Them Out to Keep in Your Scrap Book.

Austria declared war on Serbia, July 28, 1914.

Germany declared war on Russia, August 1, 1914.

Germany declared war on France, August 3, 1914.

Germany declared war on Belgium, August 4, 1914.

Great Britain declared war on Germany, August 4, 1914.

France declared war on Austria, August 4, 1914.

Japan declared war on Germany, August 23, 1914.

Serbia declared war on Germany, August 9, 1914.

Great Britain declared war on Austria, August 13, 1914.

China declared war on Germany, August 14, 1914.

Austria declared war on Montenegro, August 9, 1914.

Austria declared war on Belgium, August 28, 1914.

Austria declared war on Japan, August 28, 1914.

Great Britain declared war on Turkey, November 5, 1914.

Turkey declared war on the Allies, November 28, 1914.

Germany declared war on Portugal, March 9, 1915.

Italy declared war on Austria, May 14, 1915.

Italy declared war on Turkey, August 21, 1915.

Bulgaria declared war on Serbia, October 14, 1915.

Italy declared war on Bulgaria, October 19, 1915.

Roumania declared war on Bulgaria, October 19, 1915.

Germany declared war on Roumania, August 28, 1916.

Italy declared war on Germany, August 28, 1916.

Turkey declared war on Roumania, August 29, 1916.

Bulgaria declared war on Roumania, September 1, 1916.

Great Britain declared war on Bulgaria, October 15, 1916.

Greece declared war on Bulgaria, November 23, 1916.

United States declared war on Germany, April 6, 1917.

Cuba declared war on Germany, April 7, 1917.

Greece declared war on Bulgaria, July 2, 1917.

Siam declared war on Austria, July 22, 1917.

Siam declared war on Germany, July 22, 1917.

Liberia declared war on Germany, August 4, 1917.

China declared war on Austria, August 14, 1917.

Brazil declared war on Germany, October 26, 1917.

United States declared war on Austria, December 7, 1917.

Panama declared war on Germany, April 7, 1917.

Panama declared war on Austria, December 10, 1917.

Guatemala declared war on Germany, April 21, 1918.

Hayti declared war on Germany, July 12, 1918.

Honduras declared war on Germany, July 19, 1918.

Armistice signed, November 11, 1918.

Peace treaty signed by the Germans, June 28, 1919.

A Fresh-water Seal.

The seal is a typical marine animal, and hence the occurrence of a species of phoca in Lake Baikal, which is of fresh water and has no connection with the sea, is of special interest. Dr. Charles Hose has obtained skins and skulls of two specimens of the Baikal seal, which have been offered to the Museum of Natural History, where the species have not hitherto been represented. It is the only seal which habitually lives in fresh water, though the common seal will often resort to estuaries, and even ascend rivers, as one did some time ago in the Trent, as far up as Hazleford, where it was shot. The Vikare seal, again common in the Arctic regions, and also found in the north of the Baltic, occurs in Lakes Ladoga and Onega. It is able, however, to reach these from the Baltic by means of the Rivers Neva and Svir. The Baikal seals, on the other hand, have no communication with the ocean. Their occurrences in Lake Baikal, along with abundant salmon, point to a change in the physical geography of the district. They suggest that in former times an arm of the sea stretched from the Arctic Ocean to the site of the present lake.—Family Herald.

An Elephant's Teeth.

The elephant has what a dentist calls "magazine gun teeth" because of the curious fact that when the big pachyderm wears off a front tooth it is replaced by the one just behind it. The whole row moving up a tooth. It is said this takes place continually, so that he always is guaranteed a set of teeth, no matter how many he wears out.

HAD RHEUMATISM FOR FIVE YEARS

No Return of the Trouble Since Taking "FRUIT-A-TIVES"



MR. JOHN E. GUILDERSON

P. O. Box 128, Parrsboro, N. S.

"I suffered with Rheumatism for five years, having it so badly at times I was unable to get up without assistance. I tried different medicines I saw advertised and was treated by doctors in Amherst, also in my home town, but the Rheumatism came back.

In 1916, I saw in an advertisement that 'Fruit-a-tives' would stop Rheumatism, and took one box and got relief; then I took them right along for about six months and the Rheumatism was all gone and I have never felt it since.

Anyone who would care to write me as regards 'Fruit-a-tives' I would be glad to tell them what 'Fruit-a-tives' did for me."

JOHN E. GUILDERSON,

Contractor and Mason.

50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa, Ont.

"Mickey" is Coming

Millerton Women's Institute

On Thursday evening January 15 the Millerton Women's Institute met at the home of Mrs. C. Clifford Crocker Millerton; the President, Mrs. P. M. Henderson, in the chair. Roll call was answered with "Thoughts for the New Year."

On motion the meeting placed itself on record as being in favor of Mother's Pensions and the Executive Committee were instructed to forward a copy of a resolution to the Provincial and Federal members.

The Programme Committee submitted a program for six months which was accepted.

Misses Daisy Peterson, Pauline Crocker and Edna Kerr were appointed a committee to prepare a Valentine Entertainment for the February meeting which will be held at the home of the President.

The programme for the "Parliamentary Rules and Usages" was briefly discussed after which the President introduced Rev. E. Rowlands who delivered a very interesting and entertaining address on "Woman, Her Place and Power." A vote of thanks was extended to Mr. Rowlands.

Miss Bernice Crocker rendered a piano solo.

12 members, 3 visitors and 1 new member present.

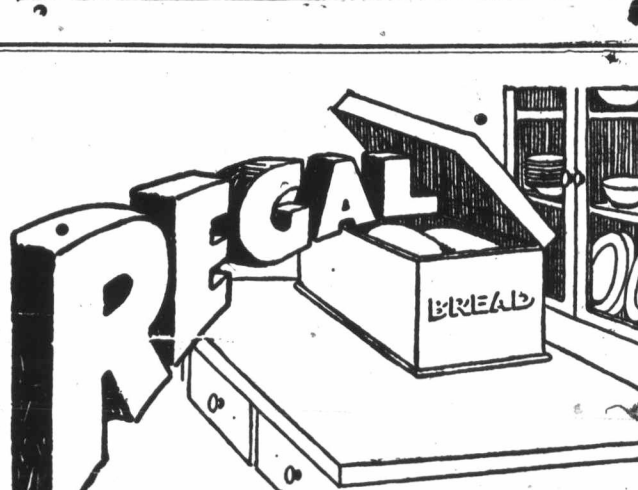
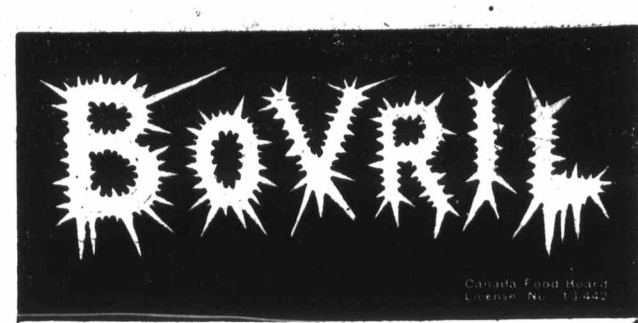
Luncheon was served by the hostess.

IN MEMORIAM

In sad and loving memory of Mrs. Henry Watercon who died January 8th 1919 at her home at Kingston Rectory, King's Co.

Gone dear Zaida, gone forever, How oft we miss your smiling face. But left us to remember, None on earth can take your place. The happy hours we once enjoyed How sweet the memory still But death has left a loneliness This world can never fill.

ALL HER LOVED ONES



The Big Value in FLOUR

YOUR BREAD BOX will never disappoint you if the loaf you take from it is "REGAL" made.

The St. Lawrence Flour Mills Co. Limited MONTREAL

Look Carefully over the List Below and

We are sure you will be Interested in our Special Offers DURING the MONTH of JANUARY

FURNITURE DEPARTMENT

Writing Desks
Morris Chairs
Jardiniere Stands
Pedestals
Music Cabinets
China Cabinets
Hall Seats
Hall Mirrors
Umbrella Stands
Rocking Chairs
Card Tables
Tea Trays
Buffets
Library Tables
Sectional Book Cases
Work Baskets

And many other Suitable Gifts too numerous to mention.

Winter Goods DEPARTMENT

Sleighs and Robes
Ladies' Muskrat Jackets
Ladies' Fur Lined Coats
Men's Fur Lined Coats
Men's Coon Coats
Setts of Furs
Sleighs
Horse Rugs

Just unloaded two cars of **Brockville Sleighs** which include the latest designs with Auto Seats and fore doors. For finish and workmanship these sleighs cannot be excelled. Call and see our exhibit and get our prices.

THE HOUSE OF EASY PAYMENTS

THE LOUNSBURY COMPANY, LIMITED

NEWCASTLE, N. B.