I really could not live without "Fruit-a-fives"

FENAGHVALE, ONT. Jan. 29th. 1910. FENAGHVALE, ONT. Jan. 29th. 1910.
"For thirty-five years (and I am now a man over seventy) I have been a terrible sufferer from Constipation. No me. Ter what remedy or physicians I employed, the result was always the same—impossible to get a cure. About two years ago, I read about 'Fruitatives' and I decided to try them.

I have used 'Fruita-tives' ever since. They are the first and only medicine that suited my case. If it were not for 'Fruita-tives' I am satisfied that I could not live' JAMES PROUDFOOT.



The greatest remedy in the world for all forms of Indigestion and Dyspepsia, is "Fruit-a-tives". Doctors as well as hundreds of people proclaim it.
"Fruit-a-tives" cures all stomach troubles because it makes the liver active, strengthens the kidneys, purifies the blood and keeps the stomach sweet and clean. "Fruit-a-tives" is the only remedy made of fruit juices.
50c. a box, 6 for \$2.50. or trial size, 25c. At all dealers, or sent on receipt of price by Fruit-a-tives Limited, Ottawa,

## PRESENTATION TO HENRY CURRY

On Wednesday 27th December, a smoker was held in the I O O F Hait, Campbellton, at which Mr. Henry J. Currie was presented with an address and a P. G. Jewel. Mr. Currie suitab!y replied, thanking the brethren for the kindness he had always re-

ample of zeal and activity which we should all strive to emulate. We feel that any measure of suc cess that may have been attained ..lowship.

it as a reminder of the best wishes that go to you from each and all

2r. de Van s Fernate Pills
Arcian e d'each regulator mover falls. These
pille are excredingly powerful in regulating the

REV. C. W. GURDUN.

REV. C. W. CURLOIA.

Rev. Charles William Gordon B.A.
D.D., L.L.D., F.R.S.C., or as he is more widely known, Ralph Connor was born in the country, at the time of his birth the place was almost the Packwoods. It was the early training of Indian Lands, Glengarry Co. Gott, which we see reproduced in the broad manly atmosphere of Ralph Connor's books. No city bred mar would possibly warm the imagination, and make the reader yearn for the broad open country, the home of highest better things as loes he. The future Ralph Connor received his first smatterings of cducation at the Public School of Athol Ont. One imagines however, that it was the care ful tuition of his father, the Rev Paniel Gordon which made him yearn to taste more of the fruit of education, rather than the village sencol. Still the impressions of his early days have always remained with him and we find them brought vividly before us in some of his masterpieces. After arblic school he was sent to the High School of St. Mary's, Ontario. From there he matriculated into the University of Toronto, graduating with the class of 1883. After taking his Arts course, the future author applied himself to the study of theology at Knox College. In order to obtain a broader and wider outlook on his Ralph Connor crossed the water, and studied at New College Edinburgh for a year.

Before returning to take up his life.

year.

Before returning to take up his life york in Canada, he made, in commany with five friends, a bicycle tour f the continent.

Upon his return to the Dominion be took up his task with gria determination to succeed. The now kee. Ar Gordon was sent as a missionary the Rockey Mountains. He did his work thoroughly and labored for the spirit



RALPH CONNOR

season pass without expressing to you cur sincere appreciation of your work and efforts on behalf of North Star Lodge.

As Inspector of the work of constructing our new hall you have ever been watchful of our interests, and your practical mind has brought to a successful issue the many advantages and comforts with which we find ourselves surrounded in this sp'endid hall.

As Degree Master you have always endeavored to have the work upon the florr performed with dignity and grace, and in this work you have shown us an example of zeal and activity which

Br. Grenfell's New Appointment.

in this important work is due entirely to your untring energy and wholesculed devotion to Oddfellowship.

We would therefore respectfully ask that you accept of this Past Grand's Jewel as a slight token of our appreciation of the work you have so satisfactorly performed on behalf of North Star Lodge.

May you long te apared to wear it as the profits, and English fish merchants are to take their supplies direct.

Immation Bad For Us.

Signed on behalf of the Lodge, illuminate as, their enthusiasm warm D. F. Graham, N. G. us their enthusiasm warm not however lose our own identity or quench our own powers in the valuations, to live their enthusiasm warm to the spirit animate us. We must not however lose our own identity or quench our own powers in the valuations, to live their lives or to imitate heir actions.

Music is the literature of the heart; commenced when speech ands. Lamarime (1792-1889).

**AFTER** 

7 YEARS

I Was Cured by Lydia E. Pinkham's Vegetable Compound

Waurika, Okla.—"I had female troubles for seven years, was all run down, and so nervous I could not do anything. The doctors treated me for different things but did me no good. I got so bad that I could not sleep day or night. While in this condition I read of Lydia E. Pinkham's Vegetable Compound, and began its use and a short time I had gained my average weight and am now strong and well."—Mrs. Sallie Stevens, R. F. D. No. 3, Box 21, Waurika, Okla.

Another Grateful Woman

Another Grateful Woman

Another Grateful Woman

London, Ont.—I feel as if I could not tell others enough about the good Lydia E. Pinkham's Vegetable Compound has done for me. I was so weak and tired that I could not rest nights. A friend recommended your Compound and I soon gained health and strength and could not wish to sleep better. I know other women who have taken it for the same purpose and they join me in praising it.—MRS. WM. A. BUFFY, 905 Dame St., London, Ont.

Lydia E. Pinkham's Vegetable Compound has surely cured many cases of female ills, such as inflammation, ulceration, displacements, fibroid tumors, irregularities, periodic pains, backache, that bearing-down feeling, and nervous prostration.

tual good of the region with all his indomitable energy. The Reckles were inhabited by a rough and ready lovet the youthful divinity graduate shouldered his task and came ou with flying colcurs.

The impressions he received were indelibly stamped on his mind and they make some of the most thrilling passages in his books. Since 189-the Rev. Dr. Gordon has been it charge of St. Stephen's Church Win mipes.

Miss Atkinson Renews Acquaintance With Campballton.

massaging the affect of parts thoroughly when applying Chamberbain's Liniment. This liniment also relieves cheumatic pains. Fer sale

McKENZIE-1:00D

A very quiet event took place at

ents showing the esteem in which they were held by all. Their may friends wish them long tife and porposity. Mr. and Mrs. McKenzie will reside in Blackville.

Subscribe for

THE NAME OF LALLACA

Called after Amerigo Vespucci an chance of apain.

In the integrating town of n F each Lorrance these will n / onen Lorrane, the y feet a cecerrent crest to people of in word, and in a resort it lay. It was a peur nundreath annual thication there of the work by Martin which America was a which America was a market by martin which we have a which America was a contract to the contract of the work by Martin which America was a which America was a contract to the contract of the work of the contract of contract of

which by Martin which America was a ner of the New Wor. put upen Columbia in this connection

put upon Columbus in this connection, some have denounced while the special vession who, like Columbus, was an Italian sailing under the most of Spain—for "stealing" the more due the real discoverer.

But the chief wrong, if any was done, was committed by the verman reographer in the book which was published in 1507, and on the map which he published a year or so later. On that map the name America was applied, however, only to the solution part of the New Year of the normer lart was called Parias

It is possible, perarps probable, that

art was called Farnas
It is possible, perarps probable, that
the mainland of handical and it was
expuced who gre not the naportant
act that a new forthernt had been
ound, and not singly a part of Asia
of that fact Columbus deed in senor-

But rightly or wrongly, the hame of America Vespueci, trader, trader, that ind write, was given to the Newworld, and given to remain located, and now a lofty ower rises among the hills of Lorraine to commenderate he suggestion which resulted in the estimation.

A Great Man
We cannot look, however imperfective, upon a great man, withor gaining something by him He is the living life-fountain, which it is good and pleasant to be near; the light which enlightens, which has enlightened, the darkness of the world; and this not as a hatteral luminary as I say, of native original insight, of manhood and heroic notieness, in whose radiance all souls feel that it is well with all souls feel that it is well with

Saccessful Soldier of Fortune. Successful Soldier of Fortune.

Gen. 'Kaid' Beiten, the young Engarish soldier who led 67,000 troops to a victory which placed Mulai Hafid on the throne of Morocco, is visiting this country. He won his commission at the age of twenty-one for gallantry on the field during the Boer war, attributing his success in that particular engagement to "your Yankee rapid" youngus." He was the youngest aptain in the army at twenty-three, in 1903 he went to Morocco and east his fortune with Mulei Hafid, the pretender to the throne, who was it ally successful.

And the second to the second to the delivery of the second to the delivery of the second to the seco

The Fountain at the Corner.

Beranger is best known for his beechanalian songs. One night he was at supper with Dumas, the elder. The younger Dumas, who was precent was passing through his charge course and at that per an account of the period of the per

Campbellion on the 20th Dec, when Miss Grace Elizabeth seems daughter of Megand Mrs Robert Good of Dalhousie Jet, was united in the holy bonds of matrimony to Mr. James McKenzie of Blackville The Rev. T. P. Drumm was the officiating clergyman. The bride looked very charming in a tailored suit of navy blue diagonal serge with hat to match. The bride received magazefal contents showing the esterm in which they were held by all. Their may priced with them long tife and possible to the many friends wish them long tife and possible.

Don's for Eet Days,

Don't walk on the tunny side of the street more than is necessary.

Don't walk rapidly Step to g enough to cool of H.

Don't try to stop the free flow of parapiration.

perspiration.

Don't drink too repidly Sip your the Advocate. Don't drink too much water - Just Children Cry for Fletcher's

in the fer over the reals, has been the signature of the fer over the reals, has been the signature of the fer over the reals, has been made under his persent quartision since its infancy.

All Counterfully, Individues and "Just-as-good" are but Experiments that this with and andanger the health of Infants and Children-Experience against Experiment.

What is CASTORIA

Castoria is a Lectures substitute for Castor On, Paregorie, Bropa and readilities for Castor On, Paregorie, Bropa and readilities system. It is pleasant. It contains nearlies option, Northbor one other Narcotle substance. It age to the provincine. It destroys Worms and allays Fewerlchuess. For more than thirty years it has been in constant use for the relief of Constipation, Finitelency, Wind Calle, all Teething Troubles and Diarrheas. It revealed the story was and Bowels, issimilates the Paul, giving healthy and vatural sleep. The Children's Paracca-The Pacture's Friend.

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In Uso For Over 30 Years THE CENTAUR COMPANY, 7/ MURRAY STREET, NEW YORK CITY.

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F. H. Gough

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BLACKSMITH

# ROYAL **Baking Powder Economy**

The manufacturers of Royal Baking Powder have always declined to produce a cheap baking powder at the sacrifice of quality.

Royal Baking Powder is made from pure grape cream of tartar, and is the em liment of all the excellence possible to be attained in the highest class baking powder.

Royal Baking Powder costs only a fair price, and is more economical at its price than any other leavening agent, because of the superlative quality and absolute wholesomeness of the food it makes.

Mixtures made in imitation of baking powders, but containing alum, are frequently distributed from door to door, or given away in grocery stores. Such mixtures are dangerous to use in food. In England, France, Germany and some sections of the United States their sale is prohibited by law. Alum is a dangerous mineral acid, and all physicians condemn baking powders containing it.

The label of alum baking powders must show the ingredients. READ THE LABEL

Don't drink too Pelidis S. S. Selle THE ADVOCATE \$1.00 PER YEAR