

HEALTH AND HOME HINTS.

Home-Made Candies.

Peanut Brittle.—Put one cupful of molasses, six cupfuls of brown sugar, and one cupful of water in a deep kettle, and boil until, when dropped in cold water, it can be rolled to a hard ball between the thumb and fingers. Add three pinches of salt and broken peanuts, boil five minutes more, then add two heaping tablespoonsful of butter, take from the fire and stir till the butter is melted. Add one teaspoonful of baking soda, and stir quickly. As the candy begins to rise, pour at once on well-greased pans, spreading as thin as possible.

Cocoanut Candy.—Use a good-sized thick bottomed kettle or saucepan. Put in it one cupful of sugar, one cupful of molasses and a piece of butter the size of an egg, and boil until a little dropped into cold water can be rolled into a firm ball. Take from the fire, and stir into it as much grated cocoanut as possible. Mould into balls or cones, and stand on a buttered plate till cold.

Chocolate Carnels.—Boil slowly together one pound of brown sugar, one-half cupful of molasses, one-quarter of a pound of grated chocolate, one-half cupful of cream, and one tablespoonful of butter until it is like very thick molasses. Take from the fire, add one teaspoonful of vanilla, and pour into straight-sided buttered pans, marking in squares when partly cold.

Peppermints.—Boil one pint of granulated sugar and one cupful of water, without stirring, until a little dropped into cold water can be rolled into a very soft ball. Take from the fire, add ten drops of essence of oil of peppermint and stir slowly till the syrup becomes cloudy, then drop from a spoon on paraffine or buttered paper.

Butterscotch.—Boil together two cupfuls of granulated sugar, one-half cupful of molasses, one cupful of butter, one-third of a cupful each of vinegar and water. Cook steadily until, when a little is dropped in cold water, it will snap. Pour at once into shallow pans; do not have it more than a quarter of an inch thick. Mark into squares before it hardens.—Table Talk.

LIGHT GINGERBREAD.

Put one cupful of sugar, one cupful of molasses, one-quarter cupful of butter, one level teaspoonful of cinnamon and two level teaspoonfuls of ginger together in a saucepan, and heat slowly until the butter melts; then beat hard. Add one cupful of sour milk with a level teaspoonful of soda dissolved in it, and last five cupfuls of flour. Beat, turn into shallow pans, bake in a moderate oven, and serve fresh, or while slightly warm. Do not cut this gingerbread, but break it apart.

A MORNING STIMULANT.

An egg beaten in a cup and the cup filled with coffee should be given to one with a jaded appetite before breakfast. Stir the egg rapidly while pouring the coffee over it to prevent its curdling. Cream or milk and sugar should then be added as usual. Do not wait until the person becomes really ill before using strengtheners. They are for the anemic person, those who are recovering from an illness and those who are in condition, which, if long continued will result in serious illness.

Christ may go to the sepulcher and all hope that he was to be the restorer of Israel may lie buried with him in the tomb. "We trusted that it had been he!" But love will come with its spices and anoint his body. Whatever eclipses the grave may have for tomorrow it has none for yesterday. But even the grave may bring a resurrection of faith.

AFTERNOON RECEPTIONS.

The following hints for these functions, taken from Table Talk, will be appreciated:—

Invitations for afternoon receptions are on cards the size of an ordinary visiting card and contain simply the name of the hostess, her street address, if necessary, and in the lower left-hand corner "Tea from four to six," or whatever may be the hour; indeed, unless the reception is a large and very formal one the ordinary visiting card may be used, the hour being written on it. The parlors, hall and the room in which refreshments are served are in their best attire; if in cold weather a side or upper room should be open in which guests may leave their wraps. The hostess wears a handsome afternoon gown; those who assist her—if young girls—may wear simple white gowns, but evening toilet is tabooed. The refreshments are more or less simple according to the ideas of the hostess and the number of guests invited; if a large number are expected they are usually of simple character. Sandwiches, finger rolls or perhaps tiny bread and butter folds; cut or fancy cakes such as macaroons and tiny iced cakes; bonbons; tea, coffee, cocoa or chocolate and whipped cream—these are all that society requires. Being simple, each should be the best of its kind. The sandwiches should be tiny and so carefully put together that they will not soil gloved fingers; the rolls should not be greasy; if biscuits are chosen they should be tiny and crisp. The beverages should be piping hot, the cups should never be more than three-quarters full. Guests do not sit down to a table. If friends are asked to assist the hostess several small tables may be set, a lady pouring tea at one, while coffee is found at a second table and cocoa at a third. In this case small plates containing some of the sandwiches and cakes may be on each table. The guests go to the table containing the beverage she prefers, chats with the friend in charge, and when finished a maid takes cup and saucer. Napkins are not generally provided. If the reception is of a less informal character the hostess will ask the preferences of her guest and a maid will bring the filled cup.

"Let the GOLD DUST twins do your work."



More clothes are rubbed out than worn out.

GOLD DUST

will spare your back and save your clothes. Better and far more economical than soap and other Washing Powders.

Made only by THE N. K. FAIRBANK COMPANY, Montreal, Chicago, New York, Boston, St. Louis. Makers of COPCO SOAP (toilet cake)

ACHING KIDNEYS.

Made Sound and Strong by Dr. Williams' Pink Pills.

There is probably no one in the town of Paris, Ont., who does not know Mr. Samuel G. Robinson, and who will not readily accept his word when he says that Dr. Williams' Pink Pills cured him of an obstinate case of kidney trouble after other treatment had failed to give him more than temporary relief. To a reporter of the Star-Transcript Mr. Robinson freely gave permission to publish a statement of his case in the hope that his experience might benefit some other sufferer. He said: "I have suffered from kidney trouble for about three years. Sometimes my back ached so severely that I was unable to work, and at times it was almost impossible for me to straighten up. I had to urinate very frequently and often had to get up several times during the night. At different times I was under the care of doctors, but I only got relief for a time. I also tried a number of medicines and backache plasters, but none of them helped me and I began to think the trouble could not be cured. One day during a conversation with a friend he asked me why did I not try Dr. Williams' Pink Pills, saying that he had used them and they had done him much good. I decided to try the pills and it was not long before I felt greatly benefited. I continued using the pills for some time longer and I am glad to say that every vestige of the trouble has disappeared and I am now as well as ever. Dr. Williams' Pink Pills have proved a blessing to me and I gladly recommend them to anyone similarly afflicted."

Dr. Williams' Pink Pills are the greatest cure in the world for all the common ailments of men and women—for all weakness and weariness, and backaches and headaches of anaemia; all the heaviness and distress of indigestion; all the pains and aches of rheumatism, sciatica and neuralgia, and all the ill health that follows the disturbance of regularity in the blood supply. All these ailments are caused by bad blood and Dr. Williams' Pink Pills actually make new, rich, red blood. They strike straight at the common root of disease. But you must get the genuine pills with the full name Dr. Williams' Pink Pills for Pale People on the wrapper around each box. Sold at 50 cents a box or six boxes for \$2.50 by all dealers or the Dr. Williams' Medicine Co., Brockville, Ont.

The electrician cannot charge your body with electricity while a single thread connects you with the ground and breaks the completeness of your insulation. The Lord Jesus cannot fully save you while there is one point of controversy between you and him. Let him have that one last thing, the last barrier and film to a life of blessedness, and glory will come, filling your soul.—

UNLIKE
EVERY
OTHER
SYSTEM

KELSEY

WARMING & VENTILATING

IS THE MOST

HEALTHFUL, EFFICIENT, ECONOMICAL.

For the Home, Church, or School.

50,000
PLEASED
KELSEY
USERS

THE JAMES SMART MFG. CO. LTD. BROCKVILLE, ONT.