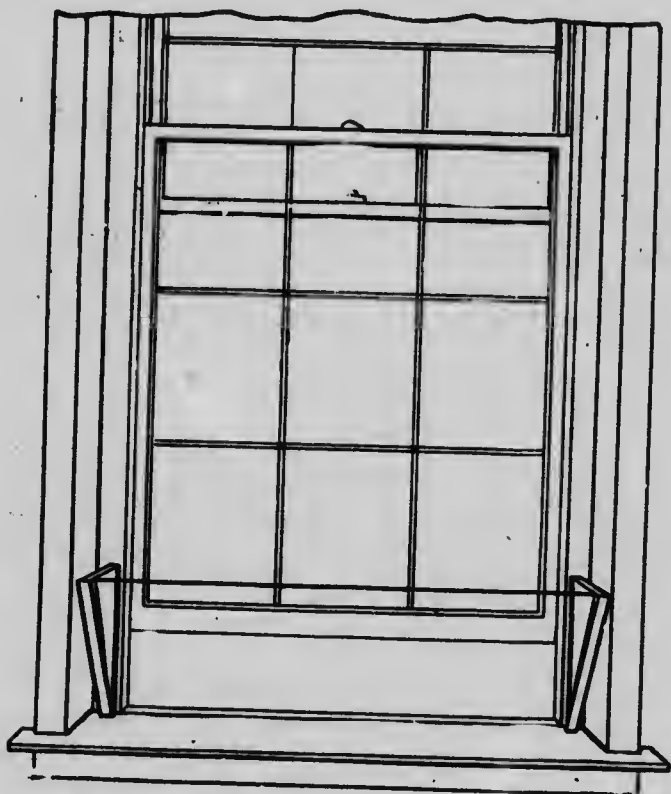


## RED CROSS MANUAL

In winter, ventilation is best secured by a window-board from eight to twelve inches wide. The length of the board is equal to the width of the window-frame. The edge of the board rests on the window-sill four in-



VENTILATOR—Window may be slightly raised for an inlet, a glass, wooden or stiff cardboard screen being used to deflect air upward.

ches from the window. The ends are attached firmly to the window-frame. When the window is slightly open the cold air is diverted upwards. Otherwise it sinks and forms a chilling layer on the floor of the room.

A fireplace or a stove helps to ventilate a room by drawing in fresh air from outdoors and keeping the air in motion.