



**MULLED WINE**

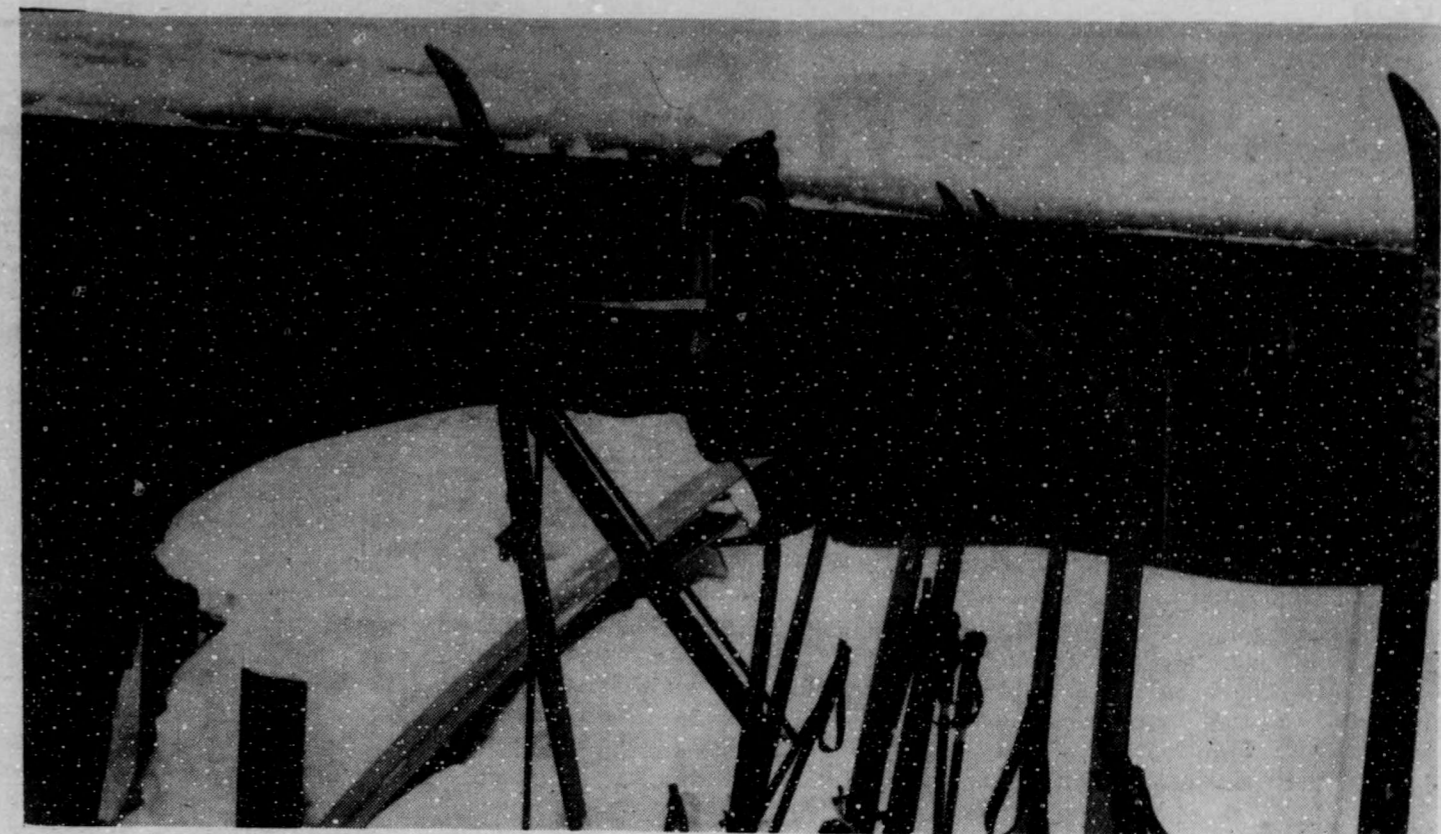
For each liter of red wine add 1/2 liter of water, a few cinnamon sticks, a dash of whole cloves and some cut up oranges and lemon.

Heat on very low (heat to just under the boiling point but make sure it doesn't boil) and let it mull for 1/2 hour to 45 minutes.

Pour into mugs and enjoy...



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This Sunday is Valentine's Day. This Sunday is also the last in a series of five that King's Landing Historical Settlement is open to the public this winter. Activities at King's Landing include sleigh rides, cross-country skiing, skating and snow shoeing. For all you romantics out there it's a wonderful opportunity to have fun by spending a day frolicking in the snow together. What could be more romantic? Or have a more romantic setting?

King's Landing is very quiet and peaceful in the winter time. The settlement is covered in a soft blanket of snow and the houses sleep peacefully underneath it. The roads in the settlement have been cleared and you can just stroll slowly from one end of it to the other if you don't

want to engage in vigorous physical activity.

When you arrive at King's Landing and walk through the gates into the settlement a team of horses will take you on a sleigh ride down among the houses. There are two teams and one mare is expecting a foal shortly. The mild activity of pulling a sleigh is good winter-time exercise for the huge animals and great fun for adults and children alike.

If sleigh rides are not to your liking, there are cross-country ski trails that also start inside the gates. There are about 3 miles of trails that run through the settlement and over the ice on the river. For amateurs and experts alike cross-country skiing is a fulfilled activity - especially in such peaceful surroundings.

If you decide to take a sleigh ride you will be taken from the gates to Joslin's farm, (where the horses return to the gates)

and you will have to walk down to the Mill Stream where the ice has been cleared of snow and you can spend a couple of hours skating. Whenever you get cold you can warm yourself over the fire that has been lit nearby.

For the younger members of the public there is also tobogganing to bring red roses to pale winter cheeks. And for those who know how - snowshoeing is an activity that requires no trails and can be done anywhere where there is snow. King's Landing furnishes the perfect environment.

After a few hours of skiing, skating, snowshoeing or even just walking peacefully - a good hot drink in front of a roaring fire is needed to help thaw fingers and toes. The King's Head Inn is open for drinks and serves such heartwarming concoctions as mulled wine and hot cider. For those who prefer something more conven-

tional there is also hot cocoa and beer.

In the King's Head Inn the fire roars in the fireplaces, the talk flows easily in the warmth and the feeling of camaraderie can almost be seen as one walks in the door.

If after your day in the snow you are hungry, the reception centre serves rabbit pie, beans or smelt to satisfy that hearty appetite that has been awakened during the day's activities.

For an activity that has been put together with "little fanfare and low cost," the Sundays at King's Landing are very successful. There is all the stuff Romance is made of in rollicking in the snow and then warming yourself in front of a fire with a mug of something hot, or satisfying that wolfish appetite which has grown during a day outside and then returning home tired but satisfied. And a good time was had by all.

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