

THERE'S nothing like a good soup to pave the way for a good dinner. And there's nothing like Armour's Extract of Beef to give that indescribable relish and savour to soups.

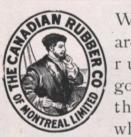
Armour's Extract of Beef gives the rich, tasty, appetizing flavor of roast beef to all meat dishes.

"My Favorite Recipes" tells of many ways in which Armour's Extract of Beef may be used. Sent free on receipt of one metal cap from a jar of Armour's Extract of Beef. Address, Armour Limited, Toronto

Armour's Solid Extract of Beef







When you are buying rubber goods ask the clerk who waits

on you to show you the trade mark (JACQUES CARTIER) behind which the largest rubber manufacturers in America stand to refund the purchase price if the goods are not exactly as represented. Remember the trade mark.

The Canadian Rubber Co. of Montreal, Limited

SALES BRANCHES: Halifax St. John

Toronto Winnipeg Calgary Vancouver

PROFITABLE EMPLOYMENT

It is easy to secure subscribers to the CANADIAN COURIER, also very profitable work. Write F. O. Campbell, 61 Victoria St., Toronto.

Military Training in Schools.

THE agreement between the Militia Department of the Dominion and the Education Department of Nova Scotia for the encouragement of physical Scotia for the encouragement of physical and military training in the Nova Scotia schools is due mainly if not entirely to the initiative of Sir Frederick Borden. The movement cannot fail to improve the physical condition of the youth of Sir Frederick's native province and it is in keeping with the general tendency of the day. Nor need any timid citizens fear that this measure means undue militarism or encouragement of a spirit of aggression. Switzerland, one of the most democratic countries of modern times, is punctilious regarding the training

of the most democratic countries of modern times, is punctilious regarding the training of her citizen soldiers.

Inspector James L. Hughes, of Toronto, has received a letter from London, Eng-land, stating that Lord Roberts has grahas received a letter from London, England, stating that Lord Roberts has graciously sent an autographed photograph of himself, for presentation to the Dufferin School as a mark of his appreciation of the excellent work of the Cadet Company in connection with Dufferin School during the past year and also in expression of his thanks to the Dufferin School for the gift of a Canadian flag to the Lord Roberts' Boys in London. The portrait of Lord Roberts is framed in English oak.

The communication informed Inspector Hughes that the Council of the National Rifle Association of Bisley has recently granted a site at Bisley Camp for a School Boys' headquarters. The suggestion is made that boys from all parts of the Empire should take part in the annual rifle match at Bisley. It is proposed to erect a camp for the boys of the Empire at Bisley, and to defray expenses by selling a postcard which Lord Roberts is besieved.

camp for the boys of the Empire at Bisley, and to defray expenses by selling a postcard which Lord Roberts is having prepared. Dr. Hanson, who is at the head of the Lord Roberts' Boys of London, urges Inspector Hughes to send a team of four or eight boys next year, and says: "Mrs. Hanson will mother the boys, and Mr. Alfred Mosely has offered private hospitality for them if necessary while they are in England."

Mr. Hughes, when interviewed by the "Courier," admitted having encouraged the Dufferin boys to send the Canadian flag to the young Londoners and gave permission to use the following quotation from a letter addressed to him by Dr. Reginald J. E. Hanson:

"Your kind letter and message, full of patriotism and firm confidence in the splendid grit of British boys the world over, gave us all great delight. I happened to have it with me when I last şaw Lord Roberts, and he has for the moment impounded it in order to show it personally to the King."

Military training in the schools, if pro-

to the King."

Military training in the schools, if properly carried out, will give Canada a host of clear-eved, well-set-up young "graduates" who will be the best assurance of the country's protection. For their own sakes and in the interests of the state let us have such fine cadet corps all over the country, who will live up to Mulvaney's instructions of "Shoot straight, keep clean, honour the King." honour the King."

The "All-Red Route."

The "All-Red Route."

THE departure of Mr. Clifford Sifton from Canada to Great Britain for the express purpose of discussing with the British Cabinet the "All-Red Route" indicates that this great project is drawing nearer to its accomplishment. He may be trusted to press with all his skill the arguments in favour of a service of 25-knot steamers from the west coast of Ireland to Canada, which would bring that great and growing State within four days of the Mother Country.

If the fast Atlantic service is accompanied by a corresponding acceleration of the Pacific service, which is already promised by the Canadian Pacific Railway Company, the voyage to Australia and New Zealand will be shortened by several days. It will, indeed, be easier to reach the Antipodes than it was a century ago to make the comparatively short journey from London to Rome or Naples. Each successive advance in speed means the dwarfing of the

advance in speed means the dwarfing of the



GONZALEZ & BYASS' IDOLO SECO SHERRY

Bottled in Spain only.

Is the classic wine of Jerez; full, rich, mellow, and possesses an exquisite bouquet. For sale at all leading Hotels, Cafes, Restaurants and Wine Merchants all over the World.

LAWRENCE A. WILSON CO., Ltd. AGENTS, MONTREAL



