1914

g foots jolly th, and

nd on, grand stand-

chang-

little ht. It

Indeed

iving-

vly we

h her

Sofa,

of the

r eyes Why?

d our

e we

oot of

rst of

re we

camp

lake

after

reat

our

till

on,

is

ist-

asy

the

our

of

the

he

er,

ıer

ner

ith

ed

ot.

nd

#### A June Romance in Muskoka

"To have, to hold, to love, you, Forever and a day-

Lightly sang Dorothy Blake. Her companion glanced curiously at her from under the brim of his tourist's

"How young and how buoyant she is," thought he with a sigh. He felt a stir under his breast pocket while he watched the rhythmic motion of her slight figure as they slowly rounded the

curve at the top of the little hill.

The snatch of song died away on her lips as she suddenly stood still and gazed spell-bound before her. At the foot of the hill, not fifty feet away, a tiny bay nestled contentedly into a shrub-fringel bank. Just beyond the bay the blue waters of Lake St. Joseph stretched out to meet the still bluer sky. Wooly white caps rode on the waters as lightly as the fleecy clouds floated in the sky.

Eric Grant still watched her. He had visited Muskoka each summer for ten years and although its beauty still charmed him he had grown accustomed

"Oh," breathed Dorothy in a whisper, "Isn't it beautiful?"

He nodded his head in assent as her brown eyes met his. A little breeze played with her curls and blew them in confusion about her face and forehead. Again he was conscious of a peculiar flutter in his breast.

"See those water lilies. Aren't they lovely?" She spoke half to herself, almost forgetting him.

"Yes, they are lovely," admitted Eric. He was thinking of brown curls and two brown eyes. He turned to reassure himself and smiled meditatively.

"How I wish-" she began regret-

fully. "What do you wish, Miss Dorothy?"

he queried.
"Quite an impossible thing, Mr. Grant. But how I wish my Walter could spend two whole weeks in this country with nothing to do the live-long day but ramble through these delightful woods, pick posies, gather curios, hunt bugs, and go boating, bathing and swimming as I

#### Think Hard

It Pays to Think About Food.

The unthinking life some people lead often causes trouble and sickness, illustrated in the experience of this lady.

"About four years ago I suffered dreadfully from indigestion, always having eaten whatever I liked, not thinking of the digestible qualities. This indigestion caused palpitaton of the heart so badly I could scarcely walk up a flight of stairs without stopping to regain breath and strength.

"I became alarmed and tried dieting, wore my clothes very loose, and used other remedies, but found no relief.

"Hearing of the virtues of Grape-Nuts and Postum, I commenced using them in place of my usual breakfast of coffee, cakes or hot biscuit, and in one week's time I was relieved of sour stomach and other ills attending indigestion. In a month's time my heart was performing its functions naturally and I could climb stairs and hills and walk long distances.

"I gained ten pounds in this short time, and my skin became clear and I completely regained my health and strength. I continue to use Grape-Nuts and Postum for I feel that I owe my good health entirely to their use.

"I like the delicious flavour of Grape-Nuts and by making Postum according to directions, it tastes similar to mild high grade coffee." Name given by Canadian Postum Co., Windsor, Ont

The most perfect food in the world. Trial of Grape-Nuts and cream 10 days proves. "There's a Reason."

Look in pkgs. for the little book, "The Road to Wellville."

Ever read the above letter? A new one appears from time to time. They are genuine, true, and full of human inhave. Poor boy." Again she spoke half to herself. Then gazing absently before her, she lapsed into silence.

Eric felt chilled. He did not know if he were called upon to say anything or not. But since he could say nothing sympathetic he too looked across the bay and silently watched the little mad caps dancing. He felt moody and admitted it to himself.

Her Walter? Who was he? Her lover he supposed. It was likely such a girl would have plenty of admirers, especially among those of her own age. Evidently this Walter stood highest in her favor. Perhaps he was a nice boy, but he didn't care for him. But why? He need not care. It didn't really make any difference to him. Of course not. ---was it possible?

He glanced quickly down at the girl beside him. The unconscious beauty of her—the woman of her. He caught his breath as he realized what she meant to him. For one dizzy moment he struggled against the revelation, then resolutely he pulled himself together.

"Quit it, you fool," he told himself.
"What business has a grouchy old bachelor falling in love with a girl of twenty anyway, especially when she is already in love with another fellow and in all probability engaged to him. Anyway, you've only known her two weeks and she's leaving to-morrow. Surely you knew better."

He straightened up and the lines about his Scotch mouth grew tight. With a little laugh he turned to her.

"You seem greatly pleased with this Muskoka, Miss Dorothy," he remarked awkwardly, almost nervously.

"I am, particularly with this locality. I never saw anything like it," she answered.

"Would you care to go down?" "Please."

Taking her arm he assisted her down the hill. The descent was not so difficult as it was rough.

"If all these stones were chunks of gold," ruminated Eric.

"If all the gold the world could hold On land and on the sea, Were all my own, just mine alone

How useless it would besang she. Her voice was well trained and Eric loved to hear it. He stood below her and listened as she finished. What need have I for wealth, and why Should I such things pursue,

When you are near, to love me dear, The world is mine when I have you." Quietly she hummed the last two lines over to herself. Eric was irritated. Was she teasing him? One look at her face convinced him she was not. She was

looking absently across the lake.
"Thinking about him," he concluded bitterly. He had a habit of jumping at conclusions. As a matter of fact, Dorothy was regretting her holiday was so near an end. She had enjoyed her-self in Muskoka. Such rambles! Suddenly it came home to her she had en-joyed the society of Eric Grant quite as much as the holiday—perhaps even more. Yes, it would be decidedly lonesome to go back home to it all to grind, grind, grind in the office for another year. Of course there was Walter. He

was a darling, but he wasn't Eric Grant. The last note died softly away. Somehow her thoughts and that song produced a heartache. She loved him. Of that she was certain. She was surprised at herself and mortified as well. Her love was unasked. What if he suspected? She glanced quickly at his face. Good gracious, how cold it appeared! Had he suspected?

"Do you know the song?" she asked. Anything to break this awful silence. "No, I don't," he answered grimly. He

impatiently kicked at a small stone. What blunders. Dorothy was almost ready to cry.

"Shall we go on?" he asked quietly. Without a word she gave him her hand and took a step forward. Then the catastrophe happened. Her ankle suddenly turned over, giving her a nasty wrench. With a little inarticulate cry she sank to the ground.

# Help Your Fellow-Citizens By Buying

### Made-in-Canada Goods

In that way your money remains in Canada and helps keep Canadian factories going.

# Kellogg's

# TOASTED CORN FLAKES

is the only cereal under the KELLOGG name that is "Made in Canada." All others are imported and do not benefit Canadian work people in the least.

#### LET YOUR MONEY HELP CANADIANS

Kellogg's Toasted Corn Flakes Made in London, Ontario Canada

