MC 2035 POOR DOCUMENT

IT must satisfy you.

If it doesn't, your dealer, backed by us, gladly returns your money.

Isn't that a sincere way to invite you to try it?

REGAL FLOUR

SHIPPING

ALMANAC FOR ST. JOHN, FEB. 19.

	A.M.	P.M
High Tide	10.00	4.24
Low Tide		
Sun Rises	7.23	
Sun Sets		5.53

Time used is Atlantic standard.

PORT OF ST. JOHN.

Cleared Yesterday.

Stmr Louisburg, Newman, Louisburg, Starr.

Schr Luella, Scott, Boston, C M Kerrison, 125,805 ft spruce lumber and 15,000 cedar shingles for Stetson, Cutler & Co.

Sailed Yesterday.

Stmr Wabana, Reside, Louisburg.

CANADIAN PORTS.

Halifax, NS, Feb 18—Ard, stmr Oruro, St John; Aragonia, Hamburg.

Sld—Stmr Chester, Philadelphia.

Louisburg, Feb 17—Sld, Hochelaga, St John.

BRITISH PORTS.

Liverpool, Feb. 18—Ard, stmr Mauretania, New York.

FOREIGN PORTS.

Havre, Feb 18—Ard, stmr Lake Erie, St John.

Vineyard Haven, Feb 18—Ard, schrs Willena, Gertrude, Kenneth C, New York.

Salem, Feb 18—Sld, schrs Herald, Calais (Me.); Rebecca M Wall, New York.

Portsmouth, NH, Feb 18—Sld, schr Ann J Trainor, Calais (Me).

IMPORTS

Local imports per S. S. Ninian, Liverpool: H. S. Daly, 200 bags beans; W. H. Hayward Co., 1 pkg. earthenware, 7 bdls. iron castings, 8 pkgs. hardware; J. A. Tilton, 40 cs. oranges; J. T. Estabrook, 31 cs. oranges; Nnodell & deBow, 52 cs. oranges; Scovil Bros., 1 cs. hosiery; order, 80 casks soda ash; Watson Jack Co., 40 casks sulphiate of copper; Robertson, Foster & Smith, 100 bales oakum; Magor & Son, 19 cs. chocolate; T. McAvity & Sons, 2 trusses of belting; Canadian Drug Co., 2 cs. bottles; J. Hilton, 20 cs. fog signals; G. Borgfeldt, 40 pkgs. mdse; Magee Ltd., 1 cs. hats; Cornwall & York Cotton Mills, 5 cs. paper tubes; O. H. Warwick, 1 pkge. earthenware; Rowland Marsellus Co., 8 pkgs. mdse.; F. Fales, 17 pkgs. mdse.; C. P. R., 482 pkgs. mdse; D. J. Seely & Son, 1 cs. woollens; Dom. Express Co., 2 cs. mdse.; H. C. Olive, L cs. lace; Marr Millinery Co., 1 cs. mdse; Vassie Co., 8 pkgs. goods; M. R. A. Ltd., 8 pkgs. goods; Anland Bros., 36 cs. mdse.; Brock & Paterson, 5 cs. mdse.; Macaulay Bros., 4 cs. mdse.; C. P. Rivay, 186 pkgs. mdse., 125 cs. walnuts, 6 cs. earthenware; R. Sullivan, 51 cs. whiskey.

Imports for New Brunswick points, per S. S. Ninian:

Moncton—Sumner Co., 2 cs. cutlery, 226 bales oakum; Dominion Textile Co., 3 cs. mdse.; order, 4 cs. mdse.

Fredericton—J. A. Morgan, 1 cs. hats; F. B. Edgecombe Co., 5 cs. goods.

Chatham—Order, 1 cs. goods.

Dalhousoie—Loggie Co., L bale nets.

Bathurst—1 bale goods.

Local imports per S. S. Montfort from London and Antwerp: S. N. Sancton, 3 cs. leather belting; W. C. Mullins, 32 cs. sauce; F. Fales, 2 cs. instruments, 1 cs. drugs; Wm. Thompson Co., 2 cs. paper; H. C. Olive, 6 cs. mdse.; J. O'Regan, 35 cs. gin; Robertson, Foster & Smith, 12 rolls sheet lead; T. McAvity & Sons, 17 rolls sheet lead; G. Borgfeldt, 125 pkgs. mdse.; W. H. Hayward Co., 7 cs. glassware; order, 7 cs. plate glass; Lazarus & Rosenfeldt, 31 cs. glassware; order, 8 cs. crockery; Magee Ltd., 1 cs. hats; W. H. Thorne Co., 32 casks, sheet zinc, 10 cs. electric lamps; order, 7 cs. glassware; order, 28 cs. chloride of barium; Robertson, Foster & Smith, 20 casks zinc sheets; order, 1,178 ingots; order, 1 cask grease; order, 20 cs. glass ware; Dominion Express Co., 7 cs. mdse.; Simms Co., 3 cs. wire.

St. Stephen—Ganong Bros., 25 cs. apricot pulp.

Fredericton—Louis Wolf Co., 3 cs. crockery.

Moncton—Order, 25 casks zinc sheets.

GROWS BEAUTIFUL, HEAVY HAIR

WE PROVE IT--25 CENT "DANDERINE"

Destroys Dandruff—Stops Falling Hair—Cleans and Invigorates Your Scalp—Delightful Dressing

To be possessed of a head of heavy, beautiful hair; soft, lustrous, fluffy, wavy and free from dandruff is merely a matter of using a little Danderine.

It is easy and inexpensive to have nice, soft hair and lots of it. Just get a 25 cent bottle of Knowlton's Danderine now—all drug stores recommend it—apply a little as directed and within ten minutes there will be an appearance of abundance; freshness, fluffiness and an incomparable gloss and lustre, and try as you will you cannot find a trace of dandruff or falling hair; but your real surprise will be after about two weeks' use, when you will see new hair—fine and downy at first— yes—but really new hair—sprouting out all over your scalp—Danderine is, we believe, the only sure hair grower; destroyer of dandruff and cure for itchy scalp, and it never fails to stop falling hair at once.

If you want to prove how pretty and soft your hair really is, moisten a cloth with a little Danderine and carefully draw it through your hair—taking one small strand at a time. Your hair will be soft, glossy and beautiful in just a few moments—a delightful surprise awaits everyone who tries this.

WASHINGTON BELLE TO WED NAVY MAN

Miss Alys Von L Meyer, daughter of the secretary of the United States navy, whose engagement to Lieut. Raymond Rodgers of the United States navy has just been announced.

TO PREVENT THE GRIP

LAXATIVE BROMO Quinine removes the cause. There is only one "BROMO QUININE." Look for signature of E. W. GROVE. 25c.

Hot milk as a nourishing and valuable drink in cold weather, especially in the case of colds, has no rival. For those who are unable to drink hot milk tea made with boiling milk in place of water will be found most nourishing and palatable. The tea should not be allowed to stand in the pot above five minutes before using.

Little Beauty Chats

By BLANCHE BEACON

Stooped Shoulders Should Be Blacklisted

THERE is one beauty ill that I know is really unnecessary, as any girl endowed with an average amount of intelligence can certainly keep her shoulders from stooping. This habit is purely a result of physical and mental laziness.

Why not brace up, Miss Round Shoulders, and for the next few months keep a vigilant eye on yourself? It will be well worth your while, as straight shoulders are a boon not to be despised by the lover of beauty.

When instituting this warfare against shoulders that refuse to carry themselves correctly, bear always in mind that the chest must be thrown up and out. When the chest is properly held, the shoulders will have to straighten, whether they will or no.

Do not make the common mistake of holding the shoulders in such an upright position that you look as if you were preparing to tumble over backwards. This position is most ungraceful and causes the back of your gown to wrinkle in a way that would give you the horrors could you but see it.

An exercise which is said to straighten bent shoulders, and which, therefore, you should make a friend of, is given below.

Place a wand across your back, letting it run out through the bent elbows as is shown in the accompanying illustration. The arms must be bent in such a way that the palms of the hands rest easily on the bosom.

Holding the arms and shoulders pressed back, walk slowly around the room for ten or fifteen minutes, taking long breaths.

Do as I suggest, Miladi of the drooping shoulders, and you will attain to a graceful carriage. And this is not all that this extremely simple exercise will do for you, as it has a pleasant way of strengthening the ankles and back.

Let me say here and now that you are making a great mistake if you sleep with your head on a fat pillow, as pillows are responsible for more stooped shoulders

than I like to think of. You will find that the girl who cherishes an aversion to pillows, and sleeps flat on her mattress, is a stranger to shoulders that sag.

Best Family Medicine

THE REMEDY YOUR GRANDFATHER USED

Mrs. M. Drolet

When tired and run down, when sick, for old people, in emergencies, at all times, it is the very best. In Mrs. M. Drolet's family it was of invaluable benefit to herself, her husband and her child.

"We always keep Duffy's Pure Malt Whiskey in our home, because of the great good it has done my husband, child and self. When we first heard of it we were all run down with hard work and decided to give it a trial. My husband had used it only one week when I noticed a decided improvement, which continued. I also used it when I was having change of life, and I obtained wonderful results and am a new woman today."—Mrs. M. Drolet, 2609 Caldwell St., Omaha, Neb.

Duffy's Pure Malt Whiskey

is an absolutely pure distillation of clean, selected grain, carefully malted and so processed as to remove, as far as possible, all injurious elements. It is manufactured for the purpose of supplying the profession and public in general with a reliable tonic and stimulant, and without question is the purest and best. It is a recognized specific to enrich the blood and build body and muscle, and in the prevention and relief of coughs, colds, and stomach troubles it has no equal. It makes the old feel young and keeps the young strong and vigorous.

BE SURE YOU GET DUFFY'S

Sold by druggists, dealers and hotels in SEALED BOTTLES ONLY. Get the genuine and beware of imitations. If your cork is unbroken, it is the genuine. If you can't procure it let us know and we will tell you how. Write for free doctor's advice and book of recipes for table and sick room. The Duffy Malt Whiskey Co., Rochester, N. Y.

The Canadian Drug Co., Ltd., Local Distributors.

KEEP THE CHILDREN'S BOWELS CLEAN NOW

If Tongue is Coated, Stomach Sour, Breath Feverish, Bowels Clogged Give "Syrup of Figs"

Children dearly love to take delicious "Syrup of Figs" and nothing else cleans and regulates their tender little stomachs liver and 30 feet of bowels so promptly and thoroughly.

Children get bilious and constipated just like grown-ups. Then they get sick, the tongue is coated, stomach sour, breath bad; they don't eat or rest well; they become feverish, cross, irritable and don't want to play. Listen, Mothers—for your child's sake, don't force the little one to swallow nauseating castor oil, violent calomel or harsh irritants like Cathartic pills. A teaspoonful of Syrup of Figs will have your child smiling and happy again in just a few hours. Syrup of Figs will gently clean, sweeten and regulate the stomach, make the liver active and move on and out of the bowels all the constipated matter, the sour bile, the foul, clogged-up waste and poisons, without causing cramps or griping.

With Syrup of Figs you are not drugging or injuring your children. Being composed entirely of luscious figs, senna and aromatics it cannot be harmful. Full directions for children of all ages and for grown-ups plainly printed on the package.

Ask your druggist for the full name, "Syrup of Figs and Elixir of Senna," prepared by the California Fig Syrup Co. This is the delicious tasting, genuine old reliable. Refuse anything else offered.

King's Daughters' Tea and Sale

A tea and sale which was largely attended was conducted by the Comfort Circle of The King's Daughters' Guild yesterday from 4 p. m. to 7 p. m. The rooms were handsomely decorated in red and white, and carnations and silver candle sticks with red candles added greatly to the appearance of the tables. Miss Pearl Clark, Mrs. T. C. Carter, Miss Gertrude Hennigar and Miss Muriel Turner replenished thetables; Mrs. L. M. Curren and Mrs. Barbour poured; Mrs. L. V. Price, Mrs. W. H. Nice, Mrs. Burpee Fowler, Miss Edith Dean, Miss Julia Hennigar, and Mrs. F. C. Smith served; Mrs. J. E. Edgett and Miss Gertrude Reid had charge of one candy table, while the other was looked after by Mrs. D. D. Walker and Miss Laura Robinson; Miss Jessie Holder and Miss Mott ushered and Mrs. Rothesay McLaughlin took the tickets at the door. The tea and sale was very successful.

LOCAL W. C. T. U. MATTERS.

A service in memory of Frances E. Willard, held by the W. C. T. U. in the Seamen's Institute yesterday. There were readings from the late Miss Willard's works, a solo by Miss Stella Fox and instrumental selections by Miss Beth Smith and Mrs. Black. Plans for aiding in the work of securing the franchise for women were discussed. Miss Pitt, superintendent of the St. John Girls' Association reported on the work of the society. Delegates were appointed to the provincial convention in Fredericton this month. Several new members were enrolled.

To Get Rid of Wrinkles and Bad Complexions

(From Beauty's Mirror).

It is more important now than during the period of profuse perspiration, to keep the pores clean. All cosmetics clog the pores. In winter this interferes greatly with elimination of waste material, injuring instead of aiding the complexion. Ordinary mercolized wax serves all the purposes of creams, powders and rouges, giving far better results. It actually peels off an offensive skin, at the same time unclogging the pores. Minute particles of scarf skin come off day by day, causing not the least pain or discomfort. Gradually the healthy, younger skin beneath peeps out, and in less than a fortnight you have a lovelier complexion than you ever dreamed of acquiring. Mercolized wax, obtainable at any drug store, is spread on nightly like cold cream and washed off mornings. One ounce usually suffices.

For removing wrinkles, without stopping the pores with pasty stuff, here's a never-failing formula: 1 oz. powdered saxolite, dissolved in 1-2 pint witch hazel. Bathe the face in this daily for awhile; every line will vanish completely. Even the first application gives surprising results.

ANOTHER WOMAN JOINS THE ARMY

Of Western Women Who Have Found Relief in Dodd's Kidney Pills

After Three Years of Suffering Madame Dufault of St. Boniface is Telling Her Neighbors of Her Wonderful Cure

St. Boniface, Man., Feb. 7—(Special)—Cured of a complication of diseases, each a direct result of disordered kidneys, Madame Oct. Dufault, of 84 Victoria street, this city, has joined the grand army of the women of the west who are telling their neighbors that Dodd's Kidney Pills are suffering women's best friend.

"I suffered for three years," Madame Dufault states, "and I may say I had pains all over my body.

"I had sciatica, neuralgia and diabetes. My back ached, and I had pains in my head. I was nervous and tired all the time; there were dark circles around my eyes, and they were puffed and swollen. Heart fluttering added to my fears.

"But when I started to use Dodd's Kidney Pills I soon began to get better. I took thirteen boxes in all, but now I am a well woman again. I think Dodd's Kidney Pills are a grand remedy."

Dodd's Kidney Pills cure women's ailments, because nine-tenths of these ailments come from sick kidneys. Dodd's Kidney Pills always cure sick kidneys.

MORNING LOCALS

In the police court yesterday afternoon, Alice Thompson, a Sewdish girl, who was arrested some time ago, charged with lurking aboard the schooner Anne Louise Lockwood, was sentenced to a term of six months in jail or a fine of $50. James McAllister, charged with assaulting his brother, was allowed to go.

Rev. R. A. Armstrong described his visit to the valley of the Rhine in a lecture before the Y. M. A. of Trinity church last evening. The lecture was illustrated with reflectoscope views. Solos were sung by Mr. Taylor.

At a reunion and social of the Ladies' Progressive Bible class of Victoria street church on Monday evening at the home of the president, Mrs. Jane Scott, Adelaide street, M. J. Doney, teacher of the class, presented a cut glass water set to Mrs. Scott.

Rev. J. H. A. Anderson lectured before the Young Men's Guild of St. John's Presbyterian church last evening on Women and Children in Toil. There are 2,000,000 children between 10 and 16 years of age employed in the United States and 5,500,000 women bread winners.

The annual sleigh dhive of the Exmouth street church Y. M. A. was held last night. After the drive a banquet was held at Wanamaker's. A programme of toasts and musical numbers followed. Among those taking part were: Miss Minnie Myles, T. G. Marquis, Rev. W. W. Brewer, Rev. R. S. Smart, W. E. Lawton, W. A. Steiper, L. H. Sandall, Miss M. Baskin and a quartette.

Deputy Chief Jenkins and Detective Killen yesterday located in William Gibson's barn on the south side of King Square a horse, which it is said had been stolen from William McLeod of Sussex. The latter hired the rig to a man who never returned it. Gibson says that he paid a man $60 for the horse several days ago.

A longshoreman named Gamble slipped off the staging of the S.S. Manchester Shipper at Sand Point yesterday afternoon and fell between the ship and the dock. He was rescued with difficulty.

A bill requiring the St. John Railway Company to erect safeguards along their line on the southern side of Rodney wharf, West End, and to light that portion of their route will be introduced at this session of the legislature.

The wedding of Eric Wishart and Miss Grace C. Carson, both formerly of St. Martins, N. B., took place in Winnipeg on February 5. The ceremony was performed by Rev. R. J. Hay.

The Empress of Britain Follies gave a very enjoyable concert in the Seamen's Institute last night. Among those taking part in the programme were:—J. Kilburn, C. Olden, F. Shaw, F. Brooks, R. Patterson, J. Walker, W. Warner, G. Page, F. Duchess, R. Thomson, F. Shaw, B. Jones, W. Warner, G. Page, W. Duckers and R. Hanson.

The new post office building in Fairville has been opened. Charles Tilton is the postmaster. The building is a very handsome one, and is modernly equipped. It is 45 feet feet square, and is two stories high. The work was done by R. A. Corbett.

W. R. Turnbull, M.E., A.F., Ae. S., delivered a lecture on the Progress of Aerial Navigation and Its Possibilities, in the Natural History Society rooms last night. He gave a complete address on the history of aerial navigation, the many varieties of air craft and interesting particulars of the evolution of the art of flying.

Half the ships in the world are British. The best of them can be converted into ships of war in forty-eight hours.

Daily Hints For the Cook

DAINTY DESSERT.

Take a glass, half fill with crushed and sweetened raspberries, then fill with whipped cream, sweeten and flavor if desired.

FAVORITE LEMON PIES.

Mix juice and grated rind of one lemon, one cup sugar, add yolks of two egs, two tablespoons of flour, or corn starch, dissolved in water, add one cup boiling water. Cook until like custard. Use whites of eggs for frosting beaten stiff. Spread roughly and brown delicately.

Lemon Sponge Pie—Cream together one cup sugar and butter size of big walnut, add two tablespoons of flour, pinch of salt, juice and rind of one lemon, well beaten yolks of two eggs. Beat all thoroughly, add one cup of sweet milk and fold in last the whites of two eggs beaten stiff. Bake in one crust three-quarters of an hour slowly.

WAS PROMINENT IN W. C. T. U.

Foxboro, Feb. 19—Mrs. B. A. White of this place, author of books and a prominent church and W. C. T. U. worker for many years, is dead in Medway, at the residence of her grandson, where she was visiting when stricken ill nearly three weeks ago. Mrs. White was born in Cumberland, R. I., eighty-two years ago.

Writing out the story of her youthful career, interwoven with narratives of people and events, made an interesting book, and Mrs. White compiled and published it in 1886 under the title of "Three Holes in the Chimney." She dedicated the work to the W. C. T. U. of the land and also to the S. P. C. C. In 1889 Mrs. White published another book, "Richmond and Way Stations, '61 to '64." She wrote under the nom-de-plume of Didama.

ELY'S CREAM BALM OPENS CLOGGED NOSTRILS AND HEAD--CATARRH GOES

Instantly Clears Air Passages; You Breathe Freely, Nasty Discharge Stops, Head Colds and Dull Headache Vanish

Get a small bottle anyway, just to try it—Apply a little in the nostrils and instantly your clogged nose and stopped-up air passages of the head will open; you will breathe freely; dullness and headache disappear. By morning! the catarrh, cold-in-head or catarrhal sore throat will be gone.

End such misery now! Get the small bottle of "Ely's Cream Balm" at any drug store. This sweet, fragrant balm dissolves by the heat of the nostrils; penetrates and heals the inflamed, swollen membrane which lines the nose, head and throat; clears the air passages; stops nasty discharges and a feeling of cleansing, soothing relief comes immediately.

Don't lay awake tonight struggling for breath, with head stuffed; nostrils closed, hawking and blowing. Catarrh or a cold, with it's running nose, foul mucous dropping into the throat, and raw dryness is distressing but truly needless.

Put your faith—just once—in "Ely's Cream Balm" and your cold or catarrh will surely disappear.

Agent—Wasson's 3 Rexall Stores, King street, Main street and Haymarket Square.

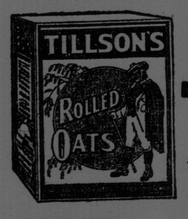
That Cheerful Taste!

Perhaps you never heard of a "cheerful" taste, but that certainly does describe the taste of Tillson's Rolled Oats.

When a teaspoonful of this delicious porridge rubs against your palate it makes you feel like smiling.

Oats have a natural flavor that is particularly pleasing. And Tillson's have all the flavor that Nature put into the oat-grains as they grew to tasty perfection under the sunny skies of Canada.

Tillson's make just the most delicious breakfast dish imaginable.



Tillson's Oats

Rolled Thinnest—Cook Quickest (15minutes)

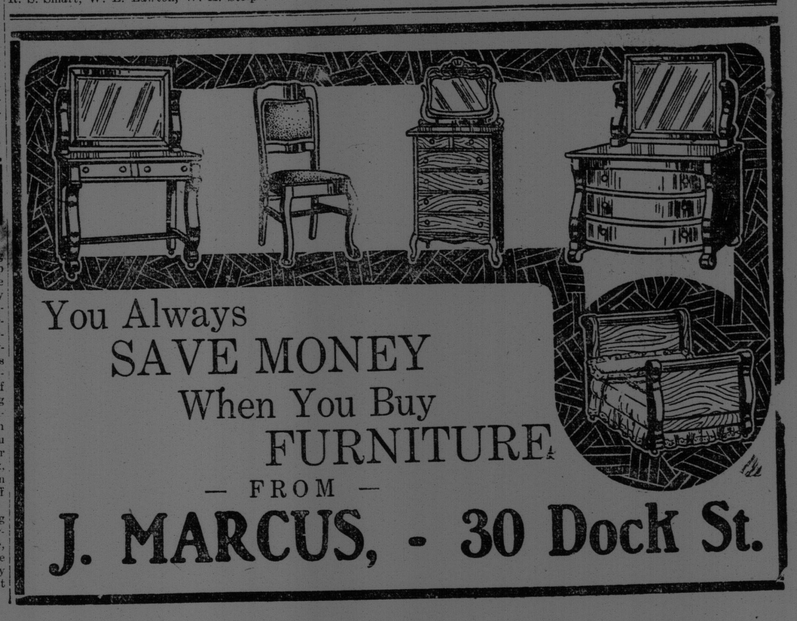
QUALITY

Try Tillson's tomorrow. Your grocer has them. Sold only in packages—never in bulk. Two sizes—10c and 25c. Each 25c package contains a handsome dish of good English porcelain.

QUALITY

CANADIAN CEREAL AND FLOUR MILLS LIMITED, Toronto, Canada

Makers of Tillson's Oats—Rainbow Flour—Star Flour



You Always SAVE MONEY When You Buy FURNITURE — FROM — J. MARCUS, - 30 Dock St.