



# Food Faxback Poll

In the September/October 1993 issue of *Canada Hong Kong Business* we asked you to tell us what foods you miss from your homeland. The replies came flooding in from Canadians living in Hong Kong. We found out this group has cravings for a wide variety of things! (Retailers and distributors are you listening?)

**Lena Feng** has compiled the replies and tracked down where you might find some of these delicacies.

## **You said you missed...**

### **Beverages:**

Ocean Spray Cranberry Juice  
Java Jive Coffee  
Sleeman's Beer  
Molson Beer  
Labatts Blue

### **Breads & Cereals:**

Bagels  
Boulangese French Bread  
Muffins  
Spoon-size Shredded Wheat  
Pizza Dough

### **Cheese & Yogurt:**

Armstrong Cheddar  
Cheese Curds  
Yogurt  
Frozen Yogurt

## **Where to look...**

Although not in constant supply, Molson Ex and Labatts Blue have been seen at Dah Chong Hong and Park 'N Shop. Molson Golden is available at USA & Co, as is Ocean Spray Cranberry Juice. Java Jive was nowhere to be found but Moca Java coffee beans by Caffe Triest are available at Coo in Seibu.

For those who miss a crusty loaf of french bread, try Lenoitre Paris at Seibu where you will find a good selection including Batard, Boule and Baguette. Baguette can also be found at DeliFrance. Spoon-size Shredded Wheat is carried by USA & Co, along with freshly baked bagels at Bagelria in their Duddell Street store.

Cheese curds, a vital ingredient to poutine (that purely Canadian mix of french fries, melted cheese curds and gravy), were unfortunately nowhere to be found. A good variety of cheddar cheese can be found at Coo in Seibu and at Oliver's. Both also carry a fairly wide selection of yogurt as do the larger Park 'N Shops and Wellcome stores.

### **Meats:**

Beef for stew & bourgignon  
Tournedos  
Roti de Paletta

### **Seafood:**

B.C. Salmon

### **Vegetables & Fruit:**

Boston Lettuce  
Romaine Lettuce  
Macintosh Apples  
Blueberries  
Ontario Peaches  
Corn on the Cob

### **Snack Foods:**

Old Dutch Salt & Vinegar  
Potato Chips  
Hawkins Cheezies

### **Fast Foods:**

MMM...Muffins  
Mr Submarine  
Taco Bell  
Tim Horton Donuts

### **Specialities:**

Perogies  
Poutine  
Chopped Calamari in Olive Oil with Garlic

For a variety of special beef cuts try Oliver's or Coo. Some special cuts can also be found at Jusco, Wellcome and Park 'N Shop.

Check the nearest Oliver's for B.C. salmon.

Fresh Boston lettuce, romaine and blueberries, when in season, are found at Coo and Oliver's. Unfortunately, fresh Macintosh apples, a favourite among respondents, and fresh Ontario peaches were nowhere to be found.

Most of the Fast Foods, Snack Foods and Specialty Foods sent in were hard to find in Hong Kong. Old Dutch Potato Chips have been spotted at Dah Chong Hong. Although MMM...Muffins is not in Hong Kong, a number of hotel bakeries supply fresh muffins, as does the Galley in Jardine House, Mrs Field's, Lucullus and La Rose Noire at Pacific Place.

Naturally, this summary is not a comprehensive list of locations for the foods mentioned, and as we know, the market supply is always changing. For those still searching for your favourite foods from "back home", please note that USA & Co has a request book system where you can fill in your request, and if possible, they'll order it for you. In any case, they'll let you know whether or not they can get it.

***Thank you to all those who participated in the poll and for sharing your views with us.***