ELIAS ROCERS \& CO'Y,
 Z2anch Orrichs :- -409 Yonge St. ; 769 Yonge St.
552 Queen St. West, and 244 Queen St. East. Yards and Branch Uffices:-Esplanade East, Bear Berkeley St. ; Esplanade, foot of Princess St.

## BUY YOUR

## COAL

concer coal company, $\eta$ The Best is the Cheapest

## * AEINVESTMENTS Capital, 8750,000


 6\%: $12 \%$ \% our dolay or the lose of a dolinvestora with-


J. B. WATKINS LAND MORTGAGE CO

LAWRENCE, KAN8AS
GAS FIXTURES


We are manufacturing a choice lot of these Goods
AT VERY LOW prices.
Below anything that can be imported.
KEITH \& FITZSIMMONS,
ro9 King Street West,
2


*WRIGHT \& CO.





## $45 / 52$ CAMPBELL'S

## Cathantic compound

in small doses, acts without griping, does not occasion nausea, and will not create irritation
and congestion, as do many of the usual cathartics
admainistered in the form of Pills, etc. administered in the form of Pills, etc.
Ladies and children having the
Ladies and children having the most sensitive
stomachs take this medicine without trouble or com.
CAMPBELL'S CATHARTIC COMPOUND
Is especially adapted for the cure
Liver Complaints and Bilious Disorders. For Acid
Stomach and Loss of Appetite. For Sick Head-
Stomach and Loss of Appetite. Constipation or
ache and Dyspepsia. For Cor
Costiveness. For all Complaints arisCostiveness. For all Complaints aris
ing from a Disordered state of the
This medicine being in liquid fo
This medicine being in the requirements of different
easily regulated to meet easily reg
persons.
Extracts from a few letters received attesting its
Sr. Francois, Que., $7^{\text {th }}$ Aug., 1886 .
I have great pleasure to state that I have used Campbell's Cathartic Compounds with great succes It is a very recommendable preparation.
Yours truly,
W. T. FOURNER, M.D.C.M. Brandon, Manitoba, 21st Oct., 1886.
1 find Campbell's Cathartic Compound the best article It haker am, yours truly and easy to take. 1 am, yours truly, McD Donald.
Sold by all dealers in family medicines everywhere

Cis Price 25 cents per botle.
"MANY MGN, MANY MINBg," but all mem and all minds agree as to the
maco ite of murdeck Pillm pmali and

Dousebold Tints.
Topfre Deaf. - A person cured of Deafness ayd noises in the head of 23 years
standipg by a simple remedy, stanaipg a a simple remedy, will send a applifirb Nicholson, 30 St. John Street,
Mon/real. Mon/real.
SALTED Almonds.- Shell, blanch and spread them out on a bright tin pie dish, add and stand them in a moderate hickory nut golden brown. Take them from the oven, stir them around, dredge them quickly with salt and turn out to cool.
Beef Salad.-Take a pound of boile resh beef and cut it into small pieces; tak he crisp leaves from two heads of lettuce leanse and put them in a salad-bowl; add finely-ch. To this add a tablespoonful of the y-chopped Spanish pepper; pour over the hole a plain dressing and mix lightly beore serving
"A Wonder of Medical Science" may well be appli d to Dr. Wistar's Balsam of Wild Cherry. It is nearly half a cen tury since this remarkable remedy was intro duced to the public, and yet the immediate and enviable reputation which it gained by its wonderful cures of coughs, influenza, consumption and all bronchial complaints, is to this day fully sustained.
Leg of Beef Broth.-Take a leg of beef, break the bone in several plaees, place in a pan with a gallon of water, remove the scum as it rises, and add three blades o mace, a crust of bread and a small pinch of
parsley; boil till the beef is tender ; tos parsley; boil cut it in diamonds, lay it in the
some bread, cut bottom of the tureen, put the meat on it, and pottom of the tureen, put the meat on it, and
pouth over all. pour the broth over all
STEWED COD.-Cut some of the fines pieces from the thickest part of the fish place them in a stewpan with a lump of but er the size of a walnut, or larger, three or our blades of mace, bread crumbs, pepper, alt, a small bunch of sweet herbs and some When, with a little of their own liquor When nearly done add a large wine-glass of herry and stew gently till enough.
Beef a la Mode.-Take about four or five pounds of the round of beef or rolled ribs, put it into a saucepan with a sliced bay-leaves, pepper, salt and sufficie or four bay-leaves, pepper, salt and sufficient vinegar di uted with water to cover it ; stew
ently for from three to four hours, according to the weight of the meat. This dish is xcellent cold. Rump-steak may be stewed in the same way.
Chicken Croquettes. - One can boned chicken, one cup of mashed potatoes nee half cup of drawn butter. Chop the chicken very fine and season with salt and when the drawn butter is boiling hot pour it upon the eggs ; then stir in the chicken, and et the mixture away to cool. Make into shapes, not too thick; brush them over with egg ; roll in fine cracker crumbs and fry in a wire basket in hot fat.
Roast Spring Lamb with Mint SAUCE.-Select a hind quarter and roast in all young meat, such as veal and cooked. quires very thorough cool and lamb, requires very thorough cooking. Serve with mint sauce, thade as frows Remove the mint. Cut in fine bits and place in of mint. Cut in fine bits and place in the
sauce-bowl. Bruise with three teaspoonful of sugar. Pour over whe three teaspoonfuls of vinegar, which if very strong should be diluted.

Fortune's Pavouritem
are those who court fortune-those who are always looking out for and investigating the opportunities that are offered. Send your add and they will mail you free, full particulars about work that you can do while living at frome, wherev yon are located, and earn Capital $\$ 5$ to $\$ 25$ per day and upward. Both sexes All ages Some started free. over $\$ 50$ and upward in a single day. All ne

Parisienne Potatoes.-Pare the potaoes and throw them into the cold water for one hour. Then cut them, either with a vegetable spoon, or in slices or blocks. the potatoes on a towel. This must be done quickly, so as not to allow the potatoes to discolour. Now drop them ouickly into the hot lard. When done, take them out with a skimmer and put in a colander. Stand the colander on a tin plate, and then in the oven, with the door open, to keep warm while you fry the remainder. When all axe done sprinkle with salt apd serve hot.

$F-3252$ The Orlginal IEPCOS MITLE


BEWARE OF IMITATIONS. $\triangle W W A I D$ ASK FOR NR. PIERCE'S PELELS.
Being entirely vegetable, they opor occupation disturbance to the system, diditically sealed. Always fresh and reliable. As a laxative, alterative, or purgative
 tion, Inaigostion, derangements of the stomach and bowels, are prompt-


Piercy the use of Dr. Pierce, Pleacant Purgative Pollots. Pellets over so great a variety of diseases, may truthfully be aald that their action upo the system is universal. not a gland or tisg by escaping their sanative influence.
druggista, 25 cents a vial. Manufactured at the Chemical Laboratory of WORLD's DISP.
 S500 AH
is offered by the manufactur
ers of Dr. Bage
en Catarry ers or Dr. Sage's case for a cas wio
Memedy, fas Catarh when
Chronio Nasal they cannot cure.
SYMPTOMS OF OATARERE.-Dull passages, discharges falling from the hemp: and acrid, throat, sometimes profuse, mucoul purulent, bloody and putrid; the eyes ard weak, watery, and inflamed; there is ring to clear the throat, expectoration of offenalive matter, together, with scats from ulcers; voice is changed and has a nasal twang,
breath is oftensive; smell and taste are paired; there is a sensation of dizziness. mental depression, a hacking cough and geped
eral debility. Only a few of the above-nanne eral debility. Only a few of the above-nam
symptoms are likely to be present in any ono case. Thousands of cases annually, without manifesting hall of the above gymptoms,
sult in consumption, and end $n$ the grapd No disease is so common, more deoeptive abi Byerous, or less understood by physild, soothing, and healing propertiert,
Dr. Sage's Catarrh Remedy cures the worty Dr. Sages Catarrh Remedy cures the
cases of Catarrh, cold in the hos
oryza, and Carrinal Head ine. Coryza, and Chtarrinal Headache.
Sold by druggists everywhere; 50 cents
"Untold Agony from Catarrh." Prof. W. Hausner, the famous mesmerdsho I suffered untold agony from chronic op as catarrh. My family physician gave me case was such a bad one, that every day, to wards 100 uld barely speak above a whisper. In the morning my coughing and clearing of my throat wage's
almost strangle me. By the use of Dr. Sagell Catarrh frangle me. By the use of in three months, I was,
"Constantly Hawking and spitting" Thomas J. Rushina, Esq., z90z Pine Streebr from eqtarrh for three years. At times I could hardly breathe, and was constantly hawonths oould not breathe through the nostrils. Iuck neme was advised to try Dr Sage's Catari it to be the only sure remedy for catarrh no cair trial to experience astounding

Three Botties Cure Catarrh. Pal Robsing, Runyan P. O., Columbla Con she was five years ola, very badly. I saw pro
 nent oure: she this now ottle efrected a
gund and heen jearis

