

## Annotations.

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We again repeat our desire for personal items regarding our confreres.

We enjoyed a visit from our old friend and colleague, Dr. W. R. Patton, of Cologne, Germany, formerly of Quebec City. We shall have more to say about him by and by

OUR ADVERTISERS.—It is a good plan, when binding your monthly numbers for the year, to keep together and bind the advertisements in a separate volume for reference. It costs but a small sum to bind the JOURNAL. We again ask our readers, when doing business, to assist in the maintenance of a Canadian journal by patronizing the dealers and manufacturers who advertise in it. One good turn deserves another.

BOOKS.—We have been indebted during the past year to the following publishers of books for review: Lea Bros., Philadelphia; P. Blakiston, Son & Co., Philadelphia; Rand, McNally & Co., Chicago; Dr. S. R. Catching, Atlanta, Ga.; S. S. White Dental Mfg. Co., Philadelphia; Longman, Green & Co., London, Eng.; Mrs. W. M. Herriott, Indianapolis, Ind.; E. M. Renouf, Montreal; H. D. Justi, Chicago; Wilmington Dental Mfg. Co.

HOW TO REST.—To understand the way to rest is of more importance than to know how to work. The latter can be learned easily; the former it takes years to learn, and some people never learn the art of resting. It is simply a change of scenes and activities. Loafing may not be resting; sleeping is not always resting; sitting down for days with nothing to do is not restful. A change is needed, to bring into play a different set of faculties, and to turn the life into a new channel. The man who works hard finds his best rest in playing hard. The man who is burdened with care finds relief in something that is active, yet free from responsibility. Above all, keep good-natured, and don't abuse your best friend, the stomach.—*Ohio Dental Journal*.

Dr. C. R. Tayloy says that in cases where a pulp cannot be taken out with a barbed brooch, it may often be withdrawn by winding a few fibres of cotton on a smooth brooch and rotating a few times in the canal. Carbolic acid on the cotton fibres will facilitate this. The practice of depending on medication to the neglect of proper instrumentation cannot be too strongly condemned, as there is no antiseptic remedy which will do what we should do with instruments. In cases where canals at first treatment appear hermetically sealed, the application of sulphuric acid 10 per cent. for a day or two will permit of their opening. The