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INVERNESS COUNTY BULLETIN, APRIL 2

- OUR NEW SERIAL -SCULPTOR'S THE WOOING

eep my vow.

Continued from last issue

"Miss Newton-Stella, what is all into hisstudio. this? Why are you here? Sir Rich-ard Wildfang, too' What does it all 'I held her ag "Here in this room," he murmured, "I held her against my heart. Here her lips-so false! so cruel!-told me mean? Sir Richard, with an anxiety not that she loved me! Here the sweetest

disinterested, interrupted him hastily. happingss my life has ever known fell "It means, sir, that your villainy is to me. Blessed by the room for-unmasked; that Miss newton knows evermore. Those blind eyes," and he you now for what you really are a swept his hand before the sightless base, criminal adventurer." marble faces, "shall see no misery, "Stop " said a voice, that was Stella's oher ove scene here I swore to

break them, one and all, if we were yet so unlike so dreadfully, quietly calm that it might have belonged to an parted. We are parted, and I will automation. And she, with an expressive gesture, motioned Sir Richard mallet and with passon utterly indescribable struck first at one beauaside, and ,advancing confronted Louis with white drawn face, and dark, accus

tiful face and then at another, until the ing eyes. "It means, sir," she said, in regular room was filled with the noise of falling

metallic tones, "that one you had succmarble, and the fragments themselves eeded in deceiving is now undeceived; as they dropped and rolled about his that one whom you taught to love you feet. has now learned to hate you; that one W With the mallet in his hand he

went into the garden, made his way who would have given her life to have to the shrubbery, where they had takpurchased you an hour's happiness, ed so long and joyously, and raised his destroying mallet before the face of a would now give her life to secure your punishment. It means that from a trusting girl you have rensformed me statuewhich he and Stephen had only that day set up there. by your basemess to an insulted woman. It was the statue of the mother and All this means, and this mush more hild which he had worked at so enthat, having escaped your mercenaty husiastically, and which had placed clutches, the woman you attempted to deceive has learned the bitter lesson of on the very spot in accordance with a wasted love and a wasted life. Go, Stella's expressed wish. But as the mallet was swungback a. twnge of regret and remorse struck sir, from my path forevermore.

Should you cross it again-beware I shall find some means of resenting across his soul, and with a sigh he let The insult of your presence." the mallet fall to his side, gazed up at Then she let the hand fall which she the plaintive face of the mother, and

had raised in denunciation and turned. murmured: "No, it is sorrow and despair itself

Louis stood for a moment, white and statuesque with astonishment, It shall stand! then he passed his hand across his forehead, looked up at the clear sky to assure himself that it was not a dream, and with drooping head, re-entered the house. and held out both his hands implorwhich had settled upon him as the snow

ingly. "Stella Tell me what it all means does upon he mountain he ascended How have I wronged you-how decei the stairs, and entering the room slowly ved?' and heavy waking boot

Stella turned again, her face lit up with passionate scorn.

"Would you have me recite the story of your vile plot " she asked, huskily and flingin the keys into the farther-'Look within your own heart and reain its basemess the reason for my accus ation

"This is madness," he said. "Vile he had met Stella-his beautifu, cruel plot-baseness -of what do you BG use me?" "Of the vilest dishonor " said Stella,

he stood, for amoment, and looked back at the Vale, which was all alight in the confronting him, "Do you ask for proofs? Seek then in the confession of your tool and accomplice, who has sought safety in flight; seek them in the evidence that remains-that carriage

"Accomplice—carriage" r peated "Accomplice—carriage" repeated Louis. "Stella, that carriage—oh Every now and then Sir Richard darkey took steatlhy glances at her falisten, I beseech you" For Stella ce but is had taken the arm hich Sir Richard had in stern silence offered her, and, though Stella wa ce but is Stella was still as white as the snow stung through all his soul by the sight, and as hard as the frost.

Her eves were bent upon the ground. Louis spoke calmly and humbly. 'I have heard too much of your her lips compressed. The hand which honeyed words; they can deceive me held her wrap around her was clinched no longer" said Stella, coldly, over her hard and fast as marble upon her bo-

fall upon her pale cheek.

great misfortune.

ompelled drop it for a while.

'Miss Newton-Stella,' he mur-

express

rofoundly silent.

Then heflung the mallet vfrom him,

With the same cam self-posxession

and mehodcaly, put on _ his overcoat

Then he descended again, went th-

rough every room locked every door,

most corner of the studio, left the house

as desolate and silent as he had fund

it on tha Chrismas eve upon which

When he had got clear of the grounds

lear nght, and at a steady, swinging

ace started off on the London road

For some fewminutes Stella and her

ompanion and protector remneaid

ons was not

and only love—at the little wicket.

"I shall not be permitted to do that. You forget that I have to meet: a mother's just reproaches I am justly punished for deceiving her. But, alas! that punishment will be se vere

"You fear, Miss Newton," said Rich ard, more softly than ever. "Why should you give her unnecessary pain and anxiety? Let me enjoy the happi-ness of taking the responsibility of this night's events. "You?" said Stella, half shrinking

from him. "Yes, I," said Sir Richard. "Do you remember the promise you gave? Though it was a solemn promise, would not have reminded you of it now but that by so doing I may be able to spare you pain."

He paused for a moment. Here Stella turned colder even than she grew in the moment of her belief in Louis' treachery

"Remember how I loved you, how patiently I pleaded, how patiently I waited Had that scoundrel proved all you could have wished him, all he ought to have proved with such an incentive to virtue as your love, I would never have spoken of my love to you again But now dare I hope that

you will pardon me if I remind you of As he spoke he took up the heaviest your promise? He has proved himsel to be unworthy of your love-dishon orable mercenary, base vile. Will you keep your promise?" He bent over as he breathed the words in his softest, most musical tones,

and gently but firmly took her cold fair'fame and high names which were strewn'at its feet. She let it remain in his, passive and

"Your promise," he breathed. "You will keep it?" and

hand

mile.

round at the snow-clothed park, with upon their prospectuses. wild, helpless, despairing gaze. What mattered her fate now that he eart was broken? As well marry Sir Richard whom she disliked, as another. All men were was the discreetest of his class and

one to her now—she dreaded, distrusted looked on with closed lips and meditavery son of Adam now that the prince of them all had turned out to bet a fiend in disguise of an angel! worship.

"I will keep my promise," she said, in faint, low voice Sir Richard bent over her hand, and ressed his lips upon it. 'Heaven bless you!" he murmured.

'I cannot thank you; my heart i orimming o'er with happiness.' Like a wise man he said no They reached the Vale, and Stella upon ice on a cold January morning,

ntered the hall. Mrs. Newton came from the drawing oom, white with anger and anxiety. "Stella, you wicked, wicked girl, where have you been? I have-

Then she stopped suddenly as she caught sight of Sir Richard, and stared rom one to the other. "You are alarmed, no doubt my

dear Mrs. Newton," he said, coming of measured pacings across the luxur-forward in his quiet, self-possessed ious bedchamber, of startings from way, and with his calmest, most placid sleep and mutterings of a woman's "Miss Stella has been taking a name-Lucy!-of the violent groans ght stroll in the park when I with which his master-half asleep-Mrs. Newton turned to Stella, who smied a dreadful, ghastly smile, and lowly ascended the staire moonlight stroll in the park when I had the happiness of meeting her."

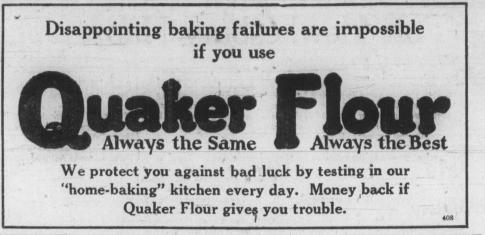
Then Sir Richard gently led Mrs. Newton into the diging-room, and with

smile of triumph that was not all feigned, said, in his silkiest whisper: "My dear madam, congratulate me! Miss Newton has promised to make me the happiest man in the world!"

CHAPTER XXIII

In Budding Springtime

The snow had gone. Winter had



thoughts or did she still remember him and cherish a secret regret and re-

If Sir R chard could not decipher the salm, self possessed face of his bride-salm, self possessed face of his brideelect, all the rest of the world must of As for Sir Richard himself, he was of recent years. Messages from the

calmer, more placidly self-satisfied fleet indicated that the a vailable than ever.

Around him, in the commercial world, well-known firms and houses once of high repute tottered and fell, but t e house of Wildfang & Cos stood unshaken, looking down like a clossus or a sphinx at the crumbling ruins of

The world looked on and bowed down to his wisdom and sagacity with more admiring suppleness than ever,

new companies toiled, schemed Stella looked up at the sky and and diplomatized to obtain his name

> Perhaps Mr. Dewlap, the confiden tial manager, could have undeceived the world and stripped the feathers from the golden owl, but Mr. Dewlap

tive eyes, while he watched the world fall down at the feet of his master and There were some keen-sighted men who said that the immense weight of busine s which Sir Richard's should ders supported was telling upon him that his face had at times a slightly weary and over-watchful expression, and that the smile, which, ever as of old, sat upon his face, as a sunbeam

was a trifle, a trifle only, overstrained. "But what wonder if it should be o?" they exclaimed in chorus, and the little signs of thought only added to h's popularity.

No man is a hero to his valet, and perhaps Sir Richard's could, like Dewlap, have played the part of iconoclast. He might have told of sleepless nights

Dewlap, took his wages, dressed his master to perfection, and-most valu-

able service of all-held his tongue And Louis Felton-where was he? Ask it of the wilds of Corsica, the plains of Nevada, of any of the out of the way places of the uncivilized globe, and they could answer bette. than the fashionable world of London, which knew him not when he was in its midst and knew not whither he had gone now that he had departed.

There was a report in Heavithorne iven place to spring. In place of hoar frest and east winds, seen passing through the village on

St. John's, Nf., Mar. 29-A suc-North Atlantic .had been exhausted cessful season has rewarded the efforts of the Newfoundland sealing fleet. since hunting opened two weeks ago.

and that the main hunt would come to an end shortly. The steamer Beothic left the main fieet last Friday and proceeded around the South coast of Newfoundland to the Gulf of St Lawrence. Here hunters hoped to increase their kill considerably among seal herds on the ice fields in the the herds on the Gulf ice floes.



'This much you shall tell me " ex- Altogether she was as statuesque as claimed Louis, springing forward, his as Louis, whom she had left watching soft winds spangled the fields with dia- cold, sleety night; but the report was face white with passion, his teeth chinch here retreat from. But as they neared the Vale the litlet

ched, and his ehes pb ched, and his eyes blazing. "And I frost of despair, broken love and disapask it from your false lips, Sir Richard Wildfang." And as he spoke he grasp-Her lips trembled herhand under ed and clasped again pamodcally, her eyelids quivered, and Sir Richard, gancng stealthiy again saw a tear ed Sir Richard's arm. "How came you here-both she and you?

"Ask your own conscience, Stella, faltering for the first time. "Did you not rite me a letter?

Then he thought it was time to speak "I did, said Louis. "Enough exclaimed Sir Richard and, having learned his part most

"He confesses his basemess. Leave us thoroughly, he commenced to take it sir, if you have the slightest vestige of up at he pont at which he had been honor remaining?

Louis drew himself up, and, casting a look of scornful contempt upon the mured, in the softest, most dulcet tones all-anxious face of Sir Richard, appealed of sympathy. "do not let your gentle heart distress itself. The cause is not

to Stella. "Miss Newton, do you say 'go ? "I.do' said Stella. 'You cast me off-forever? Forever, said Stella.

He said not another word, but crossing his arms, stepped from their dare I say?-thankfully upon the fupath, and watched them with set ture.' stonelike face, until they were lost to

Stella turned her pale face to him. "Sir Richard," she said, in a very him around the curve of the road. He waited even after that for the low, flattering voice, "I am grateful

space of five minutes, then he turned to you, though I cannot show it. I and walked with slow, measured pace know from what you have rescued me up his own carriage entrance.

He slowly climbed the broad stone Stella, and, with the same indescribable expression of concentrated, deadly calm, pushed open the door and entered to such baseness

the antique dining-room. He stood before the fire musing for head aside.

a few moments, thinking of all he had lost and the mysterious, inexpiciable is not worth a thought," pleaded Sir really that distinctness yet-he walke "Forget him!' said Stella, with a

buds and blossoms.

Town was full the country was deserted.

Down at Heavithorne both the Hut and the Vale were shut up and silent, and the deer rambled fearlessly around each, and couched upon the slp from under the lowered lids and which Lou's Felton and his love Stella.

who had driven him from her presence, had walked side by side and heart to heart.

That same Stella-the same, and yet not the same if ointernal chang counts for anything, was in London again the belle of society, and again pledged to marry the weal hy and powerful Sir Richard Wildfang!

Changed indeed was Stella.

worth a tear! Think how mercifully Those who had in the previous sea you have been permitted to escape a on deemed her proud now declared. Remember what a that her hauter was unbearable, and viee plotter you have been rescued Mrs. Newton, the wily mother who from, and look more hopefully, andhad succeeded in selling her daughter

to the best advantage, was not excepted from the quiet, unexpected scorn with

which the beautiful girl seemed to regard men and women alike.

With scrupulous consistency Stella went through her round of duty, neglecting nothing and pleading no weari From a life of misery, chained to one

who would have snared me for the Balls, concerts, picture galleries Steps up which he had, so short a time worthless dross which has clung to me she was present at all, always under since, and so proudly led his beautiful like a curse! Oh, that I had been the the guardianship in and the possession poorest peasant on earth rather than of Sir Richard Wildfang. my wealth should have tempted him

So little was her face the index o her feelings that Sir Richard himself Her tears fell fast and she turned her

as acute a reader of faces as any on the habitable globe, was puzzled and perplexed by it.

"Do not think any more of him; Had she forgotten that moonlight always designated Louis Felton in his

monds and gentle breezes waved the only partially credited, and the majority of the good, simple folks firmly believed that he had delivered himself up to the malignant power to whom, in pursuance of a long-standing treaty, he was due

and they would have let him slip from their memory even more quickly had his name not been useful in scaring disobedient children.

So the spring wore on to summer, and one morning Mrs. Newton, entering the breakfast-room, which was flooded with the June sunlight, sighed mentally, and, glancing at Ste la, who sat toying with a scrap of toast too small to satisfy the hunger of a London sparrow, said:

"The heat is unendurable already what will it be in another month's time? I really think we'd better go down to the Vale."

Stella looked up, and across her face there flashed a sharp spasm of pain, just such a fleeting look as touchblow upon an unhealed wound.

(To be continuted)



ly understand his demands. There are very few books on the value since all stagnating blood will drain out of the distended subject and far too few students veins when exercised in this in-Although there are many danverted position.

Exercise No. 2

safe treatment can be given only Lie flat on back, raise the right leg straight to vertical position, in careful individual instruction and supervision, there are a few general rules that the organilower to floor and raise left, thus alternating.

This exercise is more for the cally unsound may safely adopt from an article of this kind lower abdomen than for the legs Moderation is the first rule. and is extremely beneficial in Take your exercise in a reclin-ing position, is the second. Weak hernia.

Exercise No. 3

Lie flat upon the stomach, hearts, hernias, varicose veins curved spines, fallen abdomina hands clasped in small of back raise both ends of body, that is, the head and shoulders and the weak arches are often aggravated by exercising while standing so that any upfeet and legs, from the floor as high as possible until only the abdomen is touching. Return to strenuous exercise be

So many people suffer from weak and fallen arches and painstarting position and repeat.

gerous, delicate situations where

rgans and

comes dangerous.

Exercise No. 4 # to give a special set of recon-structive foot exercises. While starting position and repeat.

A Laxative Diet

BREAKFAST: Fresh fruit of any kind, preferably without sugar. Any coarse cereal, mixed with bran. Whole wheat bread toasted. Bran muffins, coffee substitute. Between breakfast and luncheon drink at least two glasses of water.

NOONDAY MEAL: Vegetable lunch consisting of any fresh JNDAT MEAD. Vegetative functions ting of ally fresh vegetables in season except potatoes. For dessert, gela-tin, raw fruit such as apples, oranges, grapefruit or figs. Dark bread and buttermilk. Between luncheon and dinner drink at least two glasses of water.

DINNER: Soup. Lean meat of any kind. At least two vegetables. Gelatin. Whole wheat bread. Cococa or cholocate.

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