

DYSPEPSIA IS GREATEST ENEMY OF MODERN MAN.

Distressing Malady Is Most Prevalent of All Present-Day Diseases—Thousands Are Relieved by Tanlac.

Of all the conditions that afflict humanity, chronic dyspepsia, or what is more commonly known as indigestion, is probably the most prevalent.

This most universal malady has baffled the medical profession for years, and the most skilled specialists have been unable to cope with it successfully.

Hours might be consumed in describing the sufferings, mental and physical, of the sufferers from chronic dyspepsia and their failure herebefore to get relief. A morbid, uncheerful, and melancholy condition of the mind, aside from the nervousness and physical suffering, is the usual condition of the average dyspeptic.

Dyspepsia, or indigestion, as the case may be, is usually caused by the eating of too much or unsuitable food, and the mucous membrane of the stomach becomes irritated, and there is set up an acute or sub-acute gastric catarrhal condition which prevents the proper digestion of the food. This food is apt to ferment and decompose, and as a result the familiar distressing symptoms of dyspepsia may arise. In mild cases there is nothing more than an uncomfortable feeling in the stomach, with a certain amount of depression, headache, loss of appetite, perhaps belching of gas and occasional vomiting. There may be also accompanying intestinal symptoms, such as constipation, pains in the back, colic, etc. There may be only the familiar heartburn due to the inflammation of the stomach from excessive gases of fermentation or putrefaction. In the most severe cases—those that last over a day or two—the symptoms generated may be much more intense. The distress may be marked and the general constitutional symptoms more evident. When this stage is reached

the loss of appetite, the mental depression, and the general uncomfortable feeling in the stomach are much more pronounced. This is particularly true in acute gastritis.

It frequently occurs from continued errors in diet that this condition becomes chronic, and the symptoms persist for an indefinite period. The appetite is very apt to be varied, but at times very good. Heartburn is frequent, is not constant. The stomach is painful on pressure, the tongue is coated, there is a bad taste in the mouth, and there are changes in the amount of gastric secretion. Constipation is also usually present, although diarrhoea may alternate.

Most cases of dyspepsia can be cured if the diet is properly looked after and with the proper treatment. Proper eating, the proper amount of food and hygienic living are the most important features of the treatment. Most people eat too fast and eat too much.

One noted authority has said that the stomach is the fountain head of health or disease, as the case may be. Tanlac was designed primarily for the regulation of the stomach, liver and bowels, but it is no uncommon thing for persons who have used it to find that they have also been relieved of rheumatism and other ailments not generally recognized as having their origin in stomach trouble.

There is probably not a single portion of the body that is not benefited by the helpful action of Tanlac, which begins its work by stimulating the digestive organs, thereby enriching the blood and invigorating the whole system. Next it enables the weak, worn-out stomach to thoroughly digest the food, permitting the assimilation of the nourishing elements.

Millions of people have not only been relieved of the most obstinate forms of dyspepsia and indigestion by the Tanlac treatment after other remedies had failed, but many of them have reported a remarkable and rapid increase in weight and a return to normal health and strength by its use.

He Didn't Mind.

Many amusing stories of his ballooning experiences are told by Mr. Frank Hedges Butler, pioneer of aeronautics and motoring.

During one balloon ascent he dropped, soon after midnight, in a rookery close to a house. "We halloo'd," he says, "and very quickly a man put his head out of a bedroom window. Judge of his surprise to see us sitting on the top of his tree, with the great balloon towering above. A conversation of this sort ensued:—

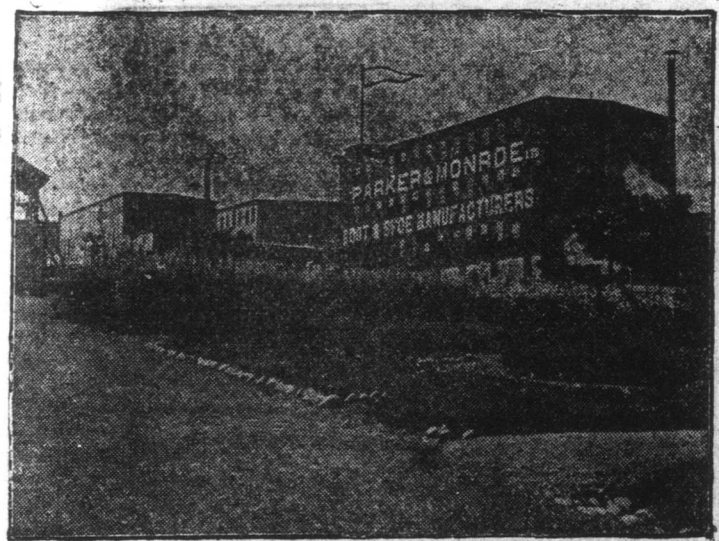
"Goodness gracious! Who are you?" "Balloonists resting. Where are you?"

ECZEMA

ment for Eczema and skin irritations. It relieves at once and gradually cures. Sample box Dr. Chase's Ointment free if you mention this paper and send no stamp for postage. See a box at all dealers or Edmanco, Sales & Co., Limited, Toronto.

Eat Mrs. Stewart's Home-made Bread.—april 18, 6mos

Encourage Home Industry!



BUY Parker's Boots & Shoes

Every pair of Boots and Shoes for men, women and children made in PARKER'S Factory are

UNION MADE.

Only skilled Union labor employed. We invite Union workmen to try our Boots and Shoes for the whole family.

Our prices are always as low as the high standard of our local productions will allow.

COME IN AND BE CONVINCED.

Parker & Monroe, Ltd.,
THE SHOE MEN.

april 18, 61

Lloyd George Conciliatory.

Strike Atmosphere Clearing--Miners Themselves the Obstacle--Germany Must Make Gold Deposit--Huns Protest Allied Customs Regime.

A FAVORABLE ATMOSPHERE.

LONDON, April 18. While the strike of the coal miners continues, there is distinctly favorable atmosphere to be observed in London regarding settlement. The Prime Minister in the House of Commons to-day was very conciliatory, and declined to be hurried by recent happenings into legislation curtailing privileges of Trades Unions. The Prime Minister was firm on the question of nation pool of profits, which he asserted was impossible, but he admitted that some of the wage proposals of the miners were indefensible and ought to be amended, and in reiterating that the Government agreed with the principle of national wage settlement, he expressed the hope that a plan would be evolved whereby the miners would have a real interest in the prosperity of their industry.

Both Government and mine owners are ready for another conference with the miners, and everything depends upon whether Frank Hodges, Secretary of the Miners' Union, will secure a vote of confidence from the miners on Friday. It was his proposal for a conference which the miners refused to accept, with the result that the other two sections of the Triple Alliance, railwaymen and transport workers, withdrew from their threatened general strike. All news from the coal fields represent the miners as still in an angry mood, refusing to listen to any compromise, some even urging that the Federation withdraw the safety men from the mines. The Federation itself has given the owners another opening by issuing a statement inviting the owners to submit the exact details of the amended offer.

LODGE GEORGE REFUSES TO INTERFERE WITH LABOR.

LONDON, April 18. The Prime Minister, Lloyd George, in answering questions in the House of Commons to-day, declined to introduce legislation affecting the privileges of the Trades Unions. Samuel, Unionist, had asked whether in view of the threatened political strike of railroadmen and transport workers, the Prime Minister would introduce a bill making it a criminal offence to interfere with men in the execution of their work, seeing that there is no dispute or question between employers and employees in those trades. The Government was also asked, the questioner being Frederick Hall, Labor member for Yorkshire, whether it would amend existing legislation so as to prevent revolutionary agitation under the guise of legitimate labor activities. To this the Prime Minister replied, "no, nothing would provoke more serious industrial trouble than an attack on privileges conceded from time to time to Trades Unions."

Lloyd George added that while under certain conditions those privileges might have been abused, nothing would tend more to accentuate suspicion that there was concerted attack on Trades Unions than legislation of the kind suggested.

RACING ABANDONED TILL STRIKE TROUBLES OVER.

LONDON, April 18. Racing has been abandoned by the Government's orders until further notice. This decision was reached on account of labor troubles.

GERMANY NOTIFIED TO DEPOSIT SECURITY.

BERLIN, April 18. The Reparations Commission has verbally notified the President of the German War Burdens Committee that the gold reserves of the Reichbank and other German issuing banks must be deposited before May first, either

Cologne or Coblenz, as security for reparations. It was semi-officially announced to-day.

ANOTHER NOTE.

PARIS, April 18. The new customs regime, established in the occupied territory of Germany under Inter-Allied Rhineland Ordinance of April ninth, constitutes a new and flagrant violation of the Versailles treaty, says a note transmitted by the German Government to the Council of Ambassadors here to-day.

CONSIDERING COERCIVE MEASURES.

PARIS, April 18. Consideration of coercive measures to be applied to Germany should such action become necessary through refusal of the Germans to give satisfactory assurances by May first of an intention to pay reparations sums due, was taken up to-day by Marshal Foch, General Weygand, Acting as Secretary of the General Staff, Louis Loucheur, Minister of Liberated Regions, and M. Eridoux, who represented France as financial expert during the Brussels conference. Absolute secrecy was maintained as to the decision of the conferees, who will meet frequently to frame details of proposed measures and assemble them for presentation to the Allies of France.

COST OF LIVING GOES DOWN IN BRITAIN.

LONDON, April 18. A report by the Department of Labor shows the cost of living in Britain declined eight points during March.

CANADA'S PAPER INDUSTRY SUFFERING.

WASHINGTON, April 18. Canada's industry is facing ever increasing competition from European countries in the United States market, according to figures issued by the United States Department of Commerce, which show a decline for February last compared to February, 1920 of a quarter million dollars in business. On the other hand, European manufacturers are credited with big increase in business. Germany has been an active factor in competition, and Belgian mills are also beginning to send paper to this market.

Cuticura Soap SHAVES Without Mug

AT THE BALSAM—The following are guests at the Balsam:—Mr. D. Steel, Grand Falls; Mr. K. M. Brown, Grand Falls; J. P. Halliburton, Bonne Bay; Mr. E. F. O'Brien, Heart's Content.

Many Tonics fail to strengthen because they are minus true food values.

Scott's Emulsion is the worthwhile tonic that builds up the body and restores strength through nourishment.

Scott & Bowne, Toronto, Ont.

Men's Tan Boots, medium or pointed toes, 25 PER CENT. OFF for cash at SMALL-WOODS.—mar 28, 19



Agent for Newfoundland
GEORGE NEAL
Box 313 St. John's

Legislative Council.

The session opened at 4 p.m.

A Bill entitled "An Act to amend the Woman's Patriotic Trust Fund Act, 1920" passed the second reading. The Municipal Bill was sent to a select committee. There being some 390 sections in the Bill it was thought it could best be handled by a select committee, who could obtain information on several obscure points from those who framed the measure.

The following is the committee selected:—Hons. M. P. Gibbs, George Shea, Sir P. T. McGrath, A. W. Mews, John Browning, F. Steer, Frank McNamara.

There being no other business before the House the session adjourned until Thursday at 4 p.m.

Death of the Earl of Beaconsfield.

On Tuesday, April 19, 1881. Benjamin Disraeli, who had been three times Chancellor of the Exchequer, and twice Prime Minister, and had been created Earl of Beaconsfield in 1867, died at his house in Curzon Street, London. Born on December 21, 1804, at 6, John Street, Bedford Row, London, he was the son of Isaac Disraeli, an apothecary. The latter was a Jew by descent, but having left that religion Benjamin and his three sons and his one daughter were all baptised at St. Andrew's Church, Holborn, in 1817. Benjamin at first entered the legal profession, but abandoned it, and wrote numerous novels, of which one is well known as "Coningsby." As a Conservative, he was elected to the House of Commons for Maidstone, in Kent, and married the widow of his fellow-member, Mr. Wyndham Lewis. He accepted for her a peerage as Viscountess Beaconsfield in 1868, but for eight years he would not accept a title for himself.

In 1867 he was created Earl of Beaconsfield, that title being his second one. Viscount Hughenden being derived from the places of those names in Buckinghamshire, where he had purchased Hughenden Manor in 1847. It was in this church, according to his express direction, that he was buried next to his wife on April 26, 1881, the announcement of his death caused such a burst of national sorrow as was scarcely equalled by that of the great Duke of Wellington. The highest tribute paid to him was that of Queen Victoria, who so well knew his value as a counsellor and applied to him the words, "Kings love him that speaketh right." The flower which was his favourite and which he wore in his button-hole was the primrose, and therefore April 19, the anniversary of his death, is called Primrose Day. The Conservative Society, which originated the day in 1881, was called the Primrose League, and on its anniversary every member of it is supposed to wear a bunch of these flowers. Beaconsfield was always a strong and firm Premier, and no country dare offend England in his days. Would that we had as strong a man at the helm to-day.

Pre-Ames Nuptials.

Marriage of Miss Constance Ames to William Laird Orr Will Take Place at Emmanuel Church with a Reception at the Home of the Bride's Parents.

Invitations have been sent out by Dr. and Mrs. John L. Ames, of 87 Chestnut street, for the wedding of their daughter, Miss Constance Ames, to William Laird Orr of St. John's, Newfoundland, which will take place on Wednesday, April 20, at 8 o'clock, at Emmanuel Church, Rev. Elwood Worcester, D.D., the rector of that church, will officiate.

Miss Ames has selected as her attendants Mrs. Roy Franklin Atwood of Springfield, who is to be matron of honor; Ruth Orr Portor of Monclair, N.J., as flower girl, and as bridesmaids Miss Muriel Ames, a sister; Miss Metta Louise Orr of St. John's, N.F., a sister of Mr. Orr; Miss Harriette Nevine Hill of Boston, Miss Irene Maude Patch of Boston, Miss Sarah Dennis Hall of Brookline and Miss Dorothy Stetson of Waban.

John Burnham Drew of Brookline will be best man, and those selected to serve as ushers are John Lincoln Ames, Jr., of New York city, a brother of Miss Ames; James Marsh Porter of Montclair, N.J., Roy Franklin Atwood of Springfield, Charles Winchell Isbell of North Adams, Joseph Sargent, Jr., of Boston, and Ralph Herder of St. John's, N.F. A reception at the home of Dr. and Mrs. Ames will follow the ceremony at the church.

Mr. Orr and Miss Ames were both active in war work. Mr. Orr served in the Ambulance Corps. He is a former Maiden man, the son of Mr. and Mrs. John Baldwin Orr. Miss Ames served with the Red Cross Forces overseas.—Boston Transcript, April 2, 1921.

Hardening of Arteries

A serious condition which is relieved when you arouse the liver, kidneys and bowels to action by using Dr. Chase's Kidney-Liver Pills. One pill a dose, 25c a box, all dealers.

Dr. Chase's Kidney-Liver Pills

GERALD S. DOYE, Water Street, St. John's, Distributing Agent.

Made Him Look Small.

A newly-married couple were entertaining their friends, and amongst the guests was one whose rudeness made him extremely objectionable to the rest of the company.

His conduct was tolerated for some time, until at supper he held up on his fork a piece of meat which had been served to him. In a vein of intended humour, he looked round and remarked: "Is this pig?"

This drew forth the remark from a quiet-looking man sitting at the other end of the table: "To which end of the fork do you refer?"

Mix left-over mashed potatoes with pimentos and a little pickle; make into balls to accompany tomato salad.

FACE DISFIGURED WITH PIMPLES

Itched and Burned. Scarce-ly Slept. Cuticura Heals.

"Pimples affected my face. They were large and always festering, and they were scattered all over my face. They afterwards turned into scales and when they fell off they left big marks until my face was disfigured. They itched and burned so that I scarcely slept at all.

"I had been bothered for nearly two months before I started using Cuticura, and after I had used three boxes of Cuticura Ointment with the Cuticura Soap I was completely healed." (Signed) Miss L. Burns, St. Bar. Que., June 6, 1919.

Use Cuticura Soap, Ointment and Talcum for all toilet purposes. Soap 25c, Ointment 25c and 50c. Sold throughout the Dominion. Canadian Depot: Lyman, Limited, St. Paul St., Montreal.

Use Cuticura Soap, Ointment and Talcum for all toilet purposes.

Premos and Camera Supplies!

At the Kodak Store to-day you will find all you require for your Spring Camera work. We have a full stock of Cameras in all the popular sizes, and our supply of Roll-films, Film-packs, and Camera requisites generally is a very large and complete one.

Come to the Kodak Store for your Camera supplies. Tooton, the Kodak Man, will give you just what you want.

TOOTON'S,

The Kodak Store, 309 Water Street. PHONE 131.

Champneys West Notes.

The work of the C. of E. new School building was re-started here on April 4th and the old one taken down, part of the lumber being good went towards the new one, which now is ready for teaching, and in the fall the men hope to have it completed. The size of the building is 40 feet long, 23 feet wide, and 12 feet high, built under Dr. Blackall's plans, the foreman being Mr. Walter Goldworthy, and he is well known among us as a hustler in getting work done. All praise to him and all members who so nobly responded to help in the work.

The work of building a new Church is also considered to be started this spring, and the ladies are working hard to raise money for the purpose, for which they have a goodly sum in the Royal Bank of Canada, Trinity.

Miss Mary Freeman, daughter of Wm. Freeman, is our teacher here and she is well liked by all.

A. L. Goldworthy is our Lay Reader again. For 4 years he was absent from the place, residing at Trinity, employed by Messrs. Ryan Bros. as general clerk, for which he is fully experienced, and since coming home 2

years ago has been manager of the business known as Messrs. Thorne & Goldworthy.

The men are getting their traps ready for the coming season. Hope the Government will take firm steps to maintain good prices for our fish. If not we will have to face hard times the coming winter.

The men here have quite a lot of fish to sell this spring, which will supply their needs for the summer, providing they get a fair price.

Miss Amy Penney arrived from St. John's, after spending the winter there. Glad to see you Amy.

Mr. Nehemiah Goldworthy recently lost his horse. The animal fell over cliff, which meant \$130.00 loss to him.

Our clergyman, Rev. W. K. Pitcher, is leaving for St. John's on a business trip, and will be absent for a few days.

april 14, 1921.

Contracts made with car owners for supplying their season's gasoline. Monogram Lubricating Oil, \$1.80 per gallon, at J. McKINLAY'S, Lime Street.

At Rendell's Hardware Store,

73 Water Street, YOU CAN GET

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| Zinc Washboards . . . 50c. | Step Ladders from \$4.00 | Galvanized Coal Shovels, 15c. and 45c. | Stove Lifters . . . 15c. | Galvanized Buckets from 80c. | Carriage Mops . . . 60c. | 4 Brothers Axle Grease, 1 and 3 lbs. | Rubber Cement . . . 15c. | Brass Polish . . . 25c. | Furniture Polish. | Shoe Dressing. | CHINA-LAC Varnish Stains. | White Enamel. | Oil Stains. | Gold Paint. | JAP-A-LAC Varnish Stains. | Aluminum. | Stope Pipe Enamel. | Coal Varnish from 12c. | UP Pocket Knives from 20c. | Scissors from . . . 20c. | KYANIZE Floor Stain. | Floor Varnish. | Brooms from . . . 95c. | Stable Brooms . . . \$1.10 | Deck Scrubs . . . 40c. | Painters' Steel Scrub, 85c. | Window Brushes . . 75c. | Shoe Brushes from . 30c. | Stove Brushes from 35c. | Scrub Brushes from 15c. | Whitewash Brushes from 20c. | Paint & Varnish Brushes from 10c. | Rat Traps . . . 13c. | Mouse Traps . . . 4c. | Tinned and Blue Tacks. | D. P. Carpet Tacks. | Masons' Trowels from 20c. | Shoe Rivets. | Shoe Brushes . . . 5c. | Shoe Knives . . . 18c. | Pliers and Pincers from 25c. |
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W. & G. Rendell

april 16, 61

"REG'LAR FELLERS"



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By GENE BYRNES