

# ROYAL YEAST CAKES

Good home-made bread is the finest food on earth—the one food that everybody eats—that everybody likes—and that agrees with everybody.



## HOW WOULD THIS WORK IN WOLFVILLE?

It is not pleasant and profitable to, always speak the plain truth in the columns of the newspaper. Men who have tried this heretofore have always come to grief. Only a few days ago the editor of a paper in Indiana grew tired of being called a liar, and said that he would publish the truth in the future, and the next issue contained the following news notes:—

"John Banin, the laziest merchant in town, made a trip to Belleville yeste day."

"John Coyle, our grocery man, is doing a poor business. His store is dirty and dusty; how can he do much?"

"Rev. Styx preached last Sunday night on "Charity." The sermon was punk."

"Dave Sonkey died at his home in this place. The doctor gave it out as heart failure. Whiskey killed him."

"Married—Miss Sylvan Rhodes and James Colin, last Saturday, at the Baptist parsonage. The bride is a very ordinary town girl who doesn't know any more about cooking than a jack-rabbit does, and never helped her mother three days in her life. She is not a beauty by any means and has a gait like a duck. The groom is an up-to-date loafer. He's been living off the old folks all his life and is not worth shucks. It will be a hard life."

"The governor of our State, a very ordinary man, and who was elec ed by accident, was here yesterday. He has very few friends here now. He promised some of the voters of this precinct 'a piece of the pie' in even of his election but had forgotten all ab ut it when the ime to hand over the litt'e office rolled around."

The paper had no sooner reached the public than a committe was sent to the editor bearing a petition asking him to continue in the good old way, and stating that they believed him to be a truthful, honest man.

**Keep Minard's Liniment in the house.**

## CLEAN UP THE ORCHARD IN THE FALL

When all fruit is off the tree all cull apples and wind falls should be collected and used as pig feed, and whilst we are in the cleaning up mood, go over the entire orchard and vegetable patch. All rotten fruit, papers, weeds and trash of all kind should be removed or ploughed under to prevent the harboring of such things as mice, bugs, fungi and bacteria. Fences and fence corners should be cleaned up and, if you have time, clean up the road as well. It looks well and puts you in the up-to-date class. The home vegetable garden is often situated in an odd corner; this should be given careful attention; late ploughing is to be advised as this has a tendency to turn up various insects that hibernate in the soil, and spoils their winter comfort to such an extent that they may cease to worry us next spring. Any mulches of manure or weeds that may have been put round the trees to conserve the moisture should be spread away from the trunk to avoid mice girdling them. If mice are known to be bad in an orchard with clover and alfalfa in it, place poisoned wheat under old pieces of board or in large necked bottles at each tree with sufficient room 1 ft under the board to allow a mouse to go under.

The mouse is a thing we can see and his work is very definite when we lose a splendid tree, but we have other enemies just as distinctive that do not show up so plainly as the mouse. Fire Blight, if present in our orchards in the form of hold-over cankers, has probably killed more trees than the mouse. These cankers, otherwise wintered over in the trees, should be cut out and the wound disinfected by using one part, to five hundred parts water, of mercury bichloride and mercuric cyanide, swabbing the wounds and disinfecting the tools. Burn all removed wood as soon as possible. Insects and bugs are harbored in rubbish in the orchard. Fungus is often wintered in dead leaves and decaying matter of various sorts and if this is cleaned up much trouble will be avoided.

In clean cultivated orchards we like to run the spring tooth cultivator over the ground to cover fallen leaves and prevent them from blowing away. We prefer to plough under any decayed vegetable matter which will make humus, which, in turn, is the greatest benefit to us from a water conservation point of view, and it helps to maintain bacteria in the soils, without which our soils become depleted in fertility.

## FOREST FIRES AND SPORTSMEN

Every forest fire destroys game and game cover. Less game means less sport. Any lighted match, high ed cigar or cigarette or hot pipe ashes thrown down can start fire.

Different laws require guides, permits, or special times, places and ways for making camp res. "Sports" neither know nor observe these things. A sportsman does. Small fires are more comfortable and usable than big ones for cooking and warmth.

Fire is never out until it is dead. Smother out every spark with water or mineral soil before leaving it.

Act as though you were a forest fire warden in preventing and putting out fire and in demanding of others like care and like respect for forest fire laws.

It is to your interest and is a vital necessity to protect our forests from fire.

The melancholy days are come, the saddest of the year, Of wailing winds and naked woods and meadows brown and sear.

**Pay Your Subscription To-day.**

## MOTORED ACROSS THE CONTINENT

(From the Halifax Chronicle)

A motor trip of over 4500 miles across the Continent, on her way to attend Dalhousie University, was the enjoyable experience of Miss Mary Crandall, who registered as a Senior in Arts yesterday afternoon.

Miss Crandall, whose home is in Vancouver, motored as far as Montreal with her parents, Mr. and Mrs. C. F. Crandall. The trip was a real camping tour through the very best scenery of Canada, although a detour into U. S. was necessary for a part of the way.

Crossing the Rockies on the American side, where an altitude of 9,000 feet was reached and entering Canada via the Gateway and the Crows Nest Pass, the party followed the trails across the great Canadian Prairies to Winnipeg. From there it was necessary to re-enter the States and take the route via Minneapolis, Chicago, and the south shore of Lakes Erie and Ontario. The final part of the journey was by the excellent King Edward Highway in Quebec.

A complete camping outfit was carried in the car, sleeping accommodation being arranged in the car and by means of a small lean-to tent.

Miss Crandall took her first two years in Arts at Acadia University, and her third year at the University of British Columbia, and now comes to Dalhousie to complete her course.

## A MAN'S PRAYER

"Teach me that 60 minutes make an hour, 16 ounces one pound and 100 cents one dollar. Help me to live so that I can lie down at night with a clear conscience, without a gun under my pillow and unharmed by the faces of those to whom I have brought pain. Grant that I may earn my meal ticket on the square, and that in earning it I may do unto others as I would have them do unto me. Deafen me to the tingle of tainted money and to the rustle of unholly skirts. Blind me to the faults of the other fellow, but reveal to me my own. Guide me so that each night when I look across the dinner table at my wife, who has been a blessing to me, I will have nothing to conceal. Keep me young enough to laugh with little children and sympathetic enough to be considerate of old age. And when comes the day of darkened shades and the smell of flowers, the tread of soft footsteps and the scrunching of wheels in the yard, make the ceremony short and the epitaph simple—"Here Lies a Man"."—Exchange.

Don't forget when passing another car, and particularly when passing a horse and buggy, to use your dimmers. That's what they are for, and the non-glare lenses do not excuse you. Don't keep on your lights while the horse is jumping. Remember that the horse and buggy have rights. Be a gentleman! Thank goodness most car drivers are, but there are a few who need a little reminder.

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## "A Terrible Experience"

"I Recall My Experiences with the Burglar with Feelings of Horror!"

"How would you feel if you awakened in the middle of the night with a flashlight shining in your eyes and the gruff voice of a man threatening that, 'If you make the slightest noise, I'll shoot?' That was my experience the end of last March when my husband was away in the woods and I was alone with my three children. Everytime I think of this experience a shudder passes over me and as long as I live I shall remember it. At the time I really thought I would die. It's a wonder my heart did not stop beating. I was so weak that even if I had any desire to move, I could not. I was bathed in a cold, clammy perspiration. Even to recall the shocking details now makes me shudder. It was a result of this shock that I contracted a high fever and for hours at a time I was delirious. I got so bad that the doctor finally gave up hope of my ever recovering, but by careful nursing, I was finally pronounced out of danger. The shock had left me so weak, that, for no reason whatever, I would suddenly burst into tears. All the life seemed to have been taken out of me. I kept getting weaker and weaker, so much so that my husband and children were constantly worrying about me. Doctors prescribed for me and while I willingly tried their medicines, only very few of them did me any good, but unfortunately the good was not lasting. My family asked me if I would try Carnol and I said, 'I was willing to try anything,' but felt that it would not do me any good. Four bottles of Carnol taken regularly, has completely restored my former health and strength and, while I occasionally recall my experience with the burglar with feelings of horror, I am otherwise as well and strong as I have ever been. Carnol is the most wonderful preparation I have ever used for building and restoring health and strength. It has done wonders for several of my friends to whom I have recommended it." Mrs. McC. of...

Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money. **4-622**

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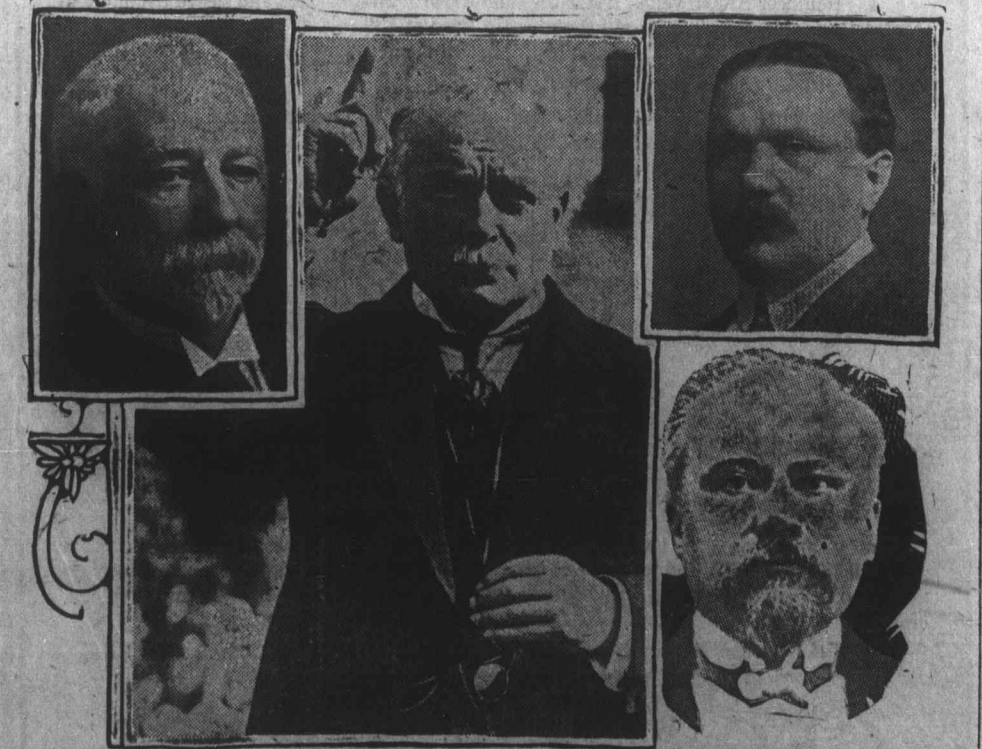
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**D. A. R. Timetable**  
The Train Service as it Affects Wolfville

No. 96 From Annapolis Royal arrives 8.41 a.m.  
No. 95 From Halifax arrives 10.10 a.m.  
No. 98 From Yarmouth, arrives 3.27 p.m.  
No. 97 From Halifax, arrives 6.27 p.m.  
No. 99 From Halifax (Mon., Thurs., Sat.) arrives 11.48 p.m.  
No. 100 From Yarmouth (Mon., Wed., Sat.) arrives 4.28 a.m.

**Homes Wanted!**  
For children from 6 months to 16 years of age, boys and girls. Apply to H. STAIRS, Wolfville. Agent Children's Aid Society.

## CANADA AND THE OLD WORLD



Hon. W. S. Fielding (upper left) and Hon. Ernest Lapointe (upper right) are representing Canada in a series of important conferences and negotiations in Britain and the European continent. These began with the League of Nations Assembly at Geneva, last month. Later the details of a prospective new trade agreement with France will be discussed with Premier Poincare of that country (lower right) and his cabinet. Matters relative to trade and financial affairs will be the subject of conference with Premier Lloyd George (centre) and the British Government, and negotiations for an economic agreement with Belgium will be opened with the Premier and Finance Minister of that country.

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