## Soilsand GODS


 con


GOOD HEALTH QUESTION BOX
















 (3) The Safest Investment

## CANADA'S

 5 $\frac{1}{2} \%$ Victory BondsPRICE 991/2 AND INT

Nesblt, Thomson \& Lumpany Mercantile Trust RIg. . Hamititon
222 St. James Street
Mlontreal FARMERS !

## Big Prizes

TORONTO FAT STOCK SHOW will
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the Secretary ORINOCO





 which are hopeless and decayed nor a a been used.
means for removing food between and
Carbonate of lime, perhaps in the around them, which decomposes, and form of powdered oyster shenells or cat
causes decay of teeth, indigestion, of - bonate of magnesium or cream of tan
fensive breath, etc. fensive breath, etc.
But when combined with a suitable
tooth-brush, properly used, they may is ofte.
dentifrice.
dilorenti help in the disinfection of the mouth
improve the condition of the gums an
retard decay. The frequent recurrence of recedin
and suppurating gums with decay an
loss of teeth in Riggs' disease loss of teeth in Riggs disease or
pyorthoea is one of the arguments for
their better care and the persisten use of dentifrices.
The shockingly defective teeth i
early life among the per early life among the poor, especially
in cities could often be prevented by
suitable hygenic precautions, includ ing the use of proper dentif ries.
People are beginning to realize the
important bearing of teeth upon the general welfare.
It $t s$
is inpossible cessfully when the mouth contains ins-
numerable colonies of disease germs,
decayed teeth, suppurating decayed eeeth, suppurating gums, de
composing food, togethe with ad
noids and enlarged tonsils. Poor teeth are said to have em
phasized the pain and distress of man
of the soldiers in the treckes in
gium and France, and they have suffe

## ed not only from teethache and neur gia, but from the clumsy dentistry their comrades. A good dentifrice can be made and



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## FUNNY FOEDIUPS




THE COMMUNTTY DRYING PLANT
One Hundred Families Can by This Means Insure Most of Their

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| :---: | :---: |
| The Canada Foold Board cons |  |
|  |  |
| If each commenity would in fatect save |  |
|  |  |
| the neas of that commit of dependinging awa with the haitupon factory-canned products during |  |
|  |  |
| the winter time, it would be a very |  |
|  |  |
| lieving the burden of transportation and allowing all surplus food to go directly for export. |  |
|  |  |
| Asidid from the aid given to the. gov-Anment by saving in the community |  |
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| ernment by saving in the community the winter's food supply, the pre |  |
| er through canning or through drying is highly desirable from an economicstandpoint. Because of the stimulus |  |
|  |  |
|  |  |
| sinden to food production, an enor-given surpus of garden stuff has been mous surplus of year and this year.produced last y |  |
|  |  |
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| demand and much of it will necessarily go to waste unless it is preservedfor winter use either by canning or |  |
|  |  |
|  |  |
| very practical for several families tocub together for doing this work,cot |  |
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