

Does Your Back Ache?

Have you swollen hands, ankles, feet, due to a dropsical condition, often caused by disordered kidneys? Naturally when the kidneys are deranged the blood is filled with poisonous uric acid, which settles in the tissues of the feet, ankles, wrists or back as uratic salts.

It is just as necessary to keep the kidneys acting properly as to keep the bowels active to rid the body of poisons.

The very best possible way to take care of yourself is to take a glass of hot water before meals and an "Anuric" (anti-uric acid) tablet.

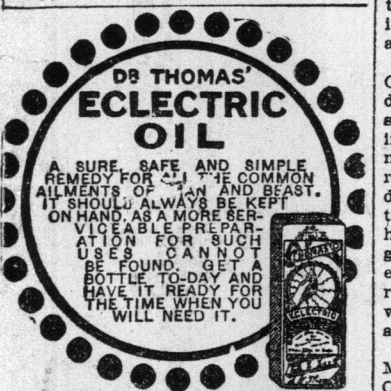
This "Anuric" is a new discovery made by Dr. Pierce of the Invalids' Hotel, Buffalo, N. Y. All druggists keep it, or if you prefer send 10c for trial package to Dr. Pierce and write for free medical advice.

TO DARKEN HAIR
APPLY SAGE TEA

Look Young! Bring Back Its Natural Color, Gloss and Attractiveness.

Common garden sage brewed into a heavy tea, with sulphur added, will turn grey, streaked and faded hair beautifully dark and luxuriant. Just a few applications will prove a revelation if your hair is fading, streaked or grey. Mixing the Sage Tea and sulphur bottle at home, though, is troublesome. An easier way is to get a bottle of Wyeth's Sage and Sulphur compound at any drug store all ready for use. This is the old-time recipe improved by the addition of other ingredients.

While wispy, grey, faded hair is not fatal, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur Compound, to one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all grey hairs have disappeared, and after another application or two your hair becomes beautifully dark, lustrous, soft and luxuriant.



Mothers!
Divide
the cost by
"how long
they wear"—



—and you will find that Hurlbut Welt Cushion Sole Shoes for Children cost you least in the long run.

It is the quality of materials, plus their distinctive construction with patent welt, cushion insole, and broad extension with correct fit, that makes them so.

Hurlbut Shoes are known by mothers all over Canada as the highest quality shoes, and even if the first cost is a little higher, mothers whose purses are limited find that without doubt it pays to buy Hurlbuts. The long life of Hurlbut Shoes enables mothers to buy less often—while at the same time they get more satisfaction.

HURLBUT
CUSHION-SOLE
Shoes for Children

Made at Preston, Canada Sole Wholesale Distributor for Canada:
by PHILIP JACOBI
THE HURLBUT CO., Limited Toronto

Sold only through your local dealer. If he does not handle Hurlbuts, write us and we will see that you are supplied

Nyal
CREOPHOS
TONIC AND BUILDER
RELIEVES BRONCHITIS
COLDS AND PERSISTENT COUGHS

SOLD ONLY AT
Nyal
Drug Stores
FOR EACH COMMON ILL—A NYAL REMEDY
ONCE A TRIAL—ALWAYS NYAL

YOUNG FARMER
FATALLY HURT

Michael Hillyard Caught in Machine At Wood-Cutting Bee.

(Special to The Advertiser.)
STRATHROY, March 20.—Michael Hillyard, aged 20, a returned soldier, died in the general hospital here this afternoon from injuries sustained yesterday while at a busking bee on the farm of D. Gardner, near Mount Brydges.

The saw and engine were set up and found to be out of position, and the engine was being moved when the belt came off the saw pulley. Hillyard tried to put it on again while the saw was still running from the momentum, and was carried around the pulley. He sustained a compound fracture of the arm and a fracture of the skull. From the first little hope was held for his recovery. He has no relatives in this country. The funeral will be held on Tuesday afternoon from C. Gardner's to Mount Brydges.

Headaches
Make Life Miserable

Headaches are one of the most aggravating troubles one can have, and it is hard to struggle along with a head that aches and pains all the time. Headaches seem to be habitual with many people; some are seldom, if ever, free from them, suffering continually from the dull throbbings, the intense pains; sometimes in one part, sometimes in another, and then again over the whole head.

There is only one way to get relief from these persistent headaches, and that is by going direct to the seat of the trouble, for unless the cause is removed, the headaches will still continue to exist.

The fact that Burdock Blood Bitters keep the stomach, liver and bowels toned up is proof enough to show that it will eliminate the cause of the headache.

Mrs. Harold Lanain, Owen Sound, Ont., writes: "My system was run down and my blood out of order. I suffered a great deal from severe pains in my head, which made me feel very miserable. After having tried other remedies I purchased a bottle of Burdock Blood Bitters, and was very glad to notice a decided improvement in my health, so I took another, and am glad to say that it has done me an enormous amount of good. I have recommended it to my friends, who were in a similar condition, and they all say it is a wonderful remedy."

B. B. B. is put up only by The T. Milburn Company, Limited, Toronto, Ont.

EMBARGO ON
CATTLE MAY BE
LIFTED SHORTLY

Hon. Manning Doherty Confident Restrictions Will Be Removed.

LONDON, March 20.—(Canadian Associated Press.)—Hon. Manning Doherty, Ontario minister of agriculture, when leaving Liverpool for Canada today said it was practically certain the embargo on the importation of Canadian cattle into Great Britain would be removed, probably soon after the imperial conference in June.

Meanwhile, the effects of the dispute are extending. It is now learned that Earl Denbigh, a staunch practical supporter of the board of agriculture, has declared his hostility to Lord Beaverbrook's anti-embargo campaign by resigning his trusteeship for the debenture holders in his lordship's paper, the Daily Express.

In a letter to Lord Beaverbrook, he expressed great indignation at the methods of his newspaper campaign which has shown not only indifference to the vital question of education among the urban population of the importance of agriculture, but "apparent ignorance of agricultural conditions only equalled by deliberate misstatement of the main arguments against the repeal of the embargo."

The letter denounces the action of the Daily Express in the Dudley by-election, where a seat was lost to the government, and Sir Arthur Griffith-Boscawen, minister of agriculture, defeated, as a dishonest press stunt, and describes as a scandalous untruth Lord Beaverbrook's own statement that the supporters of the embargo are "a haphazard combination of landlords and big breeders."

Earl Denbigh concludes: "As I am ashamed of the part played by your press and still continued by you, I prefer not to have any further official or pecuniary connection with it."

SHERIFF SEIZES
BOAT AT PORT

The "Iona" Will Be Offered For Sale Shortly.

ST. THOMAS, March 20.—Sheriff Elliott, St. Thomas, has seized the boat Iona, now lying in the harbor, Port Stanley, including her tackle, apparel and furniture, on a judgment given in the admiralty court, Toronto, and will offer the vessel for sale.

The death took place today of Mrs. Mary Leitch, wife of Dr. Archibald Leitch, Wellington street, after a brief illness. Mr. Leitch was suddenly stricken with an attack of paralysis a few days ago, and had remained unconscious up to the time of her demise. She was the daughter of the late John and Mrs. Campbell, and had been a resident of the city for over forty years. Mrs. Leitch was formerly Mrs. Thomas Duncombe. She is survived by her husband, Dr. Leitch.

Rev. Ben Spence in Town. Rev. Ben Spence came to town last evening in the interests of the alliance, and is looking over the local temperance situation. It would look as if there will be little opposition or none to the campaign inaugurated here last week by Dr. Grant and the temperance organizations.

The branch of the Liberty League, which was established in the city some months previous to the taking of the plebiscite in October, 1919, went out of active business immediately after the vote was taken, and there are no signs in sight of its revival.

Police Find Booze. The premises of Ben Goldhar, fish dealer, Talbot street east, was raided last evening by the police, and over one hundred bottles of whiskey was found in the upper story of the building. Goldhar was placed under arrest, and the liquor removed to the police station. A tally has been kept by the inspector of the consignments reaching Goldhar through the express office, and the last load having exceeded the limit of what a sober man would require for home consumption, Mr. Ross had a warrant issued. Goldhar will be heard tomorrow.

COST PLUS SYSTEM
WILL BE ABOLISHED

Minister of Railways Makes Important Announcement Regarding Welland Canal.

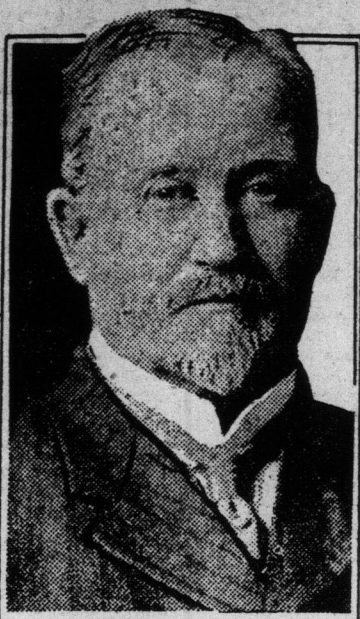
TORONTO, March 19.—The Government "cost plus" system of building the Welland ship canal is to be abolished, according to Hon. Dr. Reid, minister of railways, in an interview with a local afternoon paper. It has just been decided, states the minister of railways in the interview, that the work might proceed faster and with less friction if the cost plus system was abolished, and that contractors again given the working out of the various sections.

In 1917 the contracts on the new canal were taken from the several contractors and the work put in charge of the engineers of the department. Engineer Grant of this special public work goes to St. Catharines on Monday to make arrangements concerning the engineering and labor problems that have to be met in putting the private building under way. The awarding of the new contracts has not been discussed thoroughly yet, but Hon. Dr. Reid says the work will be rushed to completion.

PRESENTATION AT BLENHEIM. BLENHEIM, March 19.—Court Lent, No. 274, A. F. and A. M., held a very successful social evening last night in its lodge rooms as a farewell for a time at least to Bro. George F. Dalley and Albert Fox. The former is moving to Grimsby, where he has been appointed local manager for the Dominion Cannery, and the latter is taking a trip to England to visit his aged mother. Both are returned soldiers. The brethren gave each a gold locket engraved with the Masonic emblem and the name of the lodge.

RUNNING DOWN BOOTLEGGERS. SAN FRANCISCO, March 20.—Co-operation of Canadian officials in tracing what federal officials term a "great international bootlegging ring" will be requested by United States authorities, it is announced, as the result of the seizure Saturday or more than 450 cases of quart bottles of contraband whiskey and gin aboard the launch Lloyd C.

WILL SOON RESIGN



J. D. FLAVELLE, chairman of the Ontario License Board, who announces his resignation to take place about June 1.

TEN-YEAR TERM FOR
OTTERVILLE RECTOR

WOODSTOCK, March 19.—Ten years in Kingston Penitentiary was the sentence imposed today on Rev. James Chapman of Otterville, when he appeared before Judge Wallace charged with an unmentionable crime against a number of small boys. He pleaded guilty. The offences were committed at Chapman's home. The guilty rector was well known throughout Western Ontario as a hockey player, and this winter was ranked as one of the best goal-tenders when he played on the Tillsonburg Pandred hockey team.

LADY GOLFERS TO
PLAY IN LONDON

TORONTO, March 20.—At a meeting of the Canadian Ladies' Golf Union the invitation of the London Hunt Club to hold the Ontario ladies' championship in that city next June was accepted.

REBELS MURDER
POLICE OFFICER
IN COLD BLOOD

Found Blindfolded and Riddled With Bullets Near Kinsale.

DUBLIN, March 20.—The ambush of crown forces near Kinsale, County Cork, Saturday, occurred when reinforcements were proceeding to seek a military officer and a police sergeant who were missing as a result of a previous ambush. It was learned today. The missing officer has not been recovered, but the body of the sergeant has been found near Dungarvan blindfolded and riddled with bullets. A card pinned to his breast was inscribed, "Executed."

Crowds today gazed curiously at a man chained to the railing of the Protestant cathedral in Marlborough street here, but no one attempted to liberate him until the police came. It was said he had been chained to the railing because he worked during the executions of the six men in Mount Joy prison on March 14, in disobedience to the call for a cessation of labor.

Condemns Murder. The Archbishop of Tuam, in a letter to the parish priest in Clifden, condemning the shooting of policemen there as a reprisal of the Mount Joy executions and the failure to obey his call for a cessation of executions by the republican forces, says: "I must give my people moral guidance, even if corrupt politicians turn gospel teachings to bad ends." The archbishop repeats his appeal for a truce, and urges the Government as the stronger side to call a truce and initiate peace negotiations.

KILLED TWO SOLDIERS. DUBLIN, March 20.—Three bombs were thrown at a military lorry here last night, two of which exploded, killing two soldiers and wounding six others, including an officer. The remaining soldiers fired, wounding three of the attacking party.

From Monday night on the curfew has been fixed from 8 p.m. until 8 a.m.

The advance of the curfew hour, which was due to yesterday's ambush, affects the whole of the Dublin area except the coast townships.

CONSTABLES WOUNDED. CORK, March 20.—A police patrol, consisting of a sergeant and seven constables, was attacked by a band of armed men near Passage West, County Cork, tonight. Two constables were wounded and later were sent to a hospital. The casualties of the attacking party are unknown.

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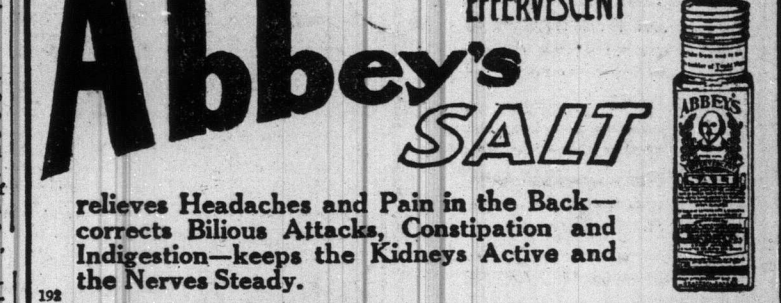
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Smoke
T&B

For enjoyment, fill your pipe with T & B



relieves Headaches and Pain in the Back—corrects Bilious Attacks, Constipation and Indigestion—keeps the Kidneys Active and the Nerves Steady.

RELIABILITY

is a proof of true worth. The reliability of Beecham's Pills as a safe, gentle and effective corrective and eliminant has been proven for 70 years. Digestive disorders often cause impaired health. Biliousness, headache, lost appetite, constipation, and ailments may be relieved by that reliable family medicine

**BEECHAM'S
PILLS**

Sold everywhere in Canada. In Boxes, 25c., 50c.

Largest Sale of Any Medicine in the World



Nature's Finest Food—in Its Safest Form

Build up your children's health—Let them drink lots of this rich, creamy, pure milk

Thousands of These Recipe Books are in Use

Carnation Milk adds richness and flavor—improves all your cooking. It should be diluted first, of course. The famous Carnation Book of 100 tested recipes is sent FREE for the asking. You'll find a use for every recipe in the book. Write for a copy to-day—address our Aymer office.

The label is RED and WHITE



USE Carnation Milk liberally at every meal—with cereals and fruit, in soups, puddings and sauces, for creamed vegetables and as a beverage—and your children will gain those rosy cheeks, bright eyes and happy smiles that spell perfect HEALTH.

Carnation Milk is Nature's finest food in a convenient form. It is just pure, rich cow's milk with part of the water removed by evaporation—sealed in air-tight containers while perfectly fresh and sterilized. It contains all the rich body-building elements of milk

Because it is sterilized it is safe milk. Because it is sealed in the heart of the dairying counties, it is safeguarded against contamination.

In the can Carnation Milk stays sweet indefinitely. You can keep a month's supply ahead on your pantry shelves. Your children

can have this nourishing milk to drink whenever they need it.

You simply dilute Carnation Milk with at least an equal quantity of water. It is then ready for every purpose for which you use ordinary milk. And its rich quality makes more delicious, more nutritious cocoa, bread-and-milk, puddings, custards, cakes, soups and sauces.

Or you can use it as cream, for tea and coffee, direct from the can. Carnation is the only milk supply your home needs

Try this convenient milk supply one week and you never change back to ordinary milk. Order several tall (16 oz.) cans from your grocer. He is the Carnation Milkman.

Made in Canada by
Carnation Milk Products Co., Limited
Aymer, Ontario
Condenseries at Aymer and Springfield, Ontario

Carnation Milk
"From Contented Cows"