## THE FEAST OF ST. FRIEND

That average successful man whom I have previously cited feels all this by instinct, though he does not comprehend it by reason. He reaches his ambition, and retires from the fight in order to enjoy life,-and what does he then do? He immediately creates for himself a new series of difficulties and embarrassments, either by undertaking the management of a large estate, or by some other device. If he does not maintain for himself conditions which necessitate some kind of struggle, he quickly dies-spiritually or physically, often both. The proportion of men who, having established an equilibrium, proceed to die on the spot, is enormous. Continual effort, which means, of course, continual disappointment, is the sine qua non-without it there is literally nothing vital. Its abolition is the abol-

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