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BARRY'S HERALDS OF REVOLT 'John Inglesant, Reviewing a new work by that brilDr. Barry, the "Tablet" says:
In this book (Heralds of Revolt Studies in Modern Literature and Dog ma, By William Barry, D.D., London Hodder \& Stoughton) Dr. Barry ha again demonstrated not only his immense reading and perfect familiarity literature, but also a full and sympa thetic comprehension of their spirit, and of the meaning and tendency of th nodern Humanistic movement. W evelopment from the mild misgivin of Amiel to the truculent intolerance a Nietzsche, in whom it surely $r$ duces itself to its last absurdity, th shamed. And as in large so in little we may trace its effects in the pro ressive devastation of the individua ife, the dolorous passage and hopeless ends of so many of these joyless herald of sad tidings. The Catholic reade could have no better and safer intro uction to Goethe and Heine, Flauber and Gautier, Symonds and Pater Richepin and Nietzsche, and many whom he is bound to meet and have a answer for. By such writings Dr Barry is doing a great and much-needed work. English Catholics are perhaps a little too apt to dwell in the past, to fight again the old fights-in Carlyle' phrase, to be 'slaying extinct Satans. et since the great days of Newman bridges,' New has fowed under the and more terrible prems have arisen, whom Catholic and Protestant may well call temporary truce. It is well to re hearse the old conflicts of Reformation and Renaissance times, but also not to forget that the same conflict is waging to-day in deadlier form. The new adversary is still the old: but a glonous devil, large in heart and brain, he comes with more seductive smile and allies: the world, that masks as culture the flesh that masks as art. Dr. Barry sets himself to strip off these disguises. He does well to steep himself in all the learning of the 'Egyptians.' He knows
that, though the sling and sene still prevail, only by the giant's own sword will his head be severed from hi shoulders.
The book is composed of a number Quarterly Reviews. Catholics will feel Quartecy Reviews. Catholics will fee

Gallee,' by whom had heen bequeathed to us the Religion of Sorrow. Carlyle
dwelt far from the Catholic Church.
When the cathedral at Brupes, he his ear nutter that it was 'grand idolatron Yosic. Yet he confessed to M
roude that the Mass was the only me rehc of religious worship left ing of our deepest meditation And A miel, the Hamlet of speculatio who starved himself on the husk
Hegelian metaphysics, who would "Sit as God, holding no form of cree Man must have a reling

$$
\begin{aligned}
& \text { Man must have a religion," Amiel re re } \\
& \text { eats-،is not the Christian the bet }
\end{aligned}
$$

$$
\begin{aligned}
& \text { fter all? The religion of sin, repent } \\
& \text { ance and reconciliation, of the new }
\end{aligned}
$$ birth and the life everlasting." But it is the substance of Christian apo getics, old or new.

## SHOOTING STAR <br> Sir Robert Ball, who is the wor

 greatest living astronomer, told a London audience some interesting facts In describing the origin of meteorites he said that millions of years ago whecances were giants, the meteors we
hrown up in infant convulsions. Som
the earth's discarded rocks returne at once, but those which were flung upward at a rate of speed greater than
seven miles a second passed beyond the earth's gravitating influence and tell whither. And then, after millions of years, they once more came within the reach of the world, and old Mother Earth resumed her sway, took back the rocks to her bosom, and the astronomers
said a meteorite had fallen. Sir Robert asked his hearers to imagine a wrapping or some hundred miles of air round the way that a gimlet boring its way into 20 miles a minute would bullet going 20 miles a minute would become extwenty miles of air. And in the sam way that a bullet became warm, so fast as a bullet travelling at this speed perhaps for hundreds of years through
realms of space whose paralyzing was indescribable and finding itself a last plunging through the warm bath hotter. It glowed, it and hotter an hotter. It glowed, it became white
hot, it melted, it dissolved in a burt gaseous splendor, and observers on the earth cried, "Why, there's a shooting

Right poise
The exclamation point in conversa-
tion or in life, betrays emotional lack of balance and waste of energy. Poise and emphasizes important things with out the need of exclamation. In other
words it saves its owner from unnecessary words or acts, and prepares her for necessary ones. Unless one has an aim in life, poise is never really attained it is not mere repose. It is the collect ing and balancing of one's forces that a woman with a perfect bodily carriage is "always noted for exceptional power, either mental or physical, but generally both." If this is true of bodily poise, what power must come from the right poise and aim of the

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