

THE MOST NUTRITIOUS

# EPPS'S COCOA

GRATEFUL COMFORTING

Distinguished everywhere for Delicacy of Flavour, Superior Quality, and Nutritive Properties. Specially grateful and comforting to the nervous and dyspeptic. Sold only in  $\frac{1}{4}$ -lb. tins, labelled JAMES EPPS & CO., Ltd., Homœopathic Chemists, London.

BREAKFAST SUPPER

# EPPS'S COCOA

NATURAL FLAVOUR ONLY

## ROWLANDS' MACASSAR OIL

Preserves, Nourishes, Restores, and Enriches the Hair more effectually than any other preparation. Prevents Baldness and Scurf, and is also sold in a Golden Colour for Fair or Grey Hair.

## ROWLANDS' KALYDOR

Produces Soft, Fair, Delicate Skin, removes Freckles, Tan, Sunburn, Redness, and Roughness, and imparts a Radiant Beauty to the Complexion and a Softness and Delicacy to the Hands and Arms.

## ROWLANDS' ODONTO

Whitens the Teeth, Prevents Decay, Strengthens the Gums, and Sweetens the Breath. Sold by Stores, Chemists, and A. ROWLAND & SONS, Hatton Garden, London.

# DYSPEPSIA

## Horsford's Acid Phosphate

It relieves nervous and sick headache; the sense of fullness, distress and pain in the stomach after meals; prevents acidity of the stomach and offensive belching of wind.

It makes the process of digestion natural and easy, and creates a good appetite.

Taken before retiring, quiets the nerves and induces refreshing sleep.

SOLD BY DRUGGISTS.

# Heat and Ventilation

Equally important. Both secured by the

"HOT BLAST SYSTEM."

Make sure, however, that it is put in by a reliable firm.

GEORGE W. REED & CO.,

Heating and Ventilating  
Engineers

Montreal.