

Health Isn't Luck Alone

It is management—largely proper food and drink.

Coffee is harmful to many.

POSTUM

REBUILDS

coffee-weakened nerves, head, heart, and stomach.

"There's a Reason"

Postum Cereal Company, Limited
Battle Creek, Mich., U. S. A

Canadian Postum Cereal Co., Limited
Windsor, Ontario, Canada.

It's Baker's and It's Delicious



Made by a perfect mechanical process from high grade cocoa beans, scientifically blended, it is of the

finest quality, full strength and absolutely pure and healthful.

Sold in 1/5 lb., 1/4 lb., 1/2 lb. and 1 lb. cans, net weight.

Booklet of Choice Recipes Sent Free
WALTER BAKER & CO. LIMITED
ESTABLISHED 1780
MONTREAL, CAN. DORCHESTER, MASS.

SURPRISE A PURE HARD SOAP



PURE

Free from Adulteration.
It's all Soap.

HARD

Remarkable lasting or wearing qualities.

ASK YOUR GROCER

MENNEN'S "FOR MINE"



Mennen's Borated Talcum Powder

keeps my skin in healthy condition.

Sample Box for 4c stamp

GERHARD MENNEN CO.
Newark, N. J.



Trade-Mark