

the teeth will bring a greater return than any other investment.

Avoid excessively hot feed and drink, which induce cancer of the throat.

Avoid taking large quantities of iced drinks and ices.

Masticate all food thoroughly, as food imperfectly chewed causes chronic irritation of the alimentary canal.

Avoid alcoholic drinks, as they are a predisposing cause of cancer, and diminish the average prospects of survival by 30 per cent.

Do not delay when cancer is suspected. Early recognition and prompt removal deprive cancer of its terrors.

ALVARENGA PRIZE OF THE COLLEGE OF PHYSICIANS OF PHILADELPHIA.

The College of Physicians of Philadelphia announces that the next award of the Alvarenga prize, being the income for one year of the bequest of the late Senor Alvarenga, and amounting to about one hundred and eighty dollars, will be made on July 14, 1913, provided that an essay deemed by the Committee of Award to be worthy of the prize shall have been offered.

Essays intended for competition may be upon any subject in medicine, but cannot have been published. They must be typewritten, and if written in a language other than English, should be accompanied by an English translation, and must be received by the secretary of the college on or before May 1, 1913.

Each essay must be sent without signature, but must be plainly marked with a motto and be accompanied by a sealed envelope having on its outside the motto of the paper and within the name and address of the author.

It is a condition of competition that the successful essay or a copy of it shall remain in possession of the college; other essays will be returned upon application within three months after the award.

THOMAS R. NEILSON, M.D. Secretary.

MEDICAL PREPARATIONS, ETC.

PITUITRIN IN DIFFICULT PARTURITION.

Every physician who has any considerable obstetrical practice owes it to himself and to his patients to familiarize himself with the oxytocic function of Pituitrin. Here is an agent which, according to re-