

5. When there are severe pains in the same side of the head as the diseased ear, which resist all other treatment.

6. When a fever otorrhœa cannot be cured by any other means.

Gentlemen, I have dwelt upon the details of these operations for the reason that I have always been impressed with the fact that the most brilliant success followed the closest attention to the little things. If the minute details of an operation are faithfully observed, the conspicuous points will not escape us ; but if the gaze is fixed upon the loftiest barren peaks of a mountain range, the far more fertile foot-hills may be overlooked.

THE DIETETIC TREATMENT OF PHTHISIS.—The following suggestions by Dr. Henry P. Loomis, *The Practitioner*, are worthy of careful consideration :

1. Never take cough mixtures if they can possibly be avoided.

2. Food should be taken at least six times in the twenty-four hours ; light repasts between the meals and on retiring.

3. Never eat when suffering from bodily or mental fatigue or nervous excitement.

4. Take a nap, or at least lie down for twenty minutes, before the midday and evening meal.

5. Take only a small amount of fluid with the meals.

6. The starches and sugars should be avoided ; also indigestible articles of diet.

7. As far as possible, each meal should consist of articles requiring about the same time to digest.

8. Only eat so much as can be easily digested in the time allowed.

9. As long as possible, systematic exercise should be taken to favor assimilation and excretion ; when this is impossible, massage or passive exercise should be undergone.

10. The food must be nicely prepared and daintily served—made inviting in every way.

TREATMENT OF ALCOHOLISM BY STRYCHNIA NITRATE.—In *Gaillard's Med. Jour.*, Breed is quoted as stating, in the *Med. News*, that we have in this drug a remedy that overcomes the desires, with the least effort on the part of the inebriate ; a remedy that overcomes the gnawing at the

epigastrium, that tones up the nervous system and overcomes mental disturbances, that brings back the appetite, and more than all else, exerting a moral influence upon the patient, supplying that which before was lost, viz. : hope, enthusiasm, and self-confidence, a bright, youthful expression of the eye, in the stead of the sneaking, apologetic air which is the external badge of moral depravity.

THE AMERICAN ELECTRO-THERAPEUTIC ASSOCIATION.—This Association holds a meeting in Toronto, commencing September 3rd, 1895. It has a standing committee on electrodes, which is endeavoring to secure before that date the universal adoption of uniform connections, a standard gauge of screw throughout construction, and efficient, durable, simple and interchangeable electrodes. Circulars have been sent to every manufacturer of electro-therapeutic apparatus, whose name is known.

We wish the Association every success in this much-needed improvement in the appliances of a science so rapidly coming to the front in popularity and usefulness, as electro-therapeutics.

BLACK EYE.—There is nothing to compare with the tincture or strong infusion of capsicum annum mixed with an equal bulk of mucilage or gum arabic and with the addition of a few drops of glycerin. This should be painted all over the bruised surface with a camel's hair pencil and allowed to dry on, a second or third coating being applied as soon as the first is dry. If done as soon as the injury is inflicted, this treatment will invariably prevent blackening of the bruised tissue. The same remedy has no equal in rheumatic, sore or stiff neck.

TYMPANITES.—*Med. News* :

R—Naphthol,

Magnesii carbon.

Carb. lig., āā . gr. lxxv.

Ol. menth. pip., gtt. x.—M.

Et div. in chart xv.

Sig.—One powder when required.

EPIDEMIC OF ACUTE POLIOMYELITIS.—The cases included in the report had been under the care of a number of physicians, and different diagnoses had been made in the different cases, *Med. News*. It is evident, however, by a study of the group,