ments as cards, and hence Christians very properly object to  $t_{helfs}$  as a fit amusement at their social gatherings.

## HAPPY SUNDAY.

The Bible teaches us to "call the Sabbath a delight," Isa, hin, 13. Of all the days in the week, we should love it the best. Every day should be a happy day, but Sunday should be the happiest of all. Let us see how the parents of little Mary and James taught them to keep a happy Sunday.

First they were taught to prepare for it. On Saturday night they put away all their playthings and work, and they thought no more of them till Monday came. They then got their books ready: and their clean clothes were laid out, so that there might be had hurry or confusion on Sunday morning.

Mary and James got up earlier on Sunday than on any other day of the week. Some children think they may lie much later on that day than on any other day; and their parents have to call them two or three times before they arise from their beds. But those who wish to spend a happy Sunday, must be up betimes.

When Mary and James were dressed, they did not idle away that time. After kneeling in prayer, they came from the rooms. Mary helped her mother to get the breakfast, and James sat in a come, learning two verses of a hymn.

When it was near school time, they kissed their father and mether, and hastened to meet their teachers with a cheerful small. They were always among the first scholars in the class; and as the had learned their lessons at home in the week, there was no the lost when they were in the school. They loved their kind teaches and tried to profit by their instructions. Mary and James had bes taught how to behave themselves in the house of God. They do not trifle and play, or look about them, or go to sleep; but joked in the sacred service, and listened to the minister. They used the find out the text, that they might repeat it to mother before goan to bed.

On their return from school in the afternoon, they were not? lowed to go out to play or talk with rule boys and girls. Sortimes they would tell their parents some of the pious things whe their teachers had said; or they read a chapter in the Bible togetize After tea they sang a hymn. They were very fond of singing-

" See the kind Shepherd, Jesus, stands,

With all-engaging charms ;