its. Once a customer

NG MILLS Geo. Chambers

& CO.

Wheat Kernells, y, All Kinds of Poultry Food.

OCK FOOD

GS AND POULTRY. SES MEAL

EBRATED CALF MEAL.

IN EXCHANGE While You Wait

## **IURIOUS** E

Iron Beds Oak Beds Beds Dresser Rockers Book Cases m Chair Secretaries Chairs Desks CabinetsHall Racks tresses Dining Chairs Pictures

s furniture store. NOS

maphones, String ords, &c., and all l sewing machines

ROS.

NTS UNDERTAKERS

siness Bringers

Children Cry FOR FLETCHER'S CASTORIA

Lives there a man with soul so small, Who never heeds his country's call,

Who'd serve his nation not at all Stand idly by and watch her fall?

J 11-4t

#### CHOP STUFF

Wyoming is trying to get an overall Robins were seen in many places dur-ing the last week in January.

Miss Sarah May Coleman of Cairo became Mrs. William Lowes of Thamesville last week. Roy, son of Reeve Wilson, Wyoming,

has joined the colors. He leaves at home a wife and little child. Mrs. Chas. Bridal, Wyoming, died last week in her 60th year. She has been in poor Lealth for some time.

Two aged and well-known residents of Strathroy, died last week, Mrs. Catharine McIntyre, in her 70th year and Mrs. George Ashwell at the age of 76.

Regulate Kidneys

Relieve Constipation

Gin Pills are acknowledged to have the largest sale of any proprietary medicine in canada—an achievement solely due to their remarkable virtue as a Kidney and Bladder

Emedy.

But users of Gin Pilis have discovered that this invaluable remedy also acts as a mild cathartic. The evidence of hundreds of letters we have received establishes the very logical fact that in compounding a medicine to heal and time up the Kidneys and Bladder certain of the ingredients have a stimulating effect appon the other organs, especially the bowels.

It is important to know, in the case of constipated patients, that Gin Pilis do not act harshly on the bowels; there is no griping, but a gradual and gentle restoration of the function. Try Gin Pilis for constipation. In thus relieving the bowels, you safeguard yourself against possible Kidney trouble.

Gin Pilis are 50c. a box, or 6 boxes for \$2.50

Gin Pills are 50c, a box, or 6 boxes for \$2.50 your dealer's. A trial treatment will be at upon request, to

National Drug & Chemical Co. of Canada, Limited, Toronto.

During 1916

Use

Lovell's

BREAD

Judges say it

is the best.

Lovell's Bakery

Confectionery

FARM FOR SALE

100 acres, being west half Lot.27, Con. 11, Brooke. This is a good pasture farm with eight (8) acres of bush, with plenty of water. If not sold it will be rented.

FARM FOR SALE

FARM FOR SALE

FARM FOR SALE

JOHN CAMPBELL,

For further particulars apply to

Mr. James Jardine, Deputy-reeve of Enniskillen, is one of the teachers in the Shiloh Church Sunday School. He has a class of thirty-two young men and out of that number six have joined the overseas forces, with the seventh rejected Geo. French, of Sarnia, a large fruit

Geo. French, of Sarnia, a large fruit grower of Lambton County, states that to all appearances the apple crop for the coming year will be exceptionally large. Last year only 25,000 barrels of apples were shipped, whereas the year before over 60,000 barrels were shipped.

Andrew Mackerel, a resident of the Petrolea oil fields for 45 years passed away at his home in Copleston, on Monday morning. The deceased had been in poor health for some time, but his decline was quite rapid following a fall which he had about a week ago. David Frayn, 14 year old son of Eli

Frayn, Bosanquet, met with a serious and very painful accident lately, when his hand was cut in a power cutting box. The thumb was lacerated and two fingers broken in several places. Medical aid was secured at once, and though there were grave doubts at first that the middle finger could be saved, the injured members are healing nucely. nembers are healing nicely.

Worms cause frettulness and rob the infant of sleep, the great nourisher.
Mother Graves' Worm exterminator will
clear the stomach and intestines and restore healthfulness.

At the annual meeting of the Bosanquet At the annual meeting of the Bosanquet Agricultural Society, the following officers were elected for the ensuing year:—President, J. \*B. Woodhall; first vice-president, J. A. Lawrie, second vice-president, F. A. Jennings; secretary-treasurer, N. J. Kearney; directors, A. M. Crawford, T. H. Moloy, Dr. A. J. Grant, W. J. French, A. L. Carmichael, Robert Tidball, G. Jamieson, A. Fitchett and J. Menhenick; auditors, J. A. Hamilton and J. Willsie.

Hinton Parker, of Wyoming, who resident accounts and the second s

Hinton Parker, of Wyoming, who cently appeared before Justices of the Peace Kelly and Pearce, charged with be-ing drunk in local option territory and whose case was reviewed by the authoriwhose case was reviewed by the authorities in Toronto, is now serving a three months' sentence. On Saturday word was received from Toronto that the law as it stands must be upheld and as it was Parker's third offence the department would not permit the option of a fine.

The oil fields at Bothwell are still producing considerable oil after being pumped almost continuously for the past 20 years or more. James McRitchie, who has a number of wells on his farm, states that between 300 and 400 wells are still producing oil and he estimated the value of the monthly output at \$12,000. He states that the oil is obtained from the rock and not from small pockets as is the case in many boom fields and he ex-pects that the wells will continue proicing for many years.

It Eases Pain. Ask any druggist or dealer in medicines what is the most popular of the medicinal oils for pains in the joints, in the muscles or nerves, or for neuralgia and rheumatism, and he will tell you that Dr. Thomas' Eclectric Oil is in greater demand than any other. 100 acres, being Lot 24, Con. 1, Warwick. Soil a clay loam. On the premises are a two-storey brick house, bank barn, good drive house, good hen house, two spring wells and a good wind mill; also a good fruit orchard. For further particulars apply to

CHARLES B. CLARK,

Jan. 21-5t

R.R. 8, Watford. The reason for this is that it possesses greater healing qualities than any other

Mr. S. F. Glass of East Middlesex Mr. S. F. Glass of East Middlesex will propose a resolution in the House of Commons declaring that it is the duty of the Government to give more consideration to the production of flax in Cariada, as well as to the manufacture of linen therefrom. The resolution declares that in order to give this industry the importance it should assume serious encouragement should be given to farmers by such means as the Government may deem best, after full investigation, to increase the production of gation, to increase the production of flax throughout the Dominion.

### ZAM-BUK CURED IN 2 MONTHS

100 acres, being Lot East half of 20, con. 5, S. E. R. Warwick, known as the Harrower Farm. Soil clay loan. On the premises are a frame house and frame barn. Small orchard. Creek at rear of farm. All now seeded down. Suitable for pasture for the Convenient to for pasture farm. Convenient to churches and schools being within one mile of Watford. Possession given in After 2 Year Useless Treatment. mile of Watford. Possession given in spring. Apply to ROBT LONG, Lot 20, con. 14 Brooke, Watford, P. O. The healing power of Zam-Buk is so much greater than that of other ointments, that it has cured in many cases when all other ointments have failed. One such instance is that of Mr. Earle One such instance is that of Mr. Earle E. Gardiner, of Marquis, Sask., who writes: "For two years I suffered with a bad attack of salt-rheum on my feet. During those two years I tried every apted for peach or small fruits. Apple orchard of about 150 trees, Standard varieties all bearing. House and barns in fair state of repair. Farm is situated about one mile from the lake, only a few took from Rayenswood where there is a couraged me to continue. Although I in fair state of repair. Farm is situated about one mile from the lake, only a few rods from Ravenswood, where there is a school, church and stores. On telephone nd rural mail circuits. Owner has retired in eastern Ontario, and desires quick sale. Terms suitable to purchaser. Full particulars on application to Box 725. Forest. couraged me to continue. Although I had suffered for two years, after only two months' treatment with Zam-Buk I am

completely cured.? Zam-Buk is equally good for eczema, ulcers, abscesses, blood-poisoning, piles, cold sores, chapped hands, chilblains, eruptions, etc. At all drug stores, 50c. box, or from Zam-Buk Co., Toronto.

WINTER STORAGE OF CABBAGE.

aportant to Prevent Heating and Maintain an Even Temperature.

In storing cabbage the heads are generally pulled up when light freez-ing begins along in November. Fre-quent freezing and thawing will not hurt the general appearance of cab-bage before it is harvested. How-ever, too much of it will impair the keeping qualities. In small quantities the supply may be stood on the bottom of a cool cellar with the roots turned up. Cover the single layer of cabbage with sand so as to exclude air and keep in perfect condition. dition.

In large quantities cabbage is stor-

ed right in the field, provided the soil is well drained. Market growers pre-fer to open up a furrow with a twohorse plow going down and back just once, leaving a space two or three inches wide between the furrow. This ridge is quickly leveled down or thrown out. The cabbage is laid in this one layer thick by turning the roots almost straight in the air. Gather the old leaves closely around each head and pack them in snugly. A few of the poor heads may be laid on top. Over this sprinkle a little hay, straw, or leaves; then throw a furrow from each side on this material. This will prevent the material from blowing away and will leave a space possibly ten inches wide not covered with sail. covered with soil. Thus air ventila tion will be provided until severe freezing weather, when more soil or covering material may be applied. The important consideration in storing of cabbage is to prevent heating and to maintain an even low temperature. Ten degrees below freezing does not hurt cabbage, provided it is thawed out gradually.

USES OF MANURE SPREADER

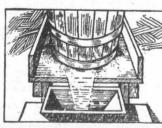
May. When Not in Service, Be Utilized as a Wagon.

Investigations show that depreciation for the manure spreader is ap-proximately 11.6 per cent. annually. Owing to the fact that it is required to carry a byproduct which contains more or less moisture, a part of the depreciation is undoubtedly due to the decay of the wood in the frame-work. If this and similar machines work. If this and similar machines could be utilized to a greater extent they should last almost as long, and in doing the additional work the nd doing the additional work the yearly charge in connection with operation could be more completely met. Ordinarily the manure spreader is in use at seasons of the year when the field work is not demanding attention. While the harvest is in progress it is idle, hence available for other work. for other work.

In districts where field roots, such as mangel wurzels, sugar beets, or as mangel wurzels, sugar beets, or turnips, are grown the manure spreader may serve as a wagon in transferring the crop from the field to the root cellar or pit. A simple adjustment will enable the farmer to save considerable time, as well as the task of unloading with the aid of a shovel. The writeder or remarked to shovel. The cylinder or spreader is first removed from the end of the box and a suitable end board set in place, the latter being held by an iron bar or rod. When the load is taken to the cellar the end board can be lifted out readily, and the roots may be rolled into the trapdoor merely by putting on the crank which connects with the apron shaft and turning by hand until the entire lot has been discharged. It requires only a few moments to deliver the load.

To Empty a Barrel Gradually. The sketch shows a labor saving method of emptying a barrel of pow-

dered or granular material where the emptying is to be done slowly Instead of taking out the material by scoopfuls in order to fill it gradually into a machine hopper, for instance,



the workman quickly upends the headless barrel and works it over to-ward the edge of the platform, and the material flows to the hopper. the barrel settles down it must be rocked slightly so as to keep the material flowing. When empty there is a small amount on the platform to be scooped into the hopper.—Popular

Spraying for Peach Leaf Curl. Peach leaf curl can be controlled y fall spraying. The disease is well nown, and its method of control has een fully developed, so that the rower may be sure of results. Authorities state that a number of

substances applied while the tree is dormant, or leafless, will give certain control, provided every bud on the tree is covered with the spray. A lime sulphur spray testing 32 degrees B. diluted to one part of the concentrate to eight parts of water is Don't it make you feel like getting into the ranks when you see the boys of the 149th on parade.

The hapr est faces you meet on the streets today are the boys in uniform.

Wear the khaki and the uniform smile!

cellent results. Spraying may be done during the months of November and December more effectively than during the spring months because of more favorspring months because of more ravor-able weather conditions. Cold rains in the spring are likely to interfere with spraying at the proper time, and the leaf curl fungus is thus allowed

Managers Needed. Hired help is scarce—but at that we are more in need of progressive farm managers.

Provide plenty of dry earth and coal ashes where the hens may dust themselves, and there is little daager of body lice in a clean house.

## FLEETEST OF ALL DOGS.

Greyhounds Can Run as Fast as Car

rier Pigeons Can Fly. Comparatively few people realize of what remarkable speed dogs are ca-pable. The wolf can run between fifty and sixty miles in one night, and the arctic fox can do quite as well, if not better. Nansen met one of these foxes on the ice at a point more than seventy miles northwest of the Sannikow territory, which is 480 miles from the Asiatic coast. Eskimo and Siberian dogs can travel forty-five miles on the ice in five hours, and there is one case on record in which a team of Eskima dogs traveled six and one-half miles in twenty-eight minutes.

English setters and pointers hunt at

the rate of eighteen to nineteen miles an hour, and they can maintain the speed for at least two hours. Foxhounds are extraordinarily swift, as is proved by the fact that a dog of this breed once beat a thoroughbred horse, covering four miles in six and onehalf minutes. Greyhounds are the swiftest of all four footed creatures, and their speed may be regarded as equal to that of carrier pigeons. English greyhounds which are carefully selected and which are used for coursing are able to cover at full gallop a space between eighteen and twentythree yards every second. It is said that a hare at its greatest speed never goes faster than at the rate of eighteen yards a second. These interesting statistics fully prove the right of the greyhounds to rank as the swiftes of the quadrupeds. lican.

Natural Age of Man.

. The question as to what is the natural age of man is by no means settled, of course, but many are of the opinion that the Frenchman Flourens was not far out of the way in his estimate of the time a man should live. Taking his observations from the group mammalia, of the class vertebrata, as having the closest resemblance to man and such species as are permitted to live the full term of their natural life under circumstances not admitting of error or doubt, Flourens found that their natural life extended to about five times the period of their lives from birth up to maturity. Applying the rule thus obtained to human life and taking the age at which the body is fully matured to be twen-ty years, he concluded the natural duration of the life of man to be 100

Something Saved. "What success did you have raising chickens?"

"Very little. Some escaped, thieves stole others and a large number died of a mysterious disease." "That was tough luck." "However, I beat the jinx to the last

"Before anything could happen to it I had it killed and put in a pie."

Many Species of Banana. The banana as a substitute for the potato would have one drawback. It has been found that those who live mainly upon this article of diet soon tend to become what is politely called "tubby." The banana with which we are all familiar is only one of many useful species. Cochin China produces a single fruit that is an ample meal for three men, and in East Africa an in-toxicating drink is made from the native banana.-London Chronicle.

Which?—"Are you interested in my relfare?" he asked the young girl. He was not in knaki. She had a tart tongue. 'I am more interested,'' she said,

## MOTHER SUPERIOR

Says Vinol Creates Strength

Rosary Hill Home, Hawthorne, M.

"I have used Vinol for many ru
down, weak or emaciated patients wi
benefit. One young woman was so weand ill she could hardly creep to my do
for aid. I supplied Vinol to her libera
and in a month I hardly recognized h
She was strong, her color charming a
her cheeks rounded out," MOTHER
ALPHONSA LATHROP, O. S. D.,
We guarantee Vinol to sharpen the:

We guarantee Vinol to sharpen the an petite, aid digestion, enrich the bloom and create strength.

Taylor & Son druggists, Watford

# Most Eminent Medical Authorities Endorse It.

Dr. Eberle and Dr. Braithwaite as well as Dr. Simon — all distinguished authors—agree that whatever may be the disease, the urine seldom fails in furnishing us with a clue to the principles upon which it is to be treated, and accurate knowledge concerning the nature of disease can thus be obtained. If backache, scalding urine or frequent urination bother or distress you, or if uric acid in the blood has caused rheumatism, gout or sciatica or you suspect. urination bother or distress you, or if uric acid in the blood has caused rheumatism, gout or sciatica or you suspect kidney or bladder trouble just write Dr. Pierce at the Surgical Institute, Buffalo, N.Y.; send a cample of urine and describe symptoms. You will receive free medical advice after Dr. Pierce's chemist has examined the urine—this will be carefully done without charge, and you will be under no obligation. Dr. Pierce during many years of experimentation has discovered a new remedy which he finds is thirty-seven times more powerful than lithia in removing uric acid from the system. If you are suffering from backache or the pains of rheumatism, go to your best druggist and ask for a 50-cent box of "Anuric" put up by Dr. Pierce. Dr. Pierce's Favorite Prescription for weak women and Dr. Pierce's Golden Medical Discovery for the blood have been favorably known for the past forty years and more. They are standard remedies to-day—as well as Doctor Pierce's Pleasant Pellets for the liver and bowels. You can get a large trial package for 10c. of any one of these remedies by writing Dr. Pierce.

Doctor Pierce's Pellets are unequaled as a Liver Pill. One tiny, Sugar-coated. Pellet a Dose. Cure Sick Headache, Bilious Headache, Dizziness, Constipation, Indigestion, Bilious Attacks, and all derangements of the Liver, Stomach and Bowels.

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## J. F. ELLIOT.

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GUIDE-ADVOCATE, WATFORD

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Best by every test.

Gramophones, Records and Supplies of all kinds.

# H. Schlemmer

### Addressing of Mail

In order to facilitate the handling of delivery it is requested that all mail be addressed as follows:—

(a) Regimental Number.
(b) Rank

(b) Rank
(c) Name.
(d) Squadron, Battery or Company.
(e) Battalion, Regiment, (or other nit) Staff appointment or Department.
(f) CANADIAN CONTINGENT.
(g) British Expeditionary Force.
(h) Army Post Office, London, Engend

Unnecessary mention of higher formations, such as brigades, divisions, is strictly forbidden, and causes delay

Guide=

WATFORD, F

Blenheim has seems to be a popular Alex. Watson, f of pneumonia in t

recruit in the .149 Mr. and Mrs. J. celebrated the 50th marriage last week

W. J. Baird, prin naster of that vill The village of K revenue of \$1000 poline of the Beaver

The reading ro public library will the use of the sold The two-year-ole ing water and was Mr. H. J. Craig, Pincombe's big g

tracks to Front Str of the mill. Walter B Cone, away on Jan. 26th place to Petrolea.

The box placed i thief must be a pro R. W. Minielly has sold his pure Count Defiance, Sarnia township, i Geo. Williams a jail on a two years escaped on Monday wall. He was re-ci

A boy walked eig "A" company, Lan He must have had riotism that is lac A valuable horse Rawlings, Bosanqu

covering of a well and the neighbors rescue the animal. Another of Plym passed to the other Lot 13, Con. 9, Ply in the person of widow of the late A 89th year of her age deceased her severa

John Farrel, of F southwestern penin meeting of delegate tural Societies of the in the town hall, noon, February 25t

In Bosanquet, on Fr to Mr. and Mrs son-Ivan Cleme In Warwick, on

9th, 1916, to Mr Morgan, a daught In Warwick, on Fri 1916, to Mr. and 1 At Napier, on Wedn

1916, Dougald Ma rietta McIntyre, ( McIntyre, Brook At the residence of Forest, on Tues 1916, William Orl to Florence Albe

Oliver Ticknor, s Sidney Ticknor, o At Forest, on Janua of 2nd con. Bosan er of Mrs. F. Dav DI

1916, James Collin WANT (

A FEW SETS of te once. Drop around WILLIAMSON, shop FOR SALE.—Foundation, due to calve beginning of March

throughbred Durh ROLAND KING, 6th of Watford. SEVERAL dwellin and two business p

Apply to W. E. Fir. WORN OUT HORS of any kind bough ranchers, lot 18, cor phone 4821. Wa

phone 4821. Wa messages at our exp SLEIGHS-Isaac

factures the same s the public years ago sale at his shop on makes these sleighs now connected with

In Warwick, on Mo 1916, the intant s Austin Willard. In Sarnia, on Thur