



### Five Hundred Years Ago—

when the earth was thought to be flat like a griddle cake, chocolate was prepared by the Aztec priests.

Their methods were crude.

But during religious ceremonies, the primitive Mexicans would dance for hours at a stretch with no sustenance save chocolate.

A wonderful food; yes. But just how much flavor and nourishment cocoa has depends very largely on the way it is produced.

In Lowney's you get the last word in cocoa. It is produced in the cleanest of factories from carefully chosen, skillfully roasted, and deliciously blended cocoa beans.

Try a tin. You will be rewarded with a wholesome beverage that shows you how cocoa ought to taste.

Sold by grocers. - In tins, 10c to 50c sizes.

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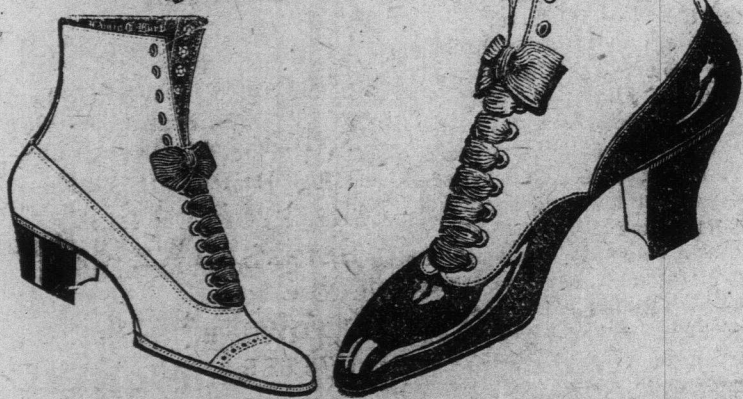


*Lowney's shows you how Cocoa ought to taste*

The Walter M. Lowney Co., of Canada, Limited, Montreal

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Edwin C. Burt  
THE BURT SHOE  
New York



Ladies we beg to announce that we have just received a complete assortment of Edwin C. Burt's Celebrated Shoes, every size and width, a big variety to select from. Ladies who admire good-looking, perfect fitting and up-to-date footwear, also Ladies having foot trouble, would do well by dropping in and secure the advantage of a perfect fitting whilst sizes and widths are complete.

Every Satisfaction Guaranteed.

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## GARLAND'S Bookstores!

The Career of Beany Darling, by Dolf Wyllarde, author of "The Story of Eden," 50c.  
The White Slave Market, by Olive E. Malverly, author of the "Soul Market," 50c.  
Harvey Sinclair, by George Trelawney, author of "In a Cottage Hospital," special cloth edition, 60c.  
The Unholy Estate, by Douglas Sladen, author of "A Japanese Marriage," 50c.  
Prince and Priest, by Beryl Simons, author of "A Lady of France," 50c.  
Their Wedded Wife, by Alice M. Diehl, author of "The Marriage of Lenore," 50c.  
The Retrospect, by Ada Cambridge, author of "Thirty Years of Australia," 50c.  
The Children of Alsace, by Rene Bazan, author of "The Nun," 50c.  
Galbraith of Wynates, by E. Everett Green, author of "The Will in a Will," 50c.  
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Nance of Manchester, by Orme Agnus, author of "The Prime Minister," 50c.  
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The Street Called Straight, by the author of "Their Inner Shrine," 50c.  
The Quest of the Golden Rose, by John Oxenham, author of "Mr. Cherry," 50c.  
Darnley Place, by Richard Bagot, author of "Casting of Nets," 50c.  
Lamorna, by Mrs. Alfred Sidgwick, author of "Home Life in Germany," 50c.  
Olivia Mary, by E. Maria Albanesi, author of "The Glad Heart," 50c.

### To Spank or Not to Spank?

By RUTH CAMERON.



Some weeks ago I raised the question of corporal punishment for children and asked my letter friends to have a chat with each other as to whether it were better to spank or not to spank.

Below are some of the letters I received. I am grieved that I cannot print every one, because they were all so interesting.

Here is an emphatic anti-spanker—a man by the way:

"With due respect to you I place anyone who speaks of punishment for children in the same category with those who maintain that murderers should be electrocuted for punishment and criminals should be confined for punishment and the institution in which they are placed called penal institutions.

"Take, for instance, the child which throws its toys on the floor just to see them being picked up again. Place yourself in the way of one of the child's flying toys and let it strike you. Then pretend that you have been injured and sham crying; invariably the child will crawl to you, caress the injured spot and perhaps cry in sympathy. Why? Because it thinks it has injured one who has given it tender care and it is contrary to animal nature to injure one who is kind. Apply the same rule when the child is old enough to reason."

The writer goes on to tell that this is the only sort of punishment he ever uses, and that it has invariably been successful with his daughter. Readers of Sentimental Tommy will probably remember Miss Allie, the gentle school-ma'am who tried whipping herself when the boys were bad and soon had to give it up because "it merely set them to watching each other, so that they might cry out."

spanky yourself quick, Miss Allie; Gavin Dismart's drawing the devil on his slate."

Here is a thoughtful lady who is on the fence.

"I was much interested in your Monday's publication.

"Although I think corporal punishment has been practiced too extensively I believe there are occasions when its enforcement is most advisable.

"I have a nephew, who when a child, always felt better toward himself, as everyone with whom he came in contact, after this kind of punishment had been meted out to him. Nothing else in his case sufficed.

"As for myself, I never received a whipping that did not injure my disposition. I always wished that I might die, but still be conscious, so that I could see my mother weep, regretting that she had thus punished me.

"One of the most successful school teachers whom I have ever known, an instructor whose views and methods were far in advance of those of his contemporaries, whose great point in disciplining was to place his pupils on their honor, firmly believed in corporal punishment and practiced it in certain cases.

"Certainly much wisdom is required in administering corporal punishment properly—to be sufficiently thorough, yet not cruel, to administer it to the right person and at the right time."

Another reader has no doubts on the subject:

"I am very sorry that I ever struck one of my children. Don't do it—you will be sorry sometime. It does no good—results are all harmful. —Mother."

I simply cannot let some of the other interesting letters go unpublished so will adjourn the symposium until tomorrow. Anyone not interested in this vital question, needn't read the column, until the day after.

Ruth Cameron

### The Jury Justified Woman

Who Had Murdered Her Husband—Decision Creates Adverse Comment in Paris Journal.

Paris, Jan. 23.—Madame Lamberjack, the wife of the former bicycle rider and automobilist, who shot and killed her husband when he had determined to leave her, was acquitted by a jury in the Versailles Assize Court yesterday on a charge of murder. All Paris fought for admission to the court, as Lamberjack was known to everybody. The sympathy of the court was with the prisoner, who had married Lamberjack when he was a poor mechanic and helped him out by working as a dressmaker. She shot and killed him at St. Germain, last June, when he decided to leave her. Lamberjack, according to the testimony, began life as a mechanic. Later on he became a champion bicyclist, an automobile man and a director of the Franco-American Automobile Company.

Doctors testified that she was fully responsible for her acts, but the jury acquitted her.

The Paris newspapers comment severely on the acquittal. The words of Advocate General Fournier at the trial of Mme. Bloch, who killed Mrs. Bridgeman, wife of James Bridgeman, an employee of the Paris branch of the New York Life Insurance Company, last July, "We would have nothing to say if you killed her husband," are quoted in connection with the Lamberjack case, which is described by some of the journals as clearly demonstrating the failure of divorce, because the verdict appears to accord a woman the right to kill when and where she wills.

### Juror Drunk.

New York, Jan. 23.—There was another slight hitch to-day in the Fed-

### TWENTY YEARS.

Makes a great difference in most women. They are troubled with "nerves"—they suffer from backache, headache, sleeplessness, a sensation of irritability or twitching, hot flashes, dizzy spells, or many other symptoms of female weakness. The local disorder and inflammation should be treated with Dr. Pierce's Lotion Tablets and the irregularity and weakness of the female system corrected and strengthened with Dr. Pierce's Favorite Prescription. The strain upon the young woman or the woman of middle age—upon the nerve and blood forming structures—may be too great for her strength. This is the time to take this restorative tonic and strength-giving medicine. For over forty years sold by druggists and chemists, it has been a household name. The one remedy so perfect in composition and so good in curative effects as to warrant its makers in printing its every ingredient on its outside wrapper. The one remedy which absolutely contains neither alcohol nor injurious or habit-forming drugs.

Following letter selected at random from a large number of similar ones and cited merely to illustrate these remarks:

"In the winter of 1903, I became greatly run down and irregular," writes Mrs. Hattie Scott, of Swan Creek, Mich., Route 1, Box 43. "I slowly but surely grew worse, and at last, resolved to apply to the doctor for help. The doctor said I had inflammation, enlargement and laceration. I was in bed eleven weeks and got no better. The doctor said I would have to have an operation, but to that I would not listen. My husband purchased two bottles of Dr. Pierce's Favorite Prescription. When I started to take this remedy I could not walk across the floor, but after I had taken three bottles I could feel myself getting up, so I dropped the doctor and took Dr. Pierce's Favorite Prescription. Only for it I think I would have been dead—I really believe it saved my life. I feel better now than in twenty years."



Mrs. Scott.

### Avoid Blood Poison.

The best and simplest way of insuring against blood-poisoning is to apply Zam-Buk to a cut, burn, cold sore or any open wound, or increased part as soon as sustained.

Of all the myriad forms of germs which set up blood-poisoning, not one has yet been found that Zam-Buk does not kill! A thin layer of Zam-Buk over a wound or sore acts in two ways. It prevents all harm coming into the wound or sore from the outside, and on the underside it stimulates the cells to renewed activity, provides just the healing, tissue-building material needed, by causing the blood to deposit this more rapidly and thus bring about rapid healing. Apply it to that cold sore, those chapped hands, that frost bite or that eczema.

Sold at 50c. box, all stores or druggists, or post free from Zam-Buk Co., St. John's, Nfld., for price. Refuse substitutes.

### Terror in a Boiler.

Trapped Workman's Prayer.

By the bursting of a steam pipe of one of the boilers of the Royal Mail Liner Araguaya in Southampton Docks, on Saturday, two lives were lost, several workmen cleaning the boiler received severe scalds, and seven others were imprisoned within the boiler in momentary fear of a terrible death.

Ted Crawley, a charge hand scaler, and a boy named Topley, were instantly killed by the steam; and Albert Fredericks and Arthur Hudson were removed to hospital in a critical condition.

Presence of mind on the part of someone (whose name has not been disclosed) in shutting off the steam averted a graver calamity. The seven workers inside heard the hissing of the steam and knew that something serious had happened. One escaped but was overcome by the blinding steam.

Directly afterwards the manhole of the boiler was closed. Most of those inside were boys, and they made a dash for the manhole, but an older workman prevented them from rushing into graver danger. "I thought my time had come," he said as he emerged from the boiler after the steam had been shut off, "and I fell down on my knees and prayed." —Daily Mail, Jan. 13.

### Upset Stomach and Indigestion

Heartburn, Gas, Sourness or Dyspepsia ended in five minutes with "Pape's Diapiesin."

Time it! In five minutes all stomach distress will go. No indigestion, heartburn, sourness or belching of gas, acid, or eructations of undigested food, no dizziness, bloating, foul breath or headache.

Pape's Diapiesin is noted for its speed in regulating upset stomachs. It is the surest, quickest and most certain remedy in the whole world and besides it is harmless.

Millions of men and women now eat their favorite foods without fear—they know it is needless to have a bad stomach.

Please, for your sake, get a large fifty-cent case of Pape's Diapiesin from any drug store and put your stomach right. Don't keep on being miserable—life is too short—you are not here long, so make your stay agreeable. Eat what you like and digest it; enjoy it, without dread of rebellion in the stomach.

Diapiesin belongs in your home anyway. It should be kept handy, should one of the family eat something which doesn't agree with them or in case of an attack of indigestion, dyspepsia, gastritis or stomach derangement at daytime or during the night it is there to give the quickest, surest relief known.

### Recovery of a V.C. Medal.

Fund to Remove a Blot on a Regiment.

Sergeants past and present of the Hampshire Regiment are attempting to raise £25 to redeem from a firm of dealers in London a Victoria Cross, a Chinese medal with two bars—Peking and Taku Forts—and a photograph. The decorations were awarded to the late Lieut.-Col. Lehon, of the 6th (now Hampshire) Regiment, the Victoria Cross for bravery in the storming of the Taku Forts in 1860.

The sergeants regard the present ownership of the cross as a blot on the fame of the regiment, and if they obtain possession will place it in the sergeants' mess at Winchester and display it to recruits on Taku Forts day.—Daily Mail.

CITY'S HEALTH.—Two cases of scarlet fever and one of typhoid were reported yesterday afternoon to the authorities. The patients were removed to hospital.

MINARD'S LINIMENT CURES COLDS, Etc.

## Slaughter SALE

OF

## Balance of Fur Stock

AT

Reductions to Cash Purchasers. of from

## 20 p.c. to 50 p.c.

This is the chance to get good Furs for very little money, which can only come once in a lifetime.

Our regular retail prices for Furs are the best obtainable, and this fact is so well known that everybody can immediately appreciate the value we are now offering.

We are making these Tremendous Reductions to make a complete clean up in this department more especially of odds and ends, of which we find that we have at stock taking.

However, all our very smartest and most fashionable Fur Sets are reduced at least 20 per cent., and the oddments from 20 per cent. to 50 per cent.

Get there early to the BIG FUR SALE, at

## HENRY BLAIR'S

1913. 1913.



Just to keep things humming we are offering two leaders—19-13. Our \$19 Suiting is a guaranteed Wool, made in the "Maunder" style. The woollen market is still going up. This is the season to get your money's worth, as you will probably pay more for the same article in the Spring.

Our \$13 Suiting is cut and finished to your own selection of style for Spring and Summer of 1913 from our style sheets just in. Only the price of a hand-me-down for a splendidly tailor-made suit.

## John Maunder,

Tailor & Clothier,  
281-283 Duckworth St.

## WE ARE READY



for the Spring trade with a full stock of  
Men's and Boys' SUITS, OVERALLS, Etc.

Place your order now and avoid disappointment. Wholesale only.

## Newfoundland Clothing Co.'y, Ltd.

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