

The Bright Side

There is many a rest in the road of life. If we would only stop to take it, And many a tone from the better land, If the querulous heart would wake it!

To the sunny soul that is full of hope, And whose beautiful trust ne'er faileth, The grass is green and the flowers are bright, Though the wintry storm prevaileth.

Better to hope, though the clouds hang low, And to keep the eyes still lifted; For the sunny blue sky will soon sweep through, When the ominous clouds are rifted!

There was never a night without a day, Or an evening without a morning, And the darkest hour, as the proverb goes, Is the hour before the dawning.

There is many a gem in the path of life, Which we pass in our idle pleasure, That is richer far than the jeweled crown Of the miser's hoarded treasure; It may be the love of a little child, Or a mother's prayer to Heaven, Or only a beggar's grateful thanks For a cup of water given.

Better to weave in the web of life A bright and golden filling, And to do God's will with a ready heart, And hands that are swift and willing, Than to snap the delicate, slender threads Of our curious lives asunder, And then blame Heaven for the tangled ends, And sit and grieve and wonder.

The Glass Slipper

Twice Janet's foot changed her whole life. The first time she was eight years old, a slender child with a pointed chin and thick, brown-black braids that hung to her waist.

"Nice hair," remarked the visiting lady.

Janet's heart pounded stormily; for to be adopted was the big, beautiful thing for which all little girls at the home were longing.

"She looks delicate—"

Janet trembled. Once before she had been rejected because she "looked delicate."

"But I'd say," resumed the visitor, "she might have temperament."

Janet could bear no more. She crept nearer and whispered: "I haven't got temperament; you can try my thermometer."

And suddenly she understood that the lady had decided to take her—on trial. Joy clutched at her heart and made her dance about the home and sing—and at the same time almost hurt, so afraid was she of losing it.

But as she was changing her flat, uniform shoes for others, the lady saw her foot. It was a pretty little foot, as nimble as a squirrel's, but one instep was a little different from the other. The lady could not say why she minded—but she did not like Janet's foot!

So Janet stayed on at the home. In all the years afterwards she never let anyone see that odd little foot.

Now she is seventeen, and in a year they would send her out as a housemaid. She was clever and a good reader—the head nurse said that it was a pity she could not be educated. She was too old to be adopted, she thought. But one day the big thing came near again. The visiting lady was small and slight, with a pointed chin and white hair. Janet heard her whisper to her husband, "Notice that girl. She looks like Louise!"

"Louise was our daughter," he told the nurse. "You remember the flood that swept this region years ago? Louise was in the ruins of a hotel—with her husband and baby girl."

Janet went on polishing the wood work.

"We hadn't spoken with her in

All Stuffed Up

That the condition of many sufferers from catarrh, especially in the morning, is great difficulty is experienced in clearing the head and throat.

No wonder, catarrh causes headache, impairs the taste, smell and hearing, pollutes the breath, deranges the stomach and affects the appetite.

To cure catarrh, treatment must be constitutional—alterative and tonic.

"I was ill for four months with catarrh in the head and throat. Had a bad cough and raised blood. I had become discouraged when my husband bought a bottle of Hood's Sarsaparilla and persuaded me to try it. I advise all to take it. It has cured and built me up." Mrs. Hest B. Jones, West Lincoln, N. S.

Hood's Sarsaparilla

Cures catarrh—it soothes and strengthens the mucous membrane and builds up the whole system.

years," he added sadly. "And we had never seen her baby girl. They were all three sent to us—afterwards."

Janet felt a thrill, for she could guess the story. Louise had married against their wishes.

"Ever since Louise—died," softly resumed the lady, "I've meant to adopt a baby girl."

"She's visited dozens of homes but they can't suit her," put in the old man.

"I know it's my wicked heart But I just keep craving my own flesh and blood, and can't love a strange baby enough."

He laughed with a gruff tenderness. "You have to tell us about your wicked heart—we'd never know."

Then—Janet saw the old lady whispering to him. And a wild hope caught at her heart.

"But, my dear," he murmured, "You couldn't adopt a girl as old as that."

"Janet," the head nurse said abruptly, "please go and get Dorothy."

Dorothy was a beautiful year-and-a-half-old girl, with hair the color of dandelions. She gurgled and crowed and laughed her way into every heart. And it was not strange that Louise's mother found that she could love one strange baby—at least.

The first papers were taken out that day, and Dorothy was bundled off in a hired automobile to the Hayden's cottage in the mountains, a mile from a village called Wooddale. And because she was used to caring for Dorothy, Janet went with them—to stay until they returned to the east for the winter.

It was lovely fall weather, and Janet had never seen the mountains before. For a few days she was very happy. Then came a Rocky Mountain snowstorm.

"This cottage is too thin for cold weather; we must start east at once," Mr. Hayden said.

And while Janet listened they fell to talking about their home. It is always hard to hear people talk of a journey that you are not to take. The old man pinched his wife's cheek.

"How does it feel to be going home with a granddaughter?"

Something rose in Janet's throat and choked her. Her cheeks burned, and then she looked into her heart, and it frightened her.

Did she really hate Dorothy? Was she wicked enough to hate that sweet, white, laughing baby? Trembling hard—she took Dorothy from Mrs. Hayden's arms and held her close and tried to love her as she had always loved babies. But she could not.

Mrs. Hayden was starting for the city to do some shopping before their journey. "Good-by, Janet!"

Janet could have cried out "Don't kiss me!"

But Mrs. Hayden did kiss her good-by. Two teardrops, large and fierce, fought their way between Janet's thick eyelashes and clung like dew. She bent her head over Dorothy.

"You don't think, Janet, there's any inflammation about that dear little foot? I noticed it was swollen, but it doesn't seem red."

Janet shook her head.

"Take good care of her, dear. We'll get into Wooddale on the night train and stay in the hotel until morning."

All day Janet watched over

FEETHING BABIES

Increases of them Die Every Summer.

When the baby starts to cut its teeth, then is the time the poor mother is under the stress of great anxiety. For some reason or other the bowels become loose, and diarrhoea, dysentery, colic, cramps and many other bowel complaints manifest themselves, the gums become swollen, cankers form in the mouth, and in many cases the child wastes to a shadow.

When the child gets into this condition the bowels must be very closely looked after, and for this purpose we know of nothing to equal Dr. Fowler's Extract of Wild Strawberry.

This sterling remedy has been used for teething babies for the past 76 years, by thousands of Canadian mothers who swear by its efficacy, and there is no mother but should keep a bottle of it on hand.

Mrs. Gordon McCurdy, Falun, Alta. writes: "I have five children and they have all had summer complaints, especially while teething. I always keep a bottle of Dr. Fowler's Extract of Wild Strawberry in my home as one or two doses completely relieve them. I cannot speak too highly of it for both children and adults."

Mothers don't experiment with some new and untried remedy which may be dangerous to your baby's health. Get "Dr. Fowler's" and you'll find that has stood the test of time.

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the baby and tried to keep from thinking wicked thoughts. At dark she bathed the child's wee, hurt foot with some stuff from a bottle and tucked her into her little crib. The house was very still—Janet could hear the cook, sound asleep, in the next room. At last she drew drowsy and slept, but awakened suddenly. After all, had she taken good care of Dorothy? She had not examined the little foot; she had merely bathed it with arnica. Lighting the lamp she turned down the crib blankets. The little foot had turned quite dark. Standing still, Janet tried to think what to do. She ought to have got a doctor hours before! There was no telephone, no neighbor. She threw on some clothing, but could find no button-hook, and so slipped her feet into her rubbers. Then she knocked on the wall.

"Mrs. O'Hagan!" she shouted, "I am going to carry Dorothy into Wooddale to the doctor—her foot is black!"

The cook would have gone with her, but she was old and stout, and could not walk fast. Janet lost no time. Wrapping Dorothy in blankets she ran out into the night. Just beyond the cottage was the level place where Janet had been teaching Dorothy to walk alone the day a thorn ran through the little white kid slipper.

"It was all my fault. Poor little foot, darling little foot!" To be Continued.

This is to certify that I have used MINARD'S LINIMENT in my family for years, and consider it the best liniment on the market. I have found it excellent for horse flesh.

(Signed) W. S. PINEO, Woodlands, Middleton, N.S.

Hearing a crash of glassware one morning, Mrs. Blank called to her maid in the adjoining room: "Norah, what on earth are you doing?"

"I'm doing nothin', mum," replied Norah; "it's done."

W. H. O. Wilkinson Streetford says: "It affords me much pleasure to say that I experienced great relief from Muscular Rheumatism by using two boxes of Milburn's Rheumatic Pills. Price 25 cents a box."

Customer: "But, bless my soul, what is the meaning of this—spoons, five shillings; sugar tongs, half-a-crown?"

Waiter: "Yes, sir; those are the things the lady has in her bag."

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For further information apply to

W. K. ROGERS, City Ticket Agent.
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Department of Militia and Defence

Notice to Ex-members of the Canadian Expeditionary Force

Notice is hereby given to all concerned that ex-members of the Canadian Expeditionary Force who are entitled to and who require post-discharge dental treatment must submit their applications to the District Dental Officer at the Headquarters of the District in which they reside on or before 1st September, 1920. Applications for dental treatment received after 1st of September, 1920, will not be considered.

(Sgt. EUGENE FISET, Major General, Deputy Minister Militia and Defence)

Ottawa, August 3, 1920.
August 11, 1920.

Farm Laborers For The West

Canadian National Railways will give Reduced Fares and Special Train Service on August 6th and 13th.

Harvesters are urgently needed in the West to garner in the wheat yield of Canada.

Estimates are that over 300,000,000 bushels of wheat stand ready for reaping. This in addition to other grains.

The call of the West is for 80,000 Farm Laborers to harvest immense grain crop. Canada's prosperity depends on the response.

The Canadian National Railways are prepared for the transport of Harvesters from all parts of the system. From Maritime Province points special arrangements have been made. Reduced fares to Winnipeg are to be granted on August 6th and 13th, and special trains will run via Quebec Bridge, and from Quebec to Winnipeg via the Transcontinental Line as the best and quickest route from Maritime Province points. The trains will carry the best type of new colonist cars, and special arrangements will be made for the supply of box lunches en route. Special provision will be made for women accompanying the party or desiring to take advantage of the excursion rates.

The fare from Charlottetown to Winnipeg is \$24.85, plus half a cent per mile to points West of Winnipeg. The return fare is half a cent per mile from all points West of Winnipeg to Charlottetown.

Verification certificates will be furnished by Ticket Agents when ticket is purchased, enabling the holder to secure return ticket at reduced fare.

Full information will be supplied by all Ticket Agents of the Canadian National Railways, July 28, 1920.

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J. E. H. HOWISON,
Grand Secretary,
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April 14, 1920—1y

Live Stock Breeders

List of Pure Bred Live Stock for Sale.

NAME	ADDRESS	BREED	AGE
Geo. Anenar	Montague	Ayrshire bull calves	(3 yrs, 8 mos)
Wm. Aitken	Lower Montague	Ayrshire Bulls	(3 yrs, 6 mos)
M. McManus	New Haven	Shorthorn Bull	(5 years)
W. F. Weeks	Fredericton	" "	(2 years)
David Reid	Victoria Cross	" "	(2 years)
Ramsay Auld	West Covehead	" "	" call
Frank Halliday	Eldon	6 Yorkshire Pigs	(5 weeks)
Ramsay Auld	West Covehead	Yorkshire Hog	(2 years)
J. A. E. McDonald	Little Pond	Duror Jersey Boar	(2 years)

DEPARTMENT OF AGRICULTURE

Announcement

For the information of our many patrons, in both town and country, we deem it necessary to announce that the Coal Business, successfully carried on in the past by the late Mr. Charles Lyons, will be continued by the Estate under the old firm name of C. Lyons & Co.

As we possess almost unlimited facilities for supplying the coal trade, and as we are desirous of extending our already large business, we respectfully invite the patronage of new customers; and if we succeed in thus increasing our present connection, we guarantee that we shall be indefatigable in our endeavor to justify the confidence of our new friends.

We again thank our patrons for their past generous patronage, and respectfully solicit a renewal of their esteemed custom.

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