

Gleaned by the Way.

Not every man has the luck to get sick when he is confronted with a disagreeable task.

In cases of rheumatism relief from pain makes sleep and rest possible. This may be obtained by applying Chamberlain's Liniment. For sale by all dealers.

Children Cry FOR FLETCHER'S CASTORIA

A woman can pretend that she likes a new kind of salad so successfully that she deceives herself.

Lame Shoulder is nearly always due to rheumatism of the muscles, and quickly yields to the free application of Chamberlain's Liniment. For sale by all dealers.

The small boy who whistles to keep up his courage grows into the man who talks the loudest just before he runs.

A Word of Gratitude.

In justice to humanity I want to tell you that I was a great sufferer from itching piles, and have found Dr. Chase's ointment the best treatment obtainable.

'And you escaped from the wreck?' 'Yes, mum.' 'How did you feel when the waves broke over you?' 'Wet, mum, very wet.'

'The only ambition worth following is to alleviate human suffering, and to leave the world a little better than we found it.'

DR. A. W. CHASE'S CATARRH POWDER 25c. is sent direct to the diseased parts by the Improved Blower. Heals the sore, clears the air passages, stops droppings in the throat and immediately cures Catarrh and Hay Fever.

Teacher—Now Tommy, suppose a man gave you a hundred dollars to keep for him and then died, what would you do? Would you pray for him?

Tommy—No, sir; but I would pray for another like him.

Nothing Like It for Colds.

Mrs. Holland Ferguson, Sheffield, N. D., writes: 'Dr. Chase's Syrup of Licorice and Turpentine has cured my children and myself of severe colds. We are never without it in the house.'

'Yes, sir,' Dobbiegh, 'horses are running my brother Tom. He's crazy about them. Just paid three thousand for a span of trotters.'

'Well, I don't know,' said Billups, 'How about yourself? What did you pay for that touring car of yours?'

'Five thousand dollars,' said Dobbiegh. 'But what—?'

'Well, you'd better not criticize the team in your brother's eye until you have cast out the motor that is in your own eye,' retorted Billups.

I consider MINARD'S LINIMENT the best Liniment in use. I got my foot badly jammed lately. I bathed it with MINARD'S LINIMENT, and it was as well as ever next day.

Pat, a miner, after struggling for years in a far-off western mining district, finally giving up in despair, was about to turn his face eastward when suddenly he struck it rich.

He dressed in fine clothes. One day an old friend stopped him, saying: 'And how are you, Pat? I'd like to talk with you.'

'I've finally decided that they shouldn't laugh again; but learning made me dreadful sick in stomach, heart and brain.'

'Our baby cries for Chamberlain's Cough Remedy,' writes Mrs. T. B. K. 'It is the best cough remedy on the market for coughs, colds and croup.'

The warmest friends of Red Rose Tea are those who have tried some other brand said to be "as good as Red Rose" and for which they paid the same price.



Prices: 30c., 35c., 40c., 50c. and 60c.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AM—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

OFFICERS OF WOLFVILLE UNION. President—Mrs. J. W. Brown.

1st Vice President—Mrs. (Rev.) Prestwood. 2nd Vice President—Mrs. Chambers.

3rd Vice President—Mrs. R. V. Jones. Cor. Secretary—Mrs. Charlotte Murray.

Evangelistic—Mrs. G. Fitch. Parlor Meetings—Mrs. L. Sleep.

Flowers, Fruit and Delicacies—Mrs. L. Eaton. Juvenile Work—Mrs. B. O. Davison.

Scientific Temperance, Instruction in Schools—Mrs. M. Freeman.

Alphabet Work—Mrs. L. Sleep. To assist in Band of Hope—Mrs. H. Pinno.

The Cigarette Fiend.

'I'm a poor, wizen little wretch! They say I'll never grow.

'They say that smoking make us dull and lazy, and no good.

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What difference does it make to me

That I am dwarfed and thin, And pasty-faced, and shaky-kneed.

And stumped? Is that a sin? What harm if I can't get a job?

Because I am so dull, Lazy, and sleepy, and no good.

With nothing in my skull? I stand upon my dignity.

For I can smoke, you know; No matter if, in other ways.

My head is made of dough. —DOUGH NUT SMOKE, in Halifax Academy Annual.

Important Testimony.

London was the strongest man since Sampson. A short time ago he warned boys against the use of tobacco in the following language:

'If I had to speak to an audience of boys I should say, "If you only realized what you are bringing upon yourselves, and what will be the result of this smoking during your young days, and in after life you would give it up at once."

It is really a question of what you would wish to be. Do you (Continued on 5th column this page.)

FREE ADVICE TO WOMEN

Women suffering from any form of illness are invited to promptly communicate with Mrs. Pinkham at Lynn, Mass.

Every woman ought to have Lydia E. Pinkham's 80-page Text Book. It is not a book for general distribution, as it is too expensive.

Expert Piano Tuning Guaranteed. Voicing, Regulating and Repairing. Organs Tuned and Repaired.

M. C. Collins. P. O. Box 321, Wolfville, N. S.

PURITY FLOUR advertisement featuring an image of a woman and a flour bag. Text: 'Has the strength, the flavor, the quality--- for baking good things! PURITY FLOUR More bread and better bread'

PHOSPHONOL (The Electric Restorer) MAKES WEAK MEN STRONG

PHOSPHONOL restores every nerve in the body to its normal tension.

Nerves that have been dormant for years will vibrate once more with vigor.

Weakness converted into strength where PHOSPHONOL is used.

PHOSPHONOL is your medicine, regardless of your condition or age.

PHOSPHONOL is a new remedy, prepared upon purely scientific principles, by expert chemists.

PHOSPHONOL promptly dispels all forms of nerve weakness, such as lack of control, twitching of nerves and muscles, despondency, mental worry, blues, indecision, weak heart and impoverished blood.

Price: \$3.00 a box, or two boxes for \$5.00. We will mail this to any address under separate cover on receipt of price.

THE PHOSPHONOL DRUG CO., St. Catharines, Ont.

To the Public

The undersigned begs to notify the public that he is now prepared to undertake painting paper-hanging, etc., of all kinds.

F. W. GODFREY, Wolfville, N.S., 9, 1010. Phone 08.

Wolfville Real Estate Agency. Persons wishing to buy or sell apply to J. W. BELFORD, Manager.

The Most, At The Price

We make no supernatural claims for "PROGRESS BRAND" CLOTHING.

We have never said that "Progress Brand" Clothing is the "finest in the world".

We have never stated that a "PROGRESS BRAND" SUIT at \$15, "was better than any custom tailor could make for \$50."

But what we do guarantee is this—that "PROGRESS BRAND" CLOTHING is the best in Canada at the Price.

Just compare a "Progress Brand" Suit, with any other suit retailed at the same price, and you will see why more and more men are adopting the sensible, money-saving plan of wearing "PROGRESS BRAND" Suits and Overcoats.

The spring styles are unusually handsome.

MADE AND GUARANTEED BY H. VINEBERG & CO., LIMITED, MONTREAL.

SOLD WITH A GUARANTEE BY Hilsley & Harvey, Port Williams.

H. LEOPOLD, (Successor to Leopold & Schofield.) Livery and Boarding Stable.

Stylish Single and Double Turnouts Furnished. Teams meet all trains and boats.

All kinds of trucking and express attended to promptly. Elm Avenue, (Next Royal Hotel), WOLFVILLE.

Electric Restorer for Men Phosphonol restores every nerve in the body.

For Sale. The dwelling house and premises situated in Wolfville on the South side of Main street, at present occupied by Mr. D. Sherwood.

W. H. RVANS, Wolfville, N. S. Mar. 10-3m.

prefer to be stunted, emaciated specimens of humanity, whom every healthy person looks down upon with pity, or do you wish to be pointed out by passers-by as a finely set up, healthy man, whom everyone of these aforesaid stunted specimens look up to with envy?

Their Methods. The liquor men have peculiar methods of figuring. These brewers of St. Louis when the assessor was around, estimated the value of their properties at \$8,000,000, and they are paying taxes on that amount.

At the New Year levee held by Governor MacGregor, of Nova Scotia, no alcoholic liquors were served.

For Constipation. Mr. L. H. Farnham, a prominent druggist of Spirit Lake, Iowa, says, 'Chamberlain's Stomach and Liver Tablets are certainly the best thing on the market for constipation.'

Bishop W. S. Wilson declares that tons of cigarettes are being given away in West China, in the effort to introduce the cigarette habit in that country.

There are some things that last longer than a hat that is out of style, but not many.

E. L. PORTER, Carpenter and Builder. Jobbing and Shop Work done as promptly as possible.

"PNEUMATICA" The magic poulter. Stops pain in one night. For sprains, bruises, rheumatism, asthma, stomach trouble, cholera infantum, diphtheria, bronchitis, pneumonia, quinsy, lumbago and pains and aches of all descriptions.

PARRA-PHENIQUE A perfect ointment prepared especially for physicians' use for chapped hands, sore thumbs, eczema and all skin diseases.

Wm. Regan, HARNESS MAKER. If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or HARNESS are in good order.

CASTORIA For Infants and Children. The Kind You Have Always Bought.

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DON'T TAKE OLD-TIME PHYSIC

"Fruit-a-lives" Brings Natural Results in A Natural Way.

"I am a seventy-nine-year-old man and a great believer in, and user of, "Fruit-a-lives".

"Stictic of The Bowels was the complaint I suffered from and I found that "Fruit-a-lives" did me more good than any other remedy.

W. M. PARSONS. OTTERTON, ONT., July 8th, 1910.

The following is an essay on Egypt by an eleven year old Blackburn school girl:

"Pharaoh was noted for making bricks, and he had his name stamped on every brick. He was a very extravagant ruler and in 1879 he brought the country into debt and oppressed the people, and they had to work for nothing. He was very cruel. England then sent Lord Cromer, and he has ruled Egypt wisely and well. Today it is a wealthy country."

Constipation brings many ailments in its train and is the primary cause of much sickness. Keep your bowels regular, maintain a very simple diet, but like many in West China, in the effort to introduce the cigarette habit in that country.

Tablets are given at the first indication of much distress and suffering may be avoided. Sold by all dealers.

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E. L. PORTER, Carpenter and Builder. Jobbing and Shop Work done as promptly as possible.

"PNEUMATICA" The magic poulter. Stops pain in one night. For sprains, bruises, rheumatism, asthma, stomach trouble, cholera infantum, diphtheria, bronchitis, pneumonia, quinsy, lumbago and pains and aches of all descriptions.

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OLIVEINE EMULSION. Invigorating Tasteless Strengthening Nutritious

OLIVEINE EMULSION is a most palatable preparation, containing all the virtues of Cod Liver Oil without its nauseous grease. It can be freely taken and retained by the most delicate stomach, no unpleasant or injurious effect whatever following its use.

It will promptly relieve, and if its use is continued, cure Chronic Bronchitis and all Pulmonary affections, Hoarseness, and Coughs, Colds, Tonsillitis, General Debility or Constitutional weakness of young and old, indeed at any age of life, night Sweats, Hysteria, Insomnia, Nervous Dyspepsia, Flatulency Dyspepsia, Anemia, Prostration following Fevers, Diphtheria, Debility at change of life, Blood disorders and any other complaint traceable directly or indirectly to an impoverished condition of the Blood.

It is a specific in Throat and Lung diseases. OLIVEINE EMULSION will so invigorate the system that the germs of the diseases will not gain a foothold, and it is only on the run down weakened system that they can develop. Rich red blood and abounding health is the best safeguard, and these can be obtained and retained by the use of OLIVEINE EMULSION.

A brief description of the following ingredients contained in OLIVEINE EMULSION will serve to show its remarkable combination. It has long been admitted that the most valuable remedies known to medical science for the treatment of Pulmonary complaints, Lung, Throat, Bronchial and other wasting diseases, is Syrup of Hypophosphites, extract of Malt and Fluid extract of Wild Cherry phosphites than any other preparation known. The extract of malt is nourishing and stimulating. Fluid extract of Wild Cherry Bark is recognized as an excellent adjunct in the treatment of Pulmonary affections. It helps to improve the appetite and strengthen the digestive organs. OLIVEINE EMULSION is incomparably the most efficient remedy before the public today. It is an ideal Tonic and Nutrient.

Experienced physicians prescribe lots of food in wasting or nervous diseases, OLIVEINE EMULSION, produces an appetite, helps digestion and enables you to receive the full benefit of all your food. Run down business men and women, over-worked mothers, delicate boys or girls will show permanent improvement from the use of this preparation.

MEMBER, FRASIER, THORNTON & Co., Cookshire, Que. DEAR SIR:— I thought I would write and tell you the good your 'Oliveine Emulsion' has done for me. I was run down and could not do a hard day's work. I heard of 'Oliveine Emulsion' and got a bottle. The first dose did me a lot of good, and I have since taken four bottles and now weigh 167 lbs. I shall never do without it in my house as long as I can get it. I have had a number of my neighbors ask your 'Oliveine Emulsion.' Nothing ever came my way which did me as much good as I appreciate it very much. (Signed) NATHAN R. HAZLETT. Milton, Quebec Co., N. B. Oct. 10th, 1910.

MEMBER, FRASIER, THORNTON & Co., Cookshire, Que. DEAR SIR:— I had a severe attack of Leptispe this Spring which left me in a weak and run down condition. I had no appetite and hardly strength enough to walk. I purchased a bottle of your 'Oliveine Emulsion' and I had only taken it a few days when I felt quite well again, in fact when I had taken only the third dose I noticed a change. Yours truly, (Signed) MRS. WALTER WRIGHT. Moncton, N. B. April 20th, 1910.

MEMBER, FRASIER, THORNTON & Co., Cookshire, Que. DEAR SIR:— I have had a bad cough and tried almost everything without obtaining relief, until I tried your 'Oliveine Emulsion.' I can recommend it in the highest way for a cough or cold. (Signed) W. H. JONES. Moncton, N. B. July 4th, 1910.

MEMBER, FRASIER, THORNTON & Co., Cookshire, Que. DEAR SIR:— I would like to say I think the 'Oliveine Emulsion' is splendid! My little daughter had a hard dry cough and had no appetite whatever. Before she had taken the 'Oliveine Emulsion' a week the cough was decidedly better and her appetite had greatly improved. I followed the directions and implicitly and honestly believe 'Oliveine Emulsion' is all it is recommended. Sincerely yours, (Signed) MRS. HERBERT MINGO. Louisville, Victoria Co., N. S. July 10th, 1910.

Manufacturers: FRASIER, THORNTON & Co., COOKSHIRE QUEBEC, CANADA. FOR SALE AT RAND'S DRUG STORE.