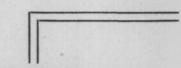
### THE CANADIAN GROCER









In a Special Report to

# **President Roosevelt**

Prof. F. E. Jaffa, of the California University, writes:

Ten cents worth of peanuts contains more than twice the protein and six times the amount of energy contained in a porterhouse steak.

# The German Emperor

declares as a result of extensive experimentation, that as an army food peanuts are far superior to beans, being more sustaining and richer in oil fat.

# Hermann Senn

the great European authority on the art of cooking, declares that the trend of modern cookery of the highest class is in the direction of simple and natural food, and proceeds to say: "For men and women following sedentary occupations or who do manual labor, nut foods deserve first place in the list of desirable, palatable, nutritious fare." Here is where IMPERIAL PEA-NUT BUTTER scores.

# John D. Rockefeller

says:-"Do you know that I recently read an article by a wellknown scientific man to the effect that Cheese is an excellent article of diet. I wish I had read that article a long time ago. I had been afraid that Cheese had a tendency to produce indigestion and for that reason I never touched it. Now I find its effects are directly contrary and I eat a great deal of it and find it agrees with me. Take my advice, eat Cheese, eat slowly, and have out-door exercise, and you will enjoy good health."

### MacLaren's Imperial Cheese

is a perfect cheese and a perfect food.

## **Imperial Dessert Jelly**

due to its absolute purity, can be eaten and enjoyed by invalids and children, while common Jelly Powders and Gelatines are condemned by the Medical Profession, and Imperial Dessert Jelly because it is pure and wholesome, is in constant use in many of the large hospitals throughout the country. The leading Hotels and high-class Restaurants serve Imperial Dessert Jelly because no chef can make a better jelly.

#### Ask Your Wholesale Grocer for Them.

If he cannot supply you, write us, and we will forward you samples, giving you particulars, and see you are well supplied. Manufactured and guaranteed pure by

MacLAREN IMPERIAL CHEESE CO., Limited TORONTO, ONT.