THE WESLEYAN, FRIDAY, MARCH 16, 1883.

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TO HAVE

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ent with his e Lord. verses and

to have them nine benevoter the nature eeks to give spel which is great pric. -

THE PREPARED CLASS.

for his work; he should prepare his gout. It slowly stewed in weak materials for teaching; and he should broth, and eaten with a little Neprepare the lesson. But it is cerpaul pepper, it will be found to be will surely aid Nature in making you tainly of importance that he should an admirable article of diet for patihave a prepared class; that his ents of studious and sedentary habscholars should be under proper au its. The stalks of cauliflower have feel the need of a grand tonic and thority, willing to obey, wishing to the same sort of value, only too of stimulant, never rest easy till you learn, and that they themselves ten the stalk of a cauliflower is so should be prepared with their own ill-boiled and unpalatable that few contribution to the general stock of persons would thank you for proposknowledge, exposition, and illustra- ing to them to make part of their tion of the lesson. 1: is no slight meal consist of so uninviting an argain to a teacher when the spirit and ticle. temper of the scholars are right. Then the good ground is ready for the good seed. But it is doleful work when Sunday after Sunday than for delicate people; but here time has to be spent in subduing disorder befere a lesson can be giv-

It is evident that if there is to be a fully prepared class there must be definite, pre-arranged lesson lists. By care and frequent endeavor, almost every scholar may be induced to study the fixed lesson each week before coming to the school. Where that is secured greater interest will be awakened, more intelligent study of the Bible will follow, many difficulties will be started and explained, and it will be found that much characteristic and instructive conversation will be frequent. An important advantage of this sort of class work is that the scholars are in constant training for work as teachers in after days; it also gives them a facility for speaking about Scripture truths that will be of value to them and to Christianity in their own homes and in their places of employment and elsewhere.

Such a prepared class would not only be a blessing in the Sunday. school itself, but its members would be witnesses for Christ in their study of His Holy Word at home. It is no slight matter that there are so many of the houses of irreligious parents in which attention is gained for the Bible by the reading of it by children who are Sunday-school

The prepared class in the school will be a permanent blessing to the Church. It will train youths to study truths, the dectrines of Christianity, and the various subjects relating to religion, so that in after years they will be thoughtful and intelligent hearers in the congrega-

Such thorough preparation as is most desirable is not gained by mere human effort. No matter bow docile a scholar; or how able a teacher, the great want is the influence of the Holy Spirit. In these times we are in danger of over-estimating the impersonal decency of behavior; and of thinking too little of the need and power of the Holy Spirit. And men, that she has increased her colo- Winslow's Soothing Syrup. It and power of the Holy Spirit. And yet we should let our history as a people teach and admonish us.

The vital power of Methodism must

be sought-not in its form, but in its spirit. It is the result, not of the work of great men, but of the Holy Ghost. Our work is over if we begin to trust in human expedients. and turn aside in the least from Him who was the strength of our fathers. In school as in chapel, among scholars trees. as among congregations, we have a definite aim and work. We have to seve souls. We may try many plans, but we have only the same Gospel to preach that was the power of God unto salvation among us from the first, and we must seek to have our hearers and our pupils prepared of the Holy Spirit. We wish to bring our scholars to the faith of Christ. But religious faith is not a mere logical conviction. We make our appeal to youths as well as we do to men-to the spiritual nature, laying not much stress on mere technical theology or learned distinctions as a qualification for saving souls; and it, to use the striking words carved on Philip Embury's tomb, in America, we are " to beautify the earth with salvation," we must ourselves be prepared, and our classes must be prepared by the blessing of the Holy Spirit. who shall teach us the

whole truth and guide us.

The "Prepared Class," then, will be one disciplined in good order; interested in the great work of the day; diligent in preparatory study of the lesson; not negligent of mental improvement; not forgetful to read good and helpful-books; and above all, under religious influence and the influence of the Lord. Of such a class there may be members who are not consciously under this Divine influence, who may not pray for it, but for whom the blessing may be gained in answer to the earnest prayers of pious teachers and fellow scholars .- W. M. Sunday-School Magazine.

MEDICAL VALUE OF VEGE-TABLES.

Asparagus is a strong diuretic and forms part of the cure for rheumatic patients at such health resorcs as A:x-les-Bains. Sorrel is cooling and forms a staple of that soupe aux herbes which a French lady will order for herseif after a long and tiring journey. Carrots, as containing a quantity of sugar, are avoided by some people, while others complain of them as indigestible. With regard to the latter accusation, it may be remarked, in passing, that it is the yellow core of the carrot that ter, N.Y. is difficult of digestion. The outer, a red layer, is tender enough. In Savoy the peasants have recourse to an infusion of carrots as a specific Lung Balsam. See sev. in another Springfield, Annapolis Co., 1882. for jaundice.

The large sweet onion is very rich in those a raline elements which A teacher should prepare himself counteract the poison of rheumatic

> Turnips, in the same way, are often thought to be indigestible, and better suited for cows and sheep the fault lies with the cook quite as much as with the root. The cook boils the turnip badly and then pours some butter over it, and the eater of such a dish is sure to be the for a cure to worse for it. Try a better way. What shall be said about our lettuces? The plant has a slight parcotic action, of which a F. ench old woman, like a French doctor, well knows the value; and when properly coked it is very easy of digestion .- Medical Record.

USEFUL HINTS.

All stale pieces of bread should be toasted slightly in a slow oven and ful for gravies and other purposes.

It is not advisable to throw much old hay into the silo with green crops. The quality of the ensilage will be injured it more than 10 per cent. of hay is added, and it is not benefited by the addition of that.

The fleeces of any sheep are badly injured around stacks. Long-wooled fleeces are more damaged than the downs of fine wools, since they are longer and more open, and catch more beards, coaff and straw.

A horse with a poor foot is many times almost worthless. One of the most frequent causes of poor feet is in allowing the blacksmith to pare the hoof too much, especially the frog, which never should be pared under any circumstances.

The sooner fowls are plucked after they are killed the better. The feathers are much more easily removed, and the skin looks much smoother and fresher than when plucking is delayed until the fowl is nearly or

A woman living at Redding, Conn., portance of literary preparation, and teen hives this season, and is so suffering and crying with the excrupleased with the business as an agree- | ciating pain of cutting teeth? men, that she has increased her colonies to thirty-seven.

> As a rule, red apples sell much the better in market, hence we find the Baldwins in most common demand. While this apple is a good keeper, its quality, every one knows, is inferior to many varieties that might

those who have been in the babit of storing winter fruit in cellars in which miscellaneous garden vegetables are placed to adopt, as soon as possible, the improvement of making for the fruit a separate apartment, which is to contain nothing else, and which may be easily ventilated and kept at an even tempera-

Apple dumplings, either baked or boiled, are nicest and healthiest if the crust is made of cream. Pare and core an apple, cover it with crust; put several such dumplings in a baking dish (earthen is much better than tin), add sugar between them, and a little water. Eat with the same sauce given for bread pudding. If preferred use sugar and butter beaten together.

The Examiner says that Nebraska was the first State that made a legal holiday for the purpose of planting trees. Since the work of tree-planting began there a grand total of 58,000,000 trees, according to trustworthy statistics, have been set out, and these are now shading 100,000 benefit of agriculture and the enrichment of the State.

CONSUMPTION CURED.—An old ing had placed in his hands by an out getting tired. Sleep well and of a simple vegetable remedy for the new man in every respect, and those sumption, Bronchitis, Catarrh, Asth- see me now, can hardly believe that ma and all throat and Lung Affec- I am the same person. tions, also a positive and radical cure for Nervous Debility and all Nervous Complaints, after having donable sins, I feel it a duty to tell tested its wonderful curative powers you of what, under a kind Previin thousands of cases, has felt it his dence, your preparation has done for duty to make it known to his suffer- me. Wishing you every success, &c. ing fellows. Actuated by this mo- For sale by Douzgists and General ASTHMA, tive and a desire to relieve human Dealers in Canada. Price \$1 per suffering, I will send free of charge, bottle; six for \$5. to all wno desire it, this recipe, in German, French or English, with full directions for preparing and us- confined to my bed with Rhematism ing. Sent by mail by addressing could not move hand or foot. A with stamp, naming this paper, W. clergyman called to see me and ad-A. Noves, 149 Power's Block, R chest vised me to use Minard's Liniment.

For Coughs and Colds, use Allen's ever.

REMEMBER THIS. YOU ARE SICK.

well again when all else fails.

are made a new being by the use of HOP BITTERS

If you are costive or dyspeptic, or are suffering from any other of the COUGHS, numerous diseases of the stomach or bowels, it is your own fault if you remain ill, for

HOP BITTERS are the sovereign remedy in all such

form of Kidney disease, stop tempting Death this moment, and turn

MOP BITTERS If you are sick with that terrible sickness Nervousness, you will find Balm in Gilead" in the use of

HOP BITTERS If you are a frequenter, or a resident of a miasmatic district, barricade your system against the scourge of all countries-malarial, epidemic, billious, and intermittent fevers-by

the use of HOP BITTERS If you have rough, pimply, or sal-

low skin, bad breath, pains and aches. rolled into crumbs, which will be use- and feel miserable generally, HOP BITTERS will give you fair skin, rich blood, the sweetest breath, health,

and comfort. In short, they cure ALL Diseases of the Stomach, Bowels, Blood, Liver, Nerves, Kidneys, &c., and

\$500 will be paid for a case they will not cure or help, or for anything impure or injurious found in them.

That poor, bedridden, invalid wife, sister, mother, or daughter, can be made the picture of health by a few bottles of Hop Bitters, costing but a trifle.

Will you let them suffer? Cleanse, Purify and Enrich the Blood with Hop Bitters.

And you will have no sickness or suffering or doctor's bills to pay.

INFORMATION.

For Coughs and Colds, use Alien's Lung Balsam. See adv. in another mar 9 lm

MOTHERS! MOTHERS!! MOTHERS Are you disturbed at night and took 800 pounds of honey from eigh- broken of your rest by a sick child will relieve the poor little sufferer immediately-depend upon it; there is no mistake about it. There is not a mother on earth who has ever used it, who will not tell you at once that it will regulate the bowels, and give rest to the mother, and relief and health to the child, operating like be named. However, our orchard magic. It is perfectly safe to use in should consist largely of Baldwin all cases, and pleasant to the taste, and is the prescription of one of the oldest and best female physicians and The Country Gentleman advises nurses in the United States. Sold everywhere. 25 cents a bottle. febly

> REST AND COMFORT TO THE SUF-PERING. -- Brown's Household Panacea has no equal fer relieving pain, both internal and external. It cures Pain in the Side, Back or Bowels, Sore Throat, Rheumatism, Touthache, Lumbago and any kind of a Pain or Throat, Rheumatism, Toothache, Lumbago and any kind of a Pain or Ache. "It will most surely quicken the Blood and Heal, as its acting newer is wonderful." "Brown's limit with the Blood and Heal, as its acting t power is wonderful." " Brown's Household Panacea," being acknowledged as the great Pain Reliever, and of double the strength of any other Elixir or Liniment in the world, should be in every family handy for use when wanted, "as it really is the best remedy in the world for Cramps in the Stomach, and Pains and Aches of all kinds," and is for sale by all Druggists at 25 cents abottle febr10.

Another communication from Mr. GEO. SEWELL, dated Moncton, N.B., June 22nd., 1878:

J. H. Robinson, Esq. Dear Sir,-Phosphorized Emulsion of Cod Lime" had made in my case, and, at POSITIVE CURE CARLETON, ST. JOHN, N.B acres of her prairie soil to the great | Liver Oil with Licto Phosphate of the same time promising to write you from time to time to let you know how I was getting along. I am much better in every way; am stronger; physician, retired from practice, have can walk a good long distance with-East India missionary the formula eat a hearty meal. In fact I am a speedy and permanent cure for Con- who saw me three months ago and

The above are facts, and believing that ingratitude is one of the unpar-

March 9 lm

GET HIM OUT OF BED. - I was 13 in E.O.W. I did so and in three days was out of bed and resumed my work as well as JAS. LADGILLE.

BETTER THAN GOLD

ENGLISHMAN'S

COUGH MIXTURE

is better than Gold to any one that stroub-SPITTING OF BLOOD, LOSS OF VOICE, WHOOPING COUGH, INFLUENZA.

If you are wasting away with any SORENESS OF THE THROAT, CHEST AND

And all other Diseases leading to

CONSUMPTION!

It will not make new lungs, but will prevent the disease from spreading toroughout the whole substance of the lungs, there'ore facilitating recovery,

DON'T FAIL TO TRY IT!

IT MAY SAVE YOUR LIFE! IT HAS SAVED OTHERS

A Large Reward Will be paid fer a better remedy than

Englishman's COUGH MIXTURE.

A WONDERFUL

MEDICINE! us as follows: Of all the cough medicines that I have tried suring a long life I must

Englishman's

COUGH MIXTURE.

Is superior to any.

LEAVING HOME! Consumptives leaving home for change of climate should not fail to take with them a supply of

Englishman's Cough Mixture. It will ensure a good night's rest, free from Coughing, and easy, light expectora-tion in the moraing.

AN ESTABLISHED REPUTATION ENGLISHMAN'S

Is the most certain and Speedy Remedy Is the most certain and Speedy Remedy for all Disorders of the Chest and Lungs. In Asthma, and Consumption, Bronchitis, Coughs, Influenza, Difficulty of Breathing Spitting Blood, Hoarsenesa, Loss of Voice, etc., this mixture gives instantaneous relief and properly persevered with scarcely ever fails to effect a rapid cure. It has now been tricel for many years, has an established reputation, and many thousands have been benefited by its use.

A BLESSING IN THE FAMILY! A well-known cleryman writes us that

Englishmans Cough Mixture Has been a blessing to his family, having cured his wife of a very troublesome cough which had distressed her for over three

SHOULD NEVER BE NEGLECTED

COUCHS & COLDS

Englishman's Cough Mixture This Popular Remedy is In- LADIESUNDERCLOTHING

fallible. R is highly praised by thousands of persons who have tried its wonderful efficacy, and strongly recommended by all as the best medicine ever known for specifity and per-manently removing Coughs, Colds and all Pulmoners Harans

A POSITIVE CURE. ENGLISHMAN'S

Pulmonary Disease.

I wrote you in May last, informing GOUGH MIXTURE you of the wonderful cure your

COUGHS, COLDS,

SORE THROAT HOARSENESS, DIFFICLT BREATHING THE CHEAPEST IN THE MARK

Inflammation of the Lungs, BRONCHITIS,

CROUP,

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Diseases of the Polmonary Organs FOR SALE BY DRUGGISTS AND GENE. RAL DEALERS.

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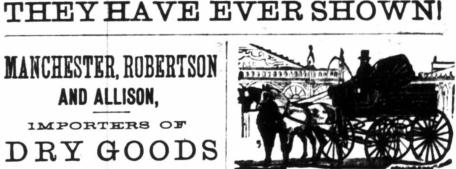
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GATES' EYE RELIEF.

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Very Fine, do, do, make to order. 17:75

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