

THE HAPPIEST HOME.

(The Catholic Standard and Times.) The happiest home this earth has 'Twere surely a picture to paint

again-A tale that were never retold in vain, For home is the haven desired of men!

The happiest home-it was only a cot, Its roof was low and its floor was

The path that led to its narrow door Was untrodden of men from day to By a garden patch it was girded

Too tiny a space you well might

For the dove that cooed in the sheltering bough And the petted lambkin that gamboled near. White was the wing of the cooing

dove-Spotless the fleece of the household And the lilies beside the casement

there Were the whitest and sweetest ever

Ah! glancing lilies, what sights ye saw From the wane of stars to the set of sun!

Where within the walls of that happiest home The simple tasks of the day were

We know that at eve ye bowed and bent-Each bloom or bud on its waving

When together the cottage toilers

Softly adown their garden walk We picture them then released awhile From the weary strain of the toil- to take an interest in their lives. ei's day,

When tools and bench of the artisan And housewife's spindle were set

lised door mien-Lifting aside the boughs that bent

Queen, Their silken petals the roses flung For carpet where'er those fair feet

And the white lamb pressed to the side of her Who mothered on earth the Lamb of

On its yielding fle the rosy Hand

afraid

Lily and lamb and dove without-

stood---Wardens for ave of its peace and

And never elsewhere? Nay, say not For wherever the lamp of Faith is

As a household light, the angels go

When the worker's heart to his God uplifts-

When babes at the knee of the mother bend-In the Master's Name, and when with hers

Their voices in prayerful praise ascend-Where the lilies of stainless lives upfold-

And the doves of peace and goodwill abide-Wherever in act and word and thought The Sacrificed Lamb is glorified-

There, as in Nazareth's bless'd bound, Hover and wander the angels round, There, as on Nazareth's hallowed breeze Riseth their voiceless ecstasies-

Till before the throne the chorus swells-"God bless the homes where His Pre-sence dwells!" -Margaret M. Halvey.

It is An Officer of the Law of Health.-When called in to attend a disturbance it searches out the hiding place of pain, and like a guardian of the peace, lays hands upon it and says, "I arrest you." Resistance is useless, as the law of health imposes a sentence of perpetual banishment on pain, and Dr. Thomas' Eclectric Oil was originated to enforce that sen-

SAVE YOUR OLD SHOES.

The thrifty housewife has discovered a new use for old shoes. She makes rugs out of the uppers. For this purpose she saves all her old shoes-

## CONSTIPATION.

Although generally described as a disease, can never exist unless some of the organs are deranged. which is generally found to be the liver. It consists of an inability to regularly evacuate the bowels, and as a regular action of the bowels is absolutely essential to general health, the least irregularity should never be neglected.

MILBURN'S LAXA-LIVER PILLS

have no equal for relieving and curing Constipation, Biliousness, Water Brash, Heartburn, and all Liver Troubles.

Mr. A. B. Bettes, Vancouver, B.C., writes:—For some years past I was troubled with chronic constipation and bilious headaches. I tried nearly everything, but only got temporary relief. A friend induced me to try Laxa-Liver Pills, and

they cured me completely.

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her husband's, the children's and her own. As fast as the shoes are discarded it will be a good plan to cut the toes off, and after cleaning them, lay carefully away in a box for fu-ture use. The first step is to cut a pattern-diamond, star, square, ob-long or right angle triangle. If the latter is desired it should measure four inches along the straight sides. Two triangles can be cut from each shoe top. To make a rug 22 by 36 inches will require the uppers from eighteen pairs of shoes. To lace the eather together purchase eyelets like those used in shoes for 25 cents a box. One box contains several hundred eyelets. By means of an awl punch holes in the leather strips and fasten the eyelets at the same time, or, if eyelets are not desired, merely punch holes with an awl and lace the strips together with shoestrings. Finish with a fringe of shoestrings. Line the entire rug with bright red broad-cloth or flannel, slashing all the edges to the depth of three inches for an under fringe. The red will look pretty under the laces, and the rug will last a lifetime.

Bickle's Anti-Consumptive Syrup is agreeable to the taste, and is a certain relief for irritation of the throat that causes hacking coughs. If need to recommend it to those famil- slice of lemon, pin together with a sure remedy and are in doubt what and fry in smoking-hot fat. Remove to use, the advice is-try Bickle's the skewer before serving. Syrup.

#### SHE WINS FRIENDS.

The secret of getting along with wherever you go is so like people and

It does not matter whether it is a man or a farmer whom you are thrown with for a few minutes or a When guardian-wise through that trel- few hours; find out the main interest of the life you have met, and talk Came Joseph, gentle and grave or about that, and you will interest yourself and your hearer, too.

This human nature lover is a separman who calls himself a student of human navure.

The student looks at his neighbors continually takes inventory of their vices, defects and weaknesses.

The other person comes to his or her fellows with love in the heart and in her mind the one thought, "we Of the Infant Christ betimes was are brothers and sisters. What can I do for you?" She cares only and Betimes it smoothed the eager wing looks only for the grand human sen-Of the dove that flew to Him un- timents in the heart of each man or woman she meets.

And somehow she finds them. Spindle and bench and Book within! the quantity great or infinitesimally Memories these of that happiest home small, she calls it out. She has Where never had fall'n the blight of friends everywhere. People love her, sin! People love her, believe and confide in her. Why? be-By doorway and hearth the angels cause she loves, believes in and takes an interest in everybody.

Of Mary's spindle and Joseph's bench Way.—The sick man pines for relief, And the simple crib of the Nazarene but he dislikes sending for the doctor, which means bottles of drugs never consumed. He has not the resolution to load his stomach with compounds which smell villainously and thste worse. But if he have the will to deal himself with his ailment, To tend and to guard its shining wisdom will direct his attention to Parmelee's Vegetable Pills, which, as a specific for indigestion and disorders of the digestive organs, have no equal.

IF YOU WOULD BE POPULAR.

Be sociable. Be unselfish. Be generous. Be a good listener. Never worry or whine. Study the art of pleasing.

Be frank, open and truthful. Always be ready to lend a hand. Be kind and polite to everybody. Be self-confident but not conceited. Never monopolize the conversation. Take a genuine interest in other people

Always look at the bright side of things. Take pains to remember names and faces.

Never criticize or say unkind things of others. Look for the good in others, not for their faults.

Forgive and forget injuries, never forget benefits. Cultivate health, and thus radiate strength and courage. Rejoice as genuinely in another's

success as in your own. Always be considerate of the rights and feelings of o'hers. Have a good time but never let fun degenerate into license. Have a kind word and a cheery, en-

couraging smile for everyone. Learn to control yourself under the most trying circumstances.

Meet trouble like a man, and cheerfully endure what you can't cure. Believe in the brotherhood of man,

and recognize no class distinctions. Be respectful to women, and chivalrous in your attitude toward Do not be self-opinioned, but listen

with deference to the opinions of ot Never utter witticisms at the risk

of giving pain or hurting someone's

Be ambitious and energetic, but never benefit yourself at the expense

Be courteous and agreeable to your inferiors as you would to your equals and superiors.

Do not bore people by telling them long, tedious stories, or by continually dilating on your owr affairs.—Minneapolis Tribune.

MODERATION IN EXERCISE.

Too much exercise is as bad as too little. Great athletes, great pugilists, great oarsmen are not always the healthiest men or the longest-lived. Sooner or later they are apt to try the muscles and the nerves too far, and they go to pieces often at an age when much more delicate men are still fit for the work and the pleasures of life. Moderation is the lesson taught by science and experience in regard to physical exercise, a lesson which is needed by the amateur ath-lete quite as much as the profession-



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al. The bicycle has unquestionably to use been a blessing to thousands of men who have used it with discretion. It is to be hoped that it will not be evil by a mania for making extraor- remove even the worst kind. dinary records, or be made to do permanent service as the feature of public exhibitions of endurance.

RECIPES.

OYSTER KROMESKIES.

Make a batter with one cupful flour, one-half of a cupful of water, realize the harm these moods do. the yolks of two eggs, one-half of a teaspoonful of salt, a dash of pepper, ily fail back into nice sweet lines. It one tablespoonful of melted butter.

Cranberry Sauce.-Melt slowly in a saucepan one tumbler of cranberry everybody and having a good time point. Boil one minute, take from the fire, add one tablespoonful of part or any good red wine and serve.

Sweetbread Patties .- Wash one pair princess or a serving maid, a states- of sweetbreads, throw them into boiling water and simmer gently for has swayed the history of humanity twenty minutes, then throw them in- has known the value of cheerfulnessto cold water to blanch ond cool. When cold pick them into small pieces large tablespoonful of butter in a does not know the value of cheerful-To touch the robe of the crownless ate and distinct individual from the saucepan to melt without browning, add an even tablespoonful of flour, mix until smooth, add a half pint of cream, stir continually until it boils, usually through a quizzing glass, and add a half teaspoonful of salt, a dash of white pepper, the mushrooms and the pattie shells.

Scald one pint of milk, pour gradually over the egg mixture, then reand cook until thickened enough mask the back of a spoon. and cool, then freeze. In the meantime blanch and grate four ounces of citron and two ounces of candied pineapple; soak for two hours and a half a cupful of sultana raisins in sufficient sherry to cover, then drain. Add all these ingredients together with one teaspoobful of vanilla, one tablespoonful of brandy and the grated rind of an orange to the frozen cream. Work well together, pack in the can after dasher is removed; repack the freezer, stand away for two hours to ripen. Pare, core and cut six apples into very thin slices. Put a layer of these slices in the bottom of a glass dish, sprinkie them with powdered sugar and a little cinnamon, then another layer of apples, and so continue until all is used. Pour one gill of sherry wine over them and stand away in a

The woman who goes about with a cloudy face imprinted every little once and awhile with jealousy, sulkiness, sarcasm and disappointment does not She fancies that her face will read-

break the most persistent cold, and white and stand in a cool place for more and more pronounced. It is restore the air passages to their nor- two hours. For each kromesky take utterly impossible to have a sour mal healthy condition. There is no a moderate sized oyster and one thin heart and a sweet, pretty, sympathefar with it, but to those who seek a wooden toothpick, dip in the batter plain that the constant exercise of make beautiful.

Strange indeed are the mental workings of the individuals who would jelly; add one tablespoonful of butter fall in spells of agony over a few cut into bits and bring to the boiling creases in her best frock, yet who will cultivate all sorts of tucks and wrinkles in her own face by doleful expressions and sour looks and by

> Certain it is that every woman who the value of a smile. No woman with fretful lines engrav-

charmer.

What is your color scheme this seasweetbreads, mix and stand over boil- son? Are you a study in brown or a ing water for five minutes. Serve in study in scarlet? Are you a melody

ful and a half of granulated sugar.

cold place for an hour and it is ready Holloway's Corn Cure is a specific for the removal of corns and warts. converted into an instrumentality for We have never heard of its failing to

> THE MAGIC INFLUENCE OF SMILES.

does, to be sure, for awhile, but in used according to directions it will Beat well, cut in the stiffly beaten a very short time the lines become tic face. And there is no woman so cheerfulness and amiability will not

giving in to her depressing moods.

and reject all the fine membrane. Chip ed on her face, no woman who has fine a half can of mushrooms. Put a not learned to control her temper, who ness, can put up much af a show as a

COLOR SCHEME IN DRESS.

in yellow or a symphony in green?

This coupon cut out and mailed in to us, entitles the sender to a free package of our 40c. Blue Ribbon Tea. Fill in blank space whether you wish Black, Mixed or Green Tea (

To MRS.

TOWN.

pint of water, a slice of onion, one or song in cerise?

Fruit Croquettes.-Put into a bowl one pint of bread crumbs, pour over delicate pink rose in her bonnet.
one-half pint of milk, let it stand for The pretty woman who wishes to teaspoonful of cinnamon, one-quarter her eyes. Are they brown?

# ONLY A Common Cold

BUT IT BECOMES A SERIOUS MATTER IF NEGLECTED. PNEUMONIA, BRONCHITIS, ASTHMA, CATARRH or CON-SUMPTION IS THE RESULT. Get rid of it at once by taking

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Pine Syrup cases, it gives prompt and sure relief. In Asthma and Bronchitis it is a successful remedy, rendering breathing easy and natural, enabling the sufferer to enjoy re-

freshing sleep, and often effecting a permanent cure. We do not claim that it will cure Consumption in the advanced stages, but if taken in time it will prevent it reaching that stage, and will give the greatest relief to the poor sufferer from this terrible malady.

Be careful when purchasing to see that you get the genuine Dr. Wood's Norway Pine Syrup. Put up in a yellow wrapper, three pine trees the trade mark.

Mr. Wm. O. Jenkins, Spring Lake, Alta, writes: "I had a very bad cold settled on my lungs. I bought two bottles of Dr. Wood's Norway Pine Syrup but it only required one to cure me. I have never met with any other medicine as good." Price 25 cts., at all dealers.

Celery Mold .- Simmer until tender Are you a white cloud or a black one cupful of diced celery with one shadow? Are you a poem in purple teaspoonful of gelatine that has been | Every girl is nowadays a symphony

softened in cold water; strain, and of some sort, says an authority on turn into a ring mold; when this be- dress. She does not necessarily comes hard, dip the mold in tepid cling to one shade as she did last seawater, wipe, turn out the jelly and son, but she runs in little crescendos fill the center with a chestnut mayon- of a color from a deep base violet skirt to a thrill of light lilac in her hat; from a wine-colored frock to a

fifteen minutes, then rub over the fire be prettier and the plain woman who until it is perfectly smooth; add a likes to look less plain will first match of a teaspoonful of mace, the same her lrock or her walking suit is of of cloves, a pinch of salt, one-half brown, and its accessories may run cupful of currants, half cup of chopp- from that shade into all the burnt ed raisins, the yolk of two eggs. When things-tomato, onion, olive - and the mixture is cold, form into erg- from there on into lemon or cream quettes, using bread crumbs to pre- Are her eyes violet? Then let her try vent sticking to the hands. Dip in a violet velvet gown, with the coregg, then in bread crumbs, and fry responding shades of lavender and in smoking-hot fat. Serve with hard blue white. Are they blue? Nothing will bring out their color like a suit Frozen Pudding .- Beat well together of military blue. Is she the red-hairthe yolks of three eggs and one cup- ed girl with the green eyes? Then let her be a symphony in sage-green.

A black-eyed girl never looks so stunning as in black, and a gray-

eyed girl looks her best in white. The gray-eyed girl is the only one who does not look prettiest when she matches her eyes exactly. But, after all, gray is a mixture of blue and white, and there is nothing more becoming than delicate blue and white.

FOR INVALIDS.

Baked milk is a drink recommended for invalids. Put the milk into a stone jar. Closely cover it. Let it bake several hours, when it should re thick and of a creamy consistency The flavor is unique, and reminds one somewhat of Devonshire cream. may be served with fruit or merely alone as a custard dessert.

As all good nurses know, an invalid's or convalescent's food should be dressed up in an attractive way to tempt the palate by means of the eyesight. A new way of seeing the special kinds of foods which the doc-Obstinate coughs yield to its grateful soothing action, and in the racking, persistent cough, often present in Consumptive where a continuous variety in food cannot be given. A writer on invalid cooking says: "Remember that surprises are delightful to a sick person. Never let the bill of fare (if possible) be known beforehand, and if you can disguise a well known dish, so much the better. Beaten white of egg is a good fairy, and serves you many a dish, concealing at one time a custard, at another a mould of chicken jelly or even a cup of deli-cate apple sauce."

Why does a blow leave a blue mark? Because blow, when perfect, makes blew!

Why is the leading horse in a wagon team like the acceptor of a bill? Because he's the end horse, sir (enLegal

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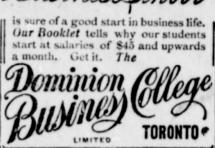
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